P-glycoprotein Restricts the Penetration of Oseltamivir Across the Blood-Brain Barrier

Atsushi Ose, Hiroyuki Kusuhara, Kenzo Yamatsuji, Motomu Kanai, Masakatsu Shibasaki, Takuya Fujita, Akira Yamamoto, and Yuichi Sugiyama

The Graduate School of Pharmaceutical Sciences, the University of Tokyo, Bunkyo-ku, Tokyo, Japan (A.O., H.K., K.Y., M.K., M.S., Y.S.); Ritsumeikan University, Kusatsu, Shiga, Japan (T.F.); and Kyoto Pharmaceutical University, Yamashina-ku, Kyoto, Japan (A.Y.)

Received August 27, 2007; accepted November 20, 2007

ABSTRACT:

Oseltamivir is an ethyl ester prodrug of 3(R,4R,5S)-4-acetamido-5-amino-3-[1-ethylpropoxy]-1-cyclohexene-1-carboxylate phosphate (Ro 64-0802), the anti-influenza drug. Abnormal behavior has been suspected to be associated with oseltamivir medication in Japan. The purpose of the present study was to examine the involvement of transporters in the brain distribution of oseltamivir and its active form Ro 64-0802 across the blood-brain barrier (BBB). The brain-to-plasma concentration ratio (Kp,brain) of oseltamivir after i.v. infusion of oseltamivir in FVB mice was increased by pretreatment with Ro 64-0802, whereas it was unchanged in Bcrp knockout mice. The Kp,brain value of oseltamivir was 5.5-fold higher than that in wild-type mice and comparable with that obtained by pretreatment with GF120918, whereas it was unchanged in Bcrp knockout mice. The Kp,brain value of oseltamivir was significantly higher in newborn rats, which is in good agreement with the ontogenetic expression profile of P-gp. Intracellular accumulation of oseltamivir was lower in human and mouse P-gp-expressing cells, which was reversed by P-gp inhibitor valspodar (PSC833). These results suggest that P-gp limits the brain uptake of oseltamivir at the BBB and that Ro 64-0802 itself barely crosses the BBB. However, it may be possible that Ro 64-0802 is formed in the brain from the oseltamivir, considering the presence of carboxylesterase in the brain endothelial cells.

Oseltamivir (Fig. 1) is an ester prodrug of Ro 64-0802, a potent and selective inhibitor of neuraminidase, resulting in an inhibition of release of influenza virus from the host cells and growth of influenza virus. Oseltamivir is used in the treatment and prophylaxis of both Influenzavirus A and Influenzavirus B (Bardsley-Elliot and Noble, 1999). The number of prescribed oseltamivir has reached approximately 10 million in Japan, which accounted for 75% of the world total in 2006. Recently, abnormal behavior has been reported in influenza patients prescribed oseltamivir (http://www.fda.gov/cder/drug/informationamflu/QA20051117.htm; Fuyuno, 2007). According to a report by the Ministry of Health, Labor, and Welfare, the number of people who behaved abnormally following oseltamivir treatment has increased to 211 (0.002% of all patients), approximately 80% of whom are teenagers or younger. The relationship between abnormal behavior and oseltamivir medication remains an open question and has not yet been elucidated. The Ministry of Health, Labor, and Welfare has published a caution for oseltamivir medication to teenagers or younger people. Recently, it was shown that oseltamivir and Ro 64-0802 affects neuronal excitability in rat hippocampal slices, and Ro 64-0802 exhibits 30 times more potent than oseltamivir (Izumi et al., 2007). Based on this background, there is growing interest in the penetration of oseltamivir and its active form Ro 64-0802 into the brain.

The purpose of the present study was to characterize the transport of oseltamivir and Ro 64-0802 across the blood-brain barrier (BBB). Oseltamivir is rapidly hydrolyzed to its active form, Ro 64-0802, by human carboxylesterase 1 (hCES1) in the liver (Shi et al., 2006) and then exclusively excreted into the urine by glomerular filtration and active tubular secretion via organic anion transporter 1 (OAT1) with-
out further metabolism (He et al., 1999). In healthy volunteers, both oseltamivir and Ro 64-0802 were detected in the blood circulation, although the \( C_{\text{max}} \) of oseltamivir was 6-fold smaller than that of Ro 64-0802 (He et al., 1999). The penetration of drugs into the brain is limited by the BBB formed by the brain capillary endothelial cells. Because of highly developed tight junctions between adjacent cells, as well as a paucity of fenestra and pinocytotic vesicles, the penetration across the paracellular route is very limited, and thus transcellular transport across the endothelial cells is the major pathway. Therefore, there is a good correlation between BBB permeability and lipophilicity. Because oseltamivir is an ester-type prodrug, it should exhibit higher BBB permeability than Ro 64-0802. hCES1 is also expressed in the brain at mRNA level (Satoh et al., 2002) and may convert oseltamivir to Ro 64-0802 in the brain, leading to an accumulation of Ro 64-0802 in the brain once oseltamivir penetrates the brain across the BBB in addition to the direct penetration of Ro 64-0802 from the systemic circulation. In addition to the physiological characteristics of the BBB, it has been accepted that active efflux across the BBB also provides a barrier function to the BBB. P-glycoprotein (P-gp), a 170-kDa membrane protein, is a well known gatekeeper protein in the BBB that plays a pivotal role in limiting the brain penetration of a range of xenobiotic compounds (Schinkel et al., 1994; Tamai and Tsuji, 2000; Kusuhara and Sugiyama, 2001). In addition to P-gp, recently it was found that breast cancer resistance protein (BCRP/ABCG2) also acts as active efflux pump in the BBB, and functional impairment of Bcrp results in a significant increase in the brain concentrations of imatinib (Breedveld et al., 2005) and phytoestrogens (Enokizono et al., 2007). These transporters may limit the exposure to the brain to oseltamivir and/or Ro 64-0802.

In the present study, the effect of GF120918 on the brain distribution of oseltamivir and Ro 64-0802 was examined in wild-type mice to suggest transporters involved in the efflux transport across the BBB. To support this in vivo inhibition study, the brain-to-plasma concentration ratios were determined in both multidrug-resistant (MDr) 1a/1b P-gp and Bcrp knockout mice.

**Materials and Methods**

**Reagents and Animals.** Oseltamivir phosphate and its active metabolite Ro 64-0802 were synthesized (Kim et al., 1997; Yamatugui et al., 2007). GF120918 (Elacridar) was a gift from GlaxoSmithKline (Ware, UK). PSC833 was supplied by Novartis Pharma AG (Basel, Switzerland). Mouse Mdr1a-expressed LLC-PK1 (mMdr1a-LLC-PK1) cells (Schinkel et al., 1995) were a gift from Dr. Alfred H. Schinkel (The Netherlands Cancer Institute, Amsterdam, The Netherlands), and human MDR1-expressed Madin-Darby canine kidney II (MDCKII) (hMDR1-MDCKII) cells (Evers et al., 2000) were provided by Dr. Piet Borst (The Netherlands Cancer Institute, Amsterdam, The Netherlands). All the other chemicals used in the experiments were of analytical grade.

Male FVB mice, Mdr1a/1b P-gp knockout mice, and Bcrp knockout mice were obtained from Tacoon Farms (Germantown, NY) and maintained in Shimizu Laboratory Supplies (Kyoto, Japan). Male Wistar rats were supplied by Charles River (Kanagawa, Japan). All the mice (10–18 weeks) and rats (3–42 days) were maintained under standard conditions with a reverse dark-light cycle. Food and water were available ad libitum. All the experiments using animals in this study were carried out according to the guidelines provided by the Institutional Animal Care Committee (Graduate School of Pharmaceutical Sciences, The University of Tokyo, Tokyo, Japan).

**In Vivo Infusion Study in Mice and Rats.** Male FVB mice, Mdr1a/1b P-gp knockout mice, and Bcrp knockout mice (10–18 weeks) were weighed approximately 25 to 35 g and male Wistar rats weighing approximately 10 g (3 days), 13 g (6 days), 26 g (11 days), 48 g (21 days), and 200 g (42 days), respectively, were used for these experiments. Under pentobarbital anesthesia (30 mg/kg), the jugular vein was cannulated with a polyethylene-10 catheter for the injection of oseltamivir and Ro 64-0802. GF120918 (10 mg/3.3 ml/kg, dissolved in a 3:2 mixture of propylene glycol/water) was injected i.v. to male FVB mice 15 min before the i.v. infusion of oseltamivir and Ro 64-0802. The mice and rats then received a constant i.v. infusion of oseltamivir and Ro 64-0802 at a dose of 8 and 5 \( \mu \)mol/h/kg, respectively. Blood samples were collected from the jugular vein at 60, 90, and 120 min in mice and 20, 40, and 60 min in rats. Plasma was prepared by centrifugation of the blood samples (10,000 \( g \)). Esterase inhibitor, dichlorovos (200 \( \mu \)g/ml), was used to prevent ex vivo hydrolysis of oseltamivir to Ro 64-0802 in the blood and plasma (Wiltshire et al., 2000; Lindegard et al., 2006). The mice and rats were sacrificed after 120 and 60 min, respectively, and the brain was excised immediately. The tissues were weighed and stored at \(-80^\circ\text{C}\) until used.

**Quantification of Mdr1a mRNA Expression in Rat Cerebral Cortex.** The mRNA levels of Mdr1a and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNAs were quantified by the real-time polymerase chain reaction (PCR) method. Total RNA was isolated from rat cerebral cortex pooled from one to four rats using ISOGEN (Wako Pure Chemicals, Osaka, Japan). Real-time PCR was performed with a QuantiTect SYBR Green PCR Kit (QIAGEN, Valencia, CA) and a LightCycler system (Roche Diagnostics, Mannheim, Germany). The following primers were designed: Mdr1a forward and reverse primers, respectively, were used for these experiments. Under pentobarbital anesthesia (30 mg/kg), the jugular vein was cannulated with a polyethylene-10 catheter for the injection of oseltamivir and Ro 64-0802. GF120918 (10 mg/3.3 ml/kg, dissolved in a 3:2 mixture of propylene glycol/water) was injected i.v. to male FVB mice 15 min before the i.v. infusion of oseltamivir and Ro 64-0802. The mice and rats then received a constant i.v. infusion of oseltamivir and Ro 64-0802 at a dose of 8 and 5 \( \mu \)mol/h/kg, respectively. Blood samples were collected from the jugular vein at 60, 90, and 120 min in mice and 20, 40, and 60 min in rats. Plasma was prepared by centrifugation of the blood samples (10,000 \( g \)). Esterase inhibitor, dichlorovos (200 \( \mu \)g/ml), was used to prevent ex vivo hydrolysis of oseltamivir to Ro 64-0802 in the blood and plasma (Wiltshire et al., 2000; Lindegard et al., 2006). The mice and rats were sacrificed after 120 and 60 min, respectively, and the brain was excised immediately. The tissues were weighed and stored at \(-80^\circ\text{C}\) until used.

**Western Blot Analysis.** Crude membranes from rat cerebral cortex were prepared as follows. After the addition of cold phosphate-buffered saline (PBS) at a ratio of 1 g of cerebral cortex/4 ml, the cerebral cortex pooled from one to four rats was homogenized using a Polytron homogenizer. The homogenate was centrifuged at 4°C for 15 min at 2000 \( g \), and the supernatant was collected and centrifuged at 4°C for 15 min at 100,000 \( g \). The resultant pellet was resuspended in PBS containing 0.1% protease inhibitor mixture (Sigma-Aldrich, St. Louis, MO) and stored at \(-80^\circ\text{C}\) until used. The protein content was measured by the Lowry method. The specimens were loaded onto an 8.5% SDS-polyacrylamide gel electrophoresis with a 3.75% stacking gel. Proteins were electroblotted onto a polyvinylidene difluoride membrane (Pall, Port Washington, NY). The membrane was blocked with Tris-buffered saline containing 0.05% Tween 20 (TBST) and 2.5% enhanced chemiluminescence (ECL) Advance Blocking Agent (GE Healthcare, Little Chalfont, Buckinghamshire, UK) for 1 h at room temperature. After washing with TBST, the membrane was incubated with monoclonal anti-P-gp C219 antibody (Signet Laboratories, Dedham, MA) (1:100 in TBST containing 2.5% ECL Advance Blocking Agent) overnight at 4°C. Detection was carried out by binding a horseradish peroxidase-labeled anti-mouse IgG antibody (GE Healthcare) (1: 5000 in TBST containing 2.5% ECL Advance Blocking Agent). Immunoreactivity was detected with an ECL Advance Western Blotting Detection Kit (GE Healthcare). The intensity of the band was quantified by Multi Gauge software version 2.0 (Fujiﬁlm, Tokyo, Japan). Stripping of membranes was performed with Restore Western Blot Stripping buffer (Pierce, Rockford, IL) for 30 min at 37°C. After washing with TBST, the membrane was blocked with TBST containing 5% skim milk for 1 h at room temperature. After washing with TBST, the membrane was incubated with monoclonal anti-actin antibody (Chemicon International, Temecula, CA) (1:1000 in TBST containing 0.1% bovine serum albumin) for 1 h at room temperature. Detection was carried out using ECL Advance Western Blotting Detection Kit.
by binding a horseradish peroxidase-labeled anti-mouse IgG antibody (GE Healthcare) (1:5000 in TBST containing 0.1% bovine serum albumin).

**Rat Liver S9 Fraction Preparation.** Male Wistar rats (11 and 42 days) were anesthetized with ether, and their livers were quickly removed and washed in cold PBS. The livers were blotted dry and weighed. After the addition of cold PBS at a ratio of 1 g of liver/2 ml, the livers were homogenized using a glass homogenizer with a Teflon (DuPont, Wilmington, DE) pestle. The homogenized liver was then centrifuged at 4°C for 30 min at 9000g.

Aliquots of the resulting supernatant were placed in several polypropylene tubes and stored at −80°C until used. The protein concentration was measured by the Lowry method.

**Ro 64-0802 Formation in Rat Plasma and Liver S9 Specimens.** A 0.5-ml incubation mixture contained 2.5 mg of protein of rat plasma or liver S9 in PBS. After temperature equilibration (37°C, 5 min), the incubation was started by adding 5 μl of oseltamivir (final 1.5 μM) and performed for various time periods up to 30 and 180 min for plasma and liver S9, respectively. After the reaction was terminated by ethanol, the concentrations of oseltamivir and Ro 64-0802 were determined with liquid chromatography/mass spectrometry (LC/MS) analysis.

Ro 64-0802 formation rates in the plasma protein or liver S9 protein were extrapolated to the in vivo value by taking the plasma protein content (50 mg of plasma protein/ml) or liver S9 protein content (96.1 mg of protein/g liver) (Izumi et al., 1997) per milliliter plasma or gram liver, respectively, into consideration. Furthermore, Ro 64-0802 formation rates per milliliter plasma or gram liver were expressed per kilogram body weight by taking the plasma content (38.5 ml of plasma/kg weight) or liver weight (40 g of liver/kg weight) per kilogram body weight into consideration.

**Cellular Accumulation Studies.** mMrda1a-LLC-PK1 cells and hMDR1-MDCKII cells were maintained as described with minor modifications. Uptake was initiated by adding the compounds to the incubating buffer in either the presence or the absence of 5 μM PSC833 after cells had been washed twice and preincubated with Krebs-Henseleit buffer at 37°C for 15 min. The Krebs-Henseleit buffer consisted of 142 mM NaCl, 23.8 mM NaHCO3, 4.83 mM KCl, 0.96 mM KH2PO4, 1.20 mM MgSO4, 12.5 mM HEPES, 5 mM glucose, and 1.53 mM CaCl2 adjusted to pH 7.4. The uptake was terminated at designated times by adding ice-cold Krebs-Henseleit buffer, and the cells were washed twice. After the cells were suspended in water, the concentration of the compounds was determined with LC/MS analysis. The protein concentration was measured using the Lowry method. Cellular uptake is given as the cell-to-medium concentration ratio determined as the amount of compound associated with cells divided by the medium concentration.

**Quantification of Oseltamivir and Ro 64-0802 in Plasma and Brain.**

**Sample preparation.** The brain was homogenized with a 4-fold volume of PBS to obtain a 20% brain homogenate. The plasma samples (10 μl) were mixed with 40 μl of ethanol, and the brain homogenates (100 μl) were mixed with 400 μl of ethanol. All these mixed solutions were centrifuged at 15,000g for 10 min. The supernatants of brain sample (550 μl) were evaporated, and the pellets were reconstituted with 50 μl of 20% ethanol. The reconstituted samples were centrifuged at 15,000g for 10 min to remove particles, and an aliquot of the supernatant was subjected to LC/MS analysis. The supernatants of plasma sample were mixed with an equal volume of water and subjected to LC/MS analysis.

**LCMS analysis.** An LCMS-2010 EV equipped with a Prominence LC system (Shimadzu, Kyoto, Japan) was used for the analysis. Samples were separated on a CAPCELL PAC C18 MGII column (3 μm, 2 × 50 mm) (Shiseido, Tokyo, Japan) in binary gradient mode with flow rate at 1 ml/min. For the mobile phase, 0.05% formic acid and acetonitrile were used. The acetonitrile concentration was initially 10% and then linearly increased up to 40% over 2 min. Finally, the column was re-equilibrated at an acetonitrile concentration of 10% for 3 min. The total run time was 5 min. Oseltamivir and Ro 64-0802 were eluted at 2.5 and 3.5 min, respectively. In the mass analysis, oseltamivir and Ro 64-0802 were detected at a mass-to-charge ratio of 313.20 and 285.15 under positive electron spray ionization conditions, respectively. The interface voltage was 3.5 kV, and the nebulizer gas (N2) flow was 1.5 l/min. The heat block and curved desolvation line temperatures were 200 and 150°C, respectively.

**Pharmacokinetic Analysis.** The apparent brain-to-plasma concentration ratio (Kp,brain) was calculated using the following equation: $K_{p,\text{brain}} = C_{\text{brain}}/C_{p}$, where $C_{\text{brain}}$ and $C_{p}$ represent brain concentration at 120 min in mice and 60 min in rats (nmol/g brain) and plasma concentration at 120 min in mice and 60 min in rats (μM), respectively.

**Statistical Analysis.** Data are presented as the mean ± S.E. for three to seven animals unless specified otherwise. Student’s two-tailed unpaired t test and one-way analysis of variance followed by Tukey’s multiple comparison test or Dunnett’s multiple comparison test were used to identify significant differences between groups when appropriate. Statistical significance was set at $P < 0.05$.

**Results**

**Effect of Pretreatment with GF120918 on the Brain Distribution of Oseltamivir and Ro 64-0802.** FVB mice were pretreated with GF120918 (10 mg/kg, i.v. administration), a dual inhibitor for P-gp and Bcrp (Allen et al., 1999), 15 min before i.v. infusion of oseltamivir. The plasma concentrations of oseltamivir and Ro 64-0802 were increased by GF120918 (Fig. 2A). Furthermore, the brain-to-plasma concentration ratio ($K_{p,\text{brain}}$) of oseltamivir was 4.8-fold increased in the GF120918-treated group compared with the control group (Fig. 2B). The Kp,brain of Ro 64-0802 was slightly increased by GF120918 (0.007 ± 0.001 versus 0.011 ± 0.002 ml/g brain) (Fig. 2B) without any statistical significance. The Kp,brain of Ro 64-0802 after dosing with Ro 64-0802 was also found to be unchanged between GF120918-treated and control groups (data not shown).

**Effect of P-gp and Bcrp on the Brain Distribution of Oseltamivir and Ro 64-0802.** The plasma concentrations and Kp,brain of oseltamivir and Ro 64-0802 were determined after dosing with oseltamivir in Mdr1a/1b P-gp knockout mice and Bcrp knockout mice. The plasma concentrations of oseltamivir were unchanged between wild-type and Mdr1a/1b P-gp knockout mice, whereas the Kp,brain of oseltamivir was 5.5-fold greater in Mdr1a/1b P-gp knockout mice than that in wild-type mice (Fig. 3). The Kp,brain of oseltamivir was unchanged in Bcrp knockout mice (Fig. 3B). The Kp,brain of Ro 64-0802 following oseltamivir administration in Mdr1a/1b P-gp knockout mice and Bcrp knockout mice was not significantly different from that in wild-type mice (Fig. 3B).

**Brain Distribution of Oseltamivir in Newborn Rats and Adult Rats.** The plasma concentrations, brain concentrations, and Kp,brain of oseltamivir were determined after dosing with oseltamivir in newborn and adult rats on postnatal day (P) 3, 6, 11, 21, and 42, respectively. The plasma and brain concentrations of oseltamivir in newborn rats were significantly higher than those in adult rats (Fig. 4). Ro 64-0802 was found to be below the limit of quantification in the brain of the newborn rats.

**mRNA and Protein Expression of Mdr1a in the Cerebral Cortex from Newborn Rats and Adult Rats.** The mRNA expression levels of Mdr1a in the cerebral cortex from P3 through P42 rats were determined using real-time quantitative PCR. The mRNA levels in the cerebral cortex from newborn rats (P3–11) were significantly lower as compared with those from adult rats (P42) (Fig. 5). The protein expression of P-gp in the crude membrane fraction of rat cerebral cortex from P3 through P42 was also examined by Western blot analysis. Two bands were observed around 175 KDa by anti-P-gp monoclonal antibody (Fig. 6). Because the lower signal is likely (but not shown) to be nonglycosylated P-gp (Maines et al., 2005), the densitometric analysis was performed for the upper signals as specific signals of matured P-gp. It was shown that the expression levels of P-gp protein in the cerebral cortex from newborn rats were significantly lower than those from adult rats (Fig. 6).

**Formation Rate of Ro 64-0802 from the Oseltamivir in the Plasma and Liver S9 from Newborn Rats and Adult Rats.** The enzymatic activities of hydrolytic reaction of oseltamivir to Ro 64-0802 were compared in newborn and adult rats using plasma and liver
S9 specimens. Oseltamivir was more stable in both plasma and liver S9 from newborn rats than in those from adult rats (Fig. 7). The formation rates of Ro 64-0802 from oseltamivir in the plasma and liver S9 specimens are shown in Table 1. The formation rates of Ro 64-0802 in the plasma and liver S9 specimens of newborn rats were 16 and 35% of the adult rats, respectively (Table 1). Taking the scaling factors into consideration, the formation rate of Ro 64-0802 in plasma expressed per kilogram body weight was approximately 10- and 20-fold higher than that in liver S9 in both newborn and adult rats (Table 1).
Cellular Accumulation of Oseltamivir in mMdr1a-LLC-PK1 Cells and hMDR1-MDCKII Cells. To determine whether oseltamivir is a possible substrate for human and mouse P-gp, cellular accumulation studies were conducted using mMdr1a-LLC-PK1 and hMDR1-MDCKII cells. Oseltamivir exhibited less accumulation in mMdr1a-LLC-PK1 and hMDR1-MDCKII cells than in each parent cell, and PSC833 increased oseltamivir accumulation in both mMdr1a-LLC-PK1 and hMDR1-MDCKII cells (Fig. 8).

Discussion

In the present study, we investigated the transport of oseltamivir and Ro 64-0802 across the BBB using Mdr1a/1b and Bcrp knockout mice and showed that P-gp extrudes oseltamivir into the circulating blood. The plasma and brain concentrations of oseltamivir were determined in wild-type mice following i.v. infusion of oseltamivir. The
distribution volume of oseltamivir in the brain was greater than the capillary volume (Takasato et al., 1984; Rousselle et al., 1998), indicating that oseltamivir crosses the BBB. Pretreatment with GF120918, a dual inhibitor for P-gp and Bcrp (Allen et al., 1999), caused a significant increase in the brain concentration of oseltamivir. This is partly a result of greater plasma concentrations of oseltamivir in GF120918-treated group, presumably because of an inhibition of esterase activity by GF120918 as oseltamivir is predominantly converted to Ro 64-0802 in mice, and the biliary and urinary excretion account for a limited part of the systemic elimination, at most 0.3 and 19%, respectively (data not shown). However, a significant increase in the \( K_{p,brain} \) of oseltamivir by GF120918 indicates that inhibition of active efflux mediated by P-gp and/or Bcrp is another underlying mechanism (Fig. 2B). Unlike oseltamivir, the distribution volume of Ro 64-0802 was close to the capillary volume, and \( K_{p,brain} \) of Ro 64-0802 following oseltamivir or Ro 64-0802 administration was slightly increased by the administration of GF120918, but the difference was not statistically significant. This would be reasonable considering the low lipophilicity of Ro 64-0802 that will exhibit low BBB permeability without the aid of uptake transporters.

To support the effect of GF120918, in vivo studies using Mdr1a/1b and Bcrp knockout mice were performed. The \( K_{p,brain} \) of oseltamivir was significantly increased in Mdr1a/1b P-gp knockout mice but not in Bcrp knockout mice (Fig. 3B). The increase in the \( K_{p,brain} \) of Mdr1a/1b P-gp knockout mice was comparable with that obtained by GF120918 (Figs. 2B and 3B). Therefore, P-gp, but not Bcrp, limits the brain penetration of oseltamivir across the BBB. In accordance with the in vivo results, cellular accumulation study elucidated that both mouse Mdr1a P-gp and human P-gp accept oseltamivir as substrate because the cellular accumulation of oseltamivir was lower in a cell line expressing mouse P-gp and human P-gp, which was increased by PSC833 treatment (Fig. 8).

The present study elucidated that the activity of P-gp is an important factor for the brain concentration of oseltamivir in mice. Because abnormal behavior following oseltamivir medication is more frequently observed in younger generations than in adults, postnatal ontogeny of P-gp is an important issue. Mdr1a mRNA and P-gp protein levels were significantly lower in newborn rats than adult rats (Figs. 5 and 6). This result is in good agreement with previous reports, in which it has been shown that adults had higher brain expression of Mdr1a mRNA (3-fold) and a corresponding 5-fold increase in immunodetectable P-gp (Matsuoka et al., 1999; Goralski et al., 2006). Consistent with this ontogenic profile, the brain accumulation of cyclosporin A was 80% lower in adult mice than in 1-day-old mice (Goralski et al., 2006). NDA documents reported that the \( K_{p,brain} \) of oseltamivir, obtained by comparison of the area under the curve of the plasma and brain concentration time profiles, was drastically greater in newborn rats than in adult rats at very high doses of oseltamivir (1000 mg/kg, p.o.). The brain concentrations of oseltamivir in newborn rats were significantly higher than those in adult rats (Fig. 4B).

This is partly because of greater plasma concentrations of oseltamivir in newborn rats than in adult rats (Fig. 4A); however, a significant increase in the \( K_{p,brain} \) of oseltamivir in newborn rats suggests that the smaller efflux clearance across the BBB is part of the underlying mechanism. This is in good agreement with the postnatal ontogenic profile of P-gp (Matsuoka et al., 1999; Goralski et al., 2006).

Newborn rats exhibited greater plasma concentrations of oseltamivir, suggesting a smaller systemic elimination rate in newborn rats. This was confirmed by comparing the conversion activities [carboxylesterase (CES) activity] in the plasma and liver S9 specimens between newborn (P11) and adult (P42) rats. Compared with adult rats, the conversion activities (CES activity) were lower in both the plasma and liver S9 specimens from newborn rats (Fig. 7; Table 1). Lower conversion activity of oseltamivir to Ro 64-0802, particularly in the plasma, will account for the delay in the systemic elimination of oseltamivir in newborn rats.

Recent clinical studies support that P-gp acts as a gatekeeper protein in human BBB (Sadat et al., 2000; Sasonko et al., 2005). P-gp will also be one of the determinant factors for the brain concentrations of oseltamivir. Single nucleotide polymorphisms (SNPs) are the genetic factor for interindividual differences in drug response. A number of SNPs have been described in the human MDR1 gene (Fromm, 2002; Kim, 2002). Of these, linkage disequilibrium has been shown between SNPs in exons 26 (C3435T), 21 (G2677T), and 12 (C1236T), and the TTT haplotype correlates with low P-gp activity in
the small intestine (Chowbay et al., 2003). As far as the BBB is concerned, there was no significant relationship between the haplotype and brain concentrations of \([11C]\)verapamil (Brunner et al., 2005; Takano et al., 2006). However, Kimchi-Sarfaty et al. (2007) recently reported that the effect of double or triple haplotypes containing C3435T on P-gp activity is “substrate dependent.” The possibility that SNPs of P-gp are associated with an interindividual difference in the BBB permeability of oseltamivir cannot be excluded. In addition to P-gp, as observed in newborn rats, the activity of hCES1 is the determinant factor for the systemic elimination. C70F and R128H of hCES1 were reported to be associated with reduced hydrolysis of oseltamivir (Shi et al., 2006). Subjects with these SNPs of hCES1 will result in a greater exposure of oseltamivir to the brain.

Ro 64-0802 is a potent and selective inhibitor of influenza virus neuraminidase (sialidase). Several sialidases are expressed in the human brain and are suggested to be involved in the mitochondrial apoptotic pathway in neuronal cell death (Yamaguchi et al., 2005; Hasegawa et al., 2007). Inhibition of sialidases in the brain may be associated with the abnormal behavior following oseltamivir medication. Based on this speculation, production of Ro 64-0802 in the human brain will be the key event that triggers the central nervous system side effects. Unlike the ester-type prodrug, Ro 64-0802 barely penetrates into the brain from the circulating blood because of its hydrophilic property. As hCES1 is also expressed in the brain (Satoh et al., 2002), it is possible that Ro 64-0802 is formed in the brain from the oseltamivir. Because of low membrane permeability, Ro 64-0802, once produced in the brain from oseltamivir, may accumulate in the brain. It is also possible that Ro 64-0802 undergoes active efflux from the brain at the BBB because Ro 64-0802 is a substrate of renal OAT1 (SLC22A6) (Hill et al., 2002), and OAT3, the homolog of OAT1, is expressed at the BBB and actively eliminates organic anions from the brain (Kikuchi et al., 2003, 2004). This should be examined in the future.

In conclusion, the present study showed that oseltamivir crosses the BBB, but the active form Ro 64-0802 barely crosses the BBB. P-gp limits the brain penetration of oseltamivir at the BBB of adult mice. Ontogenetic profile of P-gp and CES activities accounts for the greater accumulation of oseltamivir in the brain of neonates at least in rats.

Acknowledgments. We thank Dr. Glynis Nichols (GlaxoSmithKline Research and Development) for the gift of GF120918 and Novartis Pharma AG for the gift of PSC833. We also thank Dr. Piet Borst (The Netherlands Cancer Institute) for providing the human MDR1-expressed MDCKII cells, Dr. Alfred H. Schinkel for providing the mouse Mdr1a-expressed LLC-PK1 cells, and Dr. Junko Iida and Futoshi Kurotobi (Shimadzu Corporation, Kyoto, Japan) for the technical support of LC/MS system.

References


transporters in the efflux of 3-hydroxy-3-methylglutaryl-CoA reductase inhibitors across the blood-brain barrier. *J Pharmacol Exp Ther* **311**:1147–1153.


Address correspondence to: Yuichi Sugiyama, Department of Molecular Pharmacokinetics, Graduate School of Pharmaceutical Sciences, The University of Tokyo, 7-3-1 Hongo, Bunkyo-ku, Tokyo 113-0033, Japan. E-mail: sugiyama@mol.f.u-tokyo.ac.jp