

# Determination of a Degradation Constant for CYP3A4 by Direct Suppression of mRNA in a Novel Human Hepatocyte Model, HepatoPac

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Received May 5, 2015; accepted June 15, 2015

## ABSTRACT

Accurate determination of rates of de novo synthesis and degradation of cytochrome P450s (P450s) has been challenging. There is a high degree of variability in the multiple published values of turnover for specific P450s that is likely exacerbated by differences in methodologies. For CYP3A4, reported half-life values range from 10 to 140 hours. An accurate value for  $k_{deg}$  has been identified as a major limitation for prediction of drug interactions involving mechanism-based inhibition and/or induction. Estimation of P450 half-life from in vitro test systems, such as human hepatocytes, is complicated by differential decreased enzyme function over culture time, attenuation of the impact of enzyme loss through inclusion of glucocorticoids in media, and viability limitations over long-term culture times. HepatoPac overcomes some of these challenges by

providing extended stability of enzymes (2.5 weeks in our hands). As such it is a unique tool for studying rates of enzyme degradation achieved through modulation of enzyme levels. CYP3A4 mRNA levels were rapidly depleted by >90% using either small interfering RNA or addition of interleukin-6, which allowed an estimation of the degradation rate constant for CYP3A protein over an incubation time of 96 hours. The degradation rate constant of  $0.0240 \pm 0.005$  hour<sup>-1</sup> was reproducible in hepatocytes from five different human donors. These donors also reflected the overall population with respect to CYP3A5 genotype. This methodology can be applied to additional enzymes and may provide a more accurate in vitro derived  $k_{deg}$  value for predicting clinical drug-drug interaction outcomes.

## Introduction

Cytochrome P450s (P450s) are important enzymes for metabolizing drugs and xenobiotics (Guengerich, 2003). Alteration of their activities through inhibition, inactivation, and/or induction can lead to drug-drug interactions (DDI) (Obach et al., 2007; Chu et al., 2009; Grimm et al., 2009). DDI can result in increasing variability of drug exposure in the patient population, the need for dose adjustment to ensure safe and efficacious therapeutic doses (Ogu and Maxa, 2000), and/or can lead to severe adverse events, such as torsades de pointes, as observed with terfenadine (Honig et al., 1993). A central component in providing more predictive models of DDI involving enzyme inactivators and/or inducers (Mayhew et al., 2000; Yamashita et al., 2013) is the degradation rate of P450s. In parallel, regulators are open to applying predictive models of DDI as a viable alternative to conducting clinical studies (Zhao et al., 2011).

The reported turnover half-lives for CYP3A are highly variable (Yang et al., 2008) ranging from 10 to 140 hours. Both the European Medicines Agency and US Food and Drug Administration regulatory guidance documents recognize that  $k_{deg}$  values have not been unambiguously determined and recommend that a sensitivity analysis be performed to investigate potential DDI based on in vitro time-dependent inactivation (Food and Drug Administration, 2012). The European Medicines Agency further recommends the use of an in vivo

derived  $k_{deg}$  value if possible (European Medicines Agency, 2012). Generating an accurate in vivo  $k_{deg}$  value has proven difficult in humans (Yang et al., 2008), thus requiring the use of indirect measurements of  $k_{deg}$  as a surrogate. These have been measured by following de-induction profiles after rifampicin (Fromm et al., 1996; Yang et al., 2008) or carbamazepine administration (Lai et al., 1978), as well as autoinduction of ritonavir (Hsu et al., 1997) and carbamazepine (Magnusson et al., 2008). Both approaches require the inducer to have a much shorter half-life than the target enzyme. The probe substrate should also have a short half-life and be relatively specific for the enzyme being measured, as multiple enzymes can be induced by the same nuclear receptor pathway. Attempts have also been made to derive a  $k_{deg}$  value from enzyme recovery after inactivation (Yang et al., 2008).

Experimental approaches to determine  $k_{deg}$  values have included in vitro systems such as human hepatocytes or liver slices. Studies monitoring the apoprotein and activities of several P450s in human liver slices provided initial evidence that there can be differential loss of P450 (Renwick et al., 2000). Caveats in this approach include the assumption that de novo enzyme synthesis is not occurring during the assessment of degradation and that loss of cell viability or de-differentiation are not contributing to loss of protein. A number of studies have consistently shown a pronounced loss of hepatic phenotype and enzyme activity for drug-metabolizing enzymes (DME) in hepatocytes with time in culture (Hamilton et al., 2001; LeCluyse, 2001; Pichard-Garcia et al., 2002; Rodriguez-Antona et al.,

dx.doi.org/10.1124/dmd.115.065326.

**ABBREVIATIONS:** DDI, drug-drug interaction; DME, drug-metabolizing enzyme; hHCM, human HepatoPac culture medium; hHPM, human HepatoPac probing medium; IL6, interleukin-6; P450s, cytochrome P450s; RT-PCR, reverse transcription-polymerase chain reaction; siRNA, small interfering RNA.

TABLE 1  
Demographics for hepatocyte donors used in the HepatoPac model

Demographics	Donor 1	Donor 2 <sup>a</sup>	Donor 3 <sup>b</sup>	Donor 4 <sup>c</sup>	Donor 5 <sup>d</sup>
Gender	Female	Male	Female	Female	Male
Age	19	56	54	61	31
Race/Ethnicity	Caucasian	African American	Caucasian	Not provided	Caucasian
Cause of death	Intracerebral bleed secondary to Intracranial hemorrhage/stroke	Cerebrovascular accident	Anoxia secondary to cerebrovascular accident	Not provided	Anoxia, secondary to heroin overdose
Medical history	Lupus	Diabetes, hypertension, kidney disease, insulin	Diabetes and hypertension, 3 years, med compliant	Not provided	Asthma: allergy-induced
Social history	No alcohol, tobacco, or drug use	No alcohol, tobacco, or drug use	Nonsmoker, social drinker	Not provided	Ethanol, tobacco, marijuana, oxycontin, heroin

<sup>a</sup>This donor was determined through genotyping analysis to be CYP3A5 \*1\*3.

<sup>b</sup>This donor was determined through genotyping analysis to be CYP3A5 \*3\*3.

<sup>c</sup>This donor was designated as RTM by the manufacturer.

<sup>d</sup>This donor was designated as donor 1307 by the manufacturer and was determined through genotyping analysis to be CYP3A5 \*3\*3.

2002). Despite modifications to culturing techniques that have improved viability and stability of hepatocytes, such as addition of extracellular matrix over hepatocytes (sandwich) or use of low levels of dexamethasone, there is still a narrow window of use, with significant and differential loss of DME activity (Hewitt et al., 2007). Human HepatoPac (Khetani and Bhatia, 2008) retains elevated and stable P450 enzyme activity for an extended period of time. This hepatocyte model has been useful for accurate metabolite profiling (Wang et al., 2010) and for predictions with low clearance drugs (Chan et al., 2013). Additionally, HepatoPac has been successfully applied to provide mechanistic insights into the metabolism and disposition of faldaprevir (Li et al., 2014; Ramsden et al., 2014a, 2014c).

The ability to maintain P450 enzyme activity over an extended culture period offers the capability to modulate P450 levels by small-interfering RNA (siRNA) suppression or induction (Ramsden et al., 2014b). Cytokines, including interleukin-6 (IL6), can downregulate some P450 isoforms, including CYP3A (Morgan, 1997, 2008). In this study, both siRNA and IL6 treatments were used to lower CYP3A levels. siRNA and IL6 treatments act by suppressing levels of mRNA, albeit through different mechanisms (Fire et al., 1998; Hammond et al., 2000; Morgan, 2001, 2008; Yu, 2007). During the decline and recovery phases, accurate  $k_{deg}$  values for CYP3A (mRNA and enzyme) were obtained. Since the rate of protein synthesis is dependent on the rate constants of both mRNA and protein (Hargrove and Schmidt, 1989), simultaneously fitting the recovery data allowed for estimation of the synthesis rate for mRNA. This approach should be applicable to directly measure  $k_{deg}$  values of other drug-metabolizing enzymes for inactivation and induction and also for induction of transporters, for use in DDI predictions.

### Materials and Methods

Human HepatoPac cultures and proprietary maintenance and probing media were purchased from Hepregen (Medford, MA) and cultures were prepared

from cryoplateable human hepatocytes purchased from Invitrogen/Life Technologies (Grand Island, NY) or CellzDirect (Research Triangle Park, NC). Human interleukin-6 (IL6) and 1'-hydroxymidazolam were purchased from Sigma-Aldrich (St. Louis, MO). Midazolam was purchased from Cerilliant (Round Rock, TX). Testosterone and 6 $\beta$ -hydroxytestosterone were purchased from Steraloids (Newport, RI). Isotopically labeled internal standards <sup>13</sup>C<sub>3</sub> 1'-hydroxymidazolam and 6 $\beta$ -hydroxytestosterone-d7 were purchased from BD Biosciences (San Jose, CA). MagMAX total RNA recovery bead kits, RT-PCR, and TaqMan low density arrays were purchased from Invitrogen/Life Technologies (Grand Island, NY). Dharmacon SMARTpool Accell RNAi, nontargeting pools, GAPDH pools, and delivery media were purchased from (Thermo Scientific, Lafayette, CO).

**Cell Culture.** Plateable cryopreserved primary human hepatocytes were purchased from commercial vendors permitted to sell products derived from human organs procured in the United States by federally designated Organ Procurement Organizations. Donor information can be found in Table 1. HepatoPac plates were prepared by the manufacturer as previously described (Khetani and Bhatia, 2008) prior to shipment to Boehringer Ingelheim Pharmaceuticals (BIPI, Ridgefield, CT). Cryopreserved human hepatocytes were seeded with 32,000 (in a 24-well plate) or 5000 (in a 96-well plate) hepatocytes per well and cultured for 9 days postseeding before experiments were initiated. The maintenance medium was supplied by Hepregen and contains 10% bovine serum [human HepatoPac culture medium (hHCM)]. For incubations, proprietary serum-free probing medium supplied by Hepregen was used [human HepatoPac probing medium (hHPM)]. The plates were cultured in an incubator with 10% CO<sub>2</sub> and 99% relative humidity at 37°C. Culture medium was replaced every 2 days (400  $\mu$ l per 24-well or 64  $\mu$ l per 96-well) prior to incubation with siRNA, IL6, and probe substrates. HepatoPac cultures were maintained in hHCM with 10% serum for 9 days postseeding prior to siRNA or IL6 treatment.

**Small-Interfering RNA Treatment.** At day 9 postseeding siRNA treatment was initiated. Dharmacon SMARTpool Accell RNAi was used at a concentration of 1  $\mu$ M as outlined in the product kit insert (Table 2), and as previously described (Ramsden et al., 2014b). At 30 minutes and 24, 48, and 72 hours after siRNA treatment, cells were washed and enzyme activity was assessed under linear time point conditions.

**IL6 Treatment.** At day 9 postseeding IL6 treatments were initiated. IL6 was prepared to the desired incubation concentration in hHCM containing 10%

TABLE 2  
Details of the SMARTpool Accell CYP3A4 siRNA

	Catalog No.	Amount	Sequence Details	Mol Wt
		<i>nmol</i>		<i>g/mol</i>
Nontargeting	D-001910-01-20	20	NA	NA
CYP3A4	E-008169-00-0010	10	CCGUUGUUCUAAAAGGUUGA UCCCAAUUCUUGAAGUAUU GGAGUAUUCUAUAAGUUUU GUUUUGAUUUAUGUUUUC	13517.5 13528.2 13517.1 13506.8

bovine serum. Solutions containing IL6 were refreshed daily (400  $\mu$ l per 24-well or 64  $\mu$ l per 96-well). Enzyme activity was determined by removing hHCM containing IL6 and washing the cells once with hHPM as described. An ELISA Kit (Sigma-Aldrich) was used to measure IL6 levels, and the concentrations of IL6 were maintained over the length of the dosing period (data not shown).

**Enzyme Activity Assessment.** P450 activity was measured as metabolite production, by in situ incubation of probe substrates with hepatocyte cultures at 37°C with 10% CO<sub>2</sub>. Probe substrate solution (midazolam or testosterone for CYP3A4) was prepared at 200-fold the desired final concentration in methanol and added to serum-free medium. Total concentration of solvent did not exceed 1%. Wells containing the hepatocyte cultures were washed with serum-free medium (64  $\mu$ l for a 96-well plate or 400  $\mu$ l for a 24-well plate) prior to substrate incubation. After washing, medium was aspirated and reactions were initiated by adding the same volume of medium containing probe substrate. Testosterone was incubated at  $V_{max}$  concentration (200  $\mu$ M). Midazolam was incubated at a 15  $\mu$ M concentration, since midazolam can exhibit substrate inhibition kinetics at higher concentrations in vitro (Giragossian et al., 2009). Initial studies were performed using 24-well plates and the methods were transferred to 96-well plates. There was no difference between enzyme activities determined between plating formats (data not shown). During the recovery leg siRNA treatments (from donor 4) were removed and replaced with proprietary hHCM containing 10% serum. Substrate incubations were performed daily or every other day until recovery was observed. Utilizing a 24-well plate format, multiple time points were evaluated by removing a 50- $\mu$ l aliquot at designated time points between 2.5 and 30 minutes and quenching the aliquot with 100  $\mu$ l of reaction termination solutions (described below). When 96-well plates were used, each well represented an individual time point and reactions were terminated at linear time points, two or three per substrate, by adding 128  $\mu$ l of quench solution directly into the well. Reaction termination solutions (60% acetonitrile and 0.1% acetic acid in water) contained isotopically labeled internal standards (0.1  $\mu$ M).

**Enzyme Expression.** Cells were exposed to IL6 at 1000 and 10,000 pg/ml (both concentrations were shown to maximally knock down CYP3A4 protein in all donors) for 0, 2, 4, 6, 12, and 24 hours. After the incubation, cell lysates were treated with RNeasy lysis solution (Qiagen/Life Technologies) and stored at -20°C until isolation of RNA. Total RNA was isolated from cell lysates using the MagMAX bead-based system (Life Technologies). The relative mRNA levels for specific gene targets were determined by TaqMan real-time reverse transcription–polymerase chain reaction (RT-PCR) methods, under a two-step assay. The first step was preparation of cDNA by reverse transcription of 200 ng total RNA. The RNA concentration of each sample was measured in triplicate using a NanoDrop 2000 spectrophotometer (Thermo Scientific, Wilmington, DE). Comparative (quantitative) PCR assay was conducted using a 7900 Real Time PCR System (Applied Biosystems/Life Technologies) and a custom designed TaqMan low density array (Ramsden et al., 2014b). Relative mRNA levels were determined from three different donors by combining triplicate samples and analyzing in duplicate (intra-assay variability).

**Liquid Chromatography–Mass Spectrometry Conditions.** Samples were analyzed for metabolite production on a 4000 QTRAP (AB Sciex, Thornhill, Ontario, Canada) attached to either a CTC PAL autosampler (Leap Technologies, Carrboro, NC) with Shimadzu or PerkinElmer pumps or a Waters Acquity UPLC System (Milford, MA). The aqueous mobile phase (A) and organic mobile phase (B) consisted of 95:5 (v/v) water/acetonitrile and 95:5 (v/v) acetonitrile/water, respectively. Both mobile phases contained 0.1% acetic acid. Samples were eluted through an Acquity UPLC BEH C18 1.7- $\mu$ m column, using validated probe substrate analysis methods. The multiple reaction monitoring transitions used were 305.0→269.0 (6 $\beta$ -hydroxytestosterone), 312.0→276.0 (6 $\beta$ -hydroxytestosterone-d7), 342.0→324.0 (1'-hydroxymidazolam), 347.0→329.0 (1'-hydroxymidazolam-<sup>13</sup>C<sub>3</sub>), in positive ion mode.

**Data Analysis and Half-Life Calculations.** The mass spectrometry peak areas of metabolites and the internal standards were obtained. The standard curves for metabolite formation were produced by weighted (1/ $x^2$ ) linear regression of peak analyte-to-internal standard area ratio versus the nominal concentrations of analyte standards.

To assess the stability of CYP3A over culture time, rates of formation of 1'-hydroxymidazolam and 6 $\beta$ -hydroxytestosterone were determined at various time points. Rates of formation were scaled to  $1 \times 10^6$  cells using eq. 1.

$$\text{In vitro formation rate} = \frac{\text{total pmol formed in vitro}}{\text{min}} \times \frac{1 \times 10^6 \text{ hepatocytes}}{\# \text{ of hepatocytes per well (5,000 or 35,000)}} \quad (1)$$

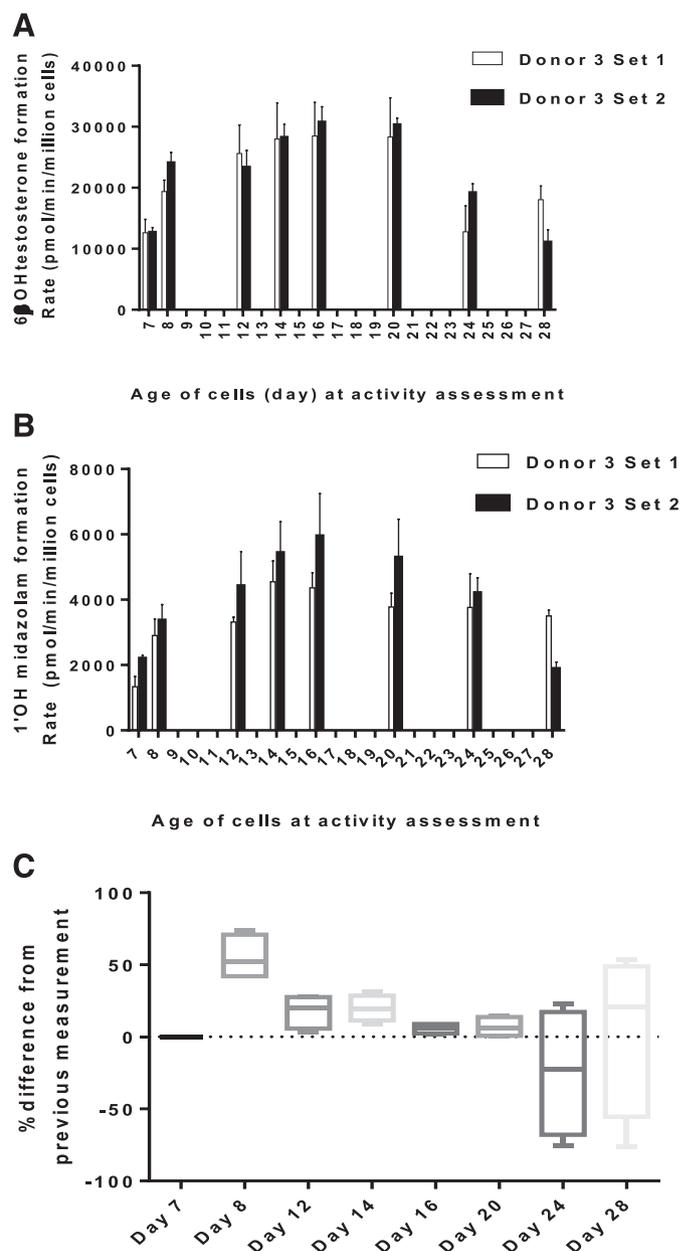


Figure 1

**Fig. 1.** Stability of CYP3A enzyme activity over time in donor 3. Each experiment included  $n = 4$  data points for each time point. Measurements of (A) 6 $\beta$ -hydroxytestosterone and (B) 1'-hydroxymidazolam were used as markers of CYP3A activity under linear time conditions. (C) Percentage difference between rates of formation on different days. One-way analysis-of-variance testing determined no significant difference between repeat data points. Visibly the activity decreased at some points on day 24 and day 28.

Two equations were used in GraphPad Prism 6 (GraphPad Software, San Diego, CA) to derive the degradation rate of CYP3A from the time-course depletion experiment. In the first approach, linear regression was used and the percent of metabolite after IL6 or siRNA treatment relative to the control (untreated) was transformed by taking the natural logarithm ( $Ln$ ). Data were graphed by plotting the  $Ln$  percent of control remaining on the y-axis and incubation time ( $h$ ) on the x-axis. Half-life ( $t_{1/2}$ ) values for CYP3A protein, representative of  $k_{deg}$ , were derived from the slope ( $k$ ) of linear regression using eq. 2.

$$t_{1/2} = -\frac{Ln(2)}{k} \quad (2)$$

The second approach was to fit the data to a nonlinear equation using a one-phase exponential decay model (eq. 3). Half-life ( $t_{1/2}$ ) values for CYP3A protein, representative of  $k_{deg}$ , were derived from the slope ( $k$ ) of nonlinear regression using eq. 2.

$$Y = (Y_0 - Plateau) \times e^{-k \cdot x} + Plateau \quad (3)$$

To estimate the degradation constant of CYP3A from the recovery data, the kinetic data were first analyzed with eq. 4, where  $V_{syn}$  refers to the zero-order enzyme synthesis rate, and  $E$  is the amount of P450, which reflects enzyme activity.

$$\frac{dE}{dt} = V_{syn} - k_{deg} \cdot E \quad (4)$$

At steady state, the rate of enzyme synthesis is equal to enzyme degradation. Thus,

$$V_{syn} = k_{deg} \cdot E_{ss} \quad (5)$$

where  $E_{ss}$  refers to the steady-state enzyme amount, which is equal to the amount of enzyme in the control cells ( $E_0$ ). Replacing  $E$  in eq. 4 with  $E'$  ( $E/E_0$ , enzyme activity relative to control), eq. 6 can be obtained, which was fit to recovery data for  $k_{deg}$  estimation.

$$\frac{dE'}{dt} = k_{deg} - k_{deg} \cdot E' \quad (6)$$

Equations 4–6 only consider the synthesis and degradation of CYP3A enzyme. To also consider the synthesis and degradation of CYP3A mRNA during the recovery process, eqs. 7 and 8 were also applied to model the kinetic data.

$$\frac{dRNA}{dt} = V_{syn,RNA} - k_{deg,RNA} \cdot RNA \quad (7)$$

$$\frac{dE}{dt} = k_{syn} \cdot RNA - k_{deg} \cdot E \quad (8)$$

In eqs. 7 and 8,  $V_{syn,RNA}$ ,  $k_{deg,RNA}$ , and  $RNA$  refer to the zero-order synthesis rate, degradation constant, and the amount of CYP3A mRNA, respectively. It was assumed that the CYP3A enzyme synthesis rate is proportional to the amount of mRNA. The  $k_{syn}$  in eq. 8 refers to the CYP3A enzyme synthesis rate constant.

At steady-state, the synthesis rate is equal to the degradation rate for both mRNA and enzyme. Thus,

$$V_{syn,RNA} = k_{deg,RNA} \cdot RNA_0 \quad (9)$$

$$k_{syn} = k_{deg} \cdot E_0 / RNA_0 \quad (10)$$

Combining eqs. 7 and 8 with eqs. 9 and 10 and replacing  $RNA$  and  $E$  in eqs. 7 and 8 with  $RNA'$  ( $RNA/RNA_0$ , the amount of RNA relative to control) and  $E'$  ( $E/E_0$ , enzyme activity relative to control), eqs. 11 and 12 can be obtained.

$$\frac{dRNA'}{dt} = k_{deg,RNA} - k_{deg,RNA} \cdot RNA' \quad (11)$$

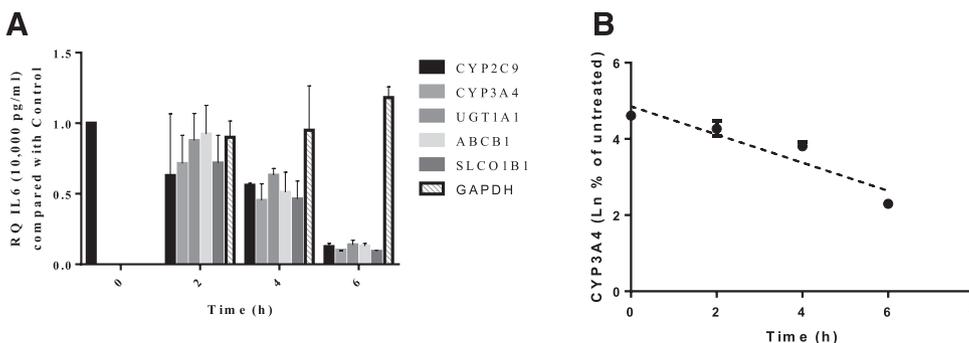
$$\frac{dE'}{dt} = k_{deg} \cdot RNA' - k_{deg} \cdot E' \quad (12)$$

The enzyme recovery kinetic data were analyzed with eqs. 11 and 12, assuming  $k_{deg} = 0.0316 \text{ hour}^{-1}$  (estimated with the depletion approach for donor 4) for  $k_{deg,RNA}$  estimation or assuming  $k_{deg,RNA} = 0.0282 \text{ hour}^{-1}$  (Yamashita et al., 2013) for  $k_{deg}$  estimation. Kinetic analysis for enzyme recovery was performed with ADAPT5 (version 5.0.48; (Biomedical Simulations Resource, University of Southern California, Los Angeles, CA).

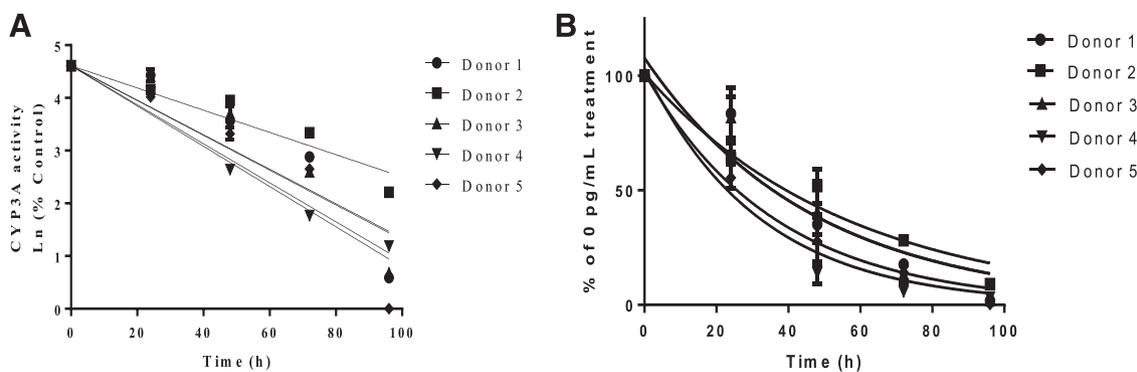
## Results

**Stability and Reproducibility of CYP3A Enzyme Activity.** To determine whether the HepatoPac model maintained appropriate and constant levels of CYP3A over the treatment period, the longevity and reproducibility of enzyme activity was monitored. Markers of CYP3A activity included both testosterone 6 $\beta$ -hydroxylation (Fig. 1A) and midazolam 1'-hydroxylation (Fig. 1B). Using two separate preparations of the same donor hepatocytes, enzyme activity was captured at time points spanning 28 days in culture. A one-way analysis-of-variance test was run against all measurements using GraphPad Prism 6 and indicated that there was no statistical difference between repeat measurements determined on different days. Additionally, the percentage difference between measurements was calculated by comparing the rates on each day with the rates determined from the measurement before. This analysis (Fig. 1C) showed that there was a >40% difference between day 7 and day 8 measurements (capturing the acclimation time) and also a >40% difference in two out of four measured activities between day 20 and day 24 or day 24 and day 28; all other data points fell within 20%. On the basis of these observations CYP3A activity was confirmed to be stable up to day 20–24 (Fig. 1).

**Impact of IL6 Treatment on Multiple DME Gene Targets.** To confirm that IL6 works through depletion of mRNA levels, a handful of DME gene targets, previously shown to be modulated by IL6, were analyzed after various time points of exposure. Levels of CYP2C9, CYP3A4, UGT1A1, ABCB1, and SLCO1B1 followed similar rates of



**Fig. 2.** Impact of IL6 treatment on mRNA levels. Data represent mean values from  $n = 2$  donor treatments, each containing (three inter-assay pooled replicates and two intra-assay replicates). (A) Decreases in mRNA levels for a handful of drug-metabolizing targets shown in literature to be downregulated by IL-6. GAPDH levels were measured as a negative control. (B) Natural logarithm of the percent of CYP3A4 control used to calculate the half-life.



**Fig. 3.** CYP3A activity in five human donors, measured by 1'-hydroxymidazolam formation,  $n = 3$  per treatment time, total  $n = 6$  ( $n = 3$ , 1000, and  $n = 3$ , 10,000 pg/ml IL6). Activity is expressed as a percentage of the untreated control (0 pg/ml IL6). (A) Natural logarithm of the percent of control. The slope of the loss of enzyme activity was used to calculate the half-life [ $-\ln(2) / \text{slope}$ ], which is equal to the rate of degradation. (B) One-phase exponential decay equation using the mean and standard deviations generated from donors 1, 2, 3, 4, and 5.

decline after exposure to IL6 (Fig. 2); in contrast, the housekeeping gene GAPDH showed no change in level upon addition of IL6. The estimated half-life was 1.9 hours, determined from three time points before complete loss of CYP3A4 mRNA was observed.

**Enzyme Activity of CYP3A during exposure to IL6.** CYP3A enzyme activity was determined after exposure to IL6 for 24, 48, 72, and 96 hours, in five different donors (demographics in Table 1). Treatment of all donors with 1000 or 10,000 pg/ml IL6 resulted in time-dependent loss of CYP3A activity with total loss in activity occurring by 96 hours. The percentage of activity remaining at each time point was fit to linear and nonlinear regression models (Fig. 3). The average half-life for CYP3A activity and corresponding degradation rate for each donor is presented in Table 3. The average rate of degradation determined by this method was  $0.0240 \pm 0.005$  hours<sup>-1</sup>.

**Recovery of CYP3A4 after IL6 treatment.** The kinetic data for CYP3A enzyme recovery upon removal of 1000 pg/ml or 10,000 pg/ml of IL6 were first analyzed with a model that considered only the synthesis and degradation of CYP3A enzyme. The initial CYP3A4 enzyme level immediately after removal of 1000 pg/ml and 10,000 pg/ml of IL6 treatment were determined to be 7.4% and 3.6% of the control, respectively. These initial state conditions were used in model fitting, and the results are shown in Fig. 4A and B, and Table 4. By visual inspection, the simulated-versus-observed data, especially early time points, were not well recovered by the model. In addition, the estimated  $k_{deg}$  values were 0.0131 and 0.0111 hour<sup>-1</sup>, which were more than 2-fold lower than the  $k_{deg}$  value estimated using the enzyme depletion approach ( $k_{deg} = 0.0316$  hour<sup>-1</sup> for donor 4). Both observations suggested that this model (eq. 6) was not a good model to explain the CYP3A enzyme recovery after removal of IL6 treatment. To capture these dynamics, a model which considers the synthesis and degradation of both CYP3A mRNA and enzyme (eqs. 11 and 12) was fit to the enzyme recovery kinetic data. The initial CYP3A mRNA levels, after removal of 1000 pg/ml and 10,000 pg/ml of IL6, were both assumed to be 0. The initial CYP3A enzyme levels, after removal of 1000 pg/ml and 10,000 pg/ml of IL6, were as previously described. The model fitting the results with these initial state conditions is shown in Fig. 4, C and D, and Table 5. Because CYP3A mRNA levels at different recovery time points were not determined,  $k_{deg,RNA}$  and  $k_{deg}$  could not both be estimated using only the CYP3A enzyme recovery data.

Using the  $k_{deg}$  value determined with the depletion method ( $k_{deg} = 0.0316$  hour<sup>-1</sup> for donor 4), the CYP3A mRNA degradation constant ( $k_{deg,RNA}$ ) was estimated to be 0.0296 hour<sup>-1</sup> and 0.0213 hour<sup>-1</sup> after

removal of 1000 pg/ml and 10,000 pg/ml of treatment, respectively. These values were close to the reported CYP3A mRNA degradation constant (0.0282 hour<sup>-1</sup>) (Yamashita et al., 2013). Using this literature-reported  $k_{deg,RNA}$  (0.0282 hour<sup>-1</sup>), the degradation constant of CYP3A enzyme ( $k_{deg}$ ) was estimated to 0.0335 h<sup>-1</sup> and 0.0231 hour<sup>-1</sup> for removal of 1000 pg/ml and 10,000 pg/ml of treatment, respectively, which are also close to the CYP3A enzyme degradation constant determined with the depletion approach (0.0316 hour<sup>-1</sup> for donor 4). By visually comparing the observed-versus-simulated data and also comparing the Akaike information criterion values for both models, the model (eqs. 9 and 10) that considers the synthesis and degradation of both CYP3A mRNA and enzyme was considered to be a better model for CYP3A recovery upon removal of IL-6 than the model considering only the synthesis and degradation of CYP3A enzyme (eq. 6).

**Comparison of IL6 and siRNA Treatment on Derivation of CYP3A4 Degradation Rate.** In one donor a comparison was made between the degradation rates calculated after siRNA targeting CYP3A4 or IL6 treatment (10,000 pg/ml). Both methods resulted in comparable rates of degradation, 0.0322 hour<sup>-1</sup> for siRNA compared with 0.0383 hour<sup>-1</sup> for IL6 (Fig. 5).

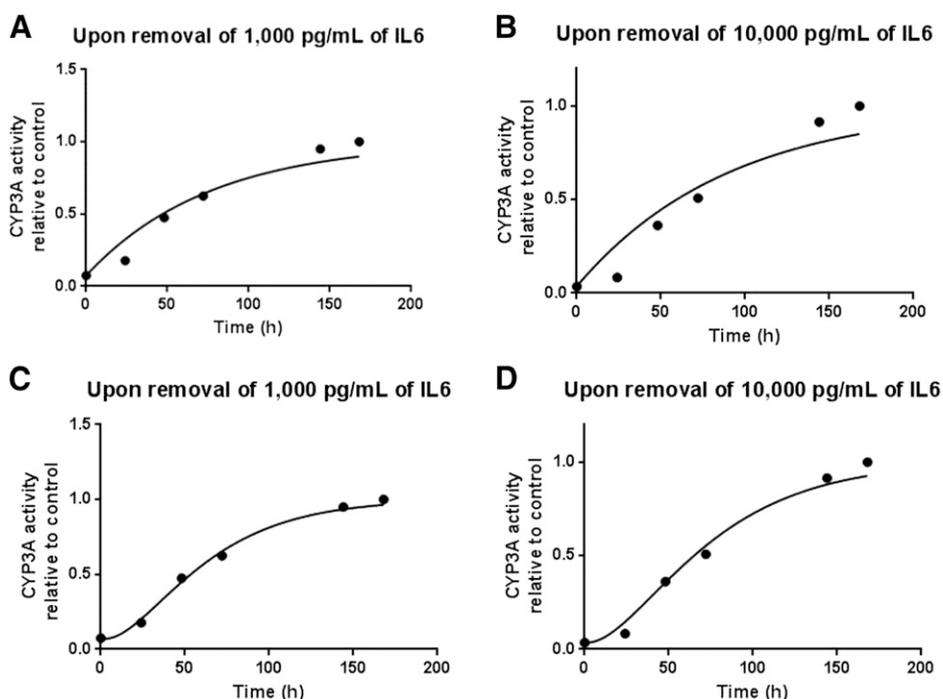
## Discussion

Various methods for predicting DDI with enzyme inactivators have been developed, including both static and semiphysiologic models (Galetin et al., 2006; Einolf, 2007; Obach et al., 2007; Grimm et al., 2009; Fenneteau et al., 2010; Quinney et al., 2010), each relying on

TABLE 3

Resulting  $t_{1/2}$  (h) and  $k_{deg-hr}$  values from individual donors and the combined average and standard deviations using the monoexponential decay equation

Parameter	Donor 1	Donor 2	Donor 3	Donor 4	Donor 5
$t_{1/2}$ (h)	32.2	38.9	32.3	21.9	25.2
CYP3A $k_{deg}$ -hr	0.0215	0.0178	0.0215	0.0316	0.0275
R <sup>2</sup>	0.900	0.954	0.889	0.949	0.975
CYP3A average $t_{1/2}$ (h) (all donors)	28.9				
CYP3A $t_{1/2}$ (h) standard deviation	6.7				
CYP3A average $k_{deg}$ -h	0.0240 ± 0.005				
CYP3A4 average (excluding donor 2)	27.2				
CYP3A4 standard deviation	5.2				
CYP3A4 $k_{deg}$ -h	0.0255 ± 0.005				



**Fig. 4.** Modeling of CYP3A enzyme recovery data upon removal of IL6 using eq. 6 (A, B) or eqs. 10 and 11 (C, D). Lines represent simulated profiles; filled circles are observed data.

$k_{deg}$  for the enzyme as a key input parameter. As physiologically based pharmacokinetic modeling is more routinely applied to predict complex drug interactions, many researchers have noted improved prediction accuracy when using a CYP3A  $k_{deg}$  of  $0.03 \text{ hour}^{-1}$  (Wang, 2010; Friedman et al., 2011; Yamashita et al., 2013), determined from the time course of CYP3A recovery following multiple-dose clarithromycin administration. The current approach, which resulted in an overall CYP3A  $k_{deg}$  of  $0.0240 \text{ hour}^{-1}$ , relied on human hepatocytes, specifically the human HepatoPac model, as a viable in vitro surrogate of P450 regulation. Studies from our laboratories and others have characterized the activity, longevity, and functionality of the HepatoPac model (Khetani and Bhatia, 2008; Wang et al., 2010; Chan et al., 2013; Davidson et al., 2014; Ramsden et al., 2014b). We have reproducibly observed stable CYP3A activity over 2.5 weeks after stabilization. Taking advantage of the long-term stability of CYP3A in this model, as measured by testosterone and midazolam hydroxylation (Fig. 1), and assuming that the changes in enzyme activity reflect degradation of the CYP3A4 protein, CYP3A4 levels were modulated with siRNA and IL6 treatment resulting in a >90% loss of mRNA (Fig. 2) at 6 hours and undetectable levels at time points after 6 hours. There was concomitant loss (~98%) of enzyme activity (Fig. 3). The estimated half-life for CYP3A4 mRNA degradation, in the presence of IL6, was 1.9 hours, with total loss (>90%) observed by 6 hours.

The longevity of the HepatoPac model enabled a recovery leg such that, upon removal of IL6 treatment (1000 or 10,000 pg/ml), CYP3A

enzyme activity returned to baseline levels (Fig. 4). Since the mechanism behind IL6-mediated suppression of CYP3A is by depletion of mRNA levels, it was not surprising that the kinetic data for CYP3A enzyme recovery fit better to the model that considered recovery of both CYP3A mRNA and protein. When the degradation value of  $0.0316 \text{ hour}^{-1}$  was used to project the rate of mRNA synthesis (and degradation) after removal of IL6,  $k_{deg,RNA}$  was estimated to be  $0.0296 \text{ hour}^{-1}$  and  $0.0213 \text{ hour}^{-1}$  for removal of 1000 and 10,000 pg/ml, respectively, which are consistent with a previously reported CYP3A mRNA degradation constant of  $0.0282 \text{ hour}^{-1}$  (Yamashita et al., 2013). The longevity of HepatoPac cultures should also lend themselves to the conduct of pulse-chase experiments as a fundamental approach to determine protein degradation (Zhou, 2004).

A similar treatment regimen (siRNA) has been used to effectively suppress CYP3A4 levels to evaluate possible protein-protein interactions between CYP2C9 and CYP3A4 (Ramsden et al., 2014b). In this model, CYP2C9 activity increased upon lowering of CYP3A4 levels and then returned to pretreatment activities following restoration of CYP3A4 levels (after removal of siRNA). These experimental paradigms suggest that normal regulatory control of P450 expression is occurring in the HepatoPac cultures.

The degradation value of  $0.0240 \text{ hour}^{-1}$  for CYP3A4, representing a  $t_{1/2}$  of 29 hours, is in agreement with values obtained by Yang et al. (2008) (26 hours), using data generated in hepatocytes and liver slices. Additionally, improved prediction accuracy has been noted using

TABLE 4

Results of analyzing CYP3A enzyme recovery data upon removal of 10,000 or 1000 pg/ml of IL6 with eq. 6

$k_{deg}$	SE	95% CI	R <sup>2</sup>	AIC	Comments
1/h	CV %				
0.0131	14.85%	[ 0.008115, 0.01814]	0.969	-17.1	Removal 1000 pg/ml of IL6
0.0111	18.75%	[ 0.005735, 0.01641]	0.951	-13.6	Removal 10,000 pg/ml of IL6

AIC, Akaike information criterion; CI, confidence interval; CV, coefficient of variation; R<sup>2</sup>, coefficient of determination; SE, standard error.

TABLE 5

Results of analyzing CYP3A enzyme recovery data upon removal of 10,000 or 1000 pg/ml of IL6 with eqs. 11 and 12

Parameter	Estimate	SE	95% CI	R <sup>2</sup>	AIC	Removal of Treatment (IL6)
	$h^{-1}$	CV %				
$k_{deg}$ (assuming $k_{deg,RNA} = 0.0282 h^{-1}$ )	0.0335	7.76%	[0.0268, 0.00402]	0.996	-31.5	1000 pg/ml
	0.0231	11.7%	[ 0.0161, 0.0300]	0.992	-24.2	10,000 pg/ml
$k_{deg,RNA}$ (assuming $k_{deg} = 0.0316 h^{-1}$ )	0.0296	6.50%	[ 0.0247, 0.0346]	0.996	-31.5	1000 pg/ml
	0.0213	10.7%	[0.0154, 0.0271]	0.992	-24.1	10,000 pg/ml

AIC, Akaike information criterion; CI, confidence interval; CV, coefficient of variation; R2, coefficient of determination; SE, standard error.

a similar  $k_{deg}$  value in physiologically based pharmacokinetic modeling ( $0.03 \text{ hours}^{-1}$ ) (Quinney et al., 2010; Wang, 2010; Friedman et al., 2011; Yamashita et al., 2013). As discussed in detail by Yang et al. (2008), a number of approaches have been applied to estimate half-life of P450 degradation. Half-life values obtained by these methods include following clinical markers of P450 activity, such as  $6\beta$ -hydroxycortisol formation during induction [72 hours (Tran et al., 1999)], in vivo mechanism-based inhibition of CYP2D6 by paroxetine, as assessed by dextromethorphan metabolism [(51 hours (Venkatakrishnan and Obach, 2005)], and in human hepatocytes assessing CYP1A2 by de-induction [51 hours (Diaz et al., 1990)].

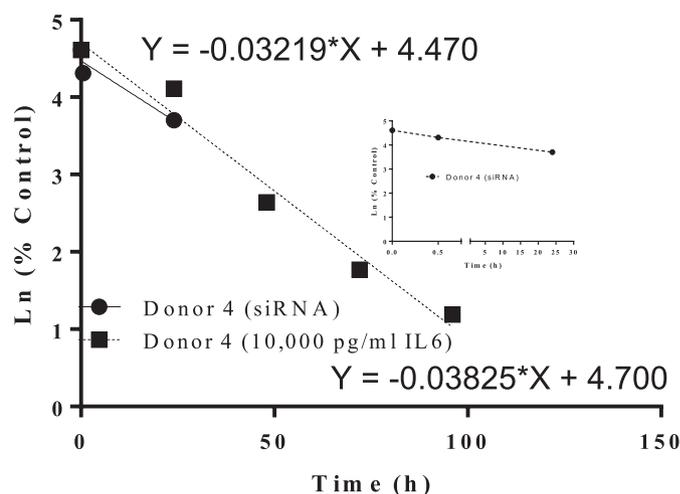
In the current study,  $k_{deg}$  was determined by direct measurement in hepatocytes from five human donors, which provided a range of  $t_{1/2}$  values from 22–39 hours with a calculated mean value of 29 hours. A possible contributor to the variability in the  $k_{deg}$  value for CYP3A is the variable contribution of CYP3A5 to enzyme activity, depending on the donor phenotype. The hepatocytes used in the current study were determined to be representative of the overall population with respect to CYP3A5 expression. There is evidence that IL6 can also effectively reduce CYP3A5 levels (Dickmann et al., 2011). In contrast, CYP3A4 siRNA specifically targets CYP3A4, and hence CYP3A5, if active, would not be downregulated. Genotyping of donors 2, 3, and 5 was performed and indicated that only donor 2 expressed CYP3A5 (\*1\*3). There is a strong correlation between genotype and phenotype of CYP3A5 (Lin et al., 2002). CYP3A4 and CYP3A5 have overlapping substrate specificities (Lamba et al., 2002) and both enzymes can produce 1'-hydroxymidazolam from incubations with midazolam. CYP3A5 expression is highly variable in humans, with readily detectable levels in 25–30% of the population and very low or undetectable levels in the remainder (Wrighton et al., 1990, 2000; Paine et al., 1997). In these studies, there was clearly a longer  $t_{1/2}$  from donor 2, in whom there may have been an overlapping contribution of CYP3A5 to the formation of 1'-hydroxymidazolam (Table 3). Donors 3 and 5 did not have functional CYP3A5 (\*3\*3), and the half-life values of CYP3A were 32.3 and 25.2, respectively. Using the genotyping information, the CYP3A4-specific  $t_{1/2}$  was determined to be  $27.2 \pm 5$  hours upon removal of donor 2. In donor 4, where comparisons were made between both approaches to suppress CYP3A4, genotyping studies were not performed to determine whether this donor expressed active CYP3A5 (\*1\*1 or \*1\*3). There was no significant variation in the degradation rate obtained for donor 4 using both methods ( $0.0322 \text{ hour}^{-1}$  IL6 and  $0.0383 \text{ hour}^{-1}$  siRNA), suggesting that CYP3A5 is not a major component of overall CYP3A content in this individual (Fig. 5). CYP3A5 \*1\*1 has a low frequency ( $\sim 1.7\%$ ) and was not evaluated during these studies.

Typically, studies evaluating mechanism-based inhibition use pooled human liver microsomes to represent the overall population (Obach et al., 2007; Grimm et al., 2009). As such, inactivation parameters do not differentiate between CYP3A4 and CYP3A5.

Similarly, when predicting clinical outcomes for CYP3A substrates such as midazolam, the effect on the overall population is determined rather than the relative effects on CYP3A4 and CYP3A5. Since the hepatocyte donors used to derive the  $t_{1/2}$  and  $k_{deg}$  values in this study are representative of the overall population ( $\sim 20\%$  CYP3A5 expressors), the recommendation from these data are to use the CYP3A population  $k_{deg}$  value of  $0.0240 \text{ hours}^{-1}$ . This value will cover the degradation rate for  $\sim 99\%$  of the population.

It is thought that IL6 modulates mRNA levels through a receptor-mediated cascade, whereas siRNA directly targets mRNA levels (Elbashir et al., 2001; Scherr et al., 2003; Morgan et al., 2008), although the possibility that IL6 may affect the rate of protein degradation in ways other than mRNA downregulation cannot be excluded. Both methods rapidly reduce mRNA levels. Hence, the rate of protein degradation is the rate-limiting step. Therefore, the loss of enzyme activity observed over time should be reflective of the half-life of the protein being measured. An advantage of the current approach is that the degradation rate was determined in the absence of protein resynthesis, owing to the presence of IL6 and siRNA. Additionally, the degradation and synthesis rates for CYP3A4 were calculated using a more direct route of measurement, independent of half-life of substrate or inducing agents, using an in vitro system capable of maintaining long-term normal regulatory control of P450 expression.

An accurate measurement of  $k_{deg}$  should enable researchers to systematically evaluate the accuracy of predictions for drug-drug interaction potential such as those mediated by mechanism-based



**Fig. 5.** Comparison of half-life values obtained between siRNA and IL6 treatments in donor 4. CYP3A activity measured by 1'-hydroxymidazolam formation,  $n = 3$  per treatment time course. The natural logarithm of percentage of 0 pg/ml IL6 treatment was applied to derive the slope for calculation the half-life of enzyme activity, which is equal to the rate of degradation. The axis on the inset graph is split so that the earlier time point for siRNA activity can be visualized.

inactivators. Both Galetin et al. (2006) and Wong (2011) provided insightful summaries of why there are differences in predictability between models. Galetin et al. (2006) summarized the caveats of in vitro models of time-dependent inhibition that yielded large variability in estimating kinetic parameters,  $K_i$  and  $k_{inact}$ . The studies showed the best prediction when using inhibitor input values of  $C_{avg}$  and a  $t_{1/2}$  for CYP3A4 of 72 hours (89% within 2-fold). This is much longer than the  $t_{1/2}$  value obtained in our studies ( $29 \pm 7$  hours). In his review, Wong (2011) effectively summarized the need for systematic evaluation of each parameter, which suggested that accurate predictions could be obtained by modifying which inhibitor concentration was selected, in addition to which degradation rate was used. Many researchers have adopted a value of  $0.019 \text{ hour}^{-1}$  (36 hours) for hepatic  $k_{deg}$  (Obach et al., 2007). This value, determined through indirect measurement from the kinetics of induction and de-induction of verapamil oral clearance by rifampin (Fromm et al., 1996), is close to the value determined in our studies. Other researchers have resorted to using pairs of  $k_{deg}$  values to bracket potential clinical changes (Minematsu et al., 2010). Having a better estimate of  $k_{deg}$  may enable systematic evaluation of the other input values used for predicting drug-drug interaction potential.

### Acknowledgments

The authors thank Drs. Timothy S. Tracy, Yongmei Li and Hongbin Yu for thoughtful discussions and scientific advice. The authors also thank Dr. Patrick Baum for genotyping the HepatoPac donors and Dr. Tom S. Chan for analyzing IL6 levels. Lastly, the authors thank Drs. Swati Nagar and Kenneth R. Korzekwa for critically reviewing the manuscript.

### Authorship Contributions

*Participated in research design:* Ramsden, Tweedie.  
*Conducted experiments:* Ramsden.  
*Performed data analysis:* Ramsden, Zhou.  
*Wrote or contributed to the writing of the manuscript:* Ramsden, Zhou, Tweedie.

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