In Vitro Drug Metabolism by Human Carboxylesterase 1: Focus on Angiotensin-Converting Enzyme Inhibitors

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ABSTRACT

Carboxylesterase 1 (CES1) is the major hydrolase in human liver. The enzyme is involved in the metabolism of several important therapeutic agents, drugs of abuse, and endogenous compounds. However, no studies have described the role of human CES1 in the activation of two commonly prescribed angiotensin-converting enzyme inhibitors: enalapril and ramipril. Here, we studied recombinant human CES1- and CES2-mediated hydrolytic activation of the prodrug esters enalapril and ramipril, compared with the activation of the known substrate trandolapril. Enalapril, ramipril, and trandolapril were readily hydrolyzed by CES1, but not by CES2. Ramipril and trandolapril exhibited Michaelis-Menten kinetics, while enalapril demonstrated substrate inhibition kinetics. Intrinsic clearances were 1.061, 0.360, and 0.02 ml/min/mg protein for ramipril, trandolapril, and enalapril, respectively. Additionally, we screened a panel of therapeutic drugs and drugs of abuse to assess their inhibition of the hydrolysis of p-nitrophenyl acetate by recombinant CES1 and human liver microsomes. The screening assay confirmed several known inhibitors of CES1 and identified two previously unreported inhibitors: the dihydropyridine calcium antagonist, isradipine, and the immunosuppressive agent, tacrolimus. CES1 plays a role in the metabolism of several drugs used in the treatment of common conditions, including hypertension, congestive heart failure, and diabetes mellitus; thus, there is a potential for clinically relevant drug-drug interactions. The findings in the present study may contribute to the prediction of such interactions in humans, thus opening up possibilities for safer drug treatments.

Introduction

Carboxylesterase 1 (CES1) is the predominant hydrolase in the human liver (Imai, 2006). The enzyme is involved in the metabolism of several therapeutic agents, drugs of abuse, and endogenous compounds. CES1 activates several ester-containing prodrugs, including oseltamivir, dabigatran etexilate, mycophenolate mofetil, and a number of angiotensin-converting enzyme (ACE) inhibitors, including trandolapril, imidapril, benazepril, and quinapril (Takai et al., 1997; Shi et al., 2006; Zhu et al., 2009; Fujiiyama et al., 2010; Hu et al., 2013). The enzyme also inactivates a multitude of drugs, including methylphenidate, pethidine, clopidogrel, rufinamide, and oxybutynin (Zhang et al., 1999; Sun et al., 2004; Tang et al., 2006; Williams et al., 2011; Sato et al., 2012).

Polypharmacy is common in the treatment of hypertension, diabetes mellitus, congestive heart failure, and other multifactor diseases. Several of the drugs prescribed for these diseases are substrates of CES1. Likewise, drug addicts may abuse several drugs that can be metabolized by CES1 concomitantly. These groups are particularly prone to the potential for clinically relevant drug interactions that involve CES1.

ACE-inhibitors are commonly prescribed antihypertensive agents. Of importance, clinical studies have failed to show consistent antihypertensive action with these agents in individuals that received kidney transplants (Hiremath et al., 2007; Cross et al., 2009). Because these agents are activated by CES1, a possible mechanism for this lack of effect could be the simultaneous administration of immunosuppressive drugs that inhibit CES1. A previous study demonstrated that the immunosuppressive agent, mycophenolate mofetil, was a substrate for CES1 (Fujiiyama et al., 2010). Other immunosuppressive agents have not been tested for their activity as esterase inhibitors. Although several ACE inhibitors have been shown to be substrates of CES1, no study has investigated the human enzyme responsible for the activation of two of the most commonly prescribed compounds in this family: enalapril (EPL) and ramipril (RPL). Thus, in the present study, we explored the metabolism of these compounds by CES1 and CES2, in comparison with the known CES1 substrate trandolapril (TPL). Additionally, we screened a panel of cardiovascular, antiplatelet, and anticoagulant drugs; drugs of abuse; and immunosuppressive agents for their inhibitory potential against CES1. We further examined the inhibition kinetics of some identified inhibitors.
Materials and Methods

Chemicals, Reagents, and Reference Compounds. p-Nitrophenyl acetate, morphine, and fentanyl were from Sigma-Aldrich (St. Louis, MO); p-nitrophenol was from Fluka (Buchs, Switzerland). Amphetamine, cocaine, methamphetamine, 3,4-methyleneedioxy-N-methylamphetamine, methadone, 6-monoacetyl-morphine, and heroin were from Lipomed AG (Arlesheim, Switzerland). Carvedilol was from GlaxoSmithKline (London, United Kingdom). Dabigatran, dabigatran etexilate, and trandolaprilat-d5 were from Toronto Research Chemicals (Toronto, Canada). Metoprolol, pethidine, diazepam, and nitrazepam were from Nycomed (Roskilde, Denmark). Spiroionolactone was from Ercopharm A/S (Kvistgaard, Denmark). Eplerenone, amiodipine, and sirolimus were from Pfizer (New York City, NY). Verapamil was from GE (Copenhagen, Denmark). Diltiazem was from Norphaarma (Hørsholm, Denmark). Furosemide was from Hoechst AG (Frankfurt, Germany). Bendrofluamide was from LEO Pharma (Ballerup, Denmark). Ketamine was from Parke-Davis (Ponyville, United Kingdom). Clonidine, ramipril, ramiprilat, and ibesartan were from Sanofi-Aventis (Paris, France). Zipricline was from Actavis (Zug, Switzerland). Simvastatin, bisoprolol, and enalapril were from Merck & Co. (Whitehouse Station, NJ). Tacrolimus was from Fujisawa Pharmaceutical (Osaka, Japan). Azathioprine and labelatol were from Glaxo Wellcome (London, United Kingdom). Propranolol was from Zenea (London, United Kingdom). Avatostatin was from Be & Berntsen (Herlev, Denmark). Sotalol was from Bristol-Myers Squibb (New York City, NY). Enalaprilat-d5 was from CDN isotes (Quebec, Canada). Trandolapril and trandolaprilat were from Roussel (Paris, France). Picodolol was from DuraScan (Odense, Denmark). Enalaprilat was from USP (Rockville, MD). Nimodipine was from Bayer (Frederiksberg, Denmark). Isradipine was from Sandoz (Basel, Switzerland). Lercanidipine was from Recordati (Milano, Italy). Valssartan was from Novartis (Basel, Switzerland). Pooled human liver microsomes (HLMs), recombinant human CES1 (CES1b/CES1A1), and CES2 (prepared from baculovirus-infected High-Five insect cells) were obtained from BD Gentest (Woburn, MA). Phosphate buffer (100 mM, pH 7.4) was produced from phosphate buffer. Other solvents and chemicals were commercially available and of liquid chromatography–mass spectrometry grade.

Detection of CES1 and CES2 Metabolism. The hydrolysis of TPL, RPL, and EPL by recombinant human CES1 and CES2 was investigated. Substrate (100 μM) was incubated for 20 minutes at 37°C with a final protein concentration of 100 μg/ml. Negative controls were included in which substrate was incubated in buffer without enzyme. The hydrolytic products were quantified as described in the analytical methods section below. Hydrolysis rates were corrected for spontaneous hydrolysis (i.e., nonenzymatic hydrolysis) by subtracting any product formed in the negative controls.

Kinetic Studies. Michaelis-Menten kinetic parameters were determined for TPL, RPL, and EPL by recombinant human CES1 and CES2. An initial study was performed to establish time and protein linearity of the reactions by measuring product formed at several time points (5, 10, 15, 20, and 30 minutes) using three protein concentrations (50, 100, and 150 μg/ml). Final protein and substrate concentrations, as well as incubation times, were selected such that a quantifiable amount of hydrolysis product was formed and so that the sampling was done in the linear range of the reactions. No more than 20% of substrate was hydrolyzed at the time of sampling. Substrate concentrations were 0.2–4 mM for TPL, 0.1–4 mM for RPL, and 0.5–0.4 mM for EPL. Final recombinant CES1 protein concentrations were 50 μg/ml for TPL and RPL, and 100 μg/ml for EPL. No organic solvent was present in the incubations. The drug and enzyme combinations were incubated in 96-well, teflonic polymers chain reaction plates (Eppendorf, Hamburg, Germany) in 100 μM phosphate buffer at 37°C, in a final reaction volume of 50 μl. Control incubations with no enzyme were performed for each compound. Reactions (8 minutes for RPL, 10 minutes for TPL, and 20 minutes for EPL) were terminated by transferring 20 μl to an equal volume of cold acetone (10 mM formic acid and accounting for the corresponding internal standard—500 nM trandolapril (TPLA)-d5 for TPL or RPL, and 1,000 nM enalaprilat (EPLA)-d5 for EPL. Next, 110 μl of mobile phase was added, and the samples were centrifuged at 2,000 g, 5°C, for 10 minutes. The supernatant was analyzed by liquid chromatography–tandem mass spectrometry as described in the analytical methods section below. The hydrolysis rate versus the substrate concentration was plotted and fitted with a standard Michaelis-Menten equation or a substrate inhibition equation, where a second substrate molecule was treated as an uncompetitive inhibitor (Cornish-Bowden, 2012). The two fits were compared with an extra-sum-of-squares F-test. The test compares the improvement of sum-of-squares with the more complicated model (the substrate inhibition model) versus the loss of degrees of freedom. The null-hypothesis was that the data were adequately described by the standard Michaelis-Menten equation. P values < 0.05 were considered significant. Nonlinear regression fitting and statistical analysis was performed with Prism, version 6.02 (GraphPad Software, Inc., San Diego, CA). Intrinsic clearance (CLint) was calculated by dividing Vmax by Km. 

Screening Assay. We screened the inhibitory potential of a variety of therapeutic drugs and drugs of abuse with the well-known esterase substrate, p-nitrophenyl acetate (PNPA). The incubations were performed in 96-well, pureGrade BRANDplates (BRAND, Wertheim, Germany) in 100 mM phosphate buffer at 37°C in a final volume of 200 μl. Human CES1 and HLM were used for the enzyme source. Dimethyl sulfoxide (DMSO) was used for the dilution of all compounds. The final concentration of DMSO was 2% v/v in all incubations, including the controls. An initial study was performed to analyze the effect of this concentration of DMSO on enzyme activity. The substrate and inhibitor were premixed to allow simultaneous addition of both. The final concentrations of substrate and inhibitor were 50 μM and 100 μM, respectively; the final protein concentrations were 10 μg/ml. The hydrolytic product, p-nitrophenol, was determined by measuring the absorbance at 405 nm after 3 minutes with a Sunrise microplate reader (Tecan, Grödig, Austria). The sampling time was tested to be in the linear range of the reaction. The assay was performed in triplicate. Substrate in buffer without enzyme was included as a negative control. The results were corrected for spontaneous hydrolysis by subtracting the absorbance of the negative control and comparing with a positive control containing enzyme, but no inhibitor.

Inhibition Kinetics and Pattern. The inhibition constant Ki was determined for selected inhibitors of CES1, with TPL as substrate. The analytical method for TPLA is described in the analytical methods section below. Substrate concentrations were 0.1, 0.2, 0.5, and 1 mM. Five concentrations of inhibitors were used, including zero. The final protein concentration was 50 μg/ml. Ki constants were determined by fitting the data with a competitive, noncompetitive, or mixed-mode inhibition model with Prism software.

Analytical Methods. Formations of TPLA, RPLA, and EPLA were determined with liquid chromatography–tandem mass spectrometry. Chromatographic separation was performed with an Agilent 1100 series high-performance liquid chromatography system from Agilent Technologies (Santa Clara, CA). The system consisted of a binary pump, a degasser, a column compartment with thermostat, and a 1200 series autosampler. We used a Zorbax SB-C18 column (3.5 μm, 2.1 × 50 mm) for TPLA and ramiprilat (RPLA), and a Chromsphere SS100 Pursuit3 column (3 μm, 3 × 100 mm) for EPLA (both from Agilent Technologies). Isocratic chromatographic methods were developed to separate the produgs from their respective metabolites. The mobile phase was 0.1% formic acid and isopropanol (65:35, v/v) for TPLA, 0.1% formic acid and isopropanol (72:25, v/v) for EPLA, and 10 mM ammonium formate and methanol (40:60, v/v) for RPLA. Flow rates were 0.3 ml/min for TPLA, 0.5 ml/min for EPLA, and 0.2 ml/min for RPLA. A column temperature of 50°C was used for all methods. Injection volume was 5 μl for TPLA, 3 μl for EPLA, and 10 μl for RPLA. Run times were 2 minutes for TPLA and 3 minutes for EPLA and RPLA.

A Quattromicro triple quadrupole tandem mass spectrometer (Waters Corporation, Milford, MA) was coupled to the high-performance liquid chromatography system. Data were acquired in positive electrospray ionization mode with Masslynx 4.1 software (Waters). Mass spectrometry conditions were optimized by infusing a standard solution through a T-piece and engaging the autotune function in the software. Multiple reaction monitoring was used for data collection. The mass spectrometer transitions were m/z 403.2 > 170.1, m/z 389.3 > 206.2, and m/z 349.1 > 206.2 for TPLA, RPLA, and EPLA, respectively, and m/z 408.2 > 170.1 and m/z 354.3 > 211.2 for EPLA-d5 and EPLA-d5, respectively. Cone voltage and collision energy of 30 V and 20 eV, respectively, were applied for all analytes except for EPLA-d5, where a cone voltage of 25 V was applied. Other mass spectrometry parameters were capillary voltage 1 kV, source temperature 120°C, desolvation temperature 50°C, and capillary voltage 1 kV.
350°C, cone gas flow 30 L/h, and desolvation gas flow 800 L/h. Argon was used as the collision gas.

The measuring range was 1–400 μM for all analytes. The methods were validated for precision and accuracy by analyzing blank samples spiked at four concentration levels; quadruplicate determinations were performed on three different days. The precision (CV%) was <7%, and the accuracy was 91% to 111% for all methods.

**Results**

**Hydrolytic Activities of CES1 and CES2 for TPL, RPL, and EPL.** The hydrolytic activities of recombinant human CES1 and CES2 were measured for TPL, RPL, and EPL. CES2 showed no hydrolytic activity above the spontaneous hydrolysis toward any of the three ACE inhibitors. In contrast, all three compounds were readily hydrolyzed by CES1 (Fig. 1). The hydrolytic activity of CES1 was roughly 10 times higher for RPL and TPL than for EPL.

**Kinetics of CES1-Mediated Hydrolysis of EPL, TPL, and RPL.** We investigated the kinetics of recombinant CES1-mediated hydrolysis of EPL, TPL, and RPL. All three reactions were linear up to at least 30 minutes at the protein concentrations used in the final assay. Hydrolysis rates were plotted versus substrate concentrations (Fig. 2). EPL displayed obvious substrate inhibition kinetics, illustrated by a lack of linearity at low v/[S] on the Eadie-Hofstee plot (inset in Fig. 2C). For this compound, an extra-sum-of-squares F-test was used to compare fitting to the standard Michaelis-Menten equation and the substrate inhibition equation. The F-test revealed the inclusion of an extra parameter (K_{in}, the inhibition constant for a second substrate molecule) to be justified (P value < 0.0001). For EPL, the standard Michaelis-Menten equation was therefore rejected, and the substrate inhibition equation applied. The kinetic parameters are summarized in Table 1. Intrinsic clearance (CL_{int}) was approximately 3-fold higher for RPL than for TPL and roughly 18-fold higher for TPL than for EPL.

**Inhibitory Effects of Therapeutic Drugs and Drugs of Abuse on the Hydrolase Activity of Recombinant Human CES1 and HLM.** We investigated a panel of therapeutic drugs and drugs of abuse by measuring their inhibition of human CES1 and HLM hydrolysis of

![Fig. 1. Enzymatic activity of CES1 and CES2 on the hydrolysis of three ACE inhibitors. Substrates EPL, TPL, and RPL (100 μM) were incubated with recombinant human CES1 and CES2 at 37°C for 20 minutes. PNPA (100 μM) was included as a positive control. The corresponding hydrolytic products were determined and normalized by time and protein contents. Values represent mean ± S.E.M. (n = 4).](image1)

![Fig. 2. Determination of kinetic constants of the hydrolysis of three ACE inhibitors by CES1. The hydrolysis of TPL (A), RPL (B), and EPL (C) were determined at substrate concentrations of 50–4,000 μM. K_{m} and V_{max} constants were estimated by nonlinear regression using Prism. Eadie-Hofstee plots are provided in the insets. Data represent mean ± S.E.M. (n = 4).](image2)
PNPA. The concentration of DMSO at 2% v/v was found to have only a minor impact on PNPA hydrolysis in both recombinant CES1 (92 ± 0.2% residual activity compared with a control without DMSO; mean ± S.E.M., n = 3) and HLM (98 ± 1.6%, mean ± S.E.M., n = 3).

The results for 26 therapeutic drugs and dabadigran (the active metabolite of the prodrug dabadigran etexilate) are shown in Fig. 3. In general, the tested drugs showed comparable inhibition patterns for the recombinant enzyme and HLM, although some compounds showed less inhibition of HLM than of CES1.

No inhibition was detected for dabadigran etexilate and its active metabolite. The two tested statin drugs, simvastatin and atorvastatin, both inhibited the enzyme with 0.2% and 44.1% residual activity, respectively, of the recombinant enzyme. The known substrate and inhibitor of CES1, clopidogrel, showed potent inhibition of recombinant CES1, with only 12.0% residual activity. The β-blocking agent, carvedioliol, suppressed all but 13.9% of recombinant CES1 activity; the other β-blocking agents tested showed no major inhibition of CES1. The two nondihydropyridine calcium channel blockers, diltiazem and verapamil, demonstrated potent inhibition of recombinant CES1, with 20.6% and 30.0% residual activity, respectively. All four dihydropyridine calcium channel blockers tested inhibited the enzyme with variable potency. Of these, isradipine and amlodipine showed the most potent inhibition of recombinant CES1 with 17.6% and 40.6% residual activity, respectively. Of the three tested compounds, RPL was most efficiently hydrolyzed by CES1, while no major inhibition was observed for sirolimus or azathioprine.

The results for 10 common drugs of abuse, 6-monoacetylmorphine, two benzodiazepine drugs, and zopiclone are shown in Fig. 4. Of these compounds, only cocaine showed potent inhibition, with 8.8% and 67.8% residual activity in the recombinant enzyme and HLM, respectively.

**Kinetics of Inhibition by Diltiazem and Verapamil on CES1 Hydrolyase Activity.** Both diltiazem and verapamil inhibited the recombinant human CES1 hydrolysis of TPL (Fig. 5). The kinetics of the inhibition was determined in two independent experiments and the results summarized in Table 2.

**Discussion**

In this study, we identified two novel substrates of human CES1, EPL, and RPL. These drugs are among the most commonly prescribed drugs in the ACE-inhibitor family. Thus, they are included in the group of drugs metabolized by CES1 that are typically prescribed for cardiovascular diseases, such as congestive heart failure and hypertension, but also for diabetes mellitus. The kinetics of CES1 hydrolysis of RPL and TPL were fitted with the standard Michaelis-Menten equation, while EPL displayed obvious substrate inhibition kinetics, and a modified equation that took into account the uncompetitive inhibition by a second substrate molecule was therefore employed for this compound. The kinetics of TPL also hinted at a substrate inhibition character. Higher substrate concentrations would likely reveal a more pronounced substrate inhibition character for this compound, which, unfortunately, was not possible due to limitations in solubility. Of the three tested compounds, RPL was most efficiently hydrolyzed by CES1, with a CLint of 1.061 ml/min/mg protein. The catalytic efficiency of CES1 for EPL was much lower (18-fold and 53-fold lower, respectively) than for TPL and RPL. Both RPL and TPL are more lipophilic compounds than EPL, due to the additional cyclopentane and cyclohexene rings, respectively, fused to the pyridoline ring. The increased lipophilic character of RPL and TPL relative to EPL is likely to improve hydrophobic interactions with CES1, which would lead to increased CES1 catalytic efficiency. The fact that no CES2-mediated hydrolysis was detected for any of the three compounds suggested that the primary site for activation of these prodrugs is in the liver, rather than the intestinal wall, where CES2 is most highly expressed (Schver et al., 1997). This finding was consistent with those of Pang et al., who found no significant EPLA in portal venous plasma after delivery of EPL into the superior mesenteric artery with an in situ perfused rat intestine-liver preparation (Pang et al., 1985).

Several known inhibitors were confirmed in the screening assay. These included clopidogrel, diltiazem, and verapamil. Clopidogrel is a prodrug that is oxidized to a 2-oxo intermediate, followed by conversion to the pharmacologically active thiol metabolite. Clopidogrel is a known substrate for CES1; in fact, CES1 is the primary esterase that inactivates clopidogrel and its 2-oxo- and thiol-metabolites (Bouman et al., 2011). This is consistent with our finding that clopidogrel was also a potent inhibitor of CES1. Diltiazem and verapamil were recently identified as inhibitors of human CES1 and CES2 (Yanjiao et al., 2013). In addition, both drugs are known inhibitors of CYP3A4 (Sutton et al., 1997; Wang et al., 2004). Thus, the inhibition of CES1 and CES2 provides an additional mechanism for drug-drug interactions caused by diltiazem and verapamil, and it widens the range of potentially affected drugs. Carvedioliol was previously determined as an inhibitor of imidapril hydrolyase activity in human liver microsomes and cytosol (Takahashi et al., 2009). The present study provides evidence that the effect of imidapril hydrolysis in these preparations is most likely caused by inhibition of CES1. Carvedioliol was the only β-blocking agent out of the seven tested that demonstrated inhibition of CES1. Thus, inhibition of CES1 did not appear to be a class effect for this family of drugs. Cocaine was previously shown to inhibit heroin and 4-methylumbelliferyl acetate hydrolysis in enzyme purified from human liver (Kamendulis et al., 1996; Brzezinski et al., 1997). Studies have shown conflicting data on whether the drug was a substrate for CES1. Early studies, using CES1 enzyme purified from human liver, determined that cocaine was a substrate (Dean et al., 1991; Brzezinski et al., 1994), but a later study, using recombinant CES1 enzyme, failed to detect any CES1-mediated hydrolysis of cocaine (Hatfield et al., 2010). The present study showed cocaine to be a potent inhibitor of recombinant CES1 (8.8% residual activity); however, there was only a minor inhibition of
HLM (67.8% residual activity). This discrepancy could be a result of cocaine being metabolized by other esterases present in HLM.

The four tested dihydropyridine calcium channel blockers all inhibited CES1 to varying degrees, with isradipine and amlodipine having the greatest inhibition potential. Isradipine is previously unreported as an inhibitor of human CES1. Yanjiao and coworkers identified nitrendipine and felodipine as strong, and amlodipine as a weaker inhibitor of CES1 (Yanjiao et al., 2013). Thus, it appears that most calcium channel blockers of the dihydropyridine class inhibit CES1 to varying degrees. Dihydropyridine calcium antagonists possess two ester groups at positions 3 and 5 of the 1,4-dihydropyridine ring. Most of these drugs are transformed in vivo, where the dihydropyridine ring is oxidized to pyridine, and one or both of the ester groups may be cleaved (Weidolf et al., 1984; Stopher et al., 1988; Böcker et al., 1990).

Fig. 3. Inhibition of CES1 by therapeutic drugs. Inhibitory effects of 26 cardiovascular, antiplatelet, anticoagulant, and immunosuppressant drugs and dabigatran on the hydrolysis of 50 μM PNPA in recombinant human CES1 or HLM. Concentrations of tested compounds were 100 μM. Values represent mean ± S.E.M. (n = 3). Control activity was 382 nmol/min/mg protein for CES1 and 838 nmol/min/mg protein for HLM.

Fig. 4. Inhibition of CES1 by common drugs of abuse and related compounds. Inhibitory effects of common drugs of abuse, including two benzodiazepines, zopiclone, pethidine, fentanyl, and 6-monoacetylmorphine (6MAM) on the hydrolysis of 50 μM PNPA in recombinant human CES1 or HLM. Concentrations of tested compounds were 100 μM. Values represent mean ± S.E.M. (n = 3). Control activity was 382 nmol/min/mg protein for CES1 and 838 nmol/min/mg protein for HLM. MDMA, 3,4-methylenedioxy-N-methylamphetamine.
The oxidation seems to be mostly catalyzed by the 3A4 isoform of the cytochrome P450 enzymes (Katoh et al., 2000). It was also demonstrated that CYP3A4 was capable of oxidative cleavage of the ester bond in nifedipine (Funaki et al., 1989). To our knowledge, no study has investigated a potential role of esterases in hydrolytic cleavage of the ester bond in nifedipine (Funaki et al., 1989). To our knowledge, no study has investigated a potential role of esterases in hydrolytic cleavage of dihydropyridine calcium antag-

### TABLE 2

<table>
<thead>
<tr>
<th>Inhibitor</th>
<th>$K_i$ (mM)</th>
<th>Inhibition type</th>
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<tr>
<td>Diltiazem</td>
<td>$9.0 \pm 0.5$</td>
<td>Competitive</td>
</tr>
<tr>
<td>Verapamil</td>
<td>$16.0 \pm 1.1$</td>
<td>Noncompetitive</td>
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*Mean ± S.E.M. for two independent determinations.*

Simvastatin was confirmed as a potent inhibitor of CES1. Additionally, atorvastatin moderately inhibited the enzyme. In the study by Fukami et al., several statin drugs were tested as inhibitors of CES1 (Fukami et al., 2010). Their study found the lactone-containing statins, simvastatin and lovastatin, to be more potent inhibitors of CES1 than the statins existing as hydroxy acids. The results in the present study confirm this observation, with simvastatin being a more potent inhibitor than atorvastatin; the latter compound not containing a lactone.

For some compounds there were discrepancies between the degree of inhibition in recombinant CES1 and HLM, with some compounds having a greater inhibition potential of the recombinant enzyme. Cocaine, clopidogrel, diltiazem, and isradipine were among the compounds that inhibited recombinant CES1 more potently than HLM. There are several possible explanations for this finding, including the potential for clinically relevant drug interactions should not be ignored.

One of the immunosuppressive agents, tacrolimus, moderately inhibited CES1. Thus, this inhibition could play a role in the lack of effect of ACE inhibitors seen in renal-transplant recipients who are receiving concomitant immunosuppressive therapy with this agent.

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One of the immunosuppressive agents, tacrolimus, moderately inhibited CES1. Thus, this inhibition could play a role in the lack of effect of ACE inhibitors seen in renal-transplant recipients who are receiving concomitant immunosuppressive therapy with this agent.

However, this finding needs to be further examined in clinical studies.

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Most of the identified inhibitors of CES1 are compounds containing an ester or amide bond, and are thus possible substrates of the enzyme. However, two of the identified inhibitors, carvedilol and verapamil, do not contain any such bonds. There are no particularly reactive groups, such as aldehydes, alkenes, or phenols, in the structure of these compounds, so an irreversible inhibition mode is unlikely. Also, verapamil was found to inhibit the TPL hydrolyase activity of recombinant CES1 in a noncompetitive manner (Table 2). This means that the compound binds equally well to the free enzyme and the enzyme-substrate complex (Cornish-Bowden, 2012). It is thus likely that verapamil binds to an allosteric site on the enzyme. However, discerning the binding mechanism for these compounds is difficult without crystal structures of CES1 cocrystallized with these compounds, but molecular docking studies may help elucidate the binding region.

Fukami and coworkers identified simvastatin as an inhibitor of recombinant human CES1 hydrolysis of imidapril; they determined a $K_i$ of 0.11 $\mu$M (Fukami et al., 2010). The present study confirmed the strong inhibition of CES1 by simvastatin. We also found that diltiazem and verapamil ($K_i 9.0 \pm 0.5$ $\mu$M and $16.0 \pm 1.1$ $\mu$M, respectively) were weaker than simvastatin at inhibiting CES1 hydrolysis of TPL. Little or no clinical interactions have been demonstrated between EPL/RPL and simvastatin (Shionoiri, 1993; Meyer et al., 1994); therefore, these drugs might also possess a low potential for affecting the pharmacokinetics of ACE inhibitors. However, with the lengthening list of CES1 substrates and inhibitors, the possibility of clinically significant interactions has increased for scenarios in which several of these drugs are administered concomitantly. Additionally, genetic variations that cause reduced expression and/or activity of CES1 may further increase this possibility. Polymorphisms in the gene or promoter region for CES1 have been shown to cause significant changes in the pharmacokinetics of and/or the clinical response to methylphenidate, oseltamivir, clopidogrel, and imidapril (Geshi et al., 2005; Zhu et al., 2008; Tarkiainen et al., 2012; Lewis et al., 2013). Individuals with CES1 polymorphisms that produce a poor CES1 phenotype in relation to metabolism of substrates, may be at increased risk of experiencing drug interactions that involve CES1 substrates and inhibitors. Considering the wide usage of many of these drugs, the potential for clinically relevant drug interactions should not be ignored.
In conclusion, our results showed that the widely prescribed ACE inhibitors, EPL, and RPL, were substrates of human CES1 but not of CES2. Additionally, we confirmed several known inhibitors of CES1 and discovered isradipine and tacrolimus to be new inhibitors of CES1. This knowledge may assist in the prediction of drug-drug interactions and thus improve the safety of future drug therapies.

Appendix

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