FLUTAMIDE METABOLISM IN FOUR DIFFERENT SPECIES
IN VITRO AND IDENTIFICATION OF FLUTAMIDE
METABOLITES IN HUMAN PATIENT URINE BY HIGH
PERFORMANCE LIQUID CHROMATOGRAPHY/ TANDEM
MASS SPECTROMETRY

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IN VITRO AND IN VIVO METABOLISM OF FLUTAMIDE

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Non-standard abbreviations

NSAA, nonsteroidal antiandrogen; LC, liquid chromatography; MS, mass spectrometry;

MS/MS, tandem mass spectrometry; m/z, mass-to-charge ratio; ESI, electrospray ionization;

Q-Tof, hybrid quadrupole/time of flight mass spectrometer; CID, collision induced dissociation; TIC, total ion chromatogram
Abstract

A new metabolic scheme of flutamide is proposed in this article. Some patients treated with flutamide, a nonsteroidal antiandrogen, have developed severe hepatic dysfunction. Toxic metabolites have been proposed to be responsible for these negative effects. In this study, the qualitative aspects of the \textit{in vitro} metabolism of flutamide in liver microsomes from human, dog, pig, and rat were evaluated. A direct comparison of the flutamide metabolism in liver and prostate microsomes from pig was made, and the \textit{in vivo} metabolism of flutamide was investigated in urine from orally treated prostate cancer patients. Liquid chromatography tandem mass spectrometry was used for analysis. The mass spectrometer was equipped with an electrospray interface and operated in the negative ion mode. In liver microsomes from pig, dog, and rat extensive hydroxylation of flutamide occurred. One, two, or three hydroxy groups were attached and isomeric forms were detected for both monohydroxylated and trihydroxylated drug. In pig liver microsomes, isomers of a third metabolite, hydroxylated 4-nitro-3-(trifluoromethyl)-aniline, were also found after incubation with either flutamide or 2-hydroxyflutamide. In human liver microsomes, the pharmacologically active 2-hydroxyflutamide was the only metabolite detected. Several phase I metabolites as well as four intact phase II metabolites could be recovered from the urine samples. For the first time in humans, glucuronic acid conjugates of hydroxylated 4-nitro-3-(trifluoromethyl)-aniline, mono and dihydroxylated flutamide were identified together with hydroxylated 4-nitro-3-(trifluoromethyl)-aniline conjugated with sulfate. In addition, one mercapturic acid conjugate of hydroxylated flutamide, probably formed from flutamide via a reactive intermediate, was detected.
Flutamide was the first pure nonsteroidal antiandrogen (NSAA) compound discovered. Following oral administration, flutamide is readily metabolized to its active metabolite 2-hydroxyflutamide that appears to be mainly responsible for the pharmacological effect (Brogden and Chrisp, 1991; Farthing et al., 1994). It acts as a competitive antagonist that blocks the growth-stimulating effects of androgens (testosterone and dihydrotestosterone) at the androgen receptor in the prostate (Brogden and Chrisp, 1991; Labrie, 1993) and has been widely used in the treatment of prostate cancer since the 1970’s. Cancer itself represents the second leading cause of death in men and prostate cancer alone ranks number five in overall causes of death among United States men (Chan et al., 2004).

Some patients treated with flutamide orally have developed severe hepatic dysfunction at doses above the recommended, i.e. 250 mg three times daily, and minor hepatotoxicity has been documented with oral doses as low as 250-375 mg/day (Ibanez et al., 2005). Since the dysfunction seems to be dose dependent and the liver has been reported to recover after flutamide withdrawal (Aizawa et al., 2003) an improved characterization of the flutamide metabolism may contribute to the understanding of this safety issue. Both flutamide and potentially formed toxic metabolites have been proposed to be responsible for these negative effects, possibly due to affected mitochondrial respiration (Fau et al., 1994; Aizawa et al., 2003; Takashima et al., 2003; Thole et al., 2004).

Phase I metabolites have been identified in vitro (Shet et al., 1997) and in vivo in plasma and urine from humans (Katchen and Buxbaum, 1975). It has been shown that CYP1A2 is the dominant enzyme forming 2-hydroxyflutamide, but CYP1A1 and CYP1B1 may also be involved (Shet et al., 1997). The formation of 4-nitro-3-(trifluoromethyl)-aniline (Flu-1), a metabolite produced by carboxyesterase, has been suggested to be directly involved in the toxicity (Aizawa et al., 2003). Katchen and Buxbaum, who treated urine from flutamide
patients with glucuronidase and sulfatase, were the first to propose conjugation reactions
(Katchen and Buxbaum, 1975), and later a sulfate conjugated metabolite was recovered in
urine from rats (Asakawa et al., 1995b). However, to our knowledge, intact phase II
metabolites of flutamide have not been previously identified in humans. A schematic
presentation of the phase I metabolites already identified together with their short names are
provided in Figure 1.

In this study liquid chromatography (LC) electrospray ionization (ESI) tandem mass
spectrometry (MS/MS) was the analytical technique used, and the mass spectral data obtained
for the metabolites were compared to those of the available synthetic standards. Detection by
mass spectrometric methods allows low detection limits and high selectivity, and by the use
of tandem MS structural information about the compounds can be obtained. A complementary
technique to determine the elemental composition of drugs and their metabolites is accurate
mass determination by high resolution MS. Since a smaller experimental mass error results in
a smaller set of possible elemental compositions, accurate mass determination is very useful
in structural evaluation of drug metabolites.

The aim of the present study was to qualitatively evaluate the in vitro metabolism of
flutamide in liver microsomes from the four species dog, human, pig and rat and to compare
the qualitative aspects of metabolism of flutamide in pig liver and prostate microsomes.
Secondly, the in vivo metabolism of flutamide was investigated by identification of
metabolites in urine from prostate cancer patients treated with oral doses of flutamide, and a
new metabolic scheme is proposed.
Methods

Chemicals

Sigma (Steinheim, Germany) supplied the synthetic standards of flutamide and 4-nitro-3-(trifluoromethyl)-aniline, MIKROMOL GmbH (Luckenwalde, Germany) supplied the synthetic standard of 2-hydroxyflutamide, and β-glucuronidase 1585665 from E. coli K12 was purchased from Roche, Sweden. NADPH regenerating system solution A and B (No 451220 and 451200, respectively) were purchased from BD Bioscience (Stockholm, Sweden). The water was purified using a Milli-Q water purification system (Millipore, Bedford, MA, USA). All other chemicals were of analytical grade or better and used without further purification.

Microsomal origin, preparation, and incubation

Liver microsomes from human (male), dog (male), and rat (male) were purchased from In vitro Technologies Inc. (Baltimore, Maryland, USA). Pig (male) liver and prostate microsomes were prepared as described elsewhere (Andersson et al., 1985; Norlin, 2002).

Incubations of liver microsomes from humans, dogs, pigs, and rats were performed at 37°C for 120 minutes. Microsomes from pig liver and prostate were incubated at 37°C for 80 minutes. All experiments were started by preincubation of Tris buffer (50 mM, pH 7.4) with microsomes (1 mg/ml) and flutamide or 2-hydroxyflutamide (5 µM in methanol) at 37 °C. The reaction was initiated by the addition of NADPH regenerating systems (50 µl of solution A and 10 µl of solution B, the total volume was 1 ml). The incubations were terminated by the addition of two volumes of ice-cold methanol.
Sample preparation

Microsomes

After termination of the incubation 1 ml was removed and centrifuged at 3,600 rpm for 10 minutes and the supernatant was transferred to a fresh test tube and evaporated to dryness under nitrogen at 60°C. The residue was dissolved in 100 µl 0.1% formic acid/acetonitrile (75:25) and transferred to an LC vial before analysis.

Prostate cancer patient urine

After individual approval, urine from three prostate cancer patients was collected prior to curative brachytherapy. The patients were treated with oral 250 mg (bid) doses of flutamide and were at steady state plasma level of 2-hydroxyflutamide (the active metabolite). They had not taken any other drugs considered likely to interfere with the analysis.

Prior to the analysis of phase I metabolites, the urine was treated with β-glucuronidase. To 3 ml of urine, 1 ml of potassium phosphate buffer (0.1 M, pH 6.1) was added and pH was measured to 6.6. β-glucuronidase was added (75 µl) and the test tubes were placed in a water bath for one hour (50°C, horizontal shaking). After centrifugation (3,600 rpm, 10 minutes) the supernatant was transferred to LC vials.

The urine was treated in the same way except for the addition of β-glucuronidase in the search for conjugates with glutathion, sulphate, and glucuronic acid.

Instrumentation

Q-Tof mass spectrometry

A Jasco PU-980 (Japan) was used to pump the mobile phase consisting of 0.1% formic acid in water/acetonitrile 50:50, flow rate 200 µl/min, through the guard column (ODS-C18, 4 mm x
2.0 mm, Scandinavian GeneTech, Västra Frölunda, Sweden) and the analytical column (Zorbax Eclipse XDB-C18, 5 µm, 2.1 x 50 mm column, Agilent, Partille, Sweden).

The mass spectrometer used for the accurate mass measurements was an electrospray ionization (ESI) hybrid quadrupole/time of flight instrument (Q-Tof Model I, upgraded with a 3.6 GHz time-to-digital converter card, Micromass, Manchester, UK) equipped with an orthogonal electrospray source (Z spray) operated in the negative ion mode. The source block and desolvation temperatures were 120 and 350°C, respectively, the capillary and cone voltage were -3000 and -40 V, respectively, and argon was used for collision-induced dissociation (CID, the inlet pressure was set to 20 psi).

Calibration was performed every day by a constant infusion of a sodium iodide solution (2 mg/ml in 2-propanol/water 50:50) at 1 µl/min. The argon gas was turned on and the collision energy was set to 4 eV when data was collected for one minute from m/z 100 and m/z 800. Spectra were combined and smoothed. To make sure that no dead time distortion was present the TOF constants, resolution and number of pushes correction factor (Np multiplier), were first set to zero. Then the procedure was repeated with the TOF constants set to 5000 and 0.7 for resolution and Np multiplier, respectively (m/z values for both centered spectra should be the same). According to the recommendations from the manufacturer, a polynomial of order four was used for the calibration.

The collision energy was set to 35 eV when CID mass spectra of synthetic standards of flutamide and 2-hydroxyflutamide dissolved in 0.1% formic acid in water/methanol 50:50 (concentrations 18 and 17 µM, respectively) were obtained by the Q-Tof mass spectrometer. The samples were introduced to the system manually through a 20 µl injection loop (Rheodyne 7125, California, USA). The internal lock mass solution used was a mixture of sodium iodide, D-tryptophane and acetylsalicylic acid (m/z 276.7987, 1.11 mM; m/z 203.0821, 10.6 mM; m/z 179.0345, 74.4 mM, respectively), infused at a flow rate of 20
µl/min through a T-connection, where it was mixed with the LC mobile phase (see above). The software Masslynx version 3.4 (Micromass Ltd., Manchester, United Kingdom) combined the spectra and the internal calibrant peak (lock mass) was chosen in order to be as close as possible to the \( m/z \) of the sample peak of interest. The software allowed the use of one lock mass only. The dead time distortion was evaluated as above.

**Triple quadrupole mass spectrometry**

The system described below was used for the analysis of microsome and urine samples throughout this study.

Solvents in the liquid phase were 0.1% formic acid in water (A) and acetonitrile (B), and the gradient program was: 0 to 2 min, 25% B; 2 to 10 min, 25 to 90% B; 10 to 12 min, 90% B; 12 to 14 min, 90 to 25% B. The mobile phase was delivered at a flow rate of 200 µl/min by a Surveyor MS pump (Thermo Electron Corp., San Jose, CA, USA). The guard and analytical columns used were the same as in the Q-Tof section. A sample volume of 10 µl was injected by an HTC PAL auto sampler (CTC Analytics AG, Zwingen, Switzerland). MS detection was achieved by a Finnigan TSQ Quantum Ultra mass spectrometer (Thermo Electron Corp., San Jose, CA, USA) equipped with an electrospray interface. Instrument control, data acquisition, and data processing were carried out with the Xcalibur software, version 1.3. The MS parameters were optimized for sensitivity automatically during direct infusion of a flutamide solution in methanol. This solution was mixed with the LC flow through a connecting T. The instrument was operated in the negative ion mode. The total ion chromatogram of LC/MS was obtained by scanning the first quadrupole from \( m/z \) 50 to 500 in one second scan time. In CID the deprotonated molecules ([M-H]-) were transmitted through the first quadrupole into the collision cell that contained argon gas at 1.5 mTorr pressure. The last quadrupole was scanned from \( m/z \) 50 to 500 in 1.0 s resulting in a product ion
chromatogram. During analysis, the sheath and auxiliary gas was nitrogen at 30 and 2 mTorr pressure, respectively, the capillary temperature was 250 °C, the spray voltage was -3000 V, and the collision energy was 22 V unless otherwise stated.

**The search for metabolites**

The search for flutamide metabolites was performed manually by interpretation of mass spectra and chromatograms. Mass spectral information of samples, blank samples and synthetic standard solutions of flutamide, 2-hydroxyflutamide and 4-nitro-3-(trifluoromethyl)-aniline were compared by looking at peaks in the total ion chromatogram (TIC) and known mass shifts, for example +16 for hydroxylation and +176 for glucuronidation. Neutral loss scans of 80 and 176 was used to recognize conjugations by sulfate and glucuronic acid, respectively. In the search for glutathion conjugates neutral loss scans of 75, 129, and 146 were used.
Results

**Accurate mass determination of MS/MS fragments from flutamide and 2-hydroxyflutamide standards**

The fragments produced of the flutamide and 2-hydroxyflutamide standards are summarized in Tables 1 and 2, respectively. Sternal and Nugara identified fragments corresponding to \( B \) and \( E \) in positive fast atom bombardment (Sternal and Nugara, 2001) but the other fragments have not been reported in the literature before. Fragment \( C (I) \) was a common fragment for the two compounds but was produced to a greater extent from 2-hydroxyflutamide. In flutamide, \( D \) is the dominating fragment. The accurate mass data indicate that fragment \( D \) was produced by a net loss of \( C_3H_7NO \), which corresponds to one propyl radical and one NO radical. The latter one could be formed from the aromatic nitro group (Madhududanan, 1996). This fragment \( (m/z 202) \) could not be found in 2-hydroxyflutamide possibly because it is less likely that the hydroxy propyl group is lost compared to the propyl group. The loss of NO\(_2\) and HF can be observed in both substances resulting in fragments \( B \) and \( K \), and \( F \) and \( L \), respectively.

**In vitro metabolism in liver microsomes from dog, human, pig, and rat**

Two-hydroxyflutamide was the only metabolite found in the liver microsomes from all four species. Interestingly, in liver microsomes from the three animals either two or three isoforms of hydroxyflutamide were detected (Table 3). These isomers have not previously been reported.

In rat liver microsomes M1, Flu-1, three isomeric forms of hydroxyflutamide, and two isomers of M3 were detected. The chromatographic peak for \( m/z \) 205 ([M-H] of Flu-1) eluted at 7.1 minutes. Both the retention time and fragmentation pattern, produced after collision-
induced dissociation, were consistent with findings from the synthetic standard of 4-nitro-3-(trifluoromethyl)-aniline (Fig. 2). Fragmentation of the parent ion [M-H]⁻ m/z 291, which corresponds to the mass-to-charge ratio of flutamide plus one hydroxylation, results in the major fragment m/z 205. This means that the hydroxy group is positioned at the aliphatic side chain of flutamide. There were two peaks in the extracted product ion chromatogram for m/z 205 (at 6.0 and 7.1 minutes in Fig. 3), indicating two isomeric forms of aliphatic hydroxy flutamide. Interestingly, our findings also suggest aromatic hydroxylation on the intact flutamide structure in rat liver microsomes resulting in the fragment m/z 221 (at 8.1 minutes in Fig. 3). The fragment m/z 205 visible in figure 3 is probably due to overlap with the more abundant peak at 7.1 minutes (metabolite with aliphatic hydroxylation). In total, three isomers of mono hydroxylated flutamide could be separated chromatographically at 6.0, 7.1, and 8.1 minutes, respectively. The peak that eluted at 7.1 minutes was consistent in retention time and mass spectrum with the synthetic standard of 2-hydroxyflutamide. Since the mass spectral information after CID indicated that the metabolite at 8.1 minutes was aromatically hydroxylated flutamide, thus the peak at 6.0 minutes probably represented 3-hydroxyflutamide. For m/z 307 ([M-H]⁻ of M1) the major fragment after CID was m/z 205, indicating that both the hydroxy groups were positioned on the aliphatic side chain of flutamide (Figure 4a). In the case of m/z 323 ([M-H]⁻ of M3) there were two peaks in the chromatogram (at 1.8 and 5.4 minutes) and the two main fragments observed after CID were m/z 205 and m/z 221, respectively, suggesting that either all three hydroxy groups can be aliphatic or two of them aliphatic and the third aromatic (results not shown).

Dog liver microsomes were similar to rat liver microsomes regarding the qualitative aspects of flutamide metabolism. For instance Flu-1, M1, M3 and hydroxyflutamide (aliphatic and aromatic) were observed in both species. According to the retention time, the aliphatic hydroxyflutamide metabolite was consistent with 2-hydroxyflutamide (results not
shown). In pig liver microsome fractions incubated with flutamide, Flu-1, M1, and aliphatic M3 were also detected. Additionally two isomers of aliphatic hydroxyflutamide were observed. Both the peaks for m/z 291 in the chromatogram resulted in the major fragment m/z 205 (Fig. 4b), indicating that hydroxylation can occur on either the tertiary or primary aliphatic carbon (cf. Fig. 4a).

In liver microsomes from humans, the only metabolite found was 2-hydroxyflutamide as previously reported (Shet et al., 1997). However, the two minor metabolites that were detected but not identified by Shet and co-workers could not be detected in this study.

**Comparison between the in vitro metabolism in pig liver and prostate**

The in vitro metabolism in the microsomes from pig liver and prostate were compared after incubation of either flutamide or 2-hydroxyflutamide. In liver microsomes, three mass-to-charge ratios matching known flutamide metabolites were found after flutamide incubation. Those were m/z 291, 307, and 221 corresponding to [M-H]⁻ for hydroxyflutamide, M1, and Flu-3, respectively. There were two peaks in the extracted ion chromatogram for m/z 291, at 6.0 and 7.1 minutes indicating isomeric forms of hydroxyflutamide. In the extracted ion chromatogram for m/z 221, corresponding to [M-H]⁻ for Flu-3, there were two peaks at 6.2 and 7.5 minutes, respectively. To our knowledge, this is the first report of isomeric forms of the metabolite called Flu-3 (cf. Fig. 1). Hydroxylated Flu-1 might be a more correct nomenclature for the metabolites formed but in order to reduce the confusion we will continue to call the metabolite Flu-3 throughout this paper, without any conclusion of the exact position of the hydroxy group. Peaks corresponding to [M-H]⁻ for M1 and Flu-3 were also discovered after incubation with 2-hydroxyflutamide, which indicated that those two metabolites could be formed by further metabolism of 2-hydroxyflutamide. There were again
two peaks in the extracted ion chromatogram for \( m/z \) 221 at 6.2 and 7.5 minutes, respectively indicating two isomeric forms of Flu-3 (Figure 4c).

Metabolism in the pig prostate microsomes was also investigated by incubation with flutamide or 2-hydroxyflutamide. After flutamide incubation \( m/z \) 261, indicating \([\text{M-H}]^-\) of Flu-5, eluted at 7.5 minutes (Figure 4d) and one isomer of hydroxylated flutamide was detected which retention time was consistent with 2-hydroxyflutamide. Chromatographic peaks at 6.2 and 7.5 minutes for \( m/z \) 221 again indicated two isomers of the Flu-3 metabolite after incubation with 2-hydroxyflutamide (results not shown).

**Urine from patients treated with flutamide**

In this present study, several phase I and phase II metabolites were recovered in urine from prostate cancer patients treated with oral 250 mg doses (bid) of flutamide (Fig. 5). After hydrolysis with \( \beta \)-glucuronidase, a peak corresponding to \( m/z \) 221 (\([\text{M-H}]^-\) of Flu-3) eluted at 5.9 minutes. Neutral loss scans of 80 and 176 of an untreated urine sample, indicated that Flu-3 could be conjugated with either sulfate or glucuronic acid resulting in \( m/z \) 301 or \( m/z \) 397, respectively. CID of the precursor ions of these phase II metabolites resulted in \( m/z \) 221, i.e. \([\text{M-H}]^-\) for Flu-3 (Figs. 6a and 6b).

Flutamide was hydroxylated in one, two, or three positions according to peaks of \( m/z \) 291 (\([\text{M-H}]^-\) of hydroxyflutamide) at 7.1 minutes, \( m/z \) 307 (\([\text{M-H}]^-\) of M1) at 5.1 minutes, and \( m/z \) 323 (\([\text{M-H}]^-\) of M3) at 2.0 minutes (data not shown). Addition of \( \beta \)-glucuronidase to the urine indicated glucuronidation of the mono and dihydroxylated forms, which was confirmed by neutral loss scan and MS/MS of urine samples that had not been treated with \( \beta \)-glucuronidase. Chromatographic peaks for \( m/z \) 483 (\([\text{M-H}]^-\) of M1 glucuronide) and \( m/z \) 467 (\([\text{M-H}]^-\) of hydroxyflutamide glucuronide) were observed at 2.5 and 5.6 minutes, respectively. The main fragments of the phase II metabolites were the same as those found in the phase I
metabolites; m/z 307 and 205, or m/z 291 and 205, respectively (Figs. 6c and 6d). Other ions of interest in the spectra are m/z 175 and m/z 113 derived from monodehydrated glucuronic acid. Trihydroxylated flutamide (M3) did not appear to be conjugated with glucuronic acid.

An experiment with neutral loss scan of 129 on urine that had not been treated with β-glucuronidase, gave a peak at 6.2 minutes with a precursor ion of m/z 452. CID of m/z 452 resulted in the spectrum in Figure 7. These results indicate the presence of a mercapturic acid conjugate of hydroxylated flutamide. The fragment m/z 205 shows that the hydroxylation was aliphatic.

Flutamide, [M-H]− m/z 275 could not be recovered in any of the urinary samples.

Figure 5 provides a proposed metabolic pathway for flutamide and its active metabolite 2-hydroxyflutamide in humans. It includes these novel conjugates detected directly by LC-ESI-MS/MS.
Discussion

LC-ESI-MS/MS is a powerful analytical tool in metabolite identification studies. The selectivity of the technique is high and the limit of detection low compared to many other techniques. For the analysis of the microsome and urine samples we used a triple quadrupole mass spectrometer that can identify families of structurally related metabolites by using e.g. neutral loss and precursor ion scans. Metabolites are derivatives of the parent drug and as such it can be assumed that many of the metabolites show the same fragment ions as the parent drug or characteristic neutral losses (Kostiainen et al., 2003). In order to identify drug metabolites by mass spectral information, the fragmentation of a synthetic standard of the drug is advantageous. We had access to synthetic standard substances of flutamide, 2-hydroxyflutamide and 4-nitro-3-(trifluoromethyl)-aniline (Flu-1) for which the retention times and fragmentation patterns could be used for the determination of metabolites in the in vitro and in vivo samples. The fragments produced from the standard were then used to draw conclusions about the structure of the metabolites that are similar in their chemical structure and thus fragmented in a similar manner. A positive ion fast atom bombardment mass spectrum of flutamide can be found in the literature (Sternal and Nugara, 2001), but chemical entities tend to fragment differently depending on the technique and analytical conditions applied. In this study, a hybrid quadrupole/time of flight instrument with an electrospray ion source was used for accurate mass measurements in order to assist structural assignment of the fragment ions of flutamide and 2-hydroxyflutamide standards. The fragments were produced by collision-induced dissociation and all fragments except for two could be determined within 3 mDa mass difference. In the cases of the larger mass difference the peak intensities were low in combination with a larger difference between the peak measured and the lock mass value.
The pharmacologically active 2-hydroxyflutamide has been reported as the major plasma metabolite of flutamide in rats (Asakawa et al., 1995a), dogs (Farthing et al., 1994), and humans (Katchen and Buxbaum, 1975). This was also supported in our study as 2-hydroxyflutamide was the only metabolite found in the liver microsomes from all four species. Since 2-hydroxyflutamide is responsible for the antiandrogen effect it may be concluded that these three animal species are relevant models at least from a metabolic perspective. Furthermore, there are reports concluding that there are similarities between pig and human metabolizing systems (Anzenbacher et al., 1998; Myers et al., 2001; Soucek et al., 2001; Anzenbacher et al., 2002). The hydroxylation has until now only been observed on the second (tertiary) aliphatic carbon which might be considered an uncommon metabolic process (Schulz et al., 1988). However, this study shows that hydroxylation also can occur on the primary aliphatic carbon as well as on the aromatic ring. The three isomers of the mono hydroxyflutamide metabolite were separated by the liquid chromatography system used. In the case of trihydroxylated flutamide, two isomers were identified in this study. In one of the metabolites all three hydroxy groups were aliphatic and in the other isomer, two were aliphatic and one aromatic.

It has been reported that the prostate tissue contains the gene transcripts of a broad array of drug and steroid-metabolizing cytochromes P450 (Finnstrom et al., 2001). However, in the comparison of the qualitative metabolism in pig prostate and liver it is clear that the metabolism was more extensive regarding the number of metabolites formed in the liver than the prostate. An interesting observation was that the Flu-3 metabolite existed in two isomers, both of which could be found in liver and prostate microsomes after incubation with flutamide and in liver microsomes after incubation with 2-hydroxyflutamide. Until now, the 2-amino-5-nitro-4-(trifluoromethyl)phenol was the only known isomer of the Flu-3 metabolite. The reduction product Flu-5 was only identified in pig prostate microsomes, possibly due to
cytosolic contamination in the microsome preparation. Gao et al recently identified a metabolite of the compound S4 (a novel nonsteroidal selective androgen receptor modulator) formed by reduction as the main metabolite in the presence of human liver cytosol (Gao et al., 2006).

In urine from prostate cancer patients treated with 250 mg flutamide orally (bid), four intact phase II metabolites could be directly identified by the use of LC-ESI-MS/MS in the negative ion mode. Previous studies have used indirect techniques to indicate the formation of phase II metabolites in humans. In 1975, Katchen and Buxbaum published data where plasma, urine, and feces were analyzed after administration of tritium labeled flutamide to three men. They discovered that Flu-3 was the major urine metabolite, and that treatment of the urine with glucuronidase and sulfatase increased the extraction recovery of the total amount of tritium labeled compounds, indicating the presence of conjugated metabolites (Katchen and Buxbaum, 1975). After administration of flutamide to rats, Flu-3 sulfate has been reported to be the major metabolite in urine and glucuronic acid conjugates have been detected in bile (Asakawa et al., 1995b). In this study intact sulfate and glucuronic acid conjugates of Flu-3 together with glucuronides of both mono and dihydroxylated flutamide were identified in human urine for the first time. One metabolic product of a glutathione conjugate, mercapturic acid conjugate of hydroxylated flutamide, was detected in the urine samples in the present study. It has been reported that hepatocytes produce electrophilic metabolites that often are subjected to glutathione conjugation (Robert et al., 2005). Our suggestion is that the mercapturic acid conjugate is produced from flutamide through a reactive intermediate (Fig. 5), which might be responsible for the toxic effects observed in numerous articles (Fau et al., 1994; Aizawa et al., 2003; Takashima et al., 2003).

In the metabolic scheme presented by Katchen and Buxbaum in 1975, they suggest that Flu-6 plays a major role as an intermediate and that the isobutyryl chain is removed by
stepwise oxidation rather than hydrolysis (Katchen and Buxbaum, 1975; Katchen et al., 1976). On the contrary, our findings of end stage conjugates (see Figure 5) clearly suggest that the isobutyryl chain does not have to be removed before conjugation and renal excretion. Instead, it is more likely that the major part of the flutamide drug is metabolized into 2-hydroxyflutamide, which may be conjugated with glucuronic acid, or further hydroxylated and then conjugated with glucuronic acid, or hydrolyzed to Flu-1 that after hydroxylation to Flu-3 can be conjugated with either sulfate or glucuronic acid. Some part of the flutamide drug appears to be converted into a reactive intermediate that can be detoxified through glutathion conjugation. Furthermore, in a recent publication by Gao et al it was concluded that the flutamide metabolism was well characterized and they showed a metabolic scheme where the only metabolites were 2-hydroxyflutamide and Flu-1 further metabolized into Flu-3 (Gao et al., 2006). We disagree that the metabolism of flutamide was well characterized before the present publication. As an example, we were able to clearly demonstrate that conjugation reactions play an important role in the flutamide metabolism.

In conclusion, the present study for the first time detected five different intact conjugates derived from flutamide in human urine, and a number of isomers of phase I metabolites were detected in liver microsomes from the three animal species studied. A similar metabolic pattern was established in microsomes from pig liver and prostate when incubated with flutamide or 2-hydroxyflutamide, and the metabolism was more extensive in the liver than the prostate in pigs, as could be expected. Liver microsomes from all four species studied formed the pharmacologically active main metabolite 2-hydroxyflutamide, which we suggest is then further metabolized before excretion, see the proposed metabolic scheme in Figure 5. We were also able to show the formation of a mercapturic acid conjugate formed from flutamide in human urine and suggest that the reported liver effects of flutamide are due to the molecular mechanism caused by a reactive intermediate.
References


Footnotes

a) B.L. and H.L. have an owner interest in LIDDS AB, which develops a product for the treatment of prostate cancer (info at www.pulsinvest.se).

b) Address correspondence to: Dr. Mikael Hedeland, National Veterinary Institute, Department of Chemistry, SE-751 89, Uppsala, Sweden. E-mail: Mikael.Hedeland@sva.se

c) ¹M.J. is now employed by the Pharmacy callcenter, Uppsala, Sweden.
Legends for figures

Figure 1
Chemical structures, molecular weight and short names of the previously identified phase I flutamide metabolites. The short names have been used in publications by Aizawa and Takashima et al. in 2003.

Figure 2
LC-ESI-MS/MS of m/z 205. Top: Spectrum from a rat liver microsome sample after incubation with flutamide. Bottom: Spectrum from the synthetic standard of 4-nitro-3-(trifluoromethyl)-aniline, 10 µg/mL.
For more information, see the The Methods section.

Figure 3
Sample from rat liver microsomes incubated with flutamide for 120 minutes. Left: Extracted ion chromatograms for m/z 291, m/z 221, and m/z 205 after LC-ESI-MS/MS of m/z 291. Right: Spectra from the chromatographic peaks at 8.1 and 7.1 minutes, respectively.
For more information, see the The Methods section.

Figure 4
A) LC-ESI-MS/MS spectrum after CID of m/z 307, corresponding to [M-H]⁻ of dihydroxylated flutamide. The sample injected was from rat liver microsomes incubated with flutamide for 120 minutes. The peak eluted at 5.0 minutes.
B) LC-ESI-MS/MS of m/z 291, corresponding to [M-H]⁻ of hydroxylated flutamide. Pig liver microsome sample after incubation with flutamide for 120 minutes. Top: Extracted ion chromatogram for m/z 205. Bottom: Spectra for the two chromatographic peaks.
C) Pig liver microsomes incubated with 2-hydroxyflutamide for 80 minutes. Top: Total ion chromatogram after full MS scan \( m/z \) 50-500. Bottom: Extracted ion chromatogram for \([\text{M-H}]^- m/z\) 221.

D) Pig prostate microsomes incubated with flutamide for 80 minutes. Top: Total ion chromatogram after full MS scan \( m/z \) 50-500. Bottom: Extracted ion chromatogram for \([\text{M-H}]^- m/z\) 261.

For more information, see the The Methods section.

**Figure 5**

Possible metabolic pathway of flutamide in humans. Novel metabolites identified in the present study are indicated in bold. Of special interest is the mercapturic acid conjugate formed from flutamide since the suggested reactive intermediate might be responsible for the reported hepatotoxicity.

**Figure 6**

A) Urine sample from a human male patient analyzed with full neutral loss scan of 80 mass units. Top: Total ion chromatogram. Bottom: The spectrum from the peak at 7 minutes.

B) Urine sample from a male patient treated with flutamide analyzed by LC-ESI-MS/MS of \( m/z \) 397. Top: Total ion chromatogram. Bottom: The spectrum from the peak at 3.6 minutes.

C) LC-ESI-MS/MS spectrum in negative ion mode from a urine sample from a patient treated with flutamide. The parent ion is \([\text{M-H}]^- m/z\) 467, weight of the deprotonated molecule hydroxyflutamide +176 indicating glucuronic acid conjugate of hydroxyflutamide.
DMD #8516

D) LC-ESI-MS/MS spectrum in negative ion mode from a urine sample from a patient treated with flutamide. The parent ion is [M-H]$^-$$m/z$ 483, weight of the deprotonated molecule M1 +176 indicating glucuronic acid conjugate of M1.

The collision energy was 22 V in figure A and 30 V in figure B-D. For more information, see the Methods section.

**Figure 7**

Urine sample from a human male patient analyzed with LC-ESI-MS/MS of $m/z$ 452.

Fragments correspond to a mercapturic acid conjugate of hydroxylated flutamide.
# Tables

## Table 1

Accurate mass measurement of the fragments after CID of a flutamide standard solution (19 mM in methanol). For LC and MS settings, see The Methods section.

<table>
<thead>
<tr>
<th>Fragment</th>
<th>Experimental [M-H]^- (m/z)</th>
<th>Theoretical [M-H]^- (m/z)</th>
<th>Difference (mDa)</th>
<th>Fragment loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>275.0650^1</td>
<td>275.0643</td>
<td>0.7</td>
<td>-</td>
</tr>
<tr>
<td>B</td>
<td>229.0598^2</td>
<td>229.0714</td>
<td>-11.6</td>
<td>A - NO₂</td>
</tr>
<tr>
<td>C</td>
<td>205.0223^2</td>
<td>205.0225</td>
<td>-0.2</td>
<td>A - C₄H₆O</td>
</tr>
<tr>
<td>D</td>
<td>202.0090^2</td>
<td>202.0116</td>
<td>-2.6</td>
<td>A - C₃H₇, NO</td>
</tr>
<tr>
<td>E</td>
<td>186.0145^3</td>
<td>186.0167</td>
<td>-2.2</td>
<td>A - C₃H₇, NO₂</td>
</tr>
<tr>
<td>F</td>
<td>182.0041^3</td>
<td>182.0054</td>
<td>-1.3</td>
<td>D - HF</td>
</tr>
<tr>
<td>G</td>
<td>154.0099^3</td>
<td>154.0183</td>
<td>-8.4</td>
<td>F - C=O</td>
</tr>
</tbody>
</table>

^1 Lock mass 276.7987 used  
^2 Lock mass 203.0821 used  
^3 Lock mass 179.0345 used
Table 2

Accurate mass measurement of the fragments produced after CID of a 2-hydroxyflutamide standard solution (1.3 mM in methanol). For LC and MS settings, see The Methods section.

<table>
<thead>
<tr>
<th>Fragment</th>
<th>Experimental [M-H]⁻ (m/z)</th>
<th>Theoretical [M-H]⁻ (m/z)</th>
<th>Difference (mDa)</th>
<th>Fragment loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>H</td>
<td>-</td>
<td>291.0593</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>I</td>
<td>205.0218¹</td>
<td>205.0225</td>
<td>-0.7</td>
<td>H - C₄H₆O</td>
</tr>
<tr>
<td>J</td>
<td>175.0261²</td>
<td>175.0245</td>
<td>-1.6</td>
<td>I - NO</td>
</tr>
<tr>
<td>K</td>
<td>159.0292²</td>
<td>159.0296</td>
<td>-0.4</td>
<td>I - NO₂</td>
</tr>
<tr>
<td>L</td>
<td>155.0204²</td>
<td>155.0183</td>
<td>-2.1</td>
<td>J - HF</td>
</tr>
</tbody>
</table>

¹Lock mass 203.0821 used

²Lock mass 179.0345 used
### Table 3

Metabolites found in liver microsomes from four species, human, pig, dog, and rat. The microsomal fractions were incubated with flutamide for 120 minutes before termination. For more information, see The Methods section.

<table>
<thead>
<tr>
<th>Metabolite</th>
<th>[M-H]^-</th>
<th>Human</th>
<th>Pig</th>
<th>Dog</th>
<th>Rat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flu-1</td>
<td>205</td>
<td>-</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Flu-2</td>
<td>247</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Flu-3</td>
<td>221</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Flu-5</td>
<td>261</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Flu-6</td>
<td>245</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>OH-Flu</td>
<td>291</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>M1</td>
<td>307</td>
<td>-</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>M3</td>
<td>323</td>
<td>-</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

✓, metabolite detected; ✓✓, metabolite detected in two isoforms; ✓✓✓, metabolite detected in three isoforms; -, metabolite not detected.
Figure 1

Flutamide, $M_w = 276$

Flu-1, $M_w = 206$

Flu-2, $M_w = 248$

Flu-3, $M_w = 222$

Flu-5, $M_w = 262$

Flu-6, $M_w = 246$

2-hydroxyflutamide, $M_w = 292$

M1, Dihydroxyflutamide, $M_w = 308$

M3, Trihydroxyflutamide, $M_w = 324$
Figure 2

Rat liver microsomes
m/z 205
NL: 6.4x10^4

Synthetic standard
m/z 205
NL: 3.2x10^4
Figure 3

Parent ion, [M-H] - 291

Product ion, m/z 221
NL: 2.74x10^4

Product ion, m/z 205
NL: 6.08x10^6
Figure 4A

The diagram shows a mass spectrum with peaks at m/z 205, 206, 234, 293, 307, and 323. The structure of the compound features a nitro group (NO2), a trifluoroethyl group (CF3), and a carboxyl group (COOH) attached to a benzene ring with an amino group (NH2). The peak at m/z 205 is labeled [M-H]−, indicating a molecular ion minus a hydrogen atom.
Figure 6B

[Graph showing mass spectrometry data with peaks labeled 3.58, 4.46, 4.71, etc., and chemical structures with m/z 221, Neutral 176, and [M-H] indicated.]
Figure 6C