

Maternal Plasma L-Carnitine Reduction During Pregnancy Is Mainly Attributed to OCTN2-Mediated Placental Uptake and Does Not Result in Maternal Hepatic Fatty Acid β -Oxidation Decline^[S]

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ABSTRACT

L-Carnitine (L-Car) plays a crucial role in fatty acid β -oxidation. However, the plasma L-Car concentration in women markedly declines during pregnancy, but the underlying mechanism and its consequences on maternal hepatic β -oxidation have not yet been clarified. Our results showed that the plasma L-Car level in mice at gestation day (GD) 18 was significantly lower than that in nonpregnant mice, and the mean fetal-to-maternal plasma L-Car ratio in GD 18 mice was 3.0. Carnitine/organic cation transporter 2 (OCTN2) was highly expressed in mouse and human placenta and upregulated as gestation proceeds in human placenta, whereas expressions of carnitine transporter (CT) 1, CT2, and amino acid transporter B^{0,+} were extremely low. Further study revealed that renal peroxisome proliferator-activated receptor α (PPAR α) and OCTN2 were

downregulated and the renal L-Car level was reduced, whereas the urinary excretion of L-Car was lower in late pregnant mice than in nonpregnant mice. Meanwhile, progesterone (pregnancy-related hormone) downregulated the expression of renal OCTN2 via PPAR α -mediated pathway, and inhibited the activity of OCTN2, but estradiol, corticosterone, and cortisol did not. Unexpectedly, the maternal hepatic level of L-Car and β -hydroxybutyrate (an indicator of mitochondrial β -oxidation), and mRNA levels of several enzymes involved in fatty acid β -oxidation in GD 18 mice were higher than that in nonpregnant mice. In conclusion, OCTN2 mediated L-Car transfer across the placenta played a major role in maternal plasma L-Car reduction during pregnancy, which did not subsequently result in maternal hepatic fatty acid β -oxidation decrease.

Introduction

L-Carnitine (L-Car) is a hydrophilic quaternary amine that plays a crucial role in fatty acid β -oxidation. L-Car and long-chain acyl CoA form acylcarnitines by the action of carnitine palmitoyltransferase 1. Acylcarnitines are then translocated across the mitochondrial membrane by the carnitine/acylcarnitine translocase. Once inside mitochondria, carnitine palmitoyltransferase 2 removes L-Car from acylcarnitines and regenerates acyl-CoAs. L-Car then returns to the cytoplasm for another cycle while the acyl-CoAs enter β -oxidation (Ramsay et al., 2001; Foster, 2004). L-Car deficiency may cause fatty acid oxidation disorder, and lead to cardiomyopathy, muscle weakness, hypoglycemia, and fatty liver (Frigeni et al., 2017). The plasma concentration of L-Car in pregnant women is reported to be much lower than that in nonpregnant women and keeps declining as gestation proceeds (Winter et al., 1995; Lindsay et al., 2015). At the time of delivery, the maternal plasma L-Car

concentration is only half of that in nonpregnant women, which will be returned to its original level 8 weeks after delivery (Cederblad et al., 1986; Cho and Cha, 2005). It seems that pregnancy leads to a reversible secondary deficiency of L-Car (Marzo et al., 1994). However, the reasons have not yet been clarified.

In humans, L-Car homeostasis is maintained by dietary absorption, endogenous synthesis, and efficient renal reabsorption (Vaz and Wanders, 2002). About 75% of the L-Car requirement is provided by diet, whereas 25% is synthesized endogenously in the liver and kidney of adults. L-Car is eliminated in its original form by glomerular filtration in humans; however, most of the filtered L-Car will be reabsorbed in kidney by carnitine transporters (CTs), especially by carnitine/organic cation transporter (OCTN) 2 (SLC22A5 gene), a high-affinity L-Car transporter located in the apical side of renal tubular epithelial cells (Longo et al., 2016). A defect in the OCTN2 will cause urinary L-Car wasting and subsequently will result in primary L-Car deficiency (Lahjouji et al., 2002). Besides OCTN2, CT1 (SLC22A15 gene), CT2 (SLC22A16 gene), and amino acid transporter B^{0,+} (ATB^{0,+}; SLC6A14 gene) can also mediate L-Car uptake (Sekine et al., 1998; Nakanishi et al., 2001; Enomoto et al., 2002). Therefore, CTs in the kidney are very important for the L-Car homeostasis.

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ABBREVIATIONS: ATB^{0,+}, amino acid transporter B^{0,+}; CORT, corticosterone; CT, carnitine transporter; d₃-L-Car, d₃-L-carnitine; DMEM, Dulbecco's modified Eagle's medium; E2, estradiol; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; GD, gestation day; hOCTN, human carnitine/organic cation transporter; L-Car, L-carnitine; LD, lactation day; MDCK, Madin-Darby canine kidney; OCTN, carnitine/organic cation transporter; P4, progesterone; PPAR, peroxisome proliferator-activated receptor; qRT-PCR, quantitative real-time polymerase chain reaction; TC, total cholesterol; TG, triglyceride; WY14643, 4-chloro-6-(2,3-xylylidino)-2-pyrimidinylthioacetic acid.

A series of physiologic changes, including increased maternal fat, blood volume, cardiac output, and blood flow to the kidneys, occur in pregnant women (Costantine, 2014). In addition, the plasma concentrations of several hormones are gradually increased during pregnancy. The plasma levels of estradiol (E2) and progesterone (P4) in pregnant women during the third trimester will reach tens to hundreds folds of the original levels (La Marca et al., 2005; Zhang et al., 2015). And the plasma concentrations of glucocorticoids (cortisol in humans and corticosterone [CORT] in rodents) are also gradually increased during pregnancy (Soldin et al., 2005; Jung et al., 2011).

It is noteworthy that the placenta mediates maternofetal transport of a variety of nutrients, including L-Car. L-Car is pivotal for the fetal organism, but the fetus has a limited capacity for L-Car biosynthesis (Hahn, 1981; Shenai and Borum, 1984); thus, the fetus obtains almost all of the required L-Car from the maternal circulation. And the L-Car level in umbilical cord plasma is reported to be higher than that in the mother (Talián et al., 2007; Keller et al., 2009). We hypothesized that it might be one of the reasons for the reduction of maternal plasma L-Car concentration during pregnancy. It has been reported that OCTN2, which is located in the apical membrane of syncytiotrophoblasts of the human placenta, mediates the placental transport of L-Car (Lahjouji et al., 2004; Grube et al., 2005); however, it is not clear whether other CTs are involved in the process.

It was known that plasma lipid levels, including those of triglyceride (TG) and total cholesterol (TC), were markedly higher in pregnant women than those in nonpregnant women, and were increased as gestation proceeds (Alemu et al., 2018; Wang et al., 2018). Compared with healthy control subjects, the levels of TG and TC were much higher in women with preeclampsia, gestational diabetes mellitus, and intrahepatic cholestasis of pregnancy (Pecks et al., 2016; Layton et al., 2019). However, the mechanism also remains unknown.

Based on the above information, we hypothesized that L-Car deficiency during pregnancy might induce hepatic fatty acid oxidation disorder, and subsequently lead to the increase of plasma lipid levels. Therefore, one aim of the present study was to elucidate a possible mechanism for the reduction of maternal plasma L-Car concentration during gestation; the other aim was to explore whether such a low L-Car concentration was associated with the rise of plasma lipid levels in pregnancy.

Materials and Methods

Materials. FBS, trypsin, Dulbecco's modified Eagle's medium (DMEM) and DMEM/F12 were purchased from Thermo Fisher Scientific (Waltham, MA). L-Car was purchased from Dalian Meilun Biotechnology Co., Ltd. (Dalian, People's Republic of China). L-Car (methyl- d_3) (d_3 -L-Car) was obtained from Cambridge Isotope Laboratories, Inc. (Tewksbury, MA). E2, P4, cortisol, and WY14643 [4-chloro-6-(2,3-xylylidino)-2-pyrimidinylthioacetic acid] were purchased from Aladdin Biochemical Technology Co., Ltd. (Shanghai, People's Republic of China). CORT was obtained from TCI (Shanghai) Development Co., Ltd. (Shanghai, People's Republic of China). OCTN2 antibody (catalog #SAB4300885; species reactivity: human, mouse, rat) was obtained from Sigma-Aldrich (St. Louis, MO). Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) antibody and the secondary anti-rabbit and anti-mouse antibodies were obtained from Multisciences (Lianke) Biotech Co., Ltd. (Hangzhou, People's Republic of China). Acetonitrile was obtained from Tedia (Fairfield, OH). Ammonium acetate and formic acid were obtained from Sigma-Aldrich. All other chemicals or solvents were of the highest grade commercially available.

Animal Experiments. All animal procedures were performed in accordance with the Public Health Service Policy on Humane Care and Use of Laboratory Animals (<http://grants1.nih.gov/grants/olaw/references/phspol.htm>) and were approved by the Institutional Animal Care and Use Committee of Zhejiang University (2015-0026). All experimental procedures were conducted as humanely as possible.

Specific pathogen-free female nonpregnant and pregnant (gestation day [GD] 14) ICR mice, 8–10 weeks of age, were obtained from Beijing Vital River Laboratory Animal Technology Co., Ltd. (certificate number SCXK 2016-0011; Beijing, People's Republic of China). The animals were housed in cages at controlled temperature ($22.0 \pm 1^\circ\text{C}$) and humidity ($50 \pm 10\%$) with a 12-hour light/dark cycle and free access to food and water throughout the study. Mice consumed ad libitum a commercial standard mouse diet (Laboratory Rodent Diet 5001; LabDiet, St. Louis, MO). No dietary manipulations were otherwise conducted, and all dietary conditions were the same for the control and treated groups.

Blood, livers, kidneys, hearts, and muscles of the nonpregnant ($n = 10$) and pregnant (GD 18, $n = 10$) mice were collected after cervical dislocation, and the fetal blood samples were collected immediately after fetuses were sacrificed by decapitation. The plasma/serum was collected immediately after centrifugation at 8000g for 10 minutes and stored at -40°C until analysis. Placentas of the pregnant mice at GD 15 ($n = 8$) and GD 18 ($n = 8$) were collected, and the tissues were frozen in liquid nitrogen immediately after dissection and stored at -80°C until analysis.

Other nonpregnant mice ($n = 10$, two mice per cage) and pregnant mice ($n = 5$, one mouse per cage) were used in the urine excretion study. On GD 16–18 and lactation day (LD) 8–10, urine samples within 24 hours from pregnant or postpartum mice were collected. On another successive 3-day period (days 1–3), urine samples were collected within 24 hours from nonpregnant mice.

The concentrations of L-Car in plasma, tissues, and urine were determined by the liquid chromatography-tandem mass spectroscopy method described previously (Wang et al., 2019). The mRNA and protein levels of related genes in the liver, kidney, and placenta were measured by quantitative real-time polymerase chain reaction (qRT-PCR) and Western blot. The concentrations of β -hydroxybutyrate in serum and liver were determined using a β -Hydroxybutyrate Test Kit (Colorimetric Method) (Ningbo Ruiyuan Biotechnology Co., Ltd, Ningbo, People's Republic of China).

Cell Culture. Parental Madin-Darby canine kidney (MDCK) cells were obtained from Peking Union Medical College (Beijing, Republic of China). MDCK-human OCTN2 (hOCTN2) 2 cells (MDCK cells stably transfected with plasmid pcDNA3.1 [+] vector containing human OCTN2 cDNA) were constructed in our laboratory (Li et al., 2017). Cells were cultured in DMEM supplemented with 10% FBS and 1% penicillin/streptomycin at 37°C with 5% (v/v) CO_2 . HK-2 cells were kindly provided by Stem Cell Bank, Chinese Academy of Sciences and maintained in DMEM/F-12 medium with 10% FBS and 1% penicillin/streptomycin in a humidified 5% (v/v) CO_2 air atmosphere at 37°C .

Cellular Accumulation Experiment. MDCK-hOCTN2 cells were seeded into 24-well plates at a density of $2 \times 10^5/\text{well}$. On day 3 after seeding, cellular accumulation experiments were performed with the method described by our laboratory (Bai et al., 2017; Ma et al., 2017). Cells were washed twice and preincubated with Krebs-Ringer-Henseleit buffer for 10 minutes at 37°C , then 200 μl of Krebs-Ringer-Henseleit buffer containing

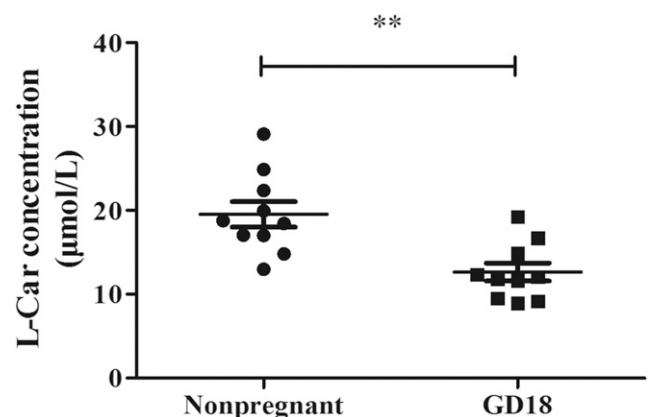


Fig. 1. The concentration of L-Car in plasma of nonpregnant and pregnant mice at GD 18. Data are expressed as the mean \pm S.E.M., $n = 10$. Compared with the nonpregnant group, $**P < 0.01$.

d_3 -L-Car with or without pregnancy-related hormones (E2, P4, CORT, and cortisol) was added to initiate accumulation for 3 minutes. Accumulation was terminated by removing the incubation buffer and immediately adding ice-cold buffer. Finally, cells were washed three times with ice-cold buffer and lysed with 100 μ l of 0.1% SDS. The accumulation assay in HK-2 cells was similar to that in MDCK-hOCTN2 cells. The concentration of d_3 -L-Car was measured using liquid chromatography-tandem mass spectroscopy with the method described previously (Wang et al., 2019).

Treatment of HK-2 Cells with Hormones. HK-2 cells were seeded at a density of 4×10^5 /well in 12-well plates. After overnight treatment, cells were treated with or without designated concentrations of E2, P4, CORT, or cortisol for 24 hours (refreshing the medium every 12 hours), then the concentration of L-Car or mRNA expression of OCTN2 was measured. To investigate the role of peroxisome proliferator-activated receptor (PPAR) α in OCTN2 expression, the cells were incubated with 100 μ M WY14643 (a PPAR α agonist) under 20 μ M P4 treatment.

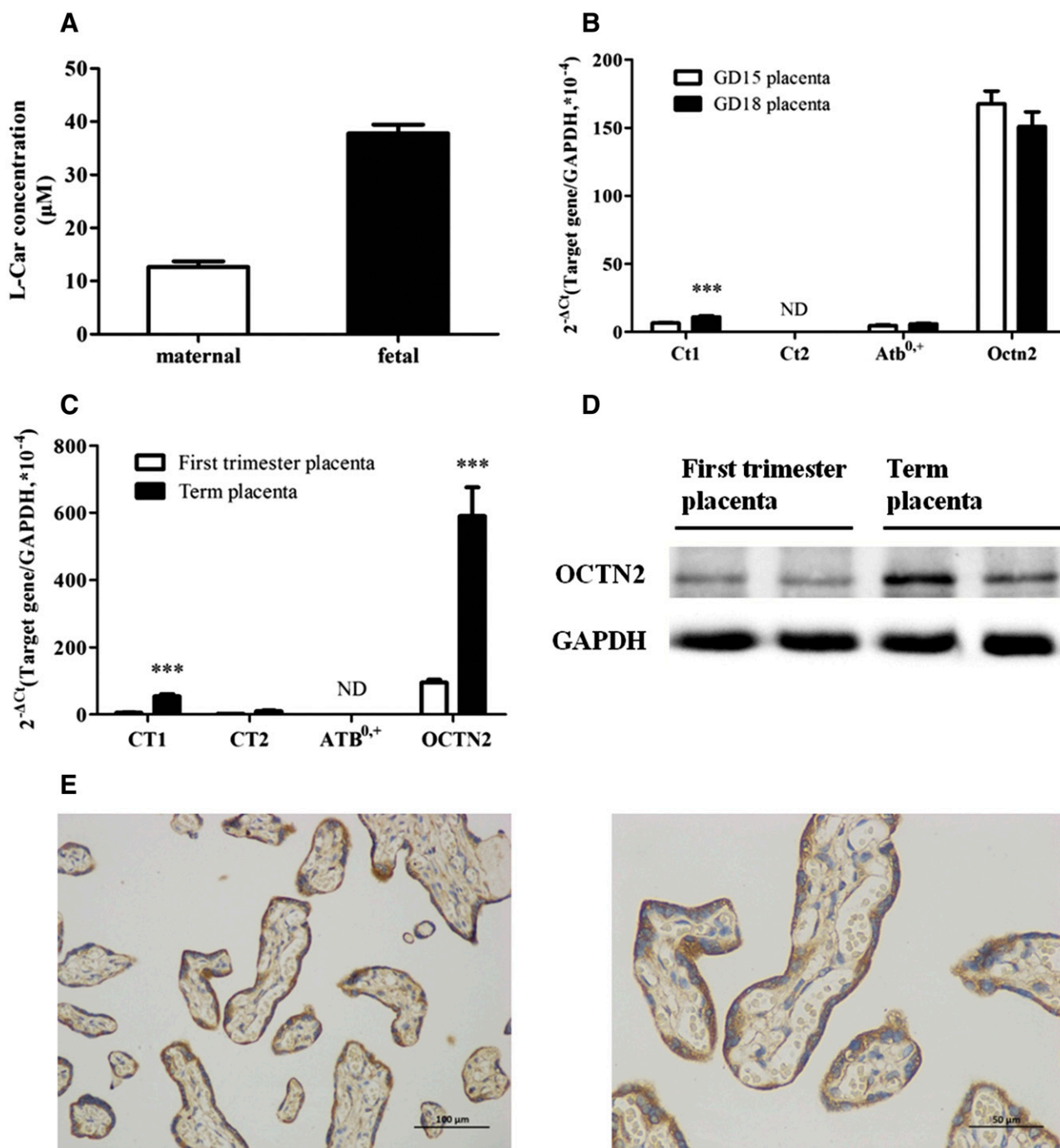


Fig. 2. (A) The concentration of L-Car in maternal and fetal plasma of mice at GD 18. Data are expressed as the mean \pm S.E.M., $n = 10$. (B) The mRNA level of CTs in mouse placenta at GDs 15 and 18. Data are expressed as the mean \pm S.E.M., $n = 8$. Compared with the GD 15 placenta, *** $P < 0.001$. The mRNA level of CTs (C) and protein level of OCTN2 (D) in the first-trimester placenta and term human placenta. Data are expressed as the mean \pm S.E.M. ($n = 32$ for first trimester placenta; and $n = 23$ for term placenta). Compared with the first trimester placenta, *** $P < 0.001$. ND, not detected. (E) Immunohistochemical detection of OCTN2 in the human term placenta. Original magnification, 200 \times in left panel, and 400 \times in right panel.

Clinical Tissue Collection. All the human placentas were obtained from uncomplicated pregnancies in accordance with the ethical standards of Women's Hospital, School of Medicine, Zhejiang University. All the participants provided written informed consent. Term placentas ($n = 23$) were collected after natural delivery at term (38–40 weeks of gestation), and the first-trimester placentas ($n = 32$) were acquired from the interruption of the pregnancy at between 8 and 10 weeks of gestation. For qRT-PCR and Western blot, the placental samples were frozen in liquid nitrogen immediately after delivery or surgery and stored at -80°C until analysis. For immunohistochemistry, placental tissue sections were obtained by dissecting a segment (1.5 cm^2 , 0.5 cm thick) from the maternal part of the placenta and were fixed in 4% formaldehyde at 4°C for 2 days, and paraffin sections of $2\text{ }\mu\text{m}$ were generated.

qRT-PCR Assay. Total RNA was extracted from tissues and cells using RNAsimple Total RNA Kit (DP419; Tiangen Biotech (Beijing) Co., Ltd., Beijing People's Republic of China). Then cDNA was synthesized according to the manufacturer protocol using PrimeScript RT Master Mix (TaKaRa, Tokyo, Japan). The resulting cDNA was amplified by qRT-PCR with SYBR Premix Ex Taq (TaKaRa). Relative mRNA levels of target genes were normalized by GAPDH, using the ΔCt method and described as $2^{-\Delta\text{Ct}}$, $\Delta\text{Ct} = \text{average Ct (target gene)} - \text{average Ct (GAPDH)}$. To determine the fold change of target genes, results were calculated using the $\Delta\Delta\text{Ct}$ method and described as $2^{-\Delta\Delta\text{Ct}}$, $\Delta\Delta\text{Ct} = (\text{average Ct [target gene]} - \text{average Ct [GAPDH]})_{\text{sample}} - (\text{average Ct [target gene]} - \text{average Ct [GAPDH]})_{\text{control}}$. The specific primers are shown in Supplemental Table 1.

Western Blot Analysis. Tissues were homogenized in radio immunoprecipitation assay lysis buffer (Beyotime Biotechnology, Shanghai, People's Republic of China), and the protein concentration was determined with a BCA Protein

Assay Kit (Beyotime Biotechnology). Proteins were mixed with loading buffer (P0015; Beyotime Biotechnology, Shanghai, People's Republic of China) and then boiled at 100°C for 5 minutes. Aliquots of denatured protein were separated by SDS-PAGE (Bio-Rad, Hercules, CA) and subsequently transferred onto polyvinylidene fluoride membrane (Millipore, Burlington, MA). The membranes were blocked and incubated with primary anti-OCTN2 antibody (1:1000) or anti-GAPDH antibody (1:5000) for 4 hours at room temperature. Membranes were then washed with Tris-buffered saline/Tween 20 three times (5 minutes every time) and incubated with horseradish peroxidase-conjugated secondary antibodies at room temperature for 2 hours. After being washed with Tris-buffered saline/Tween 20 again three times (5 minutes every time), signals were visualized by chemiluminescent detection using the enhanced chemiluminescence Western blotting detection system (LI-COR, Lincoln, NE).

Immunohistochemistry. The slides were deparaffinized in xylene and rehydrated in a series of graded alcohols. After quenching endogenous peroxidase activity with 1% H_2O_2 , the sections were rinsed with PBS and incubated with 5% bovine serum albumin for 30 minutes at room temperature to reduce nonspecific binding, then for 16 hours at 4°C with anti-OCTN2 antibody (1:50) diluted in 5% bovine serum albumin. The section was incubated with biotinylated anti-rabbit IgG antibody for 1 hour at room temperature, washed, then incubated with streptavidin peroxidase for 1 hour at room temperature, and was followed by interaction with the 3,3-diaminobenzidine liquid substrate system (Sigma-Aldrich) for 1 minute. All sections were counterstained with hematoxylin for 3 minutes.

Data Analysis. Data are expressed as the mean \pm S.E.M. In vitro experiments were conducted at least two times in triplicate. IC_{50} values were assessed by nonlinear regression using GraphPad Prism 5.0 (GraphPad Software, San Diego,

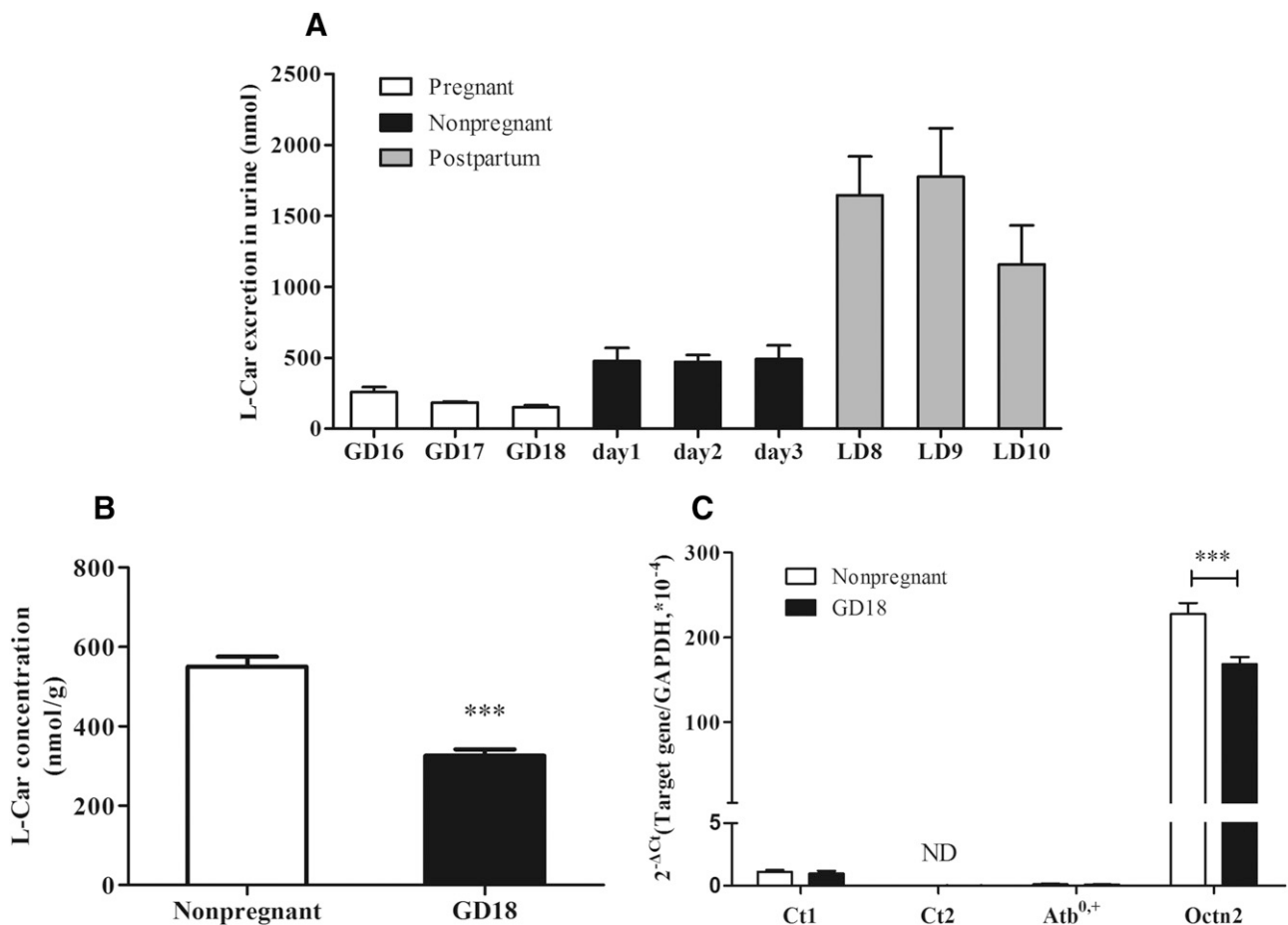


Fig. 3. (A) L-Car excretion in mouse urine. On GD 16–18 and LD 8–10, urine samples were collected within 24 hours from nonpregnant mice. On another successive 3 days (days 1–3), urine samples were collected within 24 hours from nonpregnant mice. Data are expressed as the mean \pm S.E.M., $n = 5$. The concentrations of L-Car (B) and the mRNA levels of CTs (C) in the kidneys of nonpregnant and pregnant mice at GD 18. Data are expressed as the mean \pm S.E.M., $n = 10$. Compared with the nonpregnant group, *** $P < 0.001$.

CA). Student's *t* test was used to compare differences between two groups, whereas one-way analysis of variance with the Dunnett's test was applied for data with more than two groups. *P* values < 0.05 were considered to be statistically significant.

Results

The Maternal Plasma L-Car Concentration Decreased in Pregnant Mice. In nonpregnant mice, the plasma L-Car concentration was about 19.5 μ M; however, it was sharply reduced to 12.6 μ M in pregnant mice at GD 18 (*P* < 0.01) (Fig. 1).

Reduction of Maternal Plasma L-Car Level Might Be Attributed to High Placental Transfer via OCTN2. To clarify the reason for maternal plasma L-Car reduction in pregnant mice, we measured the concentrations of L-Car in the maternal and fetal plasma. As shown in Fig. 2A, the mean concentrations of L-Car were 12.6 μ M in maternal plasma and 37.8 μ M in fetal plasma, respectively. The mean fetal-to-maternal plasma concentration ratio of L-Car in GD 18 mice was 3.0. Since placental transfer of L-Car is mediated mainly by CTs, we detected the mRNA levels of Ct1, Ct2, Ocn2, and Atb⁰⁺ in the placenta of pregnant mice at GDs 15 and 18 (Fig. 2B). Our results revealed that Ocn2 was highly expressed in mouse placenta, but no difference was found between mice at GD 15 and GD 18. The mRNA levels of Ct1 and Atb⁰⁺ were extremely low in mouse placenta, whereas Ct2 was undetectable. The above data imply that OCTN2 plays a key role in placental transfer of L-Car.

We further detected the mRNA expression of CTs in human placenta. As shown in Fig. 2C, OCTN2 was highly expressed, whereas the

expression levels of CT1 and CT2 were very low and Atb⁰⁺ was undetected. The mRNA and protein expression of OCTN2 in the term placenta were obviously higher than those in the first trimester placenta (Fig. 2D). The immunohistochemical results showed that OCTN2 was expressed on the maternal side of syncytiotrophoblasts of the human term placenta (Fig. 2E). Therefore, OCTN2 also plays a crucial role in L-Car transfer across human placenta.

Reduction of Maternal Plasma L-Car Level Might Not Be Attributed to Renal Excretion Increase. L-Car is excreted into urine by glomerular filtration; however, most of the filtered L-Car is reabsorbed in proximal tubules via transporters. Thus, a decrease in renal reabsorption of L-Car will also lead to a reduction in plasma L-Car. However, the urinary excretion of L-Car in pregnant mice during the third trimester (GD 16–18) was tremendously lower than that in nonpregnant mice (days 1–3), whereas the excretion largely increased after delivery (LD 8–10) (Fig. 3A). The results indicate that the decreased concentration of L-Car in maternal plasma of pregnant mice in the third trimester is not attributed to urinary excretion increase.

The concentration of L-Car in the kidneys of GD 18 mice (326 nmol/g) was significantly lower than that in nonpregnant mice (551 nmol/g) (*P* < 0.001) (Fig. 3B). Moreover, the mRNA level of Ocn2 in the kidney of GD 18 mice was approximately 72% of that in nonpregnant mice (*P* < 0.001), whereas the mRNA expressions of other CTs, including Ct1, Ct2, and Atb⁰⁺, were very low in the kidney (Fig. 3C). The results suggest that renal reabsorption of L-Car is decreased in late pregnancy due to downregulated OCTN2 in the kidney.

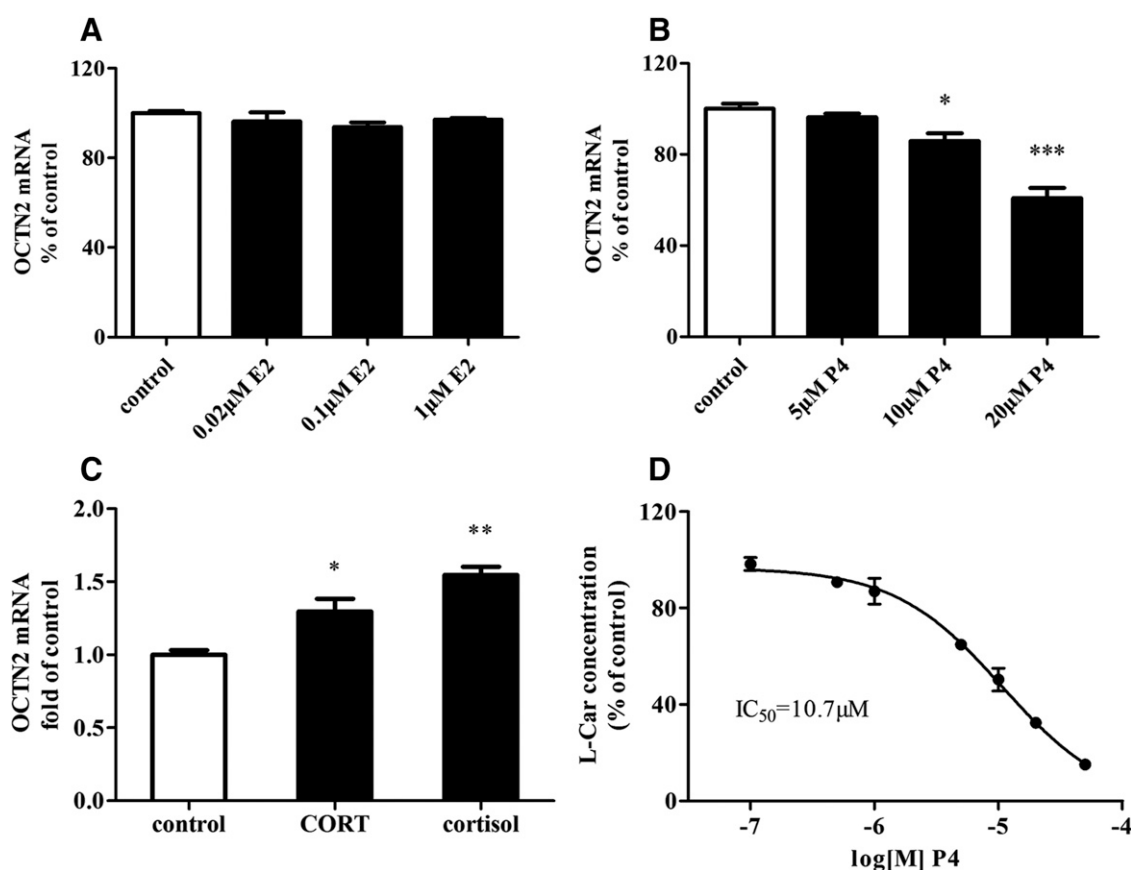


Fig. 4. The effect of E2 (A), P4 (B), and 10 μ M CORT and cortisol (C) on the mRNA expression of OCTN2 in HK-2 cells, and the concentration of L-Car in HK-2 cells in response to P4 (D) treatment. Cells were incubated with or without designated concentrations of hormones for 24 hours. Data are expressed as the mean \pm S.E.M. from two independent experiments conducted in triplicate. Compared with the control, **P* < 0.05; ***P* < 0.01; ****P* < 0.001.

OCTN2 Expression was Downregulated by P4 in HK-2 Cells. To investigate the reason why renal Octn2 was downregulated in GD 18 mice, we further explored whether pregnancy-related hormones, including E2, P4, CORT, and cortisol, had an effect on OCTN2 expression in HK-2 cells (a normal human proximal tubule epithelial cell line). P4 (5–20 μ M) concentration-dependently downregulated the mRNA level of OCTN2, whereas E2 did not show any effect (Fig. 4, A and B). However, 10 μ M CORT and cortisol upregulated the mRNA level of OCTN2 in HK-2 cells (Fig. 4C). In addition, P4 reduced the concentration of L-Car in HK-2 cells with an IC_{50} value of 10.7 μ M (Fig. 4D).

P4-Induced Downregulation of OCTN2 Was Probably through Downregulation of PPAR α but Not PPAR γ . It has been reported that PPAR α and PPAR γ contributed to OCTN2 regulation (D'Argenio et al., 2010; Luo et al., 2014, 2016). To determine whether PPAR α / γ contributed to P4-induced OCTN2 downregulation, we examined the mRNA expression of PPAR α / γ in HK-2 cells with or without P4 treatment. P4 (5–20 μ M) downregulated the mRNA level of PPAR α in a concentration-dependent manner, whereas the PPAR γ expression was not markedly altered (Fig. 5, A and B). Furthermore, WY14643 (100 μ M), a PPAR α agonist, blocked 20 μ M P4-induced downregulation of OCTN2 as well as PPAR α in HK-2 cells ($P < 0.001$) (Fig. 5, C and D). Additionally, the mRNA level of Ppar α was also obviously lower in the kidneys of GD 18 mice than that in nonpregnant mice ($P < 0.05$) (Fig. 5E). The above results suggest that P4 downregulates the expression of OCTN2 in HK-2 cells through a PPAR α -mediated pathway.

P4 Inhibited OCTN2 Mediated d₃-L-Car Uptake. To determine whether pregnancy-related hormones inhibit the L-Car uptake mediated

by OCTN2, the accumulation of d₃-L-Car in MDCK-hOCTN2 cells was evaluated in the absence or presence of E2, P4, CORT, or cortisol. Our data demonstrated that P4 reduced the accumulation of d₃-L-Car in a concentration-dependent manner with an IC_{50} value of 15.8 μ M, whereas E2 did not (Fig. 6, A and B). A high concentration (100 μ M) of CORT and cortisol slightly inhibited the uptake of d₃-L-Car in MDCK-hOCTN2 cells ($P < 0.001$) (Fig. 6C). Similarly, P4 (10 and 50 μ M) significantly reduced the uptake of d₃-L-Car in HK-2 cells ($P < 0.001$) (Fig. 6D).

β -Oxidation of Fatty Acids in the Liver of GD 18 Mice Was Higher than That in Nonpregnant Mice. Although the concentration of L-Car in maternal plasma was much lower in GD 18 mice than that in nonpregnant mice (Fig. 1), the L-Car concentration in the liver of GD 18 mice was significantly higher than that in nonpregnant mice ($P < 0.01$) (Fig. 7A). Similarly, the hepatic level of β -hydroxybutyrate, an indicator of mitochondrial β -oxidation, was also obviously higher in GD 18 mice than that in nonpregnant mice ($P < 0.001$) (Fig. 7B), whereas the serum level was not markedly altered ($P > 0.05$) (Fig. 7C). To further elucidate the mechanism of hepatic β -hydroxybutyrate increase, the mRNA levels of key enzymes involved in fatty acid β -oxidation were measured. As shown in Fig. 7D, the long-chain acyl-CoA synthetase 1 and carnitine palmitoyltransferase 1a in the liver were obviously upregulated in GD 18 mice compared with nonpregnant mice ($P < 0.01$); however, the expressions of other genes were not changed ($P > 0.05$). In addition, the enzymes involved in β -hydroxybutyrate synthesis, such as hydroxymethyl glutaryl-CoA synthase and hydroxymethyl glutaryl-CoA lyase, were significantly increased in the liver of GD 18 mice ($P < 0.01$), whereas 3-hydroxybutyrate dehydrogenase 1 decreased ($P < 0.05$) (Fig. 7E). These results suggest that β -oxidation of

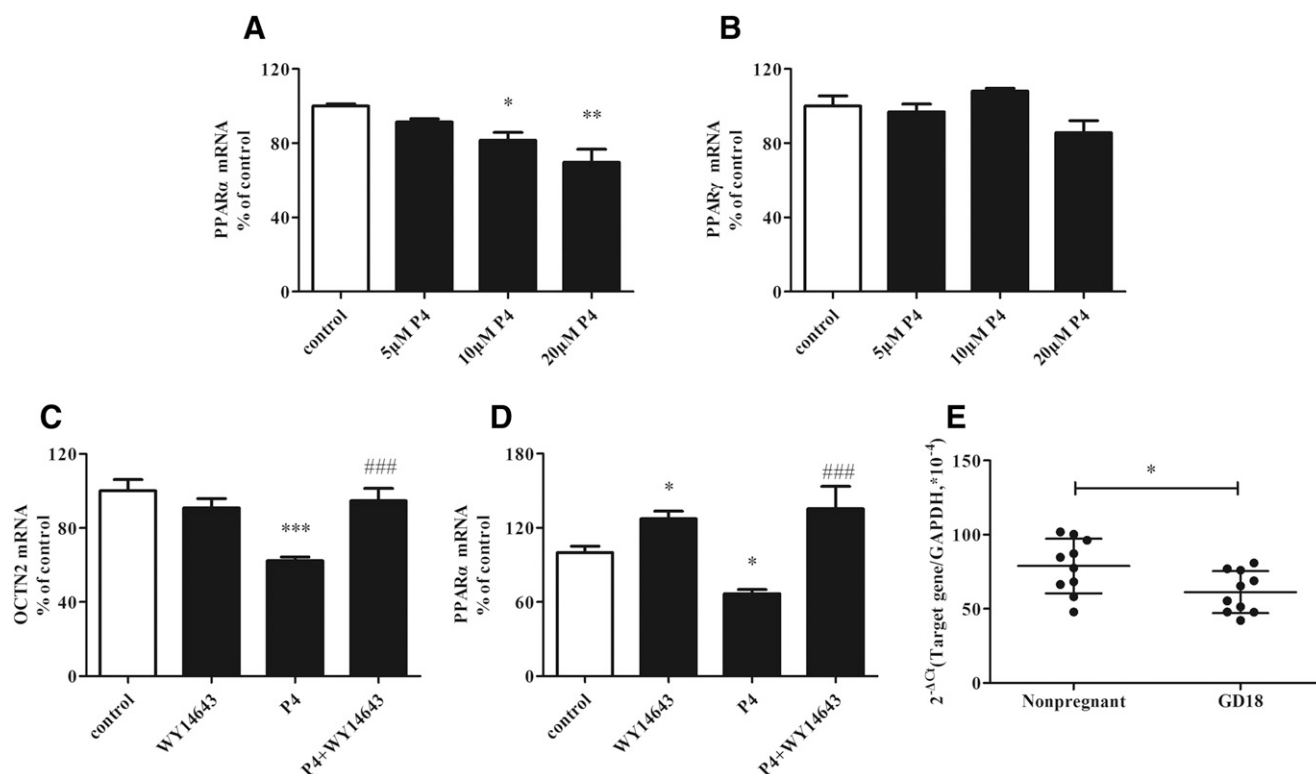


Fig. 5. The mRNA expression of PPAR α (A) and PPAR γ (B) in HK-2 cells in response to P4 treatment, and the effect of WY14643 (100 μ M) on 20 μ M P4-induced downregulation of OCTN2 (C) and PPAR α (D). Data are expressed as the mean \pm S.E.M. from two independent experiments conducted in triplicate. Compared with the control, * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$. Compared with the 20 μ M P4 group, ### $P < 0.001$. (E) The mRNA level of Ppar α in the kidneys of nonpregnant and pregnant mice at GD 18. Data are expressed as the mean \pm S.E.M., $n = 10$. Compared with the nonpregnant group, * $P < 0.05$.

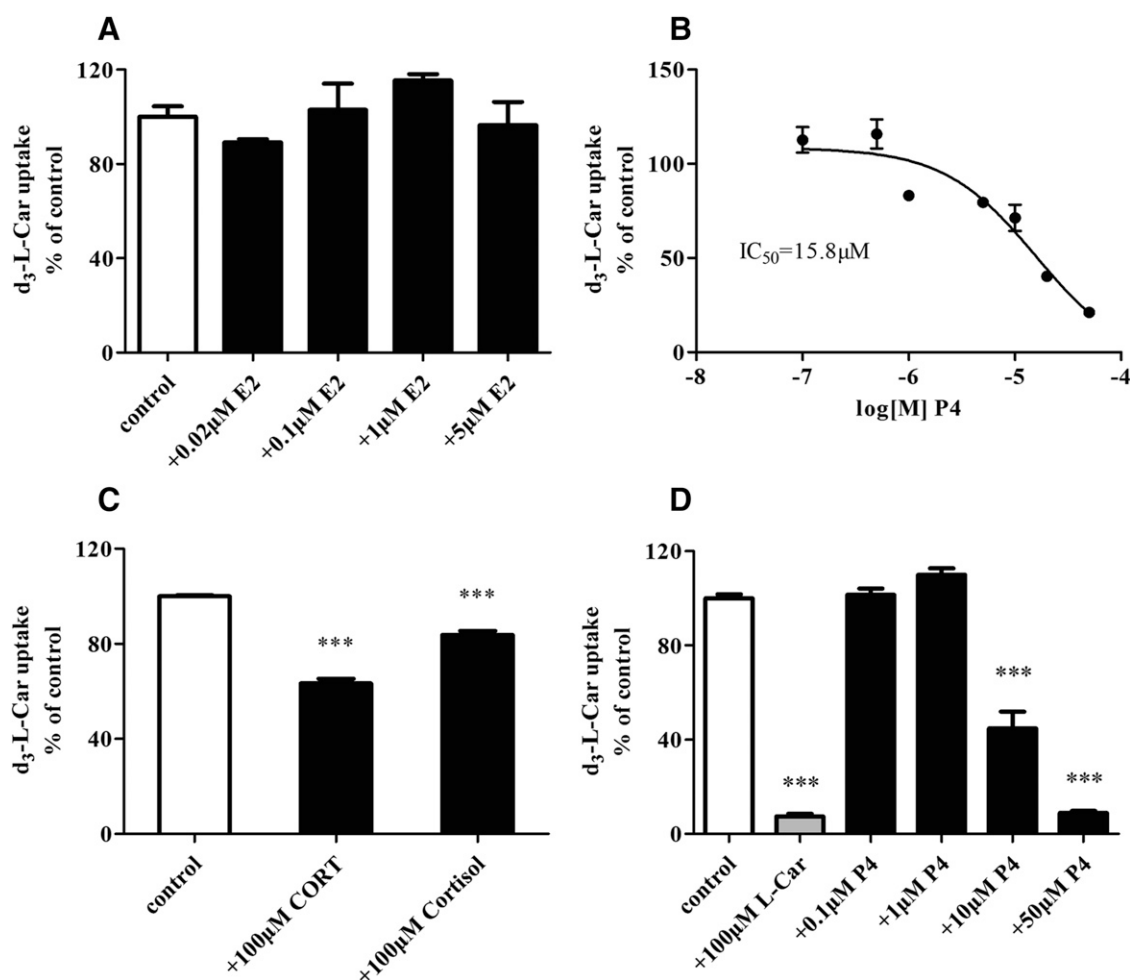


Fig. 6. The effect of E2 (A), P4 (B), and 100 μ M CORT and cortisol (C) on the d₃-L-Car accumulation in MDCK-hOCTN2 cells. Cells were incubated with 3 μ M d₃-L-Car in the absence or presence of designated concentrations of hormones for 3 minutes. (D) The effect of P4 on the d₃-L-Car accumulation in HK-2 cells. Cells were incubated with 10 μ M d₃-L-Car in the absence or presence of L-Car (positive control) or P4 for 10 minutes. Uptake is expressed as the percentage of d₃-L-Car accumulation without inhibitors. Data are expressed as the mean \pm S.E.M. from two independent experiments conducted in triplicate. Compared with the control, *** P < 0.001.

fatty acids in the livers of GD 18 mice is higher than that in nonpregnant mice.

Discussion

The present study investigated the mechanism of maternal plasma L-Car concentration reduction during pregnancy in mice, and found that OCTN2-mediated L-Car transfer across the placenta played a major role in maternal plasma L-Car reduction, and that the reduction of maternal plasma L-Car level did not induce a decrease in hepatic L-Car concentration and fatty acid β -oxidation.

Our study found that the plasma concentration of L-Car in GD 18 mice was only 65% of that in nonpregnant mice (Fig. 1), which was consistent with the results in pregnant and nonpregnant women (Cederblad et al., 1986; Cho and Cha, 2005). We subsequently found that L-Car concentration in fetal plasma was threefold greater than that in maternal plasma of GD 18 mice (Fig. 2A). Although CT1, CT2, OCTN2, and ATB⁰⁺ can mediate L-Car uptake, our results revealed that only Octn2/OCTN2 mRNA was highly expressed in mouse and human placentas (Fig. 2, B and C), which indicated that OCTN2 might mediate most of the maternal-fetal L-Car transport. And the expression of OCTN2 in the human placenta was upregulated as gestation proceeds (Fig. 2D), which is possibly due to the increased demand of the fetus for L-Car. In

addition, although OCTN1 (SLC22A4 gene) is expressed in the placenta and has high homology to OCTN2 (Tamai et al., 1997). However, several published studies showed that human/mouse/rat OCTN1 did not (Wu et al., 2000; Amat di San Filippo et al., 2003) or transported L-Car with a very low capacity (Yabuuchi et al., 1999; Tamai et al., 2000). Our study demonstrated that d₃-L-Car was not a substrate of hOCTN1 using the MDCK-hOCTN1 cell model (Supplemental Fig. 1A). Moreover, we found that L-Car concentration in MDCK-hOCTN1 cells was not higher than that in mock cells, whereas the concentration in MDCK-hOCTN2 cells was extremely higher (Supplemental Fig. 1B). Given the above, we considered that OCTN1 played a very limited role in L-Car placental transport. Therefore, we reasoned that OCTN2 located in the brush border membrane of placenta mediated L-Car uptake from maternal circulation, caused maternal plasma L-Car reduction. Future studies will be needed to elucidate how L-Car transports from the placenta to fetal circulation.

The increased renal excretion of L-Car can also lead to the reduction of maternal plasma L-Car. However, our experiment revealed that the urinary excretion of L-Car in pregnant mice during the third trimester was lower than that in nonpregnant and postpartum mice (Fig. 3A). The result is in line with several previous reports (Marzo et al., 1994; Cho and Cha, 2005), in which it was reported that pregnant women had higher urinary excretion of L-Car during the first trimester than that in

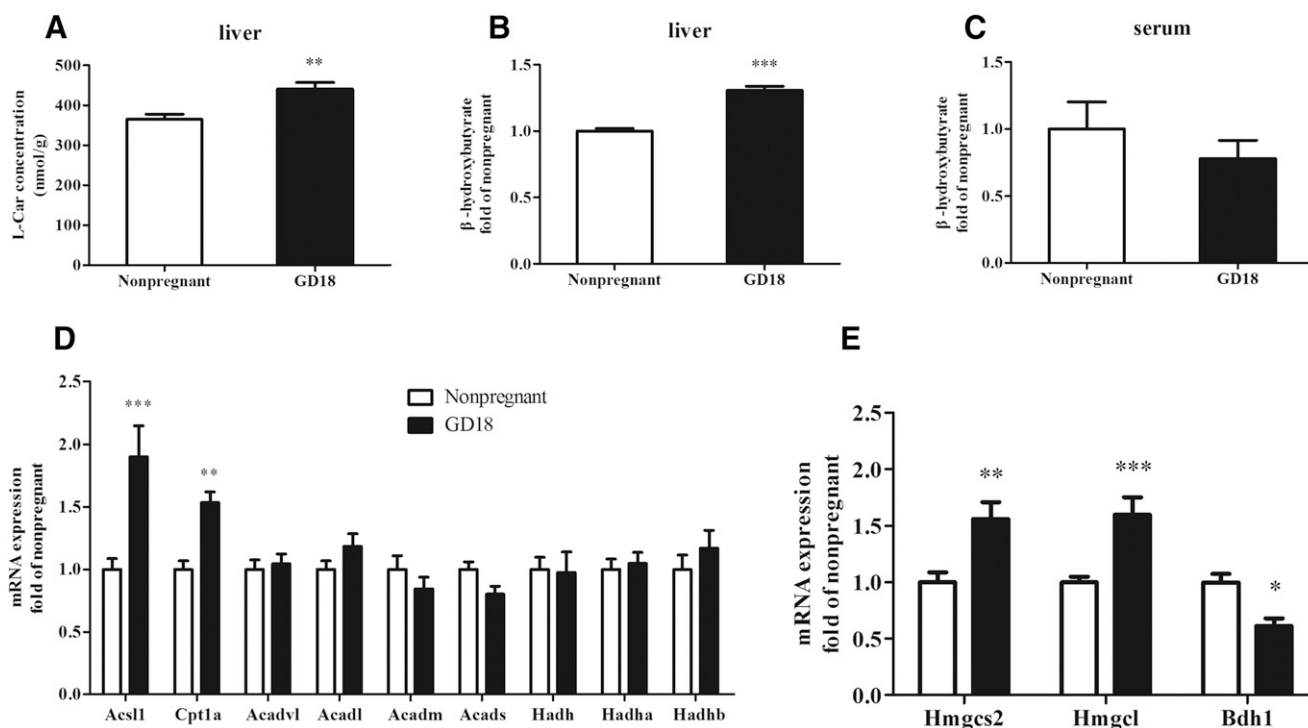


Fig. 7. The concentration of L-Car in the liver (A); the concentration of β -hydroxybutyrate in the liver (B) and serum (C); the mRNA levels of key enzymes involved in fatty acid β -oxidation (D) and β -hydroxybutyrate synthesis (E) in the livers of nonpregnant and pregnant mice at GD 18. Data are expressed as the mean \pm S.E.M., $n = 10$. Compared with the nonpregnant group, * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$.

nonpregnant or postpartum women, but the excretion was decreased markedly during the third trimester. Therefore, renal excretion of L-Car can be ruled out as a possible reason for the lower plasma L-Car concentration during late pregnancy in mice.

We found that the L-Car concentration and the mRNA level of Octn2 in the kidneys of GD 18 mice were significantly lower than those in nonpregnant mice (Fig. 3, B and C), which means that the renal reabsorption of L-Car in GD 18 mice was decreased. Our results demonstrated that P4 significantly inhibited the uptake of d_3 -L-Car in MDCK-hOCTN2 cells and HK-2 cells (Fig. 6, B and D), which is consistent with the previous report that P4 was a competitive inhibitor of L-Car uptake in BeWo cells (Rytting and Audus, 2008). Furthermore, we found that P4 downregulated the expression of OCTN2 in HK-2 cells through the PPAR α -mediated pathway (Fig. 5C). Meanwhile, the mRNA level of Ppar α was obviously lower in the kidneys of GD 18 mice than that in kidneys of nonpregnant mice (Fig. 5E). Thus, the reduction of L-Car reabsorption might be the result of P4-induced downregulation and activity inhibition of renal OCTN2. In addition, we considered that the reduction of the urinary excretion of L-Car might be due to reduced glomerular filtration of L-Car because of the decreased maternal plasma L-Car concentration in late pregnancy.

Besides renal excretion and placental transfer, L-Car homeostasis in humans is also maintained by dietary intake and endogenous synthesis. Cho and Cha (2005) reported that pregnant Korean women had lower L-Car intake than nonpregnant women during the first trimester, but that intake increased as gestation proceeded. L-Car biosynthesis involves a complex series of reactions in several tissues. The availability of γ -butyrobetaine in the liver and kidney is limiting for L-Car biosynthesis in humans (Rebouche et al., 1989). Ringseis et al. (2010) examined plasma samples from 79 pregnant women at delivery and found a positive correlation between plasma concentrations of γ -butyrobetaine and L-Car; thus, they proposed that low plasma concentration of L-Car in pregnant women might be the result of a diminished L-Car biosynthesis

due to the lack of sufficient γ -butyrobetaine. However, Coşkun and Doğan (2002) found that L-Car biosynthesis in rabbit liver increased gradually in late pregnancy due to increased γ -butyrobetaine hydroxylase activity. Fernández Ortega (1989) reported that liver L-Car levels were increased during late gestation in rats. There is no report regarding the L-Car biosynthesis alteration in kidney during pregnancy. Therefore, the status of L-Car biosynthesis in human liver and kidney during pregnancy remains to be investigated. In addition, volume dilution caused by plasma volume increase during pregnancy might also contribute to maternal plasma L-Car reduction.

Based on the above considerations, we think that the reasons for the plasma L-Car concentration decrease in women during pregnancy are complicated. The reduction of plasma L-Car concentration in pregnant women during the first trimester might be due to dietary intake reduction and urinary excretion increase, and the reduction during the third trimester might be mainly attributed to placental transfer increase as well as volume dilution.

Because L-Car plays an important role in fatty acid β -oxidation, it is reasonable to be speculated that plasma L-Car concentration reduction during pregnancy might lead to a decrease in β -oxidation and a rise in plasma lipids. However, the hepatic level of β -hydroxybutyrate was significantly higher in GD 18 mice than that in nonpregnant mice (Fig. 7B), which means that the β -oxidation of fatty acids in the livers of GD 18 mice was higher than that of nonpregnant mice. We considered that it might be due to the increased expression of long-chain acyl-CoA synthetase 1, carnitine palmitoyltransferase 1 α , hydroxymethyl glutaryl-CoA synthase, and hydroxymethyl glutaryl-CoA lyase, and to the higher concentration of L-Car in the livers of GD 18 mice (Fig. 7, A, D, and E). On the other hand, L-Car level in the hearts of GD 18 mice was lower than that in the hearts of nonpregnant mice, while no difference was found in the muscle (Supplemental Fig. 2). Nevertheless, Liu et al. (2017) found that fatty acid uptake and oxidation in the heart of late pregnant mice were increased. Taken together, we considered that decreased

plasma L-Car levels might not be responsible for elevated plasma TG and TC levels in pregnancy. Since elevated TG levels throughout pregnancy have been shown to increase the risk of adverse pregnancy outcomes, including gestational diabetes mellitus, preeclampsia, and preterm birth (Spracklen et al., 2014; Ryckman et al., 2015; Zheng et al., 2018), the mechanisms of plasma TG and TC rise during pregnancy are already under study in our laboratory.

It is unknown whether such low L-Car concentrations in pregnant women will induce adverse consequences. Nevertheless, it is possible that a higher L-Car status could have beneficial effects on pregnant women and their fetuses due to the important functions of L-Car. Thus, a strict vegetarian diet should be avoided during pregnancy because vegetables contain much less L-Car than meat and fish (Pochini et al., 2019). It has been reported that L-Car supplementation can prevent the marked decrease of plasma L-Car concentration and the striking increase of plasma free fatty acids in pregnant women (Keller et al., 2009). However, it remains unknown whether supplementation of L-Car will reduce plasma TG and TC in pregnant women, which needs further study.

In conclusion, our results confirmed that maternal plasma L-Car concentration was reduced in pregnancy, which was mainly attributed to placental transfer of L-Car mediated by OCTN2 but not to renal excretion increase, and that OCTN2 was upregulated as gestation proceeded in human placenta. Unexpectedly, the reduction of maternal plasma L-Car levels did not induce a decrease in hepatic L-Car concentrations and fatty acid β -oxidation in mice; thus, it was not the main cause of the rise in plasma lipid levels during pregnancy.

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Authorship Contributions

Participated in research design: Bai, Sun, Zheng, S. Zeng, and Jiang.
Conducted experiments: Bai, Q. Zeng, Y. Chen, M. Chen, and Li.
Performed data analysis: Bai, Ma, Zhou, and Jiang.
Wrote or contributed to the writing of the manuscript: Bai, Q. Zeng, and Jiang.

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**Maternal plasma L-carnitine reduction during pregnancy is mainly attributed to
OCTN2 mediated placental uptake and does not result in maternal hepatic fatty
acid β -oxidation decline**

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Supplementary figures and tables

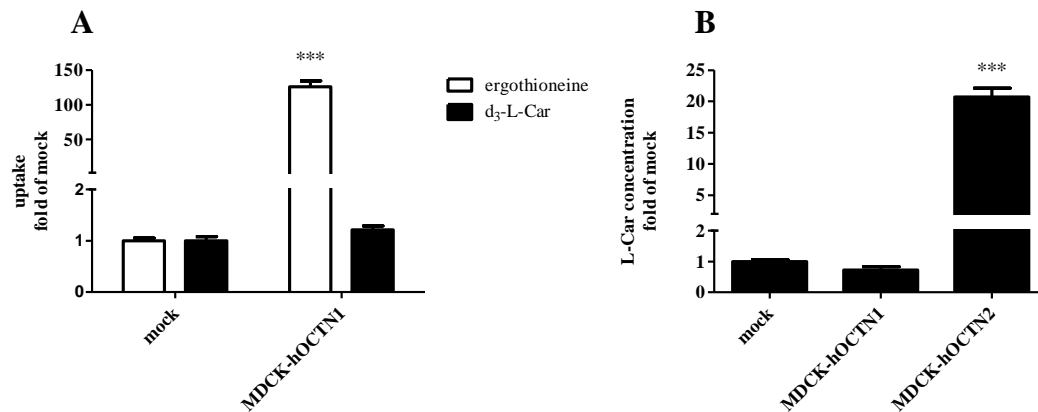


Fig. S1 (A) The accumulation of ergothioneine and d₃-L-Car in MDCK-hOCTN1 and mock cells. (B) The concentration of L-Car in MDCK-hOCTN1, MDCK-hOCTN2 and mock cells. Data are expressed as mean \pm SEM from two independent experiments conducted in triplicate. Compared with the accumulation in mock cells, *** $P < 0.001$.

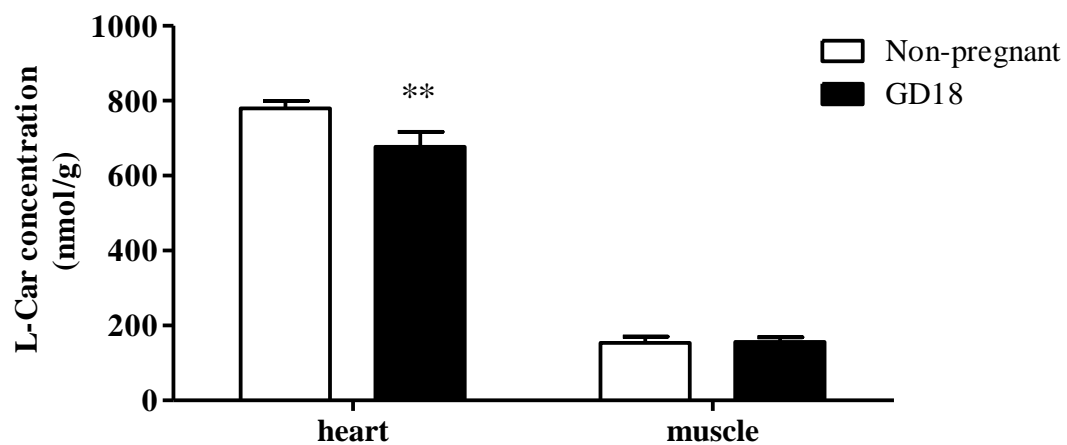


Fig. S2 The concentrations of L-Car in the heart and muscle of non-pregnant and pregnant mice at gestation day (GD) 18. Data are expressed as mean \pm SEM, $n = 10$. Compared with the non-pregnant group, ** $P < 0.01$.

Supplemental Table 1
Primers used in quantitative real-time polymerase chain reaction (qRT-PCR)

| Gene | accession number | Direction | Sequence(5→3) | Product Length (bp) |
|--------------------|------------------|-----------|-----------------------------|---------------------|
| Ct1 | NM_001039371.2 | Forward | GGCCTTTGTCTTGCTAAATGA | 70 |
| | | Reverse | GAGACCACCAATCGATCCTG | |
| Ct2 | NM_027572.1 | Forward | GTCCTCGCTCACCTGTATGC | 65 |
| | | Reverse | CCATCCTTTTCGCAGTCTTG | |
| Octn2 | NM_011396.3 | Forward | CACGATGGCTCATCTCTCAA | 73 |
| | | Reverse | CCATTGATTTTGGCAGCTTT | |
| Atb ^{0,+} | NM_020049.4 | Forward | GAAGTTTTTTCGGCCAGGAC | 78 |
| | | Reverse | ATCCATTCCACTTGACCTCTG | |
| Ppara | NM_011144.6 | Forward | CACGCATGTGAAGGCTGTAA | 78 |
| | | Reverse | GCTCCGATCACACTTGTCG | |
| Acs11 | NM_007981.4 | Forward | TGCCAGAGCTGATTGACATTC | 101 |
| | | Reverse | GGCATAACCAGAAGGTGGTGAG | |
| Cpt1a | NM_013495.2 | Forward | GACTCCGCTCGCTCATTC | 62 |
| | | Reverse | TCTGCCATCTTGAGTGGTGA | |
| Acadv1 | NM_017366.3 | Forward | GGTGGTTTGGGCCTCTCTA | 82 |
| | | Reverse | GGGTAACGCTAACACCAAGG | |
| Acadl | NM_007381.4 | Forward | GCTTATGAATGTGTGCAACTCC | 81 |
| | | Reverse | CCGAGCATCCACGTAAGC | |
| Acadm | NM_007382.5 | Forward | AGTACCCTGTGGAGAAGCTGAT | 100 |
| | | Reverse | TCAATGTGCTCACGAGCTATG | |
| Acads | NM_007383.3 | Forward | AGGTCCTGGAGGTCTGTGC | 86 |
| | | Reverse | CAGTCCCGAACACCGAGA | |
| Hadh | NM_008212.4 | Forward | TGGATACTACAAAGTTCATCTTGGA | 75 |
| | | Reverse | AAGGACTGGGCTGAAATAAGG | |
| Hadh _a | NM_178878.2 | Forward | TTCTTAAAGACACCACAGTGACG | 80 |
| | | Reverse | CTTCTTCACTTTGTCGTTTCAGC | |
| Hadh _b | NM_145558.2 | Forward | TGAAAACAAGCAATGTGGCTA | 95 |
| | | Reverse | TGAAGAGATACAAGCCATGGTG | |
| Hmgcs2 | NM_008256.4 | Forward | ATACCACCAACGCCTGTTATGG | 111 |
| | | Reverse | CAATGTCACCACAGACCACCAG | |
| Hmgcl | NM_008254.3 | Forward | ACTACCCAGTCCTGACTCCAA | 123 |
| | | Reverse | TAGAGCAGTTCGCGTTCTTCC | |
| Bdh1 | NM_175177.4 | Forward | GCTTCCTTGTATTTGCTGGC | 130 |
| | | Reverse | TTCTCCACCTCTTCACTGTTG | |
| Gapdh | NM_008084.2 | Forward | TGTGTCCGTCGTGGATCTGA | 150 |
| | | Reverse | TTGCTGTTGAAGTCGCAGGAG | |
| CT1 | NM_018420.2 | Forward | TTGTCTTATTGTAATGTTTCTTCCAGA | 112 |

| | | | | |
|--------------------|-------------|---------|---------------------------|-----|
| | | Reverse | GTAAAGGCAGCACTGATGGT | |
| CT2 | NM_033125.2 | Forward | GCTGAGCTGTATCCAACCATT | 104 |
| | | Reverse | CTGCTGAGGTCCACAGAGAAC | |
| OCTN2 | NM_003060.3 | Forward | GCAGCATCCTGTCTCCCTAC | 91 |
| | | Reverse | GCTGTCAGGATGGTCAGACTT | |
| ATB ^{0/+} | NM_007231.5 | Forward | TGAAATGCCCGAGTTTCTTC | 61 |
| | | Reverse | TTCTCTGATGAAGCCGACACT | |
| PPAR α | NM_005036.5 | Forward | GCTTTGGCTTTACGGAATACCA | 77 |
| | | Reverse | TGAAAGCGTGTCCGTGATGA | |
| PPAR γ | NM_005037.5 | Forward | ATCTCTCCGTAATGGAAGACCACTC | 488 |
| | | Reverse | CCCAAACCTGATGGCATTATGAGAC | |
| GAPDH | NM_002046.7 | Forward | GCACCGTCAAGGCTGAGAAC | 138 |
| | | Reverse | TGGTGAAGACGCCAGTGGA | |
