

Glucocorticoids Increase Renal Excretion of Urate in Mice by Downregulating Urate Transporter 1[§]

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ABSTRACT

Both nonsteroidal anti-inflammatory drugs (NSAIDs) and glucocorticoids have been widely used for the treatment of gout, a disease promoted by an excess body burden of uric acid (UA); however, their effects on the homeostasis of UA remain poorly understood. The present study showed that 1-week treatments with three NSAIDs (ibuprofen, diclofenac, and indomethacin) had little effect on UA homeostasis in mice, whereas 1-week low doses (1 and 5 mg/kg) of dexamethasone (DEX) significantly decreased serum UA by about 15%. Additionally, low doses of DEX also resulted in increases in hepatic UA concentration and urinary UA excretion, which were associated with an induction of xanthine oxidoreductase (XOR) in the liver and a downregulation of urate transporter 1 (URAT1) in the kidney, respectively. Neither 75 mg/kg DEX nor 100 mg/kg pregnenolone-16 α -carbonitrile altered UA concentrations in serum and livers of mice, suggesting that the

effect of DEX on UA homeostasis was not due to the pregnane X receptor pathway. Further in vitro studies demonstrated that glucocorticoid receptor (GR) was involved in DEX-mediated downregulation of URAT1. Knockdown of both p65 and c-Jun completely blocked the effect of DEX on URAT1, suggesting that GR regulates URAT1 via its interaction with both nuclear factor κ B and activator protein 1 signaling pathways. To conclude, the present study identifies, for the first time, a critical role of glucocorticoids in regulating UA homeostasis and elucidates the mechanism for GR-mediated regulation of URAT1 in mice.

SIGNIFICANCE STATEMENT

This study demonstrates, for the first time, a critical role of glucocorticoid receptor in regulating urate transporter 1 in mouse kidney.

Introduction

Gout, a chronic disease triggered by the deposition of monosodium urate crystals in the joints, has become the most common type of inflammatory arthropathy in adults, with a general prevalence of 1%–4% (Dalbeth et al., 2016). The central pathologic feature of gout is the elevated concentrations of serum uric acid (UA), also known as hyperuricemia, caused by an imbalance of UA production and elimination from the body. UA is synthesized mainly in the liver

during the metabolism of both endogenous (DNA, RNA, and ATP) and exogenous (dietary) purines. Xanthine oxidoreductase (XOR), which exists in the form of either xanthine dehydrogenase (XDH) or xanthine oxidase (XOD), regulates the rate-limiting step, catalyzing the conversion from hypoxanthine to xanthine and from xanthine to UA (Maiuolo et al., 2016). It should be noted that UA is the final product of purines in humans, whereas it is further converted to more soluble allantoin by uricase in most other species (Kratzer et al., 2014).

Elimination of UA occurs via two major routes, with approximately 70% excreted through the kidney and the remaining 30% through the intestine (Sorensen, 1965). UA in the circulation is freely filtered at the glomeruli, and about 90% of the filtered UA is reabsorbed into the blood (Mount, 2005). Various transporters are involved in the UA disposition in the kidney. Among them, urate transporter 1 (URAT1), a urate/anion exchanger at the apical membrane of the proximal tubule, is one of the two most critical transporters for renal reabsorption of UA. The association between URAT1 and hyperuricemia has been widely established in many genetic studies (Tin et al., 2018). In contrast,

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ABBREVIATIONS: BCRP, breast cancer resistance protein; DEX, dexamethasone; DIC, diclofenac; DMEM, Dulbecco's modified Eagle's medium; FBS, fetal bovine serum; GR, glucocorticoid receptor; HPLC, high-performance liquid chromatography; IBU, ibuprofen; INDO, indomethacin; MIF, mifepristone; Mrp4, multidrug resistance protein 4; Npt, sodium-dependent phosphate cotransporter; NRK, normal rat kidney epithelial cells; NSAIDs, nonsteroidal anti-inflammatory drugs; Oat, organic anion transporter; PCN, pregnenolone-16 α -carbonitrile; PXR, pregnane X receptor; siRNA, small interfering RNA; TA, triamcinolone acetonide; UA, uric acid; URAT1, urate transporter 1; XDH, xanthine dehydrogenase; XOD, xanthine oxidase; XOR, xanthine oxidoreductase.

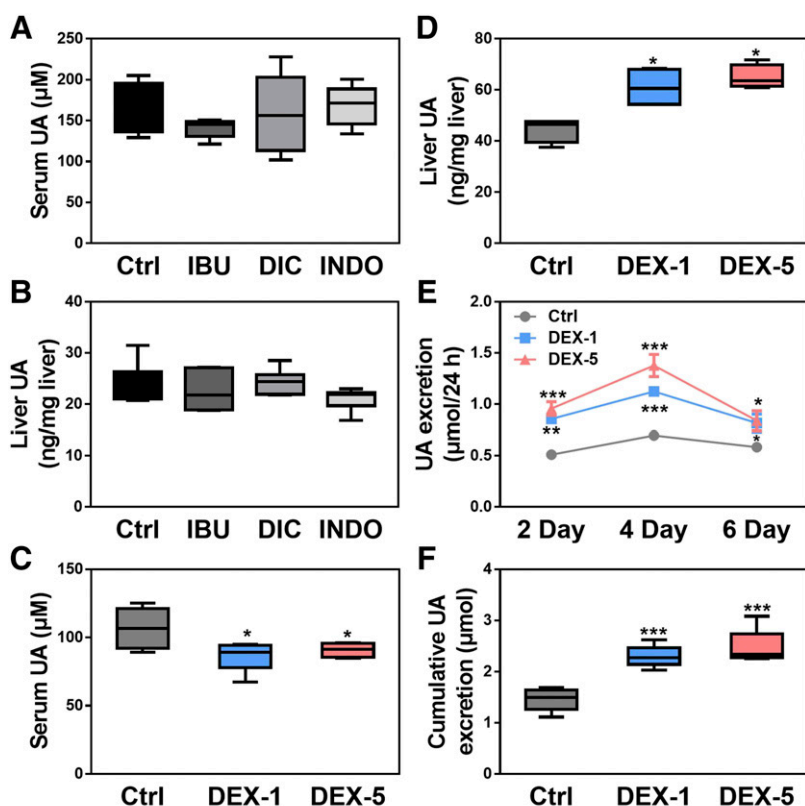


Fig. 1. DEX, but not NSAIDs, markedly alter UA homeostasis in mice. Male C57/BL6 mice ($n = 5/\text{group}$) were administered NSAIDs (30 mg/kg IBU, 5 mg/kg DIC, and 2.5 mg/kg INDO, p.o.) or DEX (1 and 5 mg/kg, i.p.) for 7 days. The UA concentrations were quantified in the serum and livers of mice treated with either NSAIDs (A and B) or DEX (C and D). Urine from DEX-treated mice were collected on the 2nd, 4th, and 6th days, respectively. The urine volume for each 24-hour period was measured. UA concentrations in the urine were quantified, and urinary excretion of UA was calculated for 24-hour periods (E). The total UA in the urine over 3 days was also calculated (F). Data are expressed as mean \pm S.E.M. ($n = 5$). * $P < 0.05$ versus control (Ctrl) group; *** $P < 0.001$ vs. Ctrl group.

studies on the regulation of URAT1 are quite limited. URAT1 has been reported to be regulated by insulin and α kinase 1 (Kuo et al., 2017; Toyoki et al., 2017). Nonetheless, the exact regulatory mechanisms of URAT1 expression remain elusive.

Both nonsteroidal anti-inflammatory drugs (NSAIDs) and steroids have been widely used for pain relief and inflammation suppression during an acute gout attack (Ragab et al., 2017). Aspirin was reported to alter the renal excretion of UA by either cis- or trans-inhibition of URAT1 (Enomoto et al., 2002; Zhang et al., 2014). Glucocorticoids, such as dexamethasone (DEX), increase xanthine oxidase activity in rats (Patel et al., 2014). Nevertheless, the effect of glucocorticoids and NSAIDs other than aspirin on UA homeostasis is largely unknown. The present study aimed to investigate systematically the effect of NSAIDs and DEX on UA homeostasis.

Materials and Methods

Chemical Reagents. DEX, UA, XOD, and pregnenolone-16 α -carbonitrile (PCN) were purchased from Sigma-Aldrich (St. Louis, MO). Triamcinolone acetonide (TA) was obtained from Energy Chemical (Shanghai, China), and mifepristone (MIF) was purchased from Macklin (Shanghai, China). Ibuprofen (IBU), diclofenac (DIC), and indomethacin (INDO) were purchased from Alfa Aesar (Ward Hill, UK). All other chemicals were commercial products of the highest purity grade available.

Animals and Treatments. All animal studies were carried out at the Institute of Radiation Medicine of the Chinese Academy of Medical Sciences (CAMS, Tianjin, China) and approved by the Institutional Animal Care and Use Committee at the CAMS. Adult male C57/BL6 (20 ± 2 g) mice were purchased from Beijing Vital River Laboratory Animal Technology Co., Ltd (Beijing, China). Mice were housed in an environmentally controlled breeding room (temperature: $22 \pm 2^\circ\text{C}$, humidity: $55\% \pm 5\%$, and 12-hour light/dark cycle) and water ad libitum.

IBU has been recommended for use as a pain reliever in mice, with a ranging dose of 7.5–30 mg/kg (Jenkins, 1987; Liles and Flecknell, 1992). In this study, we

chose the maximal recommended dose of IBU (30 mg/kg). Previous studies in mice suggested that oral treatments with 2.5–5 mg/kg DIC or 1 mg/kg INDO sufficed to exert their anti-inflammation and analgesic effects in mice (Fujiyoshi et al., 1989; Mun et al., 2009; Ritesh et al., 2016); however, 10 mg/kg DIC or INDO induced marked adverse effects in the gastrointestinal tract of mice (Harusato et al., 2009; Yamada et al., 2011; Akingbasote et al., 2016; Xiao et al., 2017). In our preliminary study, mice were orally gavaged with DIC (5 and 10 mg/kg) or INDO (2.5 and 7.5 mg/kg) to evaluate their potential toxicities. The data showed that both 10 mg/kg DIC and 7.5 mg/kg INDO markedly decreased body weights and increased liver and spleen weights (as determined via the tissue/body-weight ratios), with marked alterations in liver and intestine morphology (Supplemental Fig. 1). In contrast, both 5 mg/kg DIC and 2.5 mg/kg INDO were well tolerated by mice. Therefore, we chose 5 mg/kg DIC and 2.5 mg/kg INDO for the present study. Additionally, several NSAIDs are reported to regulate the expression of a target gene, namely, NSAID-activated gene-1 (NAG-1), which plays an important role in cell growth and proliferation (Kim et al., 2002). As shown in Supplemental Fig. 2, the mRNA expression of NAG-1 was induced in livers of mice treated with 30 mg/kg IBU, 5 mg/kg DIC, and 2.5 mg/kg INDO (Supplemental Fig. 2). Therefore, our data suggest that the dose of each NSAID suffices to exert its therapeutic effect and is relatively close to the maximum nontoxic dose. Mice were randomly divided into four groups ($n = 5$): control, IBU (30 mg/kg, p.o.), DIC (5 mg/kg, p.o.), and INDO (2.5 mg/kg, p.o.). The doses and schedules of NSAIDs were selected according to the previous studies (Wang et al., 1994; Klopovic et al., 2008; Akingbasote et al., 2016). NSAIDs were dissolved in sterile saline containing 0.25% sodium carboxymethylcellulose and 0.5% Tween-80. Mice were treated orally with NSAIDs once daily for 7 days. To investigate the effects of DEX on UA homeostasis, mice were treated with DEX at either 1 or 5 mg/kg (DEX-1 and DEX-5) i.p. for 7 days. DEX was dissolved in sterile saline containing 10% PEG400. To determine the effect of pregnane X receptor (PXR) activation on UA homeostasis, mice were treated intraperitoneally with either DEX (75 mg/kg; DEX-75) or PCN (100 mg/kg) for 4 days. The vehicle control for the high-dose DEX and PCN was corn oil.

Urine and Tissue Sample Collection. Urine was collected for three 24-hour periods on 2nd, 4th, and 6th day from each mouse using individual metabolic

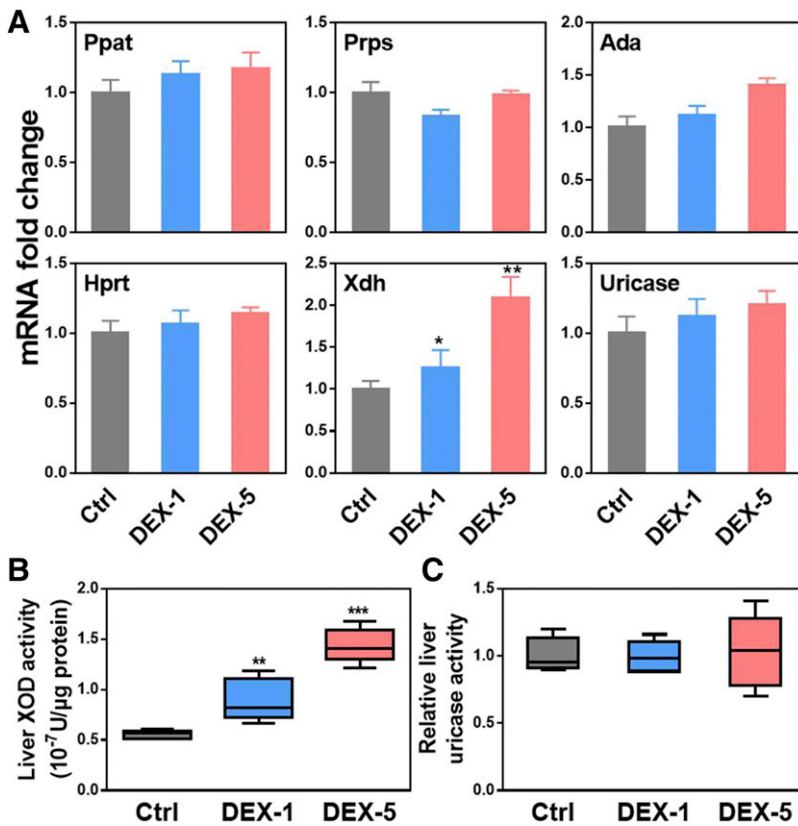


Fig. 2. DEX increased UA synthesis in livers of mice via XOD induction. Male C57/BL6 mice ($n = 5$ /group) were administered DEX (1 and 5 mg/kg, i.p.) for 7 days. The mRNA levels of phosphoribosyl amidotransferase (Ppat), phosphoribosyl pyrophosphate synthetase (Prps), adenosine deaminase (Ada), hypoxanthine-guanine phosphoribosyltransferase (Hprt), XDH, and uricase (A) in the livers of mice were quantified using RT-PCR. The activities of XOD (B) and uricase (C) were quantified in the livers of mice. Data are expressed as mean \pm S.E.M. ($n = 5$). * $P < 0.05$ vs. control (Ctrl) group; ** $P < 0.01$ vs. Ctrl group; *** $P < 0.001$ vs. Ctrl group.

cages. Urine samples were centrifuged at 3000g at 4°C for 10 minutes to collect the supernatants for further analysis. On the last day of the study, blood was collected by orbital bleeding 1 hour after the corresponding administrations and centrifuged at 5000g at 4°C for 20 minutes to obtain serum. Kidneys and livers were harvested, rinsed, snap-frozen in liquid nitrogen, and stored at -80°C .

Quantification of UA. Serum and urine UA concentrations were quantified using a standard diagnostic kit (Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's instructions. Liver UA concentration was quantified using high-performance liquid chromatography (HPLC) analysis. Briefly, liver tissue was homogenized in two volumes of ddH₂O, and 40 μ l of

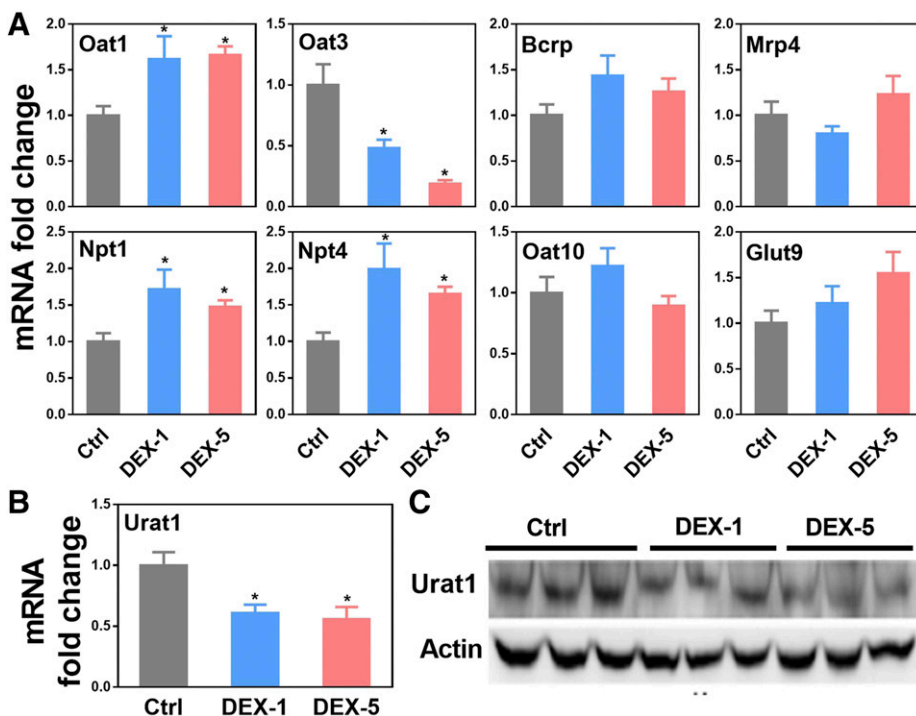


Fig. 3. DEX decreased both mRNA and protein levels of URAT1 in kidneys of mice. Male C57/BL6 mice ($n = 5$ /group) were administered DEX (1 and 5 mg/kg, i.p.) for 7 days. The mRNA levels of Oat1, Oat3, BCRP, Mrp4, Npt1, Npt4, Oat10, and Glut9 (A) were quantified in the kidneys of mice. The mRNA (B) and protein levels (C) of URAT1 in kidneys of mice were quantified using RT-PCR and Western blot, respectively. Data are expressed as mean \pm S.E.M. ($n = 5$). * $P < 0.05$ vs. control (Ctrl) group.

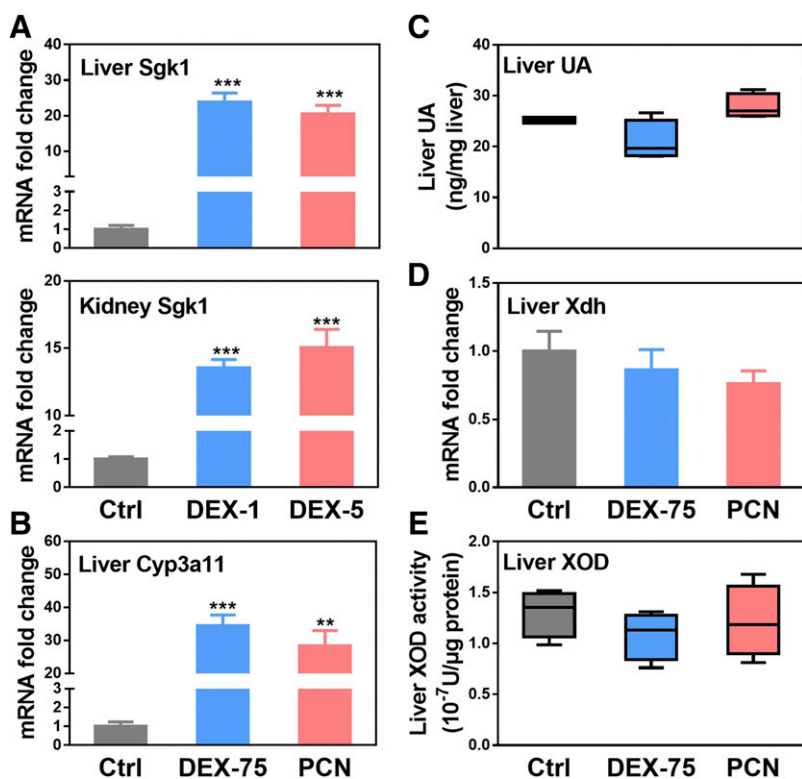


Fig. 4. DEX-mediated regulation of UA homeostasis was not due to PXR signaling pathway. Male C57/BL6 mice ($n = 5$ /group) were administered DEX (1 and 5 mg/kg, i.p.) for 7 days. The mRNA expression of Sgk1 was quantified in the livers and kidneys (A) of mice. Male C57/BL6 mice ($n = 5$ /group) were administered either 75 mg/kg DEX or 100 mg/kg PCN for 4 days. The mRNA levels of Cyp3a11 (B) and XDH (D) were quantified in the livers of mice. UA concentrations in the livers of mice were quantified (C), and the XOD activities were also measured (E). Data are expressed as mean \pm S.E.M. ($n = 5$). ** $P < 0.01$ vs. control (Ctrl) group; *** $P < 0.001$ vs. control (Ctrl) group.

homogenate was gently mixed with 120 μ l of 0.2 M perchloric acid containing 1,3-dimethyl uric acid (40 μ M) as the internal standard. The mixture was centrifuged at 20,000g for 10 minutes, and 20 μ l of the supernatant was injected for HPLC analysis. HPLC was performed on an Agilent 1260 Infinity II with a Zorbax SB-C18 (2.1 \times 150 mm, 5 μ m) column (Agilent Technologies, Santa Clara, CA). Mobile phase A contained 0.1% formic acid, and mobile phase B was acetonitrile. The entire process of separation was done on a gradient elution at a flow rate of 0.5 ml/min for 15 minutes: initiated with 8% B for 2 minutes, increased to 20% B in 1 minute, and further

increased to 90% B in 7 minutes, kept 90% B for 1 minute, decreased to 8% B in 1 minute, and balanced for 3 minutes before the next injection. Before the injection, the needle was washed with 50% methanol for 5 seconds, and the injection volume was 20 μ l. Detection wavelength for UA was 294 nm (Tsushima et al., 2013).

Assays for XOD and Uricase Activities. Liver tissue was homogenized in 9 volumes of 50 mM KH₂PO₄ buffer containing 0.5 mM EDTA (pH 7.4) in an ice bath. The homogenate was centrifuged at 4000g for 20 minutes at 4°C, and the lipid layer was carefully discarded. The supernatant was further centrifuged at

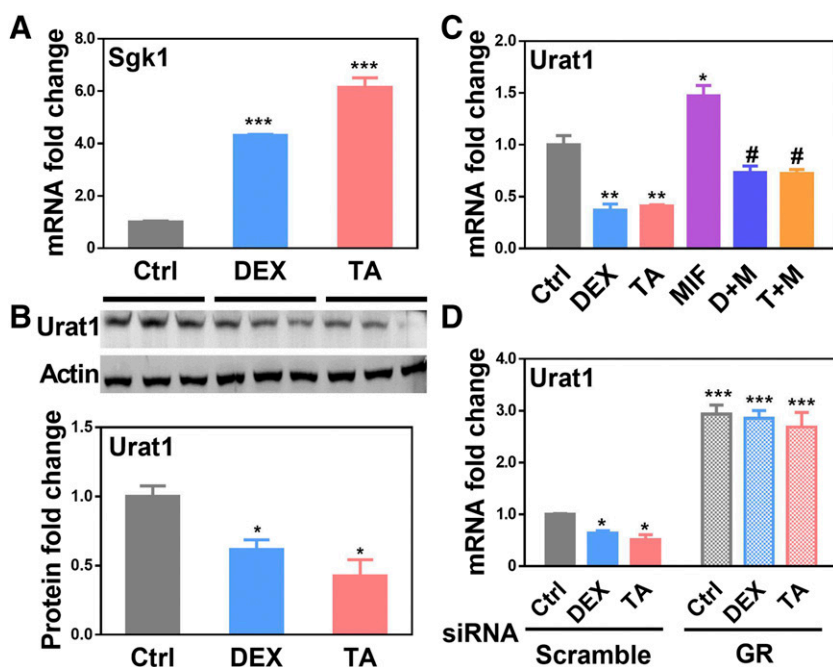


Fig. 5. GR-regulated DEX-mediated downregulation of URAT1 in vitro. NRK-52E cells were incubated DEX, TA, and MIF at 1, 0.5, and 0.15 μ M, respectively. Cells were harvested after either 24 hours for RNA isolation or 48 hours for protein extraction. The mRNA levels of Sgk1 (A) and URAT1 (C) were quantified using RT-PCR. The protein levels of URAT1 (B) were determined using Western blot. To determine more fully the role of GR, scramble control and GR-specific siRNAs were transfected into NRK-52E cells using LipofectAMINE RNAiMAX. After 24 hours of siRNA transfection, scramble control and GR-knockdown NRK-52E cells were incubated with 1 μ M DEX or 0.5 μ M TA for additional 24 hours. The mRNA levels of URAT1 were quantified using RT-PCR (D). D + M stands for the combination treatment of DEX and MIF, whereas T + M is the combination treatment of TA and MIF. Data are expressed as mean \pm S.E.M.; * $P < 0.05$ versus control (Ctrl) group; ** $P < 0.01$ vs. control (Ctrl) group, *** $P < 0.001$ vs. control (Ctrl) group. # $P < 0.05$ for D + M vs. DEX, and T + M vs. TA.

TABLE 1

In silico analysis of the urate transporter 1 (URAT1) promoter

The promoters were analyzed using the AliBaba2.1 search tool (<http://gene-regulation.com/pub/programs/alibaba2/index.html>) using default parameters: pairism to known sites 50, matrix width 10 bp, minimum number of sites 4, minimum matrix conservation 75%, similarity to sequence matrix 1%, factor class level 4.

Species	Predicted Elements	Nucleotide Positions
Human	AP-1	407–416
		908–917
		967–976
		1154–1163
		1682–1693
	NF- κ B	1873–1882
		–353 to 362
		–548 to 557
		–1889 to 1898
		69–78
Mouse	AP-1	137–146
		302–311
		325–334
		547–556
		632–644
		667–676
		1373–1382
		1597–1606
		1750–1759
	NF- κ B	2021–2030
		265–274
		957–966
		1638–1647
		2794–2803
	AP-1	138–147
		239–248
		303–312
		326–335
		562–571
		893–902
		926–935
		1247–1256
		1683–1695
Rat	AP-1	1733–1742
		1996–2005
		2100–2109
	NF- κ B	2402–2411
		2752–2761

AP-1, activator protein 1; NF- κ , nuclear factor κ .

10,000g for 10 minutes at 4°C, and the final supernatant was collected for the assays. Protein concentration of the final supernatant was determined with the bicinchoninic acid (BCA) method according to the manufacturer's instructions (CWBIO, Beijing, China). To determine the XOD activity, XOD standard solutions were prepared by diluting XOD stock in 50 mM KH₂PO₄ buffer containing 0.5 mM EDTA (pH 7.4). Subsequently, a mixture of 25 μ l of substrate solution (1.5 mM xanthine, 1.0 mM potassium oxonate in 0.02 M NaOH), 25 μ l of liver extract or XOD standard solution, and 150 μ l of KH₂PO₄ buffer (50 mM) were loaded into a 96-well plate and incubated at 37°C for 30 minutes. The absorbance of UA production was read at 294 nm. To determine uricase activity, liver extract was incubated with 30 μ M UA in 50 mM borate buffer (pH 9.0) at 37°C for 30 minutes. The decrease of UA was determined by the decrease of absorption at 294 nm.

Cell Culture and Treatment. Normal rat kidney epithelial cells (NRK-52E) were obtained from cell resource center of Shanghai Institutes for Biologic Sciences (Shanghai, China). Cells were cultured with Dulbecco's modified Eagle's medium (DMEM) high-glucose medium supplemented with 10% fetal bovine serum (FBS), 100 U/ml penicillin and 100 μ g/ml streptomycin at 37°C in 5% CO₂. The chemicals were dissolved in DMSO. Cells were seeded in triplicate in 24-well plates at a density of 2.5×10^5 /well and allowed to attach overnight. Twenty-four hours after plating, DEX, TA, and MIF diluted in fresh DMEM containing 5% FBS were added. The final concentrations of DEX, TA, and MIF were 1, 0.5, and 0.15 μ M, respectively, as previously described (Bradley and Mishell, 1981; Ray and Prefontaine, 1994; Boonyaratankornkit

et al., 1998). Cells were harvested either 24 hours (RNA isolation) or 48 hours (protein extraction) later for further analysis.

Gene Silencing with Small Interfering RNAs. Small interfering RNAs (siRNAs) were synthesized by Genescript (Suzhou, China). siRNAs were designed according to previous studies, and the sequences were listed in Supplemental Table 1 (Numakawa et al., 2009; Sirabella et al., 2009; Ban et al., 2011). siRNAs were transfected into NRK-52E cells using LipofectAMINE RNAiMAX (Invitrogen, Carlsbad, CA) according to the manufacturer's protocol. Briefly, about 12–24 pmol siRNAs and 1 μ l of LipofectAMINE were diluted in 100 μ l of Opti-MEM, mixed gently, and then incubated for 20 minutes at room temperature. The entire mixture was added to the well of a 24-well plate, and then NRK-52E cells were seeded at a density of 2.5×10^5 /well in DMEM medium with 5% FBS. The mixture was incubated with cells for 24 hours, followed by various treatments for indicated time periods.

RNA Isolation and Quantitative Reverse Transcription Polymerase Chain Reaction Analysis. Messenger RNA (mRNA) was isolated using Trizol (Takara, Dalian, China) according to the manufacturer's protocol. After isolation, cDNA was synthesized with a High Capacity cDNA Archive kit (Vazyme, Nanjing, China). The PCR reactions were performed on an ABI QuantStudio 6 Flex Real-Time PCR system (Applied Biosystems, Foster City, CA) using Ultra SYBR Mixture (CWBIO). The comparative threshold cycle (Ct) method was used to quantify the fold change ($2^{-\Delta\Delta C_t}$) for various mRNAs, which were normalized to 36b4 mRNA and presented as relative fold change to the control group. Primer sequences used in this study are summarized in Supplemental Table 2.

Western Blot. Total protein was isolated using RIPA lysis buffer (CWBIO) according to the manufacturer's protocol. Equal amounts of protein samples (40 μ g) were separated by electrophoresis on 10% SDS-PAGE and then transferred to polyvinylidene difluoride membranes. The membranes were blocked with 5% skim milk, followed by overnight incubation with primary antibodies against p65 (1:1000, no. 8242; Cell Signaling Technology, Danvers, MA), c-Jun (1:1000, no. 9165; Cell Signaling Technology), URAT1 (1:500, no. 250521; Abbiotec, San Diego, CA), and β -actin (1:1500, K101527P; Solarbio, Beijing, China). Blots were then further incubated with secondary antibody (1:5000, sc-2004; Santa Cruz, Dallas, TX) in 5% skim milk, and signals were visualized with enhanced chemiluminescence reagents (Merck Millipore, Darmstadt, Germany). Images were visualized by the Amersham Imager 600 (GE Healthcare, Pittsburgh, PA) and analyzed using Image J software (National Institutes of Health, Bethesda, MA).

Data Analysis and Statistics. Data were analyzed using GraphPad Prism software version 7.0. (GraphPad, San Diego, CA) and expressed as means \pm S.E.M. The differences between groups were analyzed using ANOVA, followed by two-by-two comparisons using Tukey's test. $P < 0.05$ was considered significant.

Results

DEX, but Not NSAIDs, Markedly Altered UA Homeostasis in Mice. As shown in Fig. 1, A and B, three NSAIDs had no effect on UA concentrations in serum or livers of mice. Additionally, the activities of XOD and uricase, as well as the mRNA levels of key enzymes involved in UA synthesis, were not altered by NSAID treatments (data not shown). In contrast, both 1 and 5 mg/kg doses of DEX significantly decreased serum UA (15%–19%↓) but significantly increased hepatic UA (29%–36%↑), compared with control mice (Fig. 1, C and D). Further analysis demonstrated that both doses of DEX significantly increased urine volume collected for 24 hours on the 2nd (69% and 100%↑), 4th (90% and 170%↑), and 6th (50% and 69%↑) day of treatment (Fig. 1E). Additionally, as shown in Fig. 1F, DEX also significantly increased the 3-day cumulative UA excretion (56% and 77%↑ for 1 and 5 mg/kg, respectively).

DEX Increased UA Synthesis in Livers of Mice via XOR Induction. The mRNA levels of key enzymes involved in UA synthesis were quantified to investigate the mechanism for DEX-mediated increase of UA in the livers of mice. DEX had no effect on the mRNA levels of phosphoribosyl amidotransferase, phosphoribosyl pyrophosphate synthetase, adenosine deaminase, and hypoxanthine-guanine

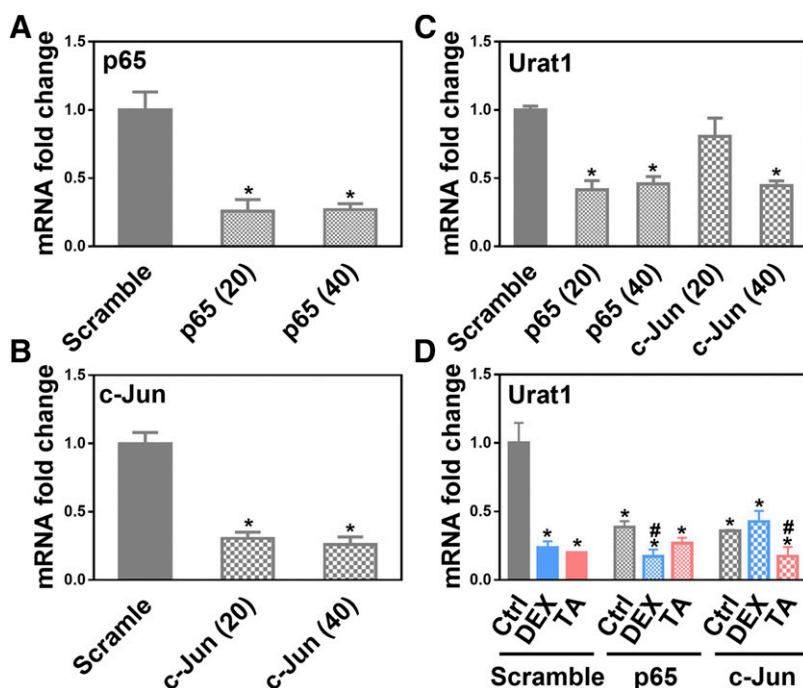


Fig. 6. Both NF- κ B and c-Jun are involved in GR-mediated regulation of URAT1 in vitro. NRK-52E cells were transfected with siRNAs (20 and 40 nM) to knock down the mRNA levels of either p65 (A) or c-Jun (B). Their effects on URAT1 mRNA expression (C) were determined. NRK-52E cells were transfected with either p65 siRNAs or c-Jun siRNAs (40 nM) for 24 hours and then cotreated with either DEX (1 μ M) or TA (0.5 μ M) for additional 24 hours. The mRNA levels of URAT1 were quantified using RT-PCR (D). Data are expressed as mean \pm S.E.M. * P < 0.05 vs. scramble siRNA control. # P < 0.05 vs. p65 siRNA control (Ctrl) or c-Jun siRNA control (Ctrl).

phosphoribosyltransferase (Fig. 2A). UA in the livers of mice is regulated mainly by the activities of XOD (key enzyme in UA synthesis) and uricase (enzyme for UA oxidation). DEX significantly increased XDH mRNA levels in a dose-dependent manner (26% and 110% \uparrow for 1 and 5 mg/kg, respectively), whereas it had no effect on uricase mRNA levels. Consistently, both doses of DEX significantly increased XOD activity (61% and 160% \uparrow), whereas they did not alter uricase activity in the livers of mice (Fig. 2, B and C). To conclude, the current data suggest that DEX has an inductive effect on XDH mRNA expression and thus increases UA synthesis in the livers of mice.

DEX Decreased Both mRNA and Protein Levels of URAT1 in Kidneys of Mice. Organic anion transporter 1 and 3 (Oat1 and 3) are basolateral UA uptake transporters. DEX had no effect on the mRNA expression of Oat1, but it significantly decreased the mRNA expression of Oat3 (52% and 81% \downarrow for 1 and 5 mg/kg, respectively) in a dose-dependent manner (Fig. 3A). Breast cancer resistance protein (BCRP), multidrug resistance protein 4 (Mrp4), as well as sodium-dependent phosphate cotransporter type 1 and 4 (Npt1 and 4) are apical UA efflux transporters involved in renal secretion of UA. DEX did not alter BCRP or Mrp4 mRNA levels, whereas it significantly increased the mRNA levels of Npt1 (72% and 47% \uparrow) and 4 (99% and 65% \uparrow for 1 and 5 mg/kg, respectively). Oat10, glucose transporter 9 (Glut9), and URAT1 are apical UA uptake transporters that play a critical role in UA reabsorption. DEX showed no effect on Oat10 and Glut9, but it significantly decreased URAT1 mRNA levels (40% and 44% \downarrow for 1 and 5 mg/kg, respectively) in a dose-dependent manner (Fig. 3B). Consistently, both doses of DEX significantly decreased the protein levels of URAT1 in the kidneys of mice (37% and 45% \downarrow) (Fig. 3C). Therefore, the current data suggest that DEX appears to increase UA secretion (Npt1 and 4) and decrease UA reabsorption (URAT1) in the kidneys of mice.

DEX-Mediated Regulation of UA Homeostasis Was Not Due to PXR Signaling Pathway. DEX at higher doses (>20 mg/kg) is known to activate PXR in mice (Xie et al., 2000), whereas lower doses (<6 mg/kg) mainly activate glucocorticoid receptor (GR) signaling (Heuman et al., 1982). Both 1 and 5 mg/kg of DEX significantly increased the GR target gene serum- and glucocorticoid-induced protein kinase 1 (Sgk1) in the livers (23-fold and 20-fold \uparrow) and kidneys

(12-fold and 14-fold \uparrow) of mice, suggesting the activation of GR signaling pathway (Fig. 4A). To determine the effect of PXR activation on UA homeostasis, mice were given either a high dose of DEX (75 mg/kg) or PCN, a well known PXR agonist. Both 75 mg/kg DEX and PCN significantly increased mRNA levels of the PXR target gene cytochrome P450 3a11 (Cyp3a11) in the livers of mice (33-fold and 27-fold \uparrow), suggesting the activation of the PXR pathway (Fig. 4B); however, neither 75 mg/kg DEX nor PCN altered the UA concentrations, XDH mRNA, or XOD activity in the livers of mice (Fig. 4, C–E). Therefore, GR activation, but not PXR activation, mediates the effect of DEX on hepatic UA levels in mice.

GR Regulated DEX-Mediated Downregulation of URAT1 in Vitro. NRK-52E cells were treated with DEX and TA, two GR agonists, to determine the role of GR in URAT1 regulation. The activation of GR by DEX and triamcinolone acetonide (TA) was demonstrated by the increased mRNA levels of Sgk1 (3.3-fold and 5.2-fold \uparrow for 1 and 5 mg/kg, respectively) (Fig. 5A). Both mRNA and protein levels of URAT1 were significantly decreased by DEX (mRNA 63% \downarrow ; protein 38% \downarrow) and TA (mRNA 59% \downarrow ; protein 57% \downarrow) (Fig. 5, B and C). Notably, GR antagonist MIF reversed the downregulating effect of DEX and TA on URAT1 mRNA expression (D + M vs. DEX, 97% \uparrow ; T + M vs. TA, 77% \uparrow) (Fig. 5C). Additionally, GR knockdown by siRNA ablated the downregulating effect of DEX and TA on URAT1 (Fig. 5D). It should be mentioned that both MIF and GR knockdown significantly increased the mRNA levels of URAT1 (MIF, 47% \uparrow ; GR knockdown, 190% \uparrow) (Fig. 5, C and D). Collectively, the current data suggest that GR signaling pathway plays a critical role in regulating URAT1 in kidney cells.

Both Nuclear Factor κ B and c-Jun Were Involved in GR-Mediated Regulation of URAT1 In Vitro. GR-dependent transcriptional regulation depends on its interaction with other coregulatory proteins. In silico analysis suggests that the URAT1 promoter region contained several putative nuclear factor (NF)- κ B and activator protein 1 (AP-1) binding sites (Table 1). Next, NF- κ B/p65 or AP-1/c-Jun was knocked down in NRK-52E cells to investigate the role of NF- κ B and AP-1 in URAT1 regulation. Both 20 and 40 nM p65 siRNA significantly decreased mRNA levels of p65 (20 nM, 74% \downarrow ; 40 nM, 73% \downarrow) and URAT1 (20 nM, 59% \downarrow ; 40 nM, 54% \downarrow) (Fig. 6, A and C). Similarly, c-Jun mRNA

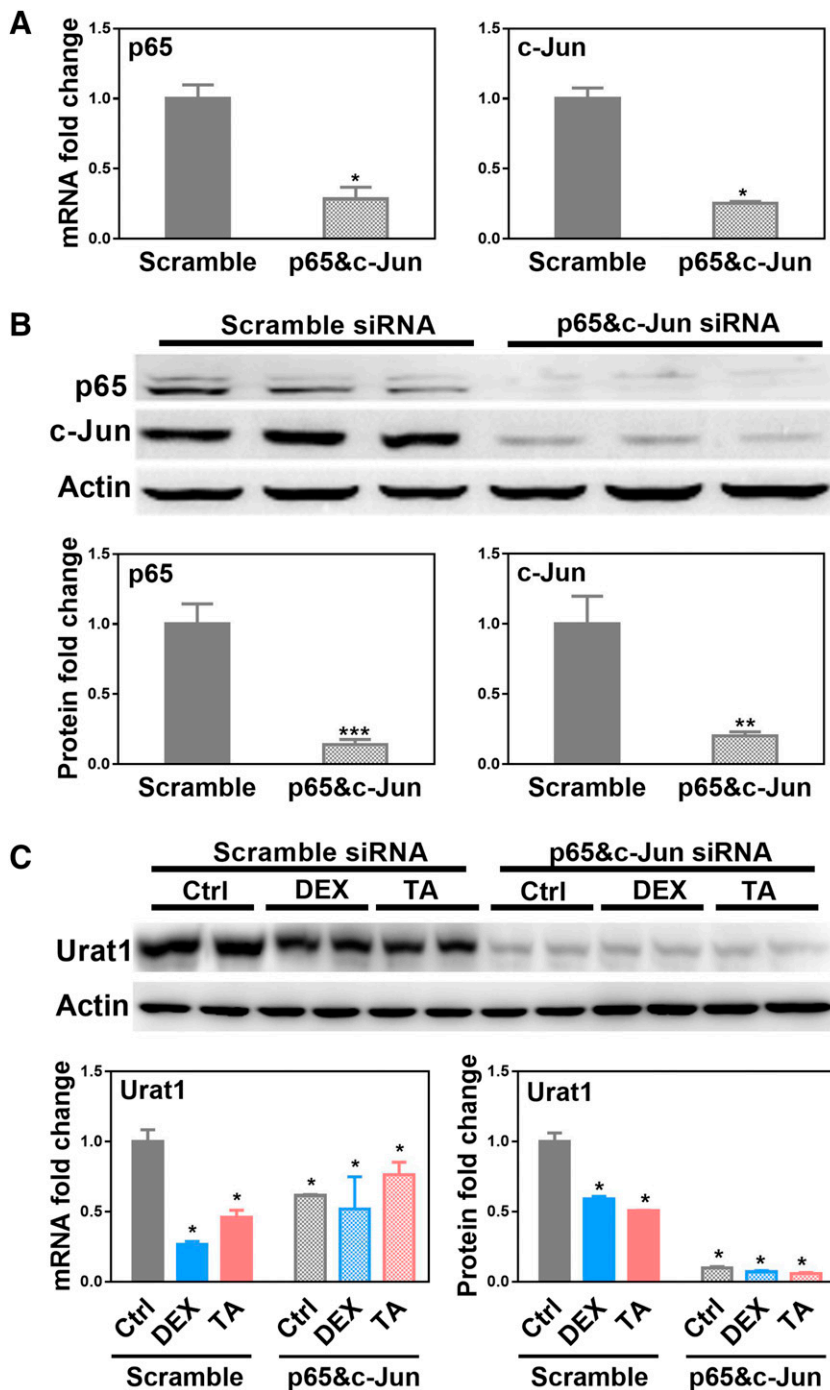


Fig. 7. Knockdown of both p53 and c-Jun completely blocked the downregulating effect of GR activation on URAT1 in vitro. NRK-52E cells were cotransfected with both p53 and c-Jun siRNAs to knock down their mRNA expression (A). The protein levels of p53 and c-Jun were also quantified using Western blot after cotransfection of siRNAs (B). NRK-52E cells were cotransfected with both p53 and c-Jun siRNAs for 24 hours and then were cotreated with either DEX (1 μ M) or TA (0.5 μ M) for additional 24 hours. The mRNA and protein levels of URAT1 were quantified (C). Data are expressed as means \pm S.E.M. * P < 0.05 vs. scramble siRNA control; ** P < 0.01 vs. scramble siRNA control; *** P < 0.001 vs. scramble siRNA control.

levels were significantly decreased by both 20 (69%↓) and 40 nM (74%↓) c-Jun siRNA treatments (Fig. 6B); however, only 40 nM c-Jun siRNA was able to decrease URAT1 mRNA levels (55%↓) (Fig. 6C). Thus, 40 nM p53 and c-Jun siRNA were used in the subsequent treatments, showing that neither p53 knockdown nor c-Jun knockdown was able to prevent completely the downregulating effects of DEX and TA in kidney cells (Fig. 6D). To conclude, the current data suggest that both p53 and c-Jun play an important role in maintaining the basal level of URAT1 and are partly involved in GR-mediated downregulation of URAT1 mRNA expression.

Knockdown of Both p53 and c-Jun Completely Blocked the Downregulating Effect of GR Activation on URAT1 In Vitro. To investigate further the role of p53 and c-Jun on GR-mediated regulation

of URAT1, both p53 and c-Jun were knocked down in NRK-52E cells. The decreased mRNA (p53, 71%↓; c-Jun, 75%↓) and protein levels (p53, 85%↓; c-Jun, 80%↓) of p53 and c-Jun validated the knockdown effect of siRNA treatments (Fig. 7, A and B). The knockdown of both p53 and c-Jun completely reversed the downregulating effect of DEX and TA on both mRNA and protein levels of URAT1 (Fig. 7C). Therefore, the current data suggests that GR-mediated regulation of URAT1 is dependent on both p53 and c-Jun.

Discussion

Despite the wide use of NSAIDs and glucocorticoids in gout treatment, their effects on UA metabolism are poorly investigated. Our

data suggest that oral administration with high doses of NSAIDs causes adverse effects in both the liver and intestine of mice. According to both literature and preliminary studies, we treated mice with each NSAID at a dose that is relatively close to the maximum nontoxic dose and demonstrated that the three NSAIDs at therapeutic doses had no effect on UA homeostasis. In contrast, DEX significantly altered UA concentrations in mice by increasing both the production and elimination of UA.

XOR is the rate-limiting enzyme catalyzing the conversion from hypoxanthine to xanthine and from xanthine to UA in the liver. Various stimuli, such as hydrogen peroxide, calcium, growth factors, and inflammatory cytokines, are able to regulate XOR expression and activity (Dupont et al., 1992; Flanders et al., 1997; McNally et al., 2005). Previous studies demonstrated that DEX could induce XOR expression and activity in bovine epithelial cells and rat cremaster muscle (Pfeffer et al., 1994; Wallwork et al., 2003). The current data demonstrate an inductive effect of DEX on both expression and activity of XOR in livers of mice, which was associated with an increase in hepatic UA.

Nuclear receptors play an important role in regulating various physiologic processes. Aryl hydrocarbon receptor and peroxisome proliferator-activated receptor α have been implicated in regulating XOR (Sugihara et al., 2001; Kanemitsu et al., 2017). PXR is a key regulator of xenobiotic metabolism and is activated by a broad range of endogenous and exogenous chemicals, such as bile acids, steroids, and antibiotics (Kliwer et al., 2002). Glucocorticoids are also able to activate the PXR signaling pathway at high doses (Xie et al., 2000). Nonetheless, the present study demonstrated that DEX-mediated induction of XOR was due to the activation of GR, but not PXR. It should be noted that we did not quantify the serum levels of UA or the mRNA levels of urate transporters in kidneys. Therefore, it could not be excluded that high-dose DEX could still affect UA distribution. Nonetheless, the present study suggests that PXR activation has no effect on hepatic UA concentrations, XDH activities, or mRNA levels of UA-related genes (Supplemental Fig. 3) in mice.

The present study demonstrated that DEX significantly increased renal excretion of UA and thus decreased serum UA, despite the increased UA production in the liver. The kidney accounts for about 60%–65% of the daily elimination of UA (Sorensen, 1965). UA in the circulation is freely filtered by the glomerulus, and more than 90% of UA is reabsorbed in the proximal tubule. Additionally, tubular secretion of UA also occurs. Both UA reabsorption and secretion involve many membrane transporters (Hyndman et al., 2016). During the tubular secretion, UA is taken up by Oat1 and 3 from the blood into the kidney and transported into urine through efflux transporters such as Ntp1, Npt4, Mrp4, and BCRP. Although DEX increased Ntp1 and 4, it markedly decreased Oat3 in the kidneys of mice, suggesting a mixed effect of DEX on UA secretion. Nonetheless, compared with UA reabsorption, the tubular secretion is only a minor component of urine UA excretion. Among three transporters (URAT1, Glut9, and Oat10) involved in UA reabsorption, only URAT1 was significantly decreased by DEX. Therefore, DEX-mediated increase in urine UA excretion is due mainly to its downregulating effect on URAT1.

URAT1 is considered the most effective transporter in the reabsorption of UA, and its abundance is closely linked to serum UA concentration (Köttgen et al., 2013). Although URAT1 has become the therapeutic target for lowering UA, its regulatory mechanism remains largely unknown. In the present study, GR agonist decreased, whereas GR antagonist or knockdown increased URAT1. Additionally, GR knockdown completely blocked the inhibitory effect of DEX on URAT1, suggesting a critical role of GR in regulating URAT1. In silico analysis reveal that URAT1 promoter has several putative NF- κ B and AP-1 binding sites. Previous studies reported that the direct interaction

between NF- κ B and GR-mediated repression of interleukins by DEX (Ray and Prefontaine, 1994). Similarly, a direct interaction between GR and c-Jun was also reported in previous studies (Schule et al., 1990; Yang-Yen et al., 1990). In the present study, either p65 or c-Jun knockdown markedly decreased URAT1, suggesting an important role of p65 and c-Jun in maintaining the basal level of URAT1; however, only knockdown of both p65 and c-Jun could completely prevent the downregulation of URAT1 by DEX and TA, suggesting that GR-mediated regulation of URAT1 requires the interaction of both p65 and c-Jun. It is reported that in vitro knockdown of GR by RNA interference could enhance the basal NF- κ B activity (Zhu et al., 2004). This finding may explain the increased basal mRNA level of URAT1 in GR knockdown cells in this study. Therefore, the current data suggest that DEX downregulates URAT1 through the GR-mediated interaction of both NF- κ B and AP-1.

It should be noted that the present study is limited by considerable species differences in UA metabolism between humans and mice. For instance, UA is metabolized to allantoin by uricase in the livers of mice, whereas it is the end product of purine metabolism in humans owing to the loss of uricase activity during evolution (Oda et al., 2002). Although transporters such as URAT1, BCRP, OATs, and NPTs are expressed in the kidneys of both humans and mice, their abilities in handling UA might differ (Hosomi et al., 2012). Nevertheless, the current findings demonstrate for the first time that glucocorticoids play an important role in regulating UA homeostasis via GR signaling pathway. In the liver, GR activation induces XOR expression and activity and thus elevates UA production. In the kidney, GR activation downregulates both mRNA and protein levels of URAT1 through NF- κ B and AP-1 and thus enhances UA excretion in the urine.

Authorship Contribution

Participated in research design: Li, Lu, Zhang.

Conducted experiments: Li, Ma, Saeed, Xiong.

Contributed new reagents or analytic tools: Han, Zhang.

Performed data analysis: Li, Han, Zhang.

Wrote or contributed to the writing of the manuscript: Li, Klaassen, Lu, Zhang.

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Supplemental Data for:

Glucocorticoids increase renal excretion of urate in mice by down-regulating urate transporter 1

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Drug Metabolism and Disposition

Supplemental Table 1. Sequences of the gene-specific siRNA used in this study

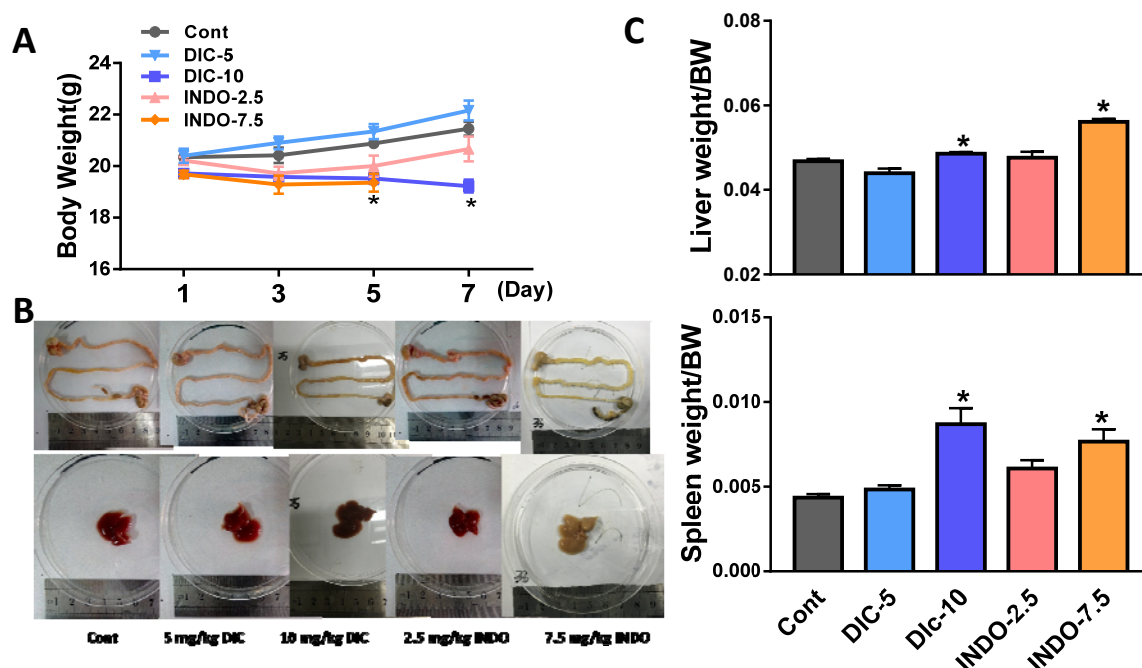
Gene name	Sense sequence (5'→3')	Antisense sequence (5'→3')
Gr	UUACCUUUGUGCUGGAAGAdTdT	UCUUCCAGCACAAAGGUAAAdTdT
P65	GAAGCAUUAACUUCCCUGAdTdT	UCAGGGAAGUUA AUGCUUCdTdT
c-Jun	GGCACAGCUUAAACAGAAAdTdT	UUUCUGUUUAAGCUGUGCCdTdT

Supplemental Table 2. PCR primers pairs used for qRT-PCR analysis

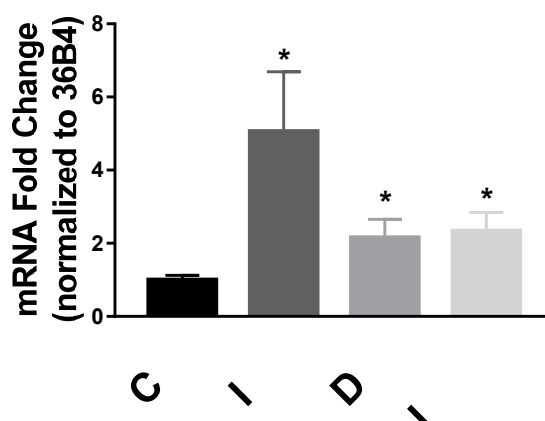
Species	Gene name	Sense primer (5'→3')	Antisense primer (5'→3')
Rat	Urat1	TGCCCACCTTCCCCCTCTACTG	GCCCAAAGCTGAAGCCCAAGG
	P65	ACGATCTGTTTCCCCTCATCT	TGCTTCTCTCCCCAGGAATA
	C-Jun	CGCGGGAGCCAACCAACGTG	CGTCCCCGCTTCAGTAACAAAGT
	Sgk1	AGAGGCTGGGTGCCAAGGAT	CACTGGGCCCGCTCACATTT
	Gr	GCTCCCACCTTGTCTCCA	TCCAGTTTTTCAGAACCAACAGG
	36b4	GGCATCACCCTAAAATCTCC	GCTCCCACCTTGTCTCCA
Mouse	Urat1	CGTGGGACCTGGTATGTAAC	CCAAACCTATCTGAGGCATGG
	Sgk1	CTGCTCGAAGCACCCCTTACC	TCCTGAGGATGGGACATTTTCA
	Tat	TCTGGAGCCATGTACCTTATGG	TTCCACGTCATTCTCAAATTCTG
	Ppat	TGCCAGCCATTCTAGTTGAG	AGGACGTGGAAAGCCCAATAC
	Prps	ATGCCTAACATCGTGCTCTTC	GATCTCGACACTGGTCTCCTG
	Ada	GTCACCCCTGATGACGTTGTG	CAGAATGGACCGGACCTTGAT
	Hprt	TCAGTCAACGGGGGACATAAA	GGGGCTGTACTGCTTAACCAG
	Xdh	ATGACCGCCTTCAGAACAAGA	TGTCACAGCAACATGATGCAA
	Uricase	GAAGTGGAATTTGTCCGAAC	CGAAGTTGCCACCTCTTTGAT
	Cyp3a11	ACAAACAAGCAGGGATGGAC	GGTAGAGGAGCACCAAGCTG
	Glut9	CTTCCTCTACGGGTACAACCT	CAGAGCAGAGTCAGGGTATCC
	Npt1	CCAAGGACCACCCGTATATGA	CTTTGATTGGCAGGGATTGTCT
	Npt4	CATGAAGCCTCAAAGCATCTTCC	TTCCCTGCCAAGTATCCTCCA
	Bcrp	CTGGCCTTAATGCTATTCTGGG	TTGAAATGGGCAGGTTGAGGT
	Mrp4	GGCACTCCGGTTAAGTAACTC	TGTCACCTTGGTCTGAATTTGTTCA
	Oat1	AATGGCACCGGAGTCCAAG	AAGGTTCCACTCAGTCACGAT
	Oat3	ACCGAGCCATGCTTGGATG	GCCAGCAAGAGATAGCTCCAG
	36b4	GGACCCGAGAAGACCTCCTT	CCAACAGCATATCCCGAATC

Supplementary Figures

Supplemental Figure 1. The effects of DIC and INDO on body weights (A), the morphology of livers and intestine (B), as well as the ratio of liver and spleen weights to body weights (C) in mice after 7-day oral administration. Mice were orally administered with DIC (5 and 10 mg/kg) and INDO (2.5 and 7.5 mg/kg) daily for 7 days. The data are expressed as mean \pm SEM, N=5.* $p < 0.05$ versus control group.



Supplemental Figure 2. The mRNA expression of NAG-1 in livers of mice. The mice were orally administered with 30 mg/kg IBU, 5 mg/kg DIC, and 2.5 mg/kg INDO daily for 7 days. The mRNA expression of NAG-1 was quantified using RT-PCR. The relative mRNA levels were calculated as fold change normalize to controls. The data are expressed as mean \pm SEM, N=5. * $p < 0.05$ versus control group.



Supplemental Figure 3. Male C57/BL6 mice (N=5/group) were administered DEX (1 and 5 mg/kg, i.p.) for 7 days. The mRNA levels of Ppat, Prps, Hprt, Ada, and Uricase in livers of mice were quantified using RT-PCR. Data are expressed as mean \pm SEM (N=5). *P < 0.05 versus control group.

