Effect of Disease-Related Changes in Plasma Albumin on the Pharmacokinetics of Naproxen in Male and Female Arthritic Rats

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ABSTRACT

Naproxen (NPX) is used in the treatment of rheumatoid arthritis (RA) for alleviation of pain and inflammation. In view of the extensive albumin binding of NPX, this study investigates whether chronic inflammation and sex influence the physiologic albumin concentrations, plasma protein binding, and pharmacokinetics (PK) of NPX. The PK of NPX was evaluated in a rat model of RA [collagen-induced arthritis (CIA) in Lewis rats] and in healthy controls. These PK studies included 1) NPX in female and male CIA rats that received 10, 25, or 50 mg/kg NPX i.p.; and 2) NPX in healthy female and male rats after i.p. dosing of NPX at 50 mg/kg. Plasma albumin concentrations were quantified by enzyme-linked immunosorbent assay, and protein binding was assessed using ultrafiltration. The NPX concentrations in plasma and filtrates were determined by liquid chromatography–tandem mass spectrometry (LC-MS/MS). Plasma concentration-time data of NPX were first assessed by noncompartmental analysis (NCA). Nonlinear PK as indicated by dose-dependent NCA clearances and distribution volumes was observed. A two-compartment model with a first-order absorption process incorporating nonlinear protein binding in plasma and tissues jointly described the PK data of all groups. Saturable albumin binding accounts for the nonlinearity of NPX PK in all rats as well as part of the PK differences in arthritic rats. The CIA rats exhibited reduced albumin concentrations, reduced overall protein binding, and reduced clearances of unbound NPX, consistent with expectations during inflammation. The net effect of chronic inflammation was an elevation of the C\textsubscript{max} and area under the plasma concentration-time curve (AUC) of unbound drug.

Introduction

Rheumatoid arthritis (RA) is a chronic systemic inflammatory autoimmune disease. It produces joint pain, stiffness, and swelling due to synovial inflammation and effusion. There is a sex preference, with more women affected than men (van Vollenhoven, 2009). The pathogenesis of RA involves both the biosynthesis and actions of many proinflammatory mediators, including cytokines and prostaglandins (PG) (McInnes and Schett, 2011). In particular, PG play a key role in the generation of cardinal signs of acute inflammation, such as pain, fever, redness, and swelling, by promoting blood flow into the inflamed tissues and increasing microvascular permeability (Funk, 2001; Ricciotti and FitzGerald, 2011), and contribute to chronic inflammation through amplifying cytokine signaling as well as inducing and recruiting inflammatory cells at affected sites (Aoki and Narumiya, 2012).

Nonsteroidal anti-inflammatory drugs (NSAIDs) are extensively used to treat inflammatory diseases, including RA, because of their effective analgesic and anti-inflammatory properties (Crofford, 2013). The primary pharmacological mechanism of NSAIDs is blocking the biosynthesis of PG from arachidonic acid through inhibition of the enzymatic activity of cyclooxygenase (COX). There are two distinct isozymes, COX-1 is a constitutive enzyme that synthesizes PG to help maintain homeostatic functions, including protection of gastric mucosa and platelet activation. In contrast, the expression of COX-2 is inducible under inflammatory conditions and serves as the main source of PG responsible for various inflammatory responses (Crofford et al., 2000; Smith et al., 2000; Ricciotti and FitzGerald, 2011). Despite the clinical effectiveness of NSAIDs, their side effects, such as gastrointestinal bleeding and potential cardiovascular toxicity, were also associated with the strong inhibition of either COX-1 or COX-2 (Lanas, 2009; Coxib and Traditional NSAID Trialists’ Collaboration et al., 2013). Naproxen (NPX), a traditional NSAID, has been widely used in the management of RA (Davies and Anderson, 1997). It is a nonselective COX inhibitor that shows inhibitory effects for both isozymes with moderate potencies (Vane, 1971). Compared with selective COX inhibitors, NPX is better tolerated with respect to gastrointestinal complications and cardiovascular risk (Lussier et al., 1978; Watson et al., 2002). Similar to most NSAIDs, NPX is highly bound to human plasma proteins, especially albumin, with very strong binding (>99%) at therapeutic concentrations (Mortensen et al., 1979). Hypoalbuminemia frequently occurs in RA owing to increased catabolism (Wilkinson et al., 1965), and thereby, the disposition of highly albumin-bound drugs might be altered during RA. The clearance and distribution volume of NPX both increased in RA patients compared with normal subjects due to higher unbound NPX concentrations (van den Ouweland

ABBREVIATIONS: AUC, area under the plasma concentration-time curve; CIA, collagen-induced arthritis; COX, cyclooxygenase; CV%, coefficient of variation; ELISA, enzyme-linked immunosorbent assay; GI, gastrointestinal; IS, internal standard; ISF, interstitial fluid; LC-MS/MS, liquid chromatography–tandem mass spectrometry; NCA, noncompartmental analysis; NPX, naproxen; NSAID, nonsteroidal anti-inflammatory drug; PBS, phosphate-buffered saline; PD, pharmacodynamics; PG, prostaglandin; PK, pharmacokinetics; RA, rheumatoid arthritis.

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Nonlinear pharmacokinetics (PK) caused by saturation of albumin binding at high total drug concentrations were reported (Stoeckel et al., 1981; Lin et al., 1985; Wong et al., 1999). Dose-dependent clearance of total drug and a plateau effect on the plasma concentration-time curve (AUC) were shown at higher NPX doses in humans (Runkel et al., 1974). Sodium naproxen is a Biopharmaceutical Classification System I compound with high solubility and permeability, and good absorption has been found in healthy and RA subjects (van den Ouweland et al., 1987; Vree et al., 1993).

The PK of NPX has been assessed in various species (Lauroba et al., 1986; Hunten et al., 2006, 2010; Elsinghorst et al., 2011). However, the underlying mechanisms causing the nonlinear PK have either been neglected or not been fully explored. The NPX PK profiles in earlier studies were described using simple linear clearance models without consideration of the nonlinearity. In addition, the influences of chronic inflammation (RA) and sex on the protein binding and disposition of NPX have not yet been well investigated. Our studies are consonant with recent emphasis (Danska, 2014) that translational studies of sex differences should be expanded.

Collagen-induced arthritis (CIA) in Lewis rats is an animal disease model that closely resembles many features of human RA (Stuart et al., 1982; Holmdahl et al., 2001). This model has been successfully applied to assess the PK/pharmacodynamic (PD) properties of various drugs, including dexamethasone, anakinra, and abatacept (Earp et al., 2008b; Liu et al., 2011; Lon et al., 2013).

In the current study, the PK of NPX was examined in female and male normal and CIA rats after various i.p. doses of NPX. A global PK model incorporating sex and disease effects on nonlinear protein binding was successfully applied. This study was designed to support a subsequent preclinical PD study of NPX in CIA rats (Li et al., 2017).

Materials and Methods

Reagents and Chemicals. Naproxen (purity >98.5%), sodium naproxen, liquid chromatography–mass spectrometry–grade acetoneitrile, and high-performance liquid chromatography–grade formic acid were all obtained from Sigma-Aldrich (St. Louis, MO). (S)-Naproxen-d3 [internal standard (IS), purity >98%] was purchased from Toronto Research Chemicals Inc. (Toronto, Canada). Milli-Q water was used (Millipore Corporation, Bedford, MA).

Animals. Male and female Lewis rats (5–8 weeks old) were purchased from Harlan (Indianapolis, IN), weighing approximately 110–160 g for females and 170–220 g for males, age-matched for each sex group at the time of PK study. All rats were housed individually in the University Laboratory Animal Facility under controlled temperature (22°C) and humidity, 12-hour light/12-hour dark cycles, and free access to water and food. Rats were acclimated for 1 week before the studies. These studies were performed in accordance with the Guide for the Care and Use of Laboratory Animals (National Research Council, 2011) and approved by the University at Buffalo Institutional Animal Care and Use Committee.

Induction of CIA in Lewis Rats. The induction of CIA in Lewis rats was conducted following protocols and reagents supplied by Chondrex (Redmond, WA). The detailed procedures were as previously described (Earp et al., 2008a). Paw edema and body weights were monitored from the first day of induction through day 15 for females and day 20 for males. Hind-paw swelling was used as the indicator for edema and was measured by digital calipers (VWR Scientific, Montgomery, TX). Rat plasma samples were diluted (1:1,000,000) by conjugate diluent prior to assay. All other procedures followed the manufacturer’s protocol. Four rats from each animal group were used, and all samples were run in triplicate. The ranges of the standard curve was 1.95–125 ng/ml, and a four-parameter logistic model was applied to fit the standard curve.

Plasma Protein Binding of NPX. Plasma protein binding of NPX was measured by ultrafiltration using Centrifree micropartition devices (Millipore Corporation) with a 30 kDa molecular mass cutoff filter. In brief, 16 μl of NPX PBS solution (0.2, 0.5, 1, 2, 5, 10, 20, and 50 mg/ml) was added at 1% of the total volume to pooled blank plasma samples from each group to yield eight plasma samples containing NPX per group (2, 10, 20, 50, 100, 200, and 500 μg/ml). After incubation at 37°C for 30 minutes, aliquots (460 μl) of plasma of each concentration were transferred into three preinserted ultrafiltration devices and centrifuged at 2000 × g for 20 minutes. The filtrates and remaining plasma samples were stored at −80°C until analysis of both free and total NPX concentrations. Preliminary studies showed that there was negligible nonspecific binding of NPX to the ultrafiltration device.

Drug Analysis. The NPX concentrations in all samples were determined by liquid chromatography–tandem mass spectrometry (LC-MS/MS). In brief, plasma samples (15 μl) from the PK and protein-binding studies were spiked with 10 μl of IS working solutions (2.5 μg/ml) followed by precipitation with 400 μl of acetonitrile containing 0.1% formic acid. The mixtures were vortexed for 1 minute and sonicated for 20 seconds, then vortexed for another 10 seconds after sonication and centrifuged at 13,000 × g for 10 minutes. Then, 300 μl of the supernatant was transferred to a 2-ml tube containing 1.2 ml of water and vortexed for 10 seconds. Finally, 10 μl of the mixture was injected into the LC-MS/MS for analysis. The NPX concentrations in the filtrates (free drug concentrations) from the protein-binding studies were pretreated using the same method as plasma samples, with slight modifications. In brief, 75 μl of each filtrate sample was spiked with 10 μl of IS working solutions (2.5 μg/ml) followed by precipitation with 300 μl of acetonitrile containing 0.1% formic acid. The remaining sample-preparation procedures were as described earlier for the plasma samples.

Fig. 1. The pharmacokinetic model for naproxen incorporating protein binding in the central and peripheral compartments. Symbols are defined in the text and Tables 1 and 4.
The LC-MS/MS system consisted of a Shimadzu (Kyoto, Japan) high-performance liquid chromatography module including a binary pump, a degasser, an autosampler, and a column oven, and an Applied Biosystems (Foster City, CA) PE/Sciex API3000 mass spectrometer equipped with a turbo ion spray interface. Sample separations were achieved on a Targa C18 Column (particle size 5 μm) and the PE/Sciex API3000 mass spectrometer equipped with a turbo ion spray interface. Plasma and 0.01 % acetic acid (Shi et al., 2015).

The protein binding of NPX in tissues is considered to occur primarily in the interstitial fluid (ISF) (Aukland and Nicolaysen, 1981; Rodgers and Rowland, 2006). Assuming that the binding affinities and numbers of binding sites on each protein molecule in ISF are the same as in plasma, then the relationship between total (C) and unbound tissue concentrations (Cp) of NPX could also be described by eq. 4 with a difference in ISF and plasma protein concentrations, where Pr is multiplied by E/P, the ratio of protein concentrations in ISF and plasma.

According to the “free hormone hypothesis” (Mendel, 1989), disposition processes often operate only on free drug. Therefore, NPX plasma concentration-time profiles were characterized by compartment models based on free drug concentrations with binding calculated from total concentrations. Several models including one- and two-compartment PK models (with or without an absorption process) with binding were tested, and the final PK model selected (Fig. 1) was a two-compartment model with a first-order absorption process incorporating nonlinear protein binding. The final PK model equations and initial conditions are:

\[
\frac{dA}{dt} = -k_0 \cdot A_0; A_0(0) = \text{dose} \cdot F
\]

\[
V\frac{dC_p}{dt} = k_0 \cdot A_0 + CL_d \cdot (C_{at} - C_p) - CL \cdot C_p, C_p(0) = 0
\]

\[
V\frac{dC}{dt} = CL_d \cdot (C_{ap} - C_{at}), C_{a}(0) = 0
\]

where \(A_0\) indicates the amount of NPX at the absorption site; \(k_0\) is the first-order absorption rate constant; \(CL\) and \(CL_d\) are the plasma and distribution clearances of unbound NPX; \(V_p\) and \(V_t\) are the volumes of distribution of total NPX in central and peripheral compartments; and \(F\) is the bioavailability of the i.p. dose calculated to be about 0.9 from literature-reported i.v. data in rats (Lauroba et al., 1986). The drug was given i.p. to minimize stress in the animals and based on observations that NPX absorption is rapid, reproducible, and essentially complete by this route (Huntjens et al., 2006).

### Table 1

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Definition</th>
<th>Estimates (CV%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>CIA Females</td>
<td>Healthy Females</td>
</tr>
<tr>
<td>(K_{a1}) (μM(^{-1}))</td>
<td>Association constant for first binding site</td>
<td>0.28 (3.53)</td>
</tr>
<tr>
<td>(K_{a2}) (μM(^{-1}))</td>
<td>Association constant for second binding site</td>
<td>0.0041 (4.2)</td>
</tr>
<tr>
<td>(n_1)</td>
<td>Number of first-class binding sites</td>
<td>1 (Fixed)</td>
</tr>
<tr>
<td>(n_2)</td>
<td>Number of second-class binding sites</td>
<td>4 (Fixed)</td>
</tr>
<tr>
<td>(P_t) (μM)</td>
<td>Measured albumin concentration</td>
<td>347 (Fixed)</td>
</tr>
<tr>
<td>(n_1 P_t) (μM)</td>
<td>Binding capacity of first binding site</td>
<td>347</td>
</tr>
<tr>
<td>(n_2 P_t) (μM)</td>
<td>Binding capacity of second binding site</td>
<td>1388</td>
</tr>
</tbody>
</table>

*Binding capacities were calculated as the product of \(n_i \times P_t\).*
Initial noncompartmental analysis (NCA) of the PK data was performed using the Phoenix WinNonlin 6.4 software (Certara Corporation, Princeton, NJ). All model fittings were performed using the maximum likelihood algorithm in ADAPT 5 (Biomedical Simulations Resource, Los Angeles, CA) (D’Argenio et al., 2009). The model code is provided in the Supplemental Materials. All protein-binding and PK data were naive-pooled before analysis. The protein-binding profiles were first fitted and the estimated binding parameters were fixed in the PK model. The variance model used was:

\[ V_i = (\sigma_1 + \sigma_2 \cdot Y_i)^2 \]  

where \( V_i \) represents the variance of the \( i \)th data point; \( Y_i \) is the \( i \)th model-predicted plasma concentration; and \( \sigma_1 \) and \( \sigma_2 \) are variance model parameters and were estimated together with other system parameters during model fitting. Model selection was based on the goodness-of-fit criteria, which included the Akaike information criterion, visual inspection of the fitted profiles, and coefficients of variation (CV%) of the parameter estimates.

Statistical Analysis. All data were analyzed statistically by one-way analysis of variance and Tukey’s multiple comparison test using SPSS software version 22 (IBM SPSS Statistics, Chicago, IL), and \( p < 0.05 \) was considered to be statistically significant.

Results

Quantification of Plasma Albumin. An anti-rat albumin ELISA was applied to determine whether sex and the presence of arthritis influence the plasma concentrations of albumin. As shown in both Fig. 2 and Table 1, the plasma albumin concentrations in CIA rats were significantly lower than those in healthy animals, consistent with the situation in humans where hypoalbuminemia is a feature of RA (Wilkinson et al., 1965). It is interesting to note that albumin concentrations also differed significantly with sex in rats, with lower values observed in males.

Protein Binding of NPX. Protein-binding studies of NPX were carried out using plasma from the four animal groups. Plasma protein binding of NPX in rats showed concentration dependence, with higher unbound fractions at higher total plasma concentrations (Fig. 3). Higher percentage binding of NPX to rat plasma proteins (>93%) was observed at normal therapeutic concentrations in all groups with very small variation (CV% < 2.36%). However, a significant decrease in binding was found at total concentrations greater than 50 \( \mu \)g/ml in CIA rats and above 100 \( \mu \)g/ml in healthy rats (Supplemental Table S1). Rosenthal plots (Fig. 3) presenting the bound/unbound drug concentration ratios versus bound concentrations showed biphasic profiles, indicating that there are two classes of binding sites on the protein. The bound versus free concentration profiles were fitted to the binding equation with two classes of binding sites (eq. 1) (Supplemental Model Code for Protein Binding). Preliminary fittings allowing \( n_1 \) and \( n_2 \) to vary yielded the nearest integers of 1 and 4, which were then fixed for subsequent assessment. As shown in Fig. 4, there was very good agreement between the observed and fitted data, except that the bound concentrations in CIA males were slightly underpredicted at the highest free concentrations. The association constants listed in Table 1 indicate that NPX is bound to rat plasma albumin with high affinity, and the first class \( (n_1) \) of binding sites differed from the second \( (n_2) \) as \( K_{b_2} \) was only about 2% of \( K_{b_1} \). In addition, the binding capacities \( (nPt) \) varied with lower binding capacities in the CIA rats and male rats (Table 1).
Pharmacokinetics of NPX. The PK of NPX was investigated in CIA rats and compared with that in healthy animals. Following i.p. doses of NPX (10, 25, and 50 mg/kg) in CIA rats and 50 mg/kg in healthy rats, the NPX PK profiles of all groups shown in Figs. 5 and 6 were biexponential, with parallel elimination phases between the dose groups. A sharper initial decline was observed in higher dose groups, indicating that distribution rates increased with dose/concentration. The primary PK parameters for total drug were initially calculated by NCA for comparison with published PK results. In CIA rats, plasma NPX concentrations increased less than dose proportionally in both sex groups, as indicated by the dose-normalized AUC, which decreased nearly 2-fold over the 5-fold range of doses. In addition, the apparent volume of distribution (V/F) and apparent clearance (CL/F) significantly increased in the highest dose groups (50 mg/kg) compared with those in the 10 mg/kg dose groups (Table 2). Together, these results indicated the occurrence of dose-dependent PK of NPX in CIA rats. The NCA results for arthritic and healthy rats are listed in Table 3. The AUC of total NPX in arthritic rats was significantly lower than that in healthy animals. Both V/F and CL/F values in CIA rats were about 30–50% higher than the corresponding values in healthy rats. Despite these differences, NCA did not indicate any significant differences in the PK parameters between female and male rats. In addition, the terminal half-life (t1/2) was similar in all dose groups in CIA rats and between arthritic and healthy rats at the same dose level (Tables 2 and 3). The apparent clearance values for NPX are considerably smaller than hepatic plasma flow (circa 1200 ml/h/kg) (Davies and Morris, 1993), indicating that this is a low-clearance compound and should have little first-pass loss after i.p. administration.

A two-compartment model with a first-order absorption process and nonlinear albumin binding (Fig. 1) was used to describe the PK of NPX (Supplemental Model Code for PK Estimation). Free NPX concentrations calculated from the total using the protein-binding parameters in Table 1 were used in modeling (eqs. 5–7) (Supplemental Model Code for PK Simulation). The model fittings applied jointly for all animals and PK groups along with the corresponding model-predicted unbound plasma concentrations of NPX are shown in Figs. 5 and 6. The final model parameter estimates are presented in Table 4. This model described the PK profiles reasonably well, except for missing the last time point, with low CV% values for all parameter estimates. Absorption of NPX from the i.p. injection site was rapid, with a ka value of about 0.8 hour⁻¹, which is in line with reported data (Huntjens et al., 2006, 2010). The CIA rats showed lower unbound plasma clearances (CL(Arthritic)) and larger peripheral distribution volumes of total drug (Vt(Arthritic)) compared with healthy rats, consistent with the findings in humans (van den Ouweland et al., 1987). The estimated Vf values approach the ISF volume in rats (174 ml/kg) (Shah and Betts, 2012), further indicating that NPX distributes principally to tissue interstitial space. Lower unbound distribution clearances in CIA rats (CL(Arthritic)) observed in our study also agree with previous findings indicating that the rheumatoid synovium is less permeable to small molecules, and inflammation might decrease the distribution of unbound NSAIDs into and out of tissues (Simkin, 1979; Wallis et al., 1985; Day et al., 1999). It is apparent that NPX is a low-extraction drug, and its unbound plasma clearance is mainly determined by the intrinsic clearance based on the well-stirred model of hepatic clearance. The unbound plasma NPX concentration-time profiles for all 50 mg/kg dose groups are shown in Fig. 7. In both sex groups, arthritic rats showed higher peak unbound concentrations (13.52 vs. 8.14 μg/ml for females and 13.51 vs. 8.43 μg/ml for males) and increased unbound AUC (32.76 vs. 23.94 μg·h/ml for females and 32.82 vs. 23.95 μg·h/ml for males) compared with healthy rats.

**Discussion**

Protein binding has been known to play a substantial role in the PK and PD of NSAIDs (Lin et al., 1987). NPX is an acidic NSAID that is extensively bound to albumin (>99%) within the normal therapeutic range in plasma (20–200 μg/ml) (Mortensen et al., 1979). Different plasma albumin concentrations and binding kinetics of NPX with disease and sex along with altered intrinsic clearances affected the disposition of NPX.

We found lower albumin concentrations along with nonlinear NPX PK in arthritic rats producing a disproportionate increase of AUC with dose. This phenomenon occurs in humans, where the AUC of NPX tended to plateau at higher doses (500–900 mg, which is about 45–80 mg/kg in rats) (Runkel et al., 1974). The absorption of NPX is rapid and complete (Runkel et al., 1974; Segre, 1975), and NPX absorption in RA patients is similar to that in healthy subjects (van den Ouweland et al., 1987; Vree et al., 1993). Therefore, the explanation for the plateau effect in AUC was a greater clearance at high doses due to elevated free drug concentrations resulting from saturation of albumin binding (Mortensen et al., 1979; Calvo and Dominguezgil, 1983). Under inflammatory conditions, albumin is also subject to increased catabolism (Wilkinson et al., 1965). Altered albumin binding in RA results in more free drug available.
for elimination, leading to lower AUC and higher CL in both RA patients and CIA rats given the same dose levels. Thus, different PK behaviors were expected between healthy and arthritic rats, in accordance with findings in humans (van den Ouweland et al., 1987). Although $t_{1/2}$ did not change with dose or disease, this parameter was determined by concentrations falling within the linear protein-binding range. As seen from the ELISA results, plasma albumin concentrations differed significantly with disease and sex, with lower values in CIA rats and in male rats. A negative correlation was found between the NCA concentrations falling within the linear protein-binding range. Not change with dose or disease, this parameter was determined by (findings in humans (van den Ouweland et al., 1987). Although different PK behaviors were measured in female and male rats given the same dose levels. Thus, different PK behaviors were produced between female and male rats did not produce differences in PK, suggesting that other factors (e.g., drug metabolism) are involved.

This study was enacted to further explore and comprehensively integrate and model the role of different plasma albumin concentrations in the binding of NPX, to examine whether nonlinear protein binding accounts for the nonlinearities in NPX PK, and to assess disease and sex effects. The bound fractions of NPX in our study are slightly higher than other data in rats (Huntjens et al., 2006). In our study, protein binding of NPX was constant at low drug concentrations and became saturated at higher concentrations. Such saturation of binding was observed at lower NPX concentrations in CIA rats, which can be explained by their lower albumin concentrations. In CIA rats, even with very small decreases in percentage bound, the unbound fractions of NPX can vary up to about 6-fold over the therapeutic concentration range, which is comparable to the situation in humans (Borgå and Borgå, 1997). Our companion study assesses whether the pharmacological effects of NPX can be directly related to the unbound drug concentrations in CIA rats (Li et al., 2017).

Initial modeling tests showed that the estimated number of binding sites $(n_1$ and $n_2$) was close to 1 and 4 in all groups except CIA males, where the estimated $n_2$ value was 6.6. Nonetheless, uniform values of $n$ ($n_1 = 1$ and $n_2 = 4$) were chosen for all groups in the final model, and only the association constants $(K_{a1}$ and $K_{a2})$ were estimated. The binding affinity of NPX to one class of binding site on albumin was much higher than the other. Attempted modeling of all protein-binding data using single values for $K_{a1}$ and $K_{a2}$ produced less satisfactory overall fittings. The lower binding capacity observed in CIA rats and in male rats was primarily due to their lower albumin concentrations.

From the perspective of mechanism, albumin- and drug-concentration-dependent protein binding was incorporated into a classic type of two-compartment model to account for the nonlinearity of NPX PK. This modeling approach is based on the literature (Fleishaker and McNamara, 1985) in that free drug was used to govern the distribution process of total drug. However, their model only applies when protein binding and clearance are linear. Our model is more comprehensive in accounting for nonlinear binding in plasma and tissues, operating both distribution and elimination processes using unbound drug, and featuring a global analysis of all experimental data jointly. These advantages offset our ability to capture all data perfectly, especially the last time point, which differs from the fitting trend for unknown reasons.

Protein concentrations in tissue interstitial space are known to increase due to the increase of microvascular permeability with inflammation (Aukland and Johnsen, 1974; Simkin, 1979; Bell et al., 1983); therefore, different $EIP$ values were assigned to CIA and healthy rats. The average $EIP$ based on the literature is about 0.5 for healthy rats (Rodgers et al., 2005; Rodgers and Rowland, 2006). Assuming that increased albumin concentrations in CIA ISF are mainly attributed to the transfer of albumin from plasma to ISF, the $EIP$ value used for CIA rats was about 0.9 based on the reduced fraction of plasma albumin concentrations. This is in accordance with findings in humans that $EIP$ is about 0.32 in healthy subjects and increases to about 0.73 in RA patients (Fleishaker and McNamara, 1985; Day et al., 1995). Since no significant alteration of the absorption of NPX occurs with RA (van den Ouweland et al., 1987; Vree et al., 1993), the absorption rate constant ($k_a$) was shared for all groups. The central distribution volume of total drug ($V_c$) was difficult to estimate, perhaps owing to the i.p. doses, and thus it was fixed to rat plasma volume to improve model stability. In the final model, different values of unbound plasma clearances ($CL$), unbound distribution clearances ($CL_d$), and peripheral distribution volumes of total drug

| TABLE 2 |
| NCA pharmacokinetic parameters based on total NPX concentrations for 10, 25, and 50 mg/kg i.p. doses in CIA rats (mean ± S.D.) |

<table>
<thead>
<tr>
<th>Dose (mg/kg)</th>
<th>CIA Females (n = 3)</th>
<th>CIA Males (n = 3)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Dose-Normalized AUC</td>
<td>Dose-Normalized AUC</td>
</tr>
<tr>
<td></td>
<td>$\mu g\cdot kg/ml$ng</td>
<td>$ml/kg$</td>
</tr>
<tr>
<td>10</td>
<td>33.84 ± 5.17</td>
<td>29.98 ± 4.21</td>
</tr>
<tr>
<td>25</td>
<td>25.44 ± 0.80</td>
<td>39.34 ± 1.22*</td>
</tr>
<tr>
<td>50</td>
<td>18.74 ± 0.86**</td>
<td>53.43 ± 2.53**</td>
</tr>
</tbody>
</table>

* $P < 0.05; ** P < 0.01$ (significant difference compared with 10 mg/kg dose group in each sex group).

| TABLE 3 |
| Comparison of NCA pharmacokinetic parameters based on total NPX concentrations for 50 mg/kg i.p. doses in CIA and healthy rats |

<table>
<thead>
<tr>
<th>Groups</th>
<th>$n$</th>
<th>AUC</th>
<th>$CL/F$</th>
<th>$V/F$</th>
<th>$t_{1/2}$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>$\mu g\cdot h/ml$</td>
<td>$ml/kg$</td>
<td>$ml/kg$</td>
<td>$h$</td>
</tr>
<tr>
<td>CIA males</td>
<td>3</td>
<td>809.8 ± 61.0*</td>
<td>61.99 ± 4.87**</td>
<td>229.3 ± 48.93*</td>
<td>2.55 ± 0.36</td>
</tr>
<tr>
<td>Healthy males</td>
<td>4</td>
<td>1054.5 ± 116.5</td>
<td>47.76 ± 4.98</td>
<td>169.7 ± 18.2</td>
<td>2.46 ± 0.03</td>
</tr>
<tr>
<td>CIA females</td>
<td>3</td>
<td>936.0 ± 42.2*</td>
<td>53.43 ± 2.53*</td>
<td>287.1 ± 42.5*</td>
<td>3.74 ± 0.64</td>
</tr>
<tr>
<td>Healthy females</td>
<td>4</td>
<td>1203.4 ± 138.2</td>
<td>41.89 ± 4.51</td>
<td>188.6 ± 24.7</td>
<td>3.13 ± 0.34</td>
</tr>
</tbody>
</table>

* $P < 0.05; ** P < 0.01$ (significant difference compared with healthy group in each sex group).
were assigned for CIA and healthy rats. The presence of proinflammatory mediators during inflammation is commonly associated with reduced cytochrome P450 expression and activity, leading to impaired drug metabolism (Slaviero et al., 2003; Renton, 2005). Therefore, the lower value of \( \text{CL}_{\text{Arthritic}} \) was expected, as NPX undergoes significant hepatic metabolism that is primarily dependent on cytochromes CYP2C9 and CYP1A2 (Miners et al., 1996). The effects of chronic inflammation on the tissue disposition of NPX still remain unclear. However, it might be anticipated that the diffusion of unbound NPX into and out of tissues should decrease due to decreased perfusion with inflammation (Wallis et al., 1985). The lower unbound distribution clearance observed in CIA rats is consistent with this. The larger peripheral distribution volume of total NPX in CIA rats corresponded well with the NCA results. As the ISF protein concentrations increase with inflammation, the bound fraction of NPX will increase in ISF and thereby enhance the penetration of total drug into tissue, as previously reported (Fleishaker and McNamea, 1985). The estimated \( V_p \) values of all groups were smaller than ISF volume, which might be due to collagen occupying part of the ISF space. The PK parameters based on free drug were independent of dose, confirming that saturation of protein binding was the major determinant of the dose-dependent PK in CIA rats. Despite the consistency of findings regarding the influences of RA on the disposition of total and unbound NPX, our results showed no significant sex effects. It was reported that females exhibited higher free NPX concentrations than male patients with osteoarthritis (Hundal et al., 1991).

The CIA rat model exhibits many histopathological features similar to human RA, such as synovial proliferation, pannus formation, and cartilage destruction (Stuart et al., 1982). Therefore, the results of this study appear to mimic and explain the nonlinear PK of NPX in humans, as well as the effects of chronic inflammation and sex on the protein binding and disposition of NPX in RA patients.

In conclusion, plasma albumin concentrations in rats differed significantly with sex and arthritis, which leads to markedly different PK behaviors of NPX. Reduced albumin in plasma and altered protein binding of NPX was shown to be the primary cause for the dose-dependent PK of NPX in normal and arthritic rats, with the latter also exhibiting impaired clearance of free drug. The PK profiles of NPX in all groups were well described by the global PK model incorporating these diverse factors. This is the most complete exploration of the nonlinear PK of NPX with comparisons based on sex and presence of disease. This study serves as the prelude for our subsequent pharmacodynamics study of NPX in CIA rats (Li et al., 2017).

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Authorship Contributions

Participated in research design: Li, DuBois, Almon, Jusko.

Conducted experiments: Li, DuBois.

Performed data analysis: Li, Jusko.

Wrote or contributed to the writing of the manuscript: Li, DuBois, Almon, Jusko.

References


![Fig. 7](image-url)

**TABLE 4.** Modeled pharmacokinetic parameter estimates for unbound NPX after i.p. administration

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Definition</th>
<th>Estimates</th>
<th>CV%</th>
</tr>
</thead>
<tbody>
<tr>
<td>( k_a ) (1/h)</td>
<td>Absorption rate constant</td>
<td>0.814</td>
<td>7.54</td>
</tr>
<tr>
<td>( \text{CL}_{\text{Arthritic}} ) (ml/h/kg)</td>
<td>Unbound plasma clearance in arthritic rats</td>
<td>1370</td>
<td>4.73</td>
</tr>
<tr>
<td>( \text{CL}_{\text{Healthy}} ) (ml/h/kg)</td>
<td>Unbound plasma clearance in healthy rats</td>
<td>1879</td>
<td>9.26</td>
</tr>
<tr>
<td>( V_p ) (ml/kg)</td>
<td>Central volume of distribution</td>
<td>32.36</td>
<td></td>
</tr>
<tr>
<td>( \text{CL}_{\text{Arthritic}} ) (ml/h/kg)</td>
<td>Unbound distribution clearance in arthritic rats</td>
<td>647.2</td>
<td>18.61</td>
</tr>
<tr>
<td>( \text{CL}_{\text{Healthy}} ) (ml/h/kg)</td>
<td>Unbound distribution clearance in healthy rats</td>
<td>1371</td>
<td>45.23</td>
</tr>
<tr>
<td>( V_{\text{Arthritic}} ) (ml/kg)</td>
<td>Peripheral distribution volume in arthritic rats</td>
<td>140.7</td>
<td>9.27</td>
</tr>
<tr>
<td>( V_{\text{Healthy}} ) (ml/kg)</td>
<td>Peripheral distribution volume in healthy rats</td>
<td>114.7</td>
<td>17.37</td>
</tr>
</tbody>
</table>

*Physiologic parameter values obtained from Shah and Betts (2012).
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