PHARMACOKINETICS OF MELOXICAM IN ANIMALS AND THE RELEVANCE TO HUMANS

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ABSTRACT:
The pharmacokinetic profile of the new nonsteroidal anti-inflammatory drug meloxicam was investigated in a number of animal species, including mice, rats, dogs, mini-pigs, and baboons, after administration of [14C]meloxicam. The plasma concentration-time profiles for meloxicam in rats and dogs were comparable to that in humans, whereas there were marked differences between humans and mice, mini-pigs, and baboons. The highest tissue concentrations of meloxicam in rats and mini-pigs were seen in the liver and kidneys. In contrast, low concentrations of meloxicam were found in the central nervous system, compared with those in plasma. The excretion balance in mini-pigs resembled that in humans, with almost equal concentrations being eliminated in the urine and the feces. As in humans, meloxicam circulated mainly in the form of the parent compound in the plasma of mice, rats, dogs, mini-pigs, and baboons. The main metabolites in rats, mini-pigs, and humans were a 5'-hydroxymethyl derivative (AF-UH 1 SE) and a 5'-carboxy metabolite (UH-AC 110 SE). The percentage of meloxicam binding to protein was higher in rats and humans (>99%) than in other species. The pharmacokinetic profile of meloxicam in rats most closely resembles that in humans; therefore, reliable clinical predictions can be made from studies in this rodent species.

NSAIDs are among the most frequently used drug treatments in Europe and the United States, accounting for approximately 5% of all prescriptions (Baum et al., 1985; Wynne and Campbell, 1993). Moreover, the use of NSAIDs is increasing because they remain first-line drug therapy for a wide range of rheumatic conditions. This increase is in part the result of the increasing population of elderly patients, who constitute the group of patients with greatest demand for these agents; it is estimated that more than half of all patients using NSAIDs are >60 years old (Baum et al., 1985).

Meloxicam [4-hydroxy-2-methyl-N-(5-methyl-2-thiazolyl)-2H-1,2-benzothiazine-3-carboxamide-1,1-dioxide, UH-AC 62 XX; Boehringer Ingelheim] is a novel NSAID of the acidic enolcarboxamide class. Studies of meloxicam treatment of animals with adjuvant arthritis revealed marked amelioration of the symptoms of bone and cartilage destruction and the systemic signs of immunologically induced inflammation (Engelhardt et al., 1995). Meloxicam has a high intrinsic activity combined with a low ulcerogenic potential (i.e., a high therapeutic index) (Engelhardt et al., 1996b). The therapeutic index of meloxicam is higher than that of other NSAIDs, including piroxicam, diclofenac, and indomethacin (Engelhardt et al., 1996b).

Meloxicam preferentially inhibits cyclooxygenase-2, which is induced by inflammatory stimuli in pathophysiological conditions, rather than cyclooxygenase-1, which is responsible for physiological processes, e.g., in the stomach (Churchill et al., 1996; Engelhardt et al., 1996a; Pairet and Engelhardt, 1996). Despite the structural relationship to other NSAIDs (Woolf and Radulovic, 1989; Olkkola et al., 1994), the introduction of the methyl group in the thiazolyl moiety of meloxicam has facilitated the formation of metabolites (Schmid et al., 1995b) that undergo fast elimination, leading to a shorter t1/2, in comparison with piroxicam and tenoxicam. The pharmacokinetics of meloxicam have been investigated in a number of animal species, including mice, rats, dogs, mini-pigs, and baboons, to provide comprehensive profiles and to determine which animal species exhibits a profile most closely resembling the pharmacokinetic profile in humans.

* Abbreviations used are: NSAID, nonsteroidal anti-inflammatory drug; CL, clearance of drug from plasma; Cmax, maximum concentration of drug in plasma; F, bioavailability factor; id, intraduodenal; MRT, mean residence time; Vss, apparent volume of distribution under steady-state conditions; t1/2, apparent volume of distribution during the terminal γ phase; λz, terminal elimination rate constant; Vmax, apparent volume of distribution under steady-state conditions; CYP, cytochrome P450.

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FIG. 1. Chemical structures of meloxicam and its principal metabolites, the 5'-carboxy metabolite (UH-AC 110 SE) and the 5'-hydroxymethyl metabolite (AF-UH 1 SE).

*: position of the 14C label.
Materials and Methods

Radiolabeled Compound. Meloxicam was radiolabeled by introducing a 14C atom into the carboxamide group of the molecule (fig. 1), at a position that was considered least likely to be affected by metabolic transformation. In all studies, the specific radioactivity required was obtained by dilution with nonradiolabeled meloxicam.

Analytical Procedures. Radiometry. The concentrations of [14C]meloxicam and its metabolites in blood, plasma, tissue, urine, bile, and feces were measured using a liquid scintillation counter (Packard TriCarb 3385). Quench correction was made using the external standard ratio, and the radioactivity measured in dpm per milliliter of blood was converted into the concentration of drug and metabolites by division by the specific radioactivity of [14C]meloxicam. Because the method measures both meloxicam and radioactive metabolites of meloxicam, concentrations were expressed as equivalents of [14C]meloxicam. The radioactivity in urine, feces, and bile was expressed as a percentage of the radioactivity administered. Based on the specific radioactivity used, the lower detection limit was 2 ng/eq/ml liquid or 2 ng/eq/g tissue.

HPLC Assay for Meloxicam Analysis. The concentration of the parent compound in plasma was also determined by a specific HPLC method. Plasma samples (50 μl) were applied to precolumns filled with Bondapak C18 Corasil material, with a stream of 0.01 M sulfuric acid for 4 min. The extract was then backflushed with eluent (methanol/water/acetonitrile/glacial acetic acid, 600: 500:50:20, v/v, containing 1.01 g of heptanesulfonic acid in 1.17 liters), and chromatographic separation was achieved with a Hypersil ODS column (125 × 4.6 mm). Eluting peaks were quantified by means of UV detection at 355 nm and were evaluated by the external standard method. The HPLC assay allowed concentrations as low as 0.05 mg/liter to be quantified in plasma from various species. The assay was validated from 0.05 to 2.5 mg/liter over 3 days.

Whole-Body Autoradiography and Tissue Distribution. Tissue distribution in rats was studied by whole-body autoradiography. The animals were anesthetized at various times after oral or iv administration of meloxicam and were killed after the removal of a blood sample. The bodies were frozen, and then 30-μm serial sections were prepared according to the method of Ullberg (1954). X-ray-sensitive film (Osram M3; Agfa Gevaert) was exposed to the lyophilized sections for 40–45 days (experiments using orally administered meloxicam) or 30 days (experiments using iv administered meloxicam). After preparation of the histological sections described above, one to three samples were taken from each of the following tissues in the remainder of the frozen bodies: liver, lungs, brain, skeletal muscle, fat, and thymus gland. All samples were weighed, dried at 70°C overnight, and combusted in a sample oxidizer (Packard sample oxidizer 306). The radioactive content of the samples was measured using a liquid scintillation counter, and the concentration of meloxicam was calculated in microgram-equivalents per gram of organ. The concentration of radioactivity in the remaining organs was determined quantitatively by photometric comparison of the autoradiographs.

Tissue distribution in mini-pigs was investigated after exsanguination (after anesthesia) and preparation of organs. Gall bladder, urinary bladder, stomach, and small and large intestine were emptied, and the radioactivity of the contents was determined. Plasma, synovia (prepared from the knee joint), and the following organs were taken from the sacrificed animals: brain, hypothalamus, eyes, submandibular gland, sublingual gland, parotid gland, thyroid gland, thymus, trachea, lungs, heart, stomach, small intestine, large intestine, liver, diaphragm, pancreas, spleen, kidneys, adrenal glands, testes, epididymis, skeletal muscle, skin, bone, and cartilage. No fat tissue was found in either animal. No thymus was found in the male animal. The isolated organs were weighed immediately after preparation.

Sampling of Biological Materials. Blood samples from mice and rats were obtained under halothane anesthesia by puncture of the orbital venous sinus. Urine and feces were collected over 48 hr (mice) or 96 hr (rats), and the radioactivity of the samples was determined.

For determination of the biliary excretion in rats, bile duct cannulations were performed under urethane anesthesia and bile samples were collected in fractions. Meloxicam was administered either into the duodenum (id) or into the tail vein (iv).

For determination of the enterohepatic circulation (rats only), bile was collected from one group of animals (N = 3) for 6 hr after iv administration of meloxicam (1 mg/kg) and was stored on ice. The radioactive content of each bile sample was measured, and then samples were pooled, the combined amount of radioactivity was determined, and 1-ml portions of bile were administered id to animals of another group. The bile secreted by this second group of animals was collected in fractions over 6 hr, and the radioactivity of the samples was determined. In mini-pigs, bile was collected at the time of killing.

Preparation of Samples for Liquid Scintillation Counting. In general, each of two 100-μl portions of whole blood was hemolyzed in plastic vials with 1 ml of the tissue solubilizer Soluene 350 (Packard/isopropanol (1:2, v/v) and decolorized with 0.2 ml of 30% H2O2; 3 hr later, 12 ml of Instagel (Packard) was added. After an overnight decay period, samples were measured using a liquid scintillation counter (Packard TriCarb 3385). Plasma was prepared by centrifugation of blood. Radioactivity was determined in duplicate 50–200-μl fractions.

For bile and synovial fluid, aliquots of 100 μl were used for counting. For measurement of biliary excretion in rats, the total fraction was used.

The total volume of urine was determined, and then two 0.1–0.5-ml portions of urine were measured in the liquid scintillation counter after addition of 12 ml of Instagel, which was used as a cocktail for liquid scintillation counting. The fecal samples were made up to 80–120 ml with water and homogenized with an Ultra-Turrax homogenizer (Jahnke and Kunkel, Staufen, Germany) after addition of 0.5 ml of n-octanol (antifoaming agent). Two or three 1.0-ml portions of the homogenate were added to combustion cones with combustion pads (for absorption). After drying at 70°C, samples were combusted in a sample oxidizer (model 306; Packard) and the radioactivity was measured. The distribution of radioactivity between erythrocytes and plasma in vivo was investigated for rats. For oral administration of [14C]meloxicam, 1.5 ml of blood was taken from three rats, at 2, 8, and 24 hr, by puncture of the orbital venous sinus. After determination of the radioactivity and hematocrit levels, the whole blood was centrifuged to separate the plasma. Two 0.2-ml samples of plasma in 12 ml of Instagel were used for measurement of radioactivity.

For the mini-pigs, the contents of the stomach and small intestine were homogenized, and 0.5-ml aliquots were dried and combusted in a sample oxidizer. Water was added to the content of the large intestine to yield a final volume of 5 liters. Homogenization was performed after the addition of 1–2.5 ml of n-octanol to prevent the formation of foam. Aliquots of 0.5 ml (in triplicates) were dried at 80°C overnight and combusted in a sample oxidizer. Bone and cartilage were dissolved in concentrated hydrochloric acid, and aliquots were dried and combusted in a sample oxidizer.

The following organs of the male mini-pig were subjected to special procedures. Water was added to brain and spleen, and homogenization was performed with a rotating-scissors homogenizer. Aliquots of 0.5 ml (in triplicates) were pipetted onto combustion pads, dried overnight at 80°C, and combusted in a sample oxidizer. Hypophysis, thyroid gland, and adrenal glands were dried at 80°C and then combusted in a sample oxidizer.

Metabolic Profile in Mice. The metabolic profile was established using an HPLC pump with a ternary gradient system and diode-array detector (HP 1090 M; Hewlett Packard, Waldbronn, Germany). The analyte (50–200-μl volume) was injected directly onto the analytical column (125 mm × 4.6-mm internal diameter, with a 20-μm guard column, filled with Hypersil ODS, 5-μm, material; Knauer, Berlin, Germany). The eluent was a gradient from 1% ammonium formate buffer, pH 6.8, to methanol, at a flow of 1 ml/min. The oven temperature was 28 ± 1°C.

For quantitation of the radioactivity, the HPLC eluate was collected in scintillation vials, and the radioactivity was measured by liquid scintillation counting. UV detection was performed with a diode-array detector (HP 1040 M) at 363 nm.

Confirmation of the molecular structure was performed with HPLC/MS/MS (HP 1090 M pump and HP 1040 diode-array detector, both from Hewlett Packard, Böblingen, Germany, and TSQ 700 triple-stage quadrupole mass spectrometer with electrospray source from Finnigan MAT, Bremen, Germany). For the HPLC/MS/MS analysis, the enrichment buffer was 0.01 M ammonium acetate, pH 6.6, with a gradient from 0.01 M ammonium acetate to 100% methanol maintained within 18 min.

The enrichment column consisted of a 40-mm × 4.6-mm internal diameter Bischof tube (Leoberg, Germany) filled with C18 Sepaprep preparative grade, 40-μm, material (Analytichem, Harbor City, CA). The eluent was 1% ammonium formate buffer, with a flow rate of 1 ml/min, at room temperature.

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The electrospary ionization interface was from Analytika (Branford, CT), with argon as the collision gas (pressure, 3.4 mtorr).

**Metabolite Profile in Rats.** Plasma was extracted with an excess (5–10 times) of methanol; urine was lyophilized and the residue was dissolved in methanol. Lactated milk was extracted using an activated C18 cartridge. Organic extracts of plasma, urine, bile, feces, and lactated milk, as well as samples of urine deconjugated by enzyme and acid hydrolysis, were applied as methanolic solutions, in bands, to the TLC plates. The solvent system for chromatography consisted of chloroform/methanol/concentrated ammonia (80: 20:1, v/v/v). After chromatography, the TLC plates were evaluated with a TLC linear analyzer (Berthold LB 2820). In addition, X-ray film was exposed to the plates to assess the patterns of metabolites. To quantify the separated spots of radioactivity, the paths were divided into zones. The zones of adsorbent corresponding to radioactive areas on the TLC plates were scraped off and transferred to vials, and 0.5 ml of methanol/chloroform (1:1, v/v) was added to each vial to extract the radioactivity from the silica gel. The radioactivity was measured by liquid scintillation counting in 12 ml of Instagel. Nonradioactive components on TLC plates were visualized by quenching of fluorescence at 254 nm.

**Metabolite Profile in Mini-pigs.** Aliquots of plasma, bile, and urine were analyzed for the parent compound and metabolites using a Varian 5000 HPLC system (Varian, Darmstadt, Germany), with ternary gradient capability, coupled to a Ramona D flow-through scintillation counter (Isomess), Negretti and Zambra sampling valve (Gynokten), and a column oven (Knauer). Radioactive peaks were resolved on a 5-μm Hypersil ODS column (4.6-mm internal diameter × 125-mm column, with a 20-mm guard column; Knauer) by gradient elution at 28°C. The mobile phase consisted of 1% ammonium formate solution, pH 6.4, and methanol. Ammonium formate was decreased from 100% (0 min) to 80% (3.1 min), 60% (21 min), and 50% (27 min). At the same time points, the methanol content was increased from 0% to 20%, 40%, and 50%, respectively. At 30 min, 100% methanol was used. For samples that contained only small amounts of radioactivity, 20-sec fractions of the eluent were collected using a fraction collector (Foxy; Fa. ISCO). Samples were analyzed in a liquid scintillation counter (TriCarb 2000 C-1), and data were evaluated with a Wang computer.

**Protein Binding of Meloxicam.** Protein binding of plasma from mice and mini-pigs was assessed using the ultrafiltration method, whereas the protein binding of rat plasma was investigated by ultracentrifugation. Samples (1 ml) of mouse plasma containing radiolabeled meloxicam were transferred to the reservoirs of ultrafiltration devices (Centrifree micropartition system; Amicon Corp., Beverly, MA). The membranes used in the devices had a molecular weight cut-off of 30,000. The devices were centrifuged at 2000 g for 1 hr at 25°C in a centrifuge with a 45° fixed-angle rotor (Mircorapid/K; Hettich, Tuttingen, Germany). Six ultracentrifugation devices were used for each investigation plasma concentration of [14C]meloxicam (0.5, 5, and 20 μg/ml). One aliquot of the filtrate was used for radioactivity measurement and another for measurement of the protein concentration according to the method of Lowry et al. (1951). Filtrates in which the protein concentration was <0.5 mg/ml were considered acceptable for further analysis.

Protein binding of rat plasma was investigated by means of ultra centrifugation (100,000g) for 16 hr, using plasma samples from animals treated with [14C]meloxicam. The level of radioactivity in the protein-poor upper layer was measured, and the protein content was estimated using the method of Lowry et al. (1951). In vivo protein binding in mini-pig plasma was quantified using plasma samples obtained from animals 4 hr after oral treatment with [14C]meloxicam, using the same experimental procedure as for mouse plasma.

**Pharmacokinetic Analysis.** Pharmacokinetic parameters were determined using noncompartmental methods in the TOPFIT program package (Heinzel et al., 1993). The γ max and t max values for meloxicam were determined by direct observation of the data. The λ value, which was determined by logarithmic-linear regression of the plasma concentration-time curve. The elimination t 1/2 was calculated as 0.693 divided by λ. The AUC to the final measurable sample was calculated using the trapezoidal rule and extrapolated to infinity, with the final plasma concentration being divided by λ. Apparent CL/F was calculated by dividing the dose by AUCt0–∞. V/F was calculated by dividing the dose by the product of λ and AUCt0–∞. MRT = MRT a + MRT d was calculated according to the method of Gibaldi and Perrier (1982).

Determination of the pharmacokinetic parameters MRT, V/F (based on the drug concentration in plasma), V/F, and CL requires the measurement of one defined compound in plasma, which is usually performed with a chromatographic assay. In the case of meloxicam, the total radioactivity measured in plasma represents primarily the parent compound. This offers the possibility of calculating the pharmacokinetic parameters from the data on total radioactivity measured in plasma.

**Animals.** Basic pharmacokinetic information was required for mice, rats, and mini-pigs, because these species were used in toxicological studies. Rats were of primary interest because they were also used extensively in pharmacological studies. The pharmacokinetics in dogs were determined to provide dosing recommendations for clinical use. The studies in baboons were undertaken to obtain data from primates, which are close to humans.

**Mice.** All studies were carried out with male and female albino mice (Naval Medical Research Institute [NMRI]; body weight, 21–29 g). After a 16-hr fast, a single 10 mg/kg dose of [14C]meloxicam was administered orally to male and female mice or iv to male mice only, to determine meloxicam plasma levels, urinary excretion, metabolic profiles, and protein binding. The animals were housed in metabolism cages (five mice/cage), and the excreta were collected up to 48 hr after the dose.

**Rats.** The majority of the animal studies of meloxicam pharmacokinetics were conducted with male and female albino rats ( Specific pathogen-free [Spf], Chbb: Thom strain from Dr. Karl Thomae GmbH, Biberach, Germany; body weight, 200–250 g). After a fast of approximately 20 hr, a single dose of [14C]meloxicam was administered orally or iv, at 0.3–3 mg/kg. Tissue distribution of meloxicam was also measured in female natural gray rats (homozygous fatty [fafa] from Ifa Credo, L’Arbresle, France) and male black hooded rats (Strain Harlan Ola: Lister Hooded, Borchten, Germany) after dissection of the animals. Experiments for measuring blood levels and excretion balances were performed with four or five animals, whereas one animal per time point was used for the autoradiographic studies.

**Dogs.** An open, three-way, crossover study was conducted with three male and three female beagle dogs (Chbb beagle; body weight, 11.7–13.8 kg). Single iv, oral, or sc doses of [14C]meloxicam (0.2 mg/kg) were administered 30 min after a standard meal (300-g pellets and two spoonfuls of meat). The wash-out period was 2 weeks. Blood samples were collected up to 96 hr after the dose. The parent compound in plasma was quantified using HPLC.

**Mini-pigs.** An initial open, two-way, crossover study was conducted with four male mini-pigs (body weight, 13–18 kg) obtained from the Royal Veterinary College (London, UK). After an overnight fast, the mini-pigs received a single oral or iv dose of [14C]meloxicam (10 mg/kg), and the plasma concentration and excretion balance of total radioactivity were measured. A subsequent study, conducted with one male and one female Göttingen mini-pig (body weight, 13 kg), investigated the tissue distribution, protein binding, and metabolic pattern of a single oral dose of [14C]meloxicam (3.5 mg/kg) administered after an overnight fast.

**Baboons.** Before investigation in humans, a pilot study was conducted with three baboons, to assess the pharmacokinetic profile of meloxicam in a primate species. A single dose of [14C]meloxicam at 10 mg/kg was administered by gavage. The concentration of radioactivity in plasma and the excretion balance were measured. In addition, the metabolic profiles in plasma and urine were determined.

**Results**

**Mice.** The complete pharmacokinetic profile of [14C]meloxicam in male and female mice is shown in table 1. Female mice demonstrated a higher AUC, which resulted in a smaller value being calculated for CL. However, there were no significant pharmacokinetic differences between the genders. Plasma concentrations increased rapidly after oral administration of a single 10 mg/kg dose of meloxicam, with t max values of 0.7 and 0.6 hr in male and female mice, respectively. After a single iv dose of 10 mg/kg meloxicam, an initial concentration of 36.6 mg-eq/liter was attained after 5 min, and plasma concentrations were similar to those seen after oral dosing within 1 hr. Thereafter, the iv and oral concentration-time profiles were comparable, both showing biphasic elimination between 1 and 8 hr after dosing (fig. 2). The bioavailability (calculated as AUCoral/AUC iv ) was 94%.
The elimination $t_{1/2}$ in males was relatively short (4.8 and 6.4 hr after oral and iv dosing, respectively), compared with those observed in rats, dogs, and mini-pigs (tables 2–5). Females demonstrated a $t_{1/2}$ of 6.1 and 5 hr after dosing was in the form of the parent compound. At the single dose was almost completely eliminated within 24 hr. The radioactivity was excreted by renal and biliary routes, with 60–65% being eliminated in urine and 35–40% being eliminated in feces.

Because blood could only be taken once from each mouse (because of the small volumes available), each time point is the mean from five individual mice.

The elimination $t_{1/2}$ in males was relatively short (4.8 and 6.4 hr after oral and iv dosing, respectively), compared with those observed in rats, dogs, and mini-pigs (tables 2–5). Females demonstrated a $t_{1/2}$ of 6.1 and 5 hr after dosing was in the form of the parent compound. At the single dose was almost completely eliminated within 24 hr. The radioactivity was excreted by renal and biliary routes, with 60–65% being eliminated in urine and 35–40% being eliminated in feces.

Approximately 85% of the radioactivity circulating in plasma at 1 and 5 hr after dosing was in the form of the parent compound. At the same time points, only 6% was in the form of the $5'$-hydroxymethyl metabolite, whereas 0.5% was in the form of the $5'$-carboxy metabolite. In urine, only trace amounts (0.2%) of the parent compound were present. The $5'$-hydroxymethyl metabolite was the main metabolite, accounting for 51% of the radioactivity in the 0–8 hr fraction, whereas the $5'$-carboxy metabolite accounted for only 4.5%. In vitro protein binding was 96.8% over the range of 0.5–20.0 μg/ml [14C]meloxicam.

**Rats. Absorption/Pharmacokinetics.** Based on urinary [14C] excretion data, oral absorption was ~95%. Because the enolic hydroxyl group confers acid properties on meloxicam, the absorption may vary along the gastrointestinal tract because of the changing pH of the environment. However, administration of [14C]meloxicam (1 mg/kg) directly into the stomach, duodenum, ileum, and colon of male rats resulted in biliary excretion of 4, 6, 7, and 12% of the administered radioactivity, respectively, after 6 hr. Therefore, it appears that meloxicam is absorbed over a relatively long section of the gastrointestinal tract.

After iv administration of [14C]meloxicam (1 mg/kg), the radioactivity was eliminated from the blood of male and female rats in a biphasic manner (fig. 3). Although blood concentrations were virtually identical in male and female rats during the initial distribution phase, a clear gender difference emerged during the longer elimination phase, with females demonstrating considerably higher concentrations, resulting from a slower rate of elimination. A comparison of mean pharmacokinetic parameters after administration of single iv or oral doses of [14C]meloxicam to male and female rats is given in table 2. The $t_{1/2}$ was 13 hr for males and 37 hr for females. The MRT values were also different, i.e. 18 hr in males and 53 hr in females.

These gender-specific differences in the time course and concentrations of radioactivity in the blood were also observed after oral administration of [14C]meloxicam (fig. 4). However, because of great variation in one male rat, the value for $t_{1/2}$ was not significantly different between genders, being 50 for males and 52 hr for females. The MRT after an oral dose was 32 hr in males and 53 hr in females. Multiple oral dosing (0.3 or 1 mg/kg/day for 11 days) also revealed gender differences (table 3), with steady-state plasma concentrations on day 5 that were 4 times higher in females than in males (fig. 5).

More than 90% of radioactivity in the blood was located in the plasma and <10% was associated with erythrocytes at 2, 8, and 24 hr after oral administration of [14C]meloxicam. Protein binding after oral administration of [14C]meloxicam (0.5 mg/kg) was high in both male and female animals (99.5–99.7%). However, the $5'$-carboxy metabolite of meloxicam did not displace the parent compound from its protein-bound state.

**Distribution.** The highest tissue concentrations of radioactivity after either oral (5 mg/kg) or iv (1 mg/kg) dosing were found in the liver; these concentrations were similar to those measured in blood. Whole-body autoradiographs from pigmented rats after orally administered [14C]meloxicam revealed moderate levels of radioactivity in the kidneys, skin, lungs, and intestinal tract but very low concentrations in skeletal muscle and the central nervous system (fig. 6). There was no specific affinity for the pigmented layers of the skin. Also, no affinity was seen for the pigmented layer of the eye. The concentrations and rates of elimination observed in these tissues were similar to those found in the lung.

The distribution after multiple oral doses of [14C]meloxicam (1

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**Table 1**

Mean pharmacokinetic parameters for total radioactivity after oral or iv administration of 10 mg/kg [14C]meloxicam to male and female mice (N = 5 for each time point for blood sampling)

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>Male Mean CV</th>
<th>Female Mean CV</th>
</tr>
</thead>
<tbody>
<tr>
<td>$C_{max}$</td>
<td>mg-eq/liter</td>
<td>18.1±0.7</td>
<td>20.7±0.6</td>
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<td>$t_{max}$</td>
<td>hr</td>
<td>3.02±0.022</td>
<td>3.89±0.448</td>
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<tr>
<td>AUC$_{0-\infty}$</td>
<td>mg-eq/hr/liter</td>
<td>64.7±6.41</td>
<td>60.7±8.95</td>
</tr>
<tr>
<td>MRT$_{tot}$</td>
<td>hr</td>
<td>6.41±1.43</td>
<td>4.76±4.45</td>
</tr>
<tr>
<td>$V_z$</td>
<td>liters/kg</td>
<td>1.43±0.131</td>
<td>1.13±0.718</td>
</tr>
<tr>
<td>$V_a$</td>
<td>liters/kg</td>
<td>0.467±0.464</td>
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<tr>
<td>$CL$</td>
<td>liters/hr/kg</td>
<td>0.155±0.164</td>
<td>0.164±0.112</td>
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</tbody>
</table>

**Table 2**

Pharmacokinetic parameters (mean and coefficient of variation (CV)) for total radioactivity after oral or iv administration of 1.0 mg/kg [14C]meloxicam to male and female albino rats (N = 5)

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>Male Mean CV</th>
<th>Female Mean CV</th>
</tr>
</thead>
<tbody>
<tr>
<td>$C_{max}$</td>
<td>mg-eq/liter</td>
<td>2.35±0.44</td>
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<tr>
<td>$t_{max}$</td>
<td>hr</td>
<td>4.4±7.47</td>
<td>6.8±24.2</td>
</tr>
<tr>
<td>AUC$_{0-\infty}$</td>
<td>mg-eq/hr/liter</td>
<td>83.3±57.1</td>
<td>201±47.7</td>
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<tr>
<td>MRT$_{tot}$</td>
<td>hr</td>
<td>31.8±25.4</td>
<td>53.4±20.5</td>
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<tr>
<td>$V_z$</td>
<td>liters/kg</td>
<td>49.9±54.7</td>
<td>52.4±24.5</td>
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<tr>
<td>$V_a$</td>
<td>liters/kg</td>
<td>2.36±164</td>
<td>0.886±153</td>
</tr>
<tr>
<td>$CL/F$</td>
<td>liters/hr/kg</td>
<td>0.023±0.119</td>
<td>0.010±0.126</td>
</tr>
</tbody>
</table>
mg/kg/day for 5 days) was also quantitatively investigated in male and female black hooded rats. Steady-state conditions were achieved by the third dose in both genders. The blood concentrations of radioactivity in this species were considerably lower than those seen in albino rats, because of faster metabolism and elimination. Nevertheless, the metabolite profiles in the two species were identical. Again, the highest concentrations of radioactivity were detected in the blood, liver, and kidneys, with low levels in the brain (2–3% of those found in plasma). Only low concentrations were found in the pigmented and nonpigmented areas of the skin, and none was seen in the pigmented regions of the eye. Thus, [14C]meloxicam appears to have no special affinity for melanin pigment.

Studies conducted with pregnant rats investigated the transfer of meloxicam through the placenta. After a single oral dose of [14C]meloxicam (5 mg/kg) on day 18 of pregnancy, the concentrations...
of radioactivity in the livers of the mothers were about 3–5 times greater than those in fetal livers, and the levels in the placenta were about one half those in maternal blood. The levels in fetal skeletal muscle were somewhat higher than those in maternal skeletal muscle.

In male rats with antigen (Mycobacterium butyricum)-induced arthritis of the hind paws, multiple oral doses of meloxicam (0.5 mg/kg/day for 19 days) followed by [14C]meloxicam (5 mg/kg/day for 2 days) resulted in marked distribution of radioactivity in the chronically inflamed tissues; negligible radioactivity was detected in the noninflamed front paws. Thus, despite the relatively poor blood supply to these tissues, meloxicam was distributed preferentially into sites of inflammation, probably because of the lower pH in those areas (Busch and Engelhardt, 1990).

Elimination. After id or iv administration of [14C]meloxicam (1 mg/kg) to anesthetized male rats, elimination in the bile accounted for approximately 10% of the dose within 6 hr, with the value being somewhat lower with id than with iv dosing. Similarly, 10–12% of the radioactivity was excreted via the biliary route after id administration of radioactive bile taken from a donor animal (enterohepatic circulation). As observed with blood levels of radioactivity, there were considerable differences between male and female rats. During the first 6 hr after id administration of [14C]meloxicam (1 mg/kg), the rate of biliary excretion in male rats was almost twice that in females (7.9% vs. 4.2%).

Renal excretion was the main route of elimination in rats, accounting for approximately 70% of the orally or iv administered [14C]meloxicam dose (1 mg/kg). The remainder of the dose was eliminated in the feces. In males, only 8% of the dose remained in the body after 72 hr, and elimination was complete after 96 hr. In accordance with the higher blood concentrations seen in females, the radioactivity was excreted more slowly; 72 hr after oral dosing (and 96 hr after iv dosing), 30% of the dose remained in the body.

Elimination in lactated milk was studied in rats nursing 9–11-day-old pups. Oral administration of [14C]meloxicam (5 mg/kg) resulted in higher concentrations of radioactivity in milk than in plasma at 5 hr (22.3 vs. 18.4 mg/liter) and 24 hr (9.9 vs. 6.0 mg/liter) after dosing. One hour after dosing, the levels were somewhat higher in plasma than in milk (12.6 vs. 9.7 mg/liter). Sixty to 70% of radioactivity in the milk was associated with the unchanged parent compound.

Metabolite Profile and Pharmacokinetics of the Main Metabolites. Investigation of the metabolite profile revealed that the parent compound accounted for approximately 85% of the radioactivity present in the plasma after oral or iv dosing with [14C]meloxicam (1 mg/kg). In contrast, only traces of the radioactivity in the urine were accounted for by the parent compound, with the majority being due to three polar metabolites, i.e., the 5'-carboxy metabolite (acid metabolite) and the 5'-hydroxymethyl metabolite (alcohol metabolite), both of which were formed by oxidation of the methyl group in the thiazolyl ring, and a third metabolite formed by cleavage of the side chain (Schmid et al., 1995b). A number of gender-specific differences were noted in the concentrations, but not the profiles, of metabolites. Most markedly, female rats eliminated only 30% of the amount of the 5'-carboxy metabolite eliminated by male rats. A number of minor gender-specific differences were also observed in the metabolite profiles in bile; the principal metabolite for both genders was the 5'-carboxy metabolite.

The pharmacokinetic characteristics of the principal metabolites of meloxicam were assessed after oral or iv administration of two 14C-labeled metabolites (5'-hydroxymethyl and 5'-carboxy metabolites, 1 mg/kg) to male rats. Although neither metabolite is associated with biological activity at pharmacologically relevant doses (Engelhardt and Trummlitz, 1990), their pharmacokinetic profiles differed markedly from that of the parent compound. Peak blood concentrations were attained within 0.4–0.7 hr after oral dosing, and the extents of absorption were 57% for the 5'-hydroxymethyl metabolite and 14% for the 5'-carboxy metabolite. In addition, both metabolites were rapidly eliminated so that, by 8 hr after administration, only 0.2–0.5% of Cmax remained in the blood after iv dosing and 4–16% remained after oral dosing.

Dogs. The mean plasma concentration-time profiles of the parent compound after iv, oral, or sc administration of 0.2 mg/kg meloxicam to dogs are shown in fig. 7. The sc route of administration was chosen because this was the parenteral route of dosing intended for the therapeutic treatment of osteoarthritis in dogs. The pharmacokinetic profile of meloxicam in dogs is shown in table 4. Values for t1/2, AUC0–∞, AUC to the final measurable sample, CL/F, and V/F were
the total radioactivity administered either orally or iv. After oral administration, about 34% of the dose was excreted in the urine and 46% in the feces; radioactivity in the debris and washings from the cages accounted for approximately 7% of the dose. Values obtained after iv dosing were 39% in urine, 44% in feces, and 4% in cage washings. Thus, both renal and biliary excretion are important routes of elimination in this species.

Investigation of the metabolite profile of meloxicam indicated that the majority of radioactivity circulating in plasma up to 12 hr after oral or iv dosing represented the unchanged parent compound (approximately 70–80% up to 6 hr and 60–70% from 6 to 12 hr). However, the parent compound accounted for only 1% of the total radioactivity in the urine up to 24 hr after oral or iv dosing and 17% of the total radioactivity in the feces up to 48 hr after oral administration. The level of the parent compound in feces after iv dosing was below the limit of detection. The parent compound in feces after oral dosing probably represented nonabsorbed meloxicam. Enzyme treatments (β-glucuronidase and arylsulfatase) had no effect on the pattern of the parent compound or the two metabolites detected in the urine, indicating a lack of phase II metabolism for meloxicam in pigs.

In a study investigating the metabolism of meloxicam in two Göttingen mini-pigs, the 5'-hydroxymethyl and 5'-carboxy metabolites were identified as the main metabolites after oral dosing. This result is similar to the finding in rats. The majority of radioactivity in the urine samples was associated with the 5'-hydroxymethyl metabolite (about 50%), whereas the 5'-carboxy metabolite accounted for 10% of the radioactivity. In contrast, in bile the 5'-carboxy metabolite accounted for the majority of the radioactivity (56% in the male and 97% in the female), whereas the 5'-hydroxymethyl metabolite accounted for 34% of the radioactivity in the male but only 2% of the radioactivity in the female mini-pig. As expected from previous studies, the majority (82–93%) of the radioactivity circulating in the plasma of both genders was from the unchanged parent compound.

The study of the two Göttingen mini-pigs was performed to determine the distribution of radioactivity in tissues, because mini-pigs serve as a nonrodent species in toxicological studies. The total overall recovery of radioactivity 4 hr after dosing was 82% in the male animal and 71% in the female. Absorption was incomplete in the female at 4 hr, as shown by the relatively high percentage of radioactivity still present in the stomach contents and in the stomach wall. The highest tissue concentrations of radioactivity were found in the liver (3–4%) and kidneys (1%), probably because of the excretory functions of these organs, and relatively high levels were also seen in skin, bone, and cartilage. As previously observed in rats, only low levels were found in the eye and brain. The plasma/tissue ratio was high throughout, indicating a low volume of distribution. The highest percentage of radioactivity was found in urine in the bladder (32% in the male and 17% in the female), whereas the feces in the large intestine accounted for 9% and 2%, respectively.

**TABLE 6**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>Mean</th>
<th>CV</th>
</tr>
</thead>
<tbody>
<tr>
<td>$C_{max}$</td>
<td>mg-eq/liter</td>
<td>34.15</td>
<td>29.6</td>
</tr>
<tr>
<td>$t_{max}$</td>
<td>hr</td>
<td>6.0</td>
<td>33.3</td>
</tr>
<tr>
<td>$AUC_{0-\infty}$</td>
<td>mg-eq/hr/liter</td>
<td>476</td>
<td>26.7</td>
</tr>
<tr>
<td>MRT _tot</td>
<td>hr</td>
<td>11.2</td>
<td>18.7</td>
</tr>
<tr>
<td>$t_{1/2}$</td>
<td>hr</td>
<td>6.12</td>
<td>13.7</td>
</tr>
<tr>
<td>$V/F$</td>
<td>liters/kg</td>
<td>0.202</td>
<td>46.1</td>
</tr>
<tr>
<td>$CL/F$</td>
<td>liters/hr/kg</td>
<td>0.022</td>
<td>31.4</td>
</tr>
</tbody>
</table>

**FIG. 8.** Mean plasma concentration-time profiles for total radioactivity after oral (N = 4) or iv (N = 3) administration of [14C]meloxicam (10 mg/kg) to male mini-pigs.
TABLE 7

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Unit</th>
<th>Male Mice (10 mg/kg)</th>
<th>Male Rats (1 mg/kg)</th>
<th>Mini-pigs (10 mg/kg)</th>
<th>Dogs (0.2 mg/kg)</th>
<th>Humans (30 mg)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>$t_1/2$</td>
<td>hr</td>
<td>6.41</td>
<td>13.4 (21.5)%</td>
<td>121 (12%)</td>
<td>24.0 (26.2%)</td>
<td>13.7 (14.8%)</td>
</tr>
<tr>
<td>MRT</td>
<td>hr</td>
<td>3.02</td>
<td>18.0 (24.0%)</td>
<td>67.4 (34.1%)</td>
<td>34.8 (23.6%)</td>
<td>18.2 (13.0%)</td>
</tr>
<tr>
<td>CL</td>
<td>liters/hr/kg</td>
<td>0.155</td>
<td>0.015 (30.7%)</td>
<td>0.043 (22.0%)</td>
<td>0.010 (13.1%)</td>
<td>0.010 (21.8%)</td>
</tr>
<tr>
<td>$V_m$</td>
<td>liters/kg</td>
<td>0.467</td>
<td>0.257 (6.38%)</td>
<td>2.97 (47.3%)</td>
<td>0.32* (20.9%)</td>
<td>0.18 (20.6%)</td>
</tr>
</tbody>
</table>

*a A total dose of 30 mg in humans is equivalent to 0.43 mg/kg with a total body weight of 70 kg.

*b Values in parentheses, coefficients of variation.

Discussion

The studies described here with rats, mice, dogs, mini-pigs, and baboons have provided a survey of the pharmacokinetics of meloxicam. Meloxicam was well absorbed in all species.

A relatively high, persistent concentration of total radioactivity in plasma, followed by a slow decrease, was observed in rats, with a MRT of approximately 18 hr in males and an elimination $t_1/2$ of 13–15 hr. After iv administration, the disposition pharmacokinetic parameters were similar to values in humans (table 7). This was confirmed by inspection of the plasma concentration-time curves for both species (Schmid et al., 1995a; Türcik et al., 1996). Meloxicam circulated nearly exclusively as the parent compound in the plasma of humans, rats, mice, dogs, and baboons (for data for mini-pigs, see below). For humans and rats, pharmacokinetic parameters evaluated from measurements of total radioactivity and parent compound levels were therefore rather similar. (The long elimination $t_1/2$ of about 50 hr for total radioactivity seen in male rats after single oral dosing was the result of large individual variations in this particular study and is not representative.)

The profile in mice after administration of the radiolabeled compound differed markedly from that in rats, with a shorter elimination $t_1/2$ and lower total exposure to the drug (AUC). The free compound can be considered a relevant parameter for pharmacodynamics, and mice demonstrated an AUC value comparable to that of rats and humans with respect to free compound, because the percentage of protein binding in mice, dogs, and mini-pigs (96–97%) was relatively low, compared with that found in rats (99.7%) and humans (>99.5%) (Schmid et al., 1995a).

Mini-pigs demonstrated a short elimination $t_1/2$ of 8 hr for the parent compound. Interestingly, the elimination $t_1/2$ of the metabolites was very long (~145 hr). This finding was not observed in any other species. In baboons, the elimination $t_1/2$ for the elimination of total radioactivity from plasma was shorter than in humans.

In particular, rats demonstrated gender-specific differences in the plasma levels of parent compound, with greater total exposure to drug and greater MRT and elimination $t_1/2$ values in females than in males. These differences were less marked in mice. In dogs, the mean elimination $t_1/2$ was comparable to that previously reported for rats. However, in contrast to the results obtained with mice and rats, female dogs showed a trend toward lower total exposure to drug and lower elimination $t_1/2$ values, compared with male dogs, although there was a wide range of individual values.

Meloxicam is cleared almost exclusively metabolically, because only low levels of parent compound were detected in bile, urine, and feces. Therefore, biotransformation governs the elimination of parent compound in all species. The main metabolites of meloxicam in humans, rats, mice, and mini-pigs were a 5'-hydroxymethyl derivative and a 5'-carboxy derivative. Other metabolites have also been detected in rats and humans (Schmid et al., 1995a,b); the major metabolite is (5-methyl-2-thiazolyl)aminooxacetic acid, which is typical for oxicams (Woolf and Radulovic, 1989).

The observation of a gender difference in rats fits very well with our knowledge of the enzymatic basis of the biotransformation of meloxicam. In humans (Chesne et al., 1996, 1998), the formation of the primary 5'-hydroxymethyl metabolite was studied in detail. This metabolite is formed by two CYPs, with different affinities; CYP2C9 is the more important component at physiological concentrations ($K_M$ ~ 10 µM, $V_max$ ~ 8 pmol/min/mg protein) and CYP3A4 is less significant ($K_M$ ~ 475 µM, $V_max$ ~ 23 pmol/min/mg protein). CYP2C11 and CYP2C7 are important members of the CYP2C family in rats (Funae and Imaoka, 1993; Ryan and Levin, 1993). CYP2C7 is expressed in both genders; CYP2C11, however, is more important in male rats. It has approximately 80% sequence homology to human CYP2C9. The absence of CYP2C11 in females may explain the longer elimination $t_1/2$. Certainly, the activity of drug-metabolizing enzymes decreases with age because of changes in CYP levels, most notably the gender-specific forms of CYP (Funae and Imaoka, 1993; Ryan and Levin, 1993; Soucek and Gut, 1992).

Studies conducted in rats and mini-pigs revealed the highest tissue concentrations of meloxicam to be in the liver, kidneys, and lungs, with low levels in the central nervous system. Meloxicam and its metabolites showed no affinity for pigmented tissue. However, transfer of meloxicam into the placenta and into lactated milk was clearly demonstrated in rats. Elimination of total meloxicam radioactivity was complete after 96 hr in male rats, whereas, in accordance with their higher blood concentrations, females excreted total radioactivity over a longer period, a finding that has also been reported for piroxicam.
(Roskos and Boudinot, 1990). The excretion balance in mini-pigs was similar to that in humans, with approximately one half of the dose being eliminated in the urine and one half in the feces. In contrast, excretion was predominantly renal in rats and mice.

In conclusion, meloxicam is well absorbed in all species and is cleared almost exclusively metabolically. In their pharmacokinetic profiles, rats very closely resemble humans, allowing reliable clinical predictions to be made from studies with this rodent species, a species that has been used extensively for pharmacological and toxicological testing. The unusual similarity of the pharmacokinetic parameters for rats and humans was not observed for the other species investigated. Baboons demonstrated a greater difference in $t_{1/2}$ and were, therefore, not investigated further. Dogs exhibited a $t_{1/2}$ comparable to that of humans but showed substantially different levels of protein binding. Mini-pigs and mice revealed shorter $t_{1/2}$ values for the parent compound in plasma and showed nearly 10-fold higher free fractions in protein binding.

References


