Trend Analysis of a Database of Intravenous Pharmacokinetic Parameters in Humans for 1352 Drug Compounds

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ABSTRACT

We report a trend analysis of human intravenous pharmacokinetic data on a data set of 1352 drugs. The aim in building this data set and its detailed analysis was to provide, as in the previous case published in 2008, an extended, robust, and accurate resource that could be applied by drug metabolism, clinical pharmacology, and medicinal chemistry scientists to a variety of scaling approaches. All in vivo data were obtained or derived from original references, either through the literature or regulatory agency reports, exclusively from studies utilizing intravenous administration. Plasma protein binding data were collected from other available sources to supplement these pharmacokinetic data. These parameters were analyzed concurrently with a range of physicochemical properties, and resultant trends and patterns within the data are presented. In addition, the date of first disclosure of each molecule was reported and the potential “temporal” impact on data trends was analyzed. The findings reported here are consistent with earlier described trends between pharmacokinetic behavior and physicochemical properties. Furthermore, the availability of a large data set of pharmacokinetic data in humans will be important to further pursue analyses of physicochemical properties, trends, and modeling efforts and should propel our deeper understanding (especially in terms of clearance) of the absorption, distribution, metabolism, and excretion behavior of drug compounds.

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Abbreviations: CL, clearance; fu, fraction unbound in plasma; HBA, hydrogen bond acceptor; HBD, hydrogen bond donor; MRT, mean residence time; MW, molecular weight; NRB, number of rotatable bonds; PSA, polar surface area; t1/2, half-life; VD, volume of distribution.
Materials and Methods

As readers will recognize, there are several ways to report data, which often are without specification (as mentioned above for VD) of the modality of calculation. The examination of each individual report and the extraction of fundamental pharmacokinetic parameters required careful scrutiny. The result of these efforts, however, has been the extension of the original data set to more than a doubled number of compounds from our previous publication (Obach et al., 2008). This work was conducted using the same criteria adopted for our previous work, which may be consulted for a detailed account of calculation methods and equations used (Obach et al., 2008). In addition, we searched SciFinder for the date of the first published report for each molecule. The dates entered may or may not reflect the actual discovery (e.g., because disclosure in a patent may have followed a few years after synthesis or isolation) nor might they always be expected to represent the introduction into therapy, which may have followed at a significantly later point. However, using a general scheme of “binning” by decade, we sought potentially useful and informative temporal trends. As in the previous case, we did not include any data from oral, intramuscular, or any other dosing route wherein the total dose may not have entered the systemic circulation, since the calculation of pharmacokinetic parameters CL and VD requires the dose available to the central (plasma) compartment. Intravenous data were either from rapid bolus injection or infusions. In addition, we tried to carefully identify compounds, or dose ranges, where nonlinearitity was reported, and we used the lowest dose or lowest range where linearity was observed and good analytical data were reported. We did not check on nor did we consider the relatively rare event of reversible metabolism (e.g., N-oxide formation and reduction) having a significant impact on the overall values for any of the compounds, and we used the data as the average values reported by the authors. Careful evaluation of reported VDa calculations (this being a volume term that is more generally related to an overall distributional behavior) was performed along the same lines described in the equations detailed in the previous work, and we refer the reader to that work (Obach et al., 2008). As an additional source, prescribing information and/or biopharmaceuticals reviews available online through the U.S. Food and Drug Administration website (in which the agency reviewed and approved the data listed) were sometimes the only source of VDa data. As in the previous work, a 70 kg average weight was assumed if not reported or a midpoint of the range given was taken. Similarly, when data were reported using body surface area, we used in all cases a 70 kg weight against a body surface area of 1.73 m². We also extensively searched for protein binding values in human plasma (or serum). The notes and comments in the full set of data (available in the Supplemental Material) offer more specific indication on particular compounds where, for example, digitization of concentration versus time plots was performed to calculate otherwise unavailable pharmacokinetic parameters.

Some of the physicochemical parameters calculated for all compounds and described in the Results were calculated via MoKa software (version 2.6.6; Molecular Discovery, Hertfordshire, UK). These parameters include logP and logD values as well as pH values to determine the ionization state, the latter assigned on the basis of the most abundant species at pH 7.4. In a few cases (15 of 1352 compounds), some compounds did not yield these physicochemical descriptors we sought to calculate because of either relatively large molecules (e.g., mipomersen, MW 7150 Da) or the presence of metal ions (e.g., Gd or Pt) in the compounds. These compounds are included in the data table of pharmacokinetic parameters and general characteristics but are omitted from descriptor statistics considerations. The number of rotatable bonds (NBB), the number of hydrogen bond donor (HBD) and hydrogen bond acceptor (HBA) atoms, and N and O atom PSA (in Å²) were calculated via Vortex software (version 2017.08.69034.51-s, Herts, UK.).

Characteristics of the Pharmacokinetic Values

As described in the Materials and Methods, we undertook extensive mining of the scientific literature. Re-analysis of concentration versus time data was performed in some cases, allowing the collection of human intravenous pharmacokinetic parameters for a total of 1352 compounds. In some cases, we could not find a complete set of pharmacokinetic parameters but the compound was included, as there was either clearance or VDa and we deemed the information useful. In addition, we were able to find plasma protein binding data for many of the compounds (920 of 1352). These parameters are reported in Supplemental Table 1 and in a spreadsheet containing all of the values along with literature references.
The data span considerable ranges (Fig. 1). Secretin (a peptide) had the lowest VD_{ss} value (0.03 l/kg), whereas hydroxychloroquine had the highest value (700 l/kg). As previously observed, the majority (1171 of 1315 data points; 89%) were comprised within 0.1 and 10 l/kg, as shown in Table 1. The mean and median values were 3.8 and 0.9 l/kg, across all data, or essentially identical to the values observed in the previous work (4.2 and 0.96 l/kg, respectively). Forty-three percent of the compounds (561 of 1315) had VD_{ss} values at or below 0.7 l/kg (Table 1), generally considered to be the value for total body water, and the percentage was essentially identical to the value reported for the set of 670 compounds (41%). Finally, 8% of compounds (108 of 1315) had VD_{ss} values of 10 l/kg or greater, an indication of extensive partitioning into tissues, a percentage identical to the previously reported value. Thus, the general statistics and characteristics of the VD_{ss} values are the same as in our previous report from 10 years ago (Obach et al., 2008).

Plasma clearance values (Fig. 1B) ranged from 0.004 ml/min per kilogram for 7-hydroxytaurosporine to 1070 ml/min per kilogram for artesunate (the compounds with the lowest and highest clearance in this set, respectively); these limits are held by the same two compounds as in the previous work, with mean and median values of 12.2 and 4.5 ml/min per kilogram, respectively. Both values did increase slightly from values of 10 and 4 ml/min per kilogram, respectively, in the previous work. This study had a very similar proportion to what was previously observed, in which 68% of the compounds (919 of 1350) resided in a range between 1 and 15 ml/min per kilogram as shown in Table 1. In addition, 16% (215 of 1350) possessed clearance values below 1 ml/min per kilogram (very low clearance), which is identical to the value of 16% reported for the previous set. In this set, 135 compounds had CL values greater than liver blood flow (Table 1) taken as 21 ml/min per kilogram, as opposed to 56 compounds in the previous set, which is slightly more than double the number of the compounds. However, considering the doubling of the data set, this cannot be construed as an indication of a trend toward a higher “acceptance” and progression to clinical studies of high-clearance compounds. Regardless of the statistical implications, these values are suggestive of the possibility of blood-to-plasma ratios greater than unity or of extrahepatic clearance mechanisms. Several compounds possessing high CL values can be classified among systemic and short-acting anesthetics (e.g., propofol), local anesthetics (e.g., articaine or prilocaine), pain medications (e.g., remifentanil, butorphanol, dezocine, or pentazocine), or cytotoxic cancer chemotherapeutics (e.g., amifostine, laronustine, or carmustine), which are drug classes that are frequently administered via the intravenous route to optimize therapy or use. The latter few compounds exert their action by acute cytotoxicity, which would be dangerous if prolonged; thus, the short half-life is beneficial toward controlling side effects. Prodrugs, on the other hand, are by definition compounds in which a pharmacologically active metabolite is being formed from the parent and they thus are expected, and desired, to have high CL (e.g., dolasetron, esmolol, etc.) to yield, the active moiety as rapidly and completely as possible.

Terminal phase half-life values ranged from 1.2 minutes (perflutren) to 56 days (almitrin), as shown in Fig. 1C, with 63% (843 of 1335) residing between 1 and 12 hours (Table 1). The bisphosphonates may be prone to underestimated half-lives, since they sequester into bone and, by doing so, would not be detectable in blood or plasma. The average t_{1/2} was 17.1 hours and the median value was 4.5 hours. Half-life values, being a derived parameter, do not lend themselves to a direct correlation with physiologic properties represented by volume of total body water or hepatic or renal blood flow. However, they can, if there is no considerable difference between pharmacodynamics and pharmacokinetics, be classified into ranges largely based on dosing frequency values. In pharmaceutical research, scientists very often seek therapeutics that are amenable to dosing four times a day, which is considered convenient from a patient compliance standpoint. When we look at t_{1/2} (or MRT) and use the above requirement, approximately three-fourths of the

![Fig. 1. Distribution of human pharmacokinetic values for the 1352 compounds included in this analysis. (A) VD_{ss}. (B) Clearance. (C) t_{1/2}. (D) fu.](http://dx.doi.org/10.1002/dmd.27200)
The 1352 compounds in this data set (1015 of 1335) have \( t_{1/2} \) values below 12 hours (Table 1). Therefore, they would likely require a more frequent dosing regimen. Plotting MRT versus clearance (plot not shown), we estimated that a value of \(< 1 \text{ ml/min per kilogram} \) for clearance would be needed to achieve at least an MRT value of 4 hours for acidic compounds, because acidic compounds (with significant exceptions) yield a generally lower VD_{ss}.

The range and distribution of plasma protein binding values is provided in Fig. 1D and Table 1. The values ranged between no binding (several compounds) and 0.0002 fraction unbound (amiodarone), with mean and median free fractions of 0.35 and 0.2, respectively. Only 60% of the compounds (560 of 900) in the set had \( f_u \) values greater than 0.1, and about 12%, or one in eight compounds (111 of 920), could be considered highly bound (\( f_u < 0.01 \); Table 1).

### Characteristics of the Computed Physicochemical Values

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<tr>
<th>Parameter</th>
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Trends in the Data Set

**VD_{ss} versus Physicochemical Properties.** The data set was mined for discernible trends between the computed physicochemical properties and VD_{ss} values in humans. No single physicochemical descriptor (property) yielded a relationship that could be, on its own, predictive of VD_{ss}. However, as observed in the past, “composite” contributions to VD_{ss} by various physicochemical properties could be observed through trends in the data. Data overlap and scatter in the data, however, made observation of trends difficult when values were partitioned by means (as exemplified in Fig. 3), but they could be observed when using median values. VD_{ss} values yielded observable trends with clogD_{7.4}, PSA, and number of HBAs and HBDS (Fig. 3, B, C, E, and F), as well as charge type (Fig. 3A), which have varying degrees of relatedness to each other. High PSA, high numbers of HBAs/HBDS, and low lipophilicity offer recognizable trends: median VD_{ss} values trend higher for low PSA, higher for low numbers of HBAs/HBDS, and high with lipophilicity (respective panels in Fig. 3). Acidic compounds (anions) yield generally lower median VD_{ss} values than zwitterionic and neutral compounds, which are, in turn, lower than basic compounds (Fig. 3A). However, there is a very large overlap and the trend can only be taken as fairly broad, as it is possible to encounter many acidic compounds that show a fairly sizable VD_{ss} value, often well above total body water, taken as reference at a value of approximately 0.7 l/kg. A median value of around 0.2 l/kg in VD_{ss} for the acids was observed, but an upward trend was discernible for free VD_{ss} with increasing logD_{7.4} for bases, neutrals, and zwitterions (see Fig. 6B).

**CL versus Physicochemical Properties.** Discernible trends, as in the case of VD_{ss}, could be readily observed between clearance and some of the physicochemical properties. However, the quantitative prediction of clearance on the basis of any single property was not supported by our observations, since we could not find a strong enough relationship allowing such prediction. Decreases in median CL were observed with increases in PSA or with an increase in HBAs and HBDS (Fig. 4, C, E, and F). Only a weak trend could be observed between median CL and lipophilicity. Free clearance showed generally a more discernible trend toward higher values for basic and neutral compounds than for acids or zwitterions (Fig. 6D, lower right) although data overlap to a great extent.

**Protein Binding versus Physicochemical Properties.** Two relationships, one between protein binding and lipophilicity and one between binding and charge class, could be discerned (Fig. 5, A and B). Lipophilicity showed an increasing (direct) trend across all charge types. Another observation, as may be expected, was a discernible lower median \( f_u \) value for anionic (acidic) compounds versus basic and neutral compounds and the much higher median \( f_u \) value for zwitterionic compounds essentially doubled (from 267 to 159, respectively) and neutral compounds almost tripled (from 173), zwitterions increased only by 50%.

Lipophilicity, expressed as clogP and clogD_{7.4}, yielded 2.07 as median values, whereas the corresponding mean values were 1.6 for clogP and 0.1 for clogD_{7.4}. Figure 2, E and F, shows the bins and number of compounds for clogP and clogD_{7.4}. The median and mean values for numbers of HBAs were 6 and 9, whereas the corresponding values for HBDs were 2 and 3 to 4; the binning is shown in Fig. 2, G and H. The median and mean clogP values, and similarly the number of HBAs and HBDs, although coming from compounds dosed intravenously in all cases, were well below the limits set (5, 10, and 5, respectively) by the well-known Lipinski rule of 5 (Lipinski et al., 2001). It could be argued that the rule of 5 sets a threshold for potential issues with oral absorption, whereas these compounds were all dosed intravenously. However, it is true that most of them were chosen for development as oral drugs, for which intravenous data were also generated.

### Tables

**Table 1.** Characteristics of the human intravenous pharmacokinetic parameters and plasma protein binding for 1352 compounds in the data set

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compounds. This may be due to their amphiprotic nature, resulting in a possible lower affinity for albumin or α1-acid glycoprotein as well as other plasma proteins. However, as shown in Fig. 5A, there is a great deal of overlap among all classes, due to a wide distribution and, contrary to the accepted perception of a significantly lower f_{fu} for acidic compounds, this cannot be generalized.

Fig. 2. Distribution of computed physicochemical properties for the 1352 compounds included in this analysis. (A) MW. (B) NRB. (C) PSA (N and O atoms only). (D) Ionization state. (E) logP. (F) logD_{7.4}. (G) Number of HBAs. (H) Number of HBDs.
Free $\text{VD}_{\text{ss}}$ and $\text{CL}$ versus $\text{logD}_{7.4}$. We examined $\text{VD}_{\text{ss}}$ data after correcting for free fractions for all compounds with available $f_u$ (i.e., free $\text{VD}_{\text{ss}} = \text{VD}_{\text{ss}}/f_u$), and this transformation greatly expands the range of values, together with offering a perhaps better indication of the extent of tissue binding (Fig. 6, A and B).

Total and free $\text{VD}_{\text{ss}}$ were plotted versus $\text{logD}_{7.4}$ (logD7.4 range, 2 to 6). There was no apparent trend using total values (Fig. 6A, red dots) for acidic compounds, whereas an upward trend was recognizable for neutral and basic compounds. Once the values were corrected via $f_u$, a clearer trend was apparent (Fig. 6B), which reveals a shift toward higher values of free $\text{VD}_{\text{ss}}$ with $\text{logD}_{7.4}$ and more apparent for acidic compounds. The data are therefore suggestive of plasma protein binding having the tendency to dominate the distribution behavior of negatively charged compounds.

$\text{CL}$ values were similarly examined before and after correction for $f_u$ (i.e., free $\text{CL} = \text{CL}/f_u$), as shown Fig. 6, C and D. As in the case of $\text{VD}_{\text{ss}}$ correction, the data sets are smaller, reflecting the lower number of compounds for which we found $f_u$ values. At first glance, the effect seems to parallel the trend observed for $\text{VD}_{\text{ss}}$ but the profile seems flatter for clearance using total values than in the case of total $\text{VD}_{\text{ss}}$. However, the potential involvement of uptake and efflux transporters notwithstanding (Waters and Lombardo, 2010), it should be borne in mind that

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**Fig. 3.** Relationship between median $\text{VD}_{\text{ss}}$ values and computed physicochemical parameters. The median value is indicated by the horizontal line in the gray box, and the lower and upper limits of the box represent the first and third quartiles, respectively. The black points represent the compounds. (A) $\text{VD}_{\text{ss}}$ vs. ionization state. (B) $\text{VD}_{\text{ss}}$ vs. $\text{logD}_{7.4}$. (C) $\text{VD}_{\text{ss}}$ vs. PSA. (D) $\text{VD}_{\text{ss}}$ vs. NRB. (E) $\text{VD}_{\text{ss}}$ vs. number of HBAs. (F) $\text{VD}_{\text{ss}}$ vs. number of HBDs.
VDₐ is generally dominated by physicochemical properties, largely fraction ionized, and lipophilic, even after removal of the protein binding aspect (Lombardo et al., 2002, 2004). As opposed to VD, CL is largely dependent on affinities and intrinsic activities for specific enzymes and transporters. Affinities and intrinsic activities will be somewhat dependent on basic physicochemical properties, but also on the interactions of specific substituents and fragments with macromolecules involved in drug metabolism and disposition.

**Time-Dependent Variations.** A plot of year of first appearance, binned according to the year and colored by VDₐ (Fig. 7, left), CL (Fig. 7, right), fraction unbound in plasma (Fig. 8, left), and clogD₇.₄ (Fig. 8, right) does not seem to indicate any particular trend for the first two properties (using the same number of compounds with fₐ data available), whereas some increase toward more lipophilic compound and lower fₐ (as they are generally inversely correlated) could be discerned, as shown in Fig. 8. In particular, the bin representing compounds clogD₇.₄ between −1 and 0 (Fig. 8, right) was reduced to a very low 4% in the period from 2000 to the present, possibly influenced by the significantly fewer number of total compounds we could retrieve from the literature.

A plot of year of first appearance in the literature (Fig. 9) binned as approximately 2 decades per section, and with compounds reported prior to 1960 as one bin, shows a significant trend, with compounds having a

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**Fig. 4.** Relationship between median clearance values and computed physicochemical parameters. The median value is indicated by the horizontal line in the gray box, and the lower and upper limits of the box represent the first and third quartiles, respectively. The black points represent the compounds. (A) Clearance vs. ionization state. (B) Clearance vs. clogD₇.₄. (C) Clearance vs. PSA. (D) Clearance vs. NRB. (E) Clearance vs. number of HBAs. (F) Clearance vs. number of HBDs.
MW above the median value of the present set (371 Da) increasing steadily. The rate was 20% above the previous 20 years starting from 1960 to 1980 and reached 80% in the period from 2000 to the present. This finding was also coupled with a significant reduction in compounds reported, which showed a decrease by a 3-fold margin from the 2 decades spanning 1980–2000.

Discussion

In this work, we sought to expand the human pharmacokinetic data set that we originally described in 2008 (Obach et al., 2008). The number of compounds in the current set is approximately doubled, and thus merited a renewed evaluation of the overall trends and relationships between the pharmacokinetic parameters and fundamental physicochemical properties. As before, the set of 1352 compounds encompasses a wide variety of drugs in a broad range of therapeutic areas and, consequently, a wide variety of structural characteristic, pharmacokinetic values, and physicochemical descriptors. The data were carefully curated (as described in detail in the Materials and Methods) and strictly from intravenous administration. Thus, these data should not only be of use for this analysis, but they are also available (in the Supplemental Material) for others to use to
develop other relationships and models. Overall, trends in the pharmacokinetic parameters between the original data set and this doubled data set were the same; ranges, means, and medians were largely unchanged. In this work, we also examined the impact of the year of first disclosure, as reported in SciFinder, although those data do not necessarily reflect the year of discovery (likely earlier) or the introduction of the compound into therapy, which may have happened at a significantly later point. It is possible that, by binning the time ranges (see the Results) by 2 decades (or overall before 1960), we may have attenuated such differences and grouped compounds in reasonably comparable “periods.” We will discuss time-related findings below.

Among the pharmacokinetic parameters collected, VDss is the one that has the most marked relationships with physicochemical properties. VD is largely a function of differential partitioning between plasma and other tissues, which in turn is a function of nonspecific binding to tissue components and plasma proteins, such as albumin. Such nonspecific interactions are largely dependent on the physicochemical characteristics of the drug. Charge state has an influence on cationic compounds showing generally greater VDss values, but there is considerable overlap that shows that other factors such as lipophilicity also have an influence (Fig. 3). The relationship to lipophilicity becomes stronger when VDss is corrected for plasma free fraction (Fig. 6). VDss shows the same proportion of compounds (43%) with values 0.7 l/kg, taken as total.

Fig. 6. Relationship between total and free VDss or total and free clearance values and computed logD7.4. Acidic compounds are represented by red dots, basic compounds by blue dots, neutral compounds by green dots, and zwitterionic compounds by yellow dots. (A) Total VDss. (B) Free VDss. (C) Total clearance. (D) Free clearance.

Fig. 7. Distribution of total VDss and clearance values utilizing value ranges reported in Table 1 against vertical bins based on year of first disclosure. The bins after 1960 span approximately 2 decades, and the colors indicate property range values in ascending order from blue to red or brown (bottom to top).
body water, whereas only a small proportion is confined to blood volume (taken as 0.1 l/kg). Therefore, a large proportion does exceed the total body water value, but this is only an indication of the resulting “distributional average” of the compound in the body, and it does not inform about the presence of the compound in a particular organ or at an intended target.

In Fig. 6, we show the trend and correlation between computed logD7.4 with either VDss or clearance, both total (Fig. 6, A and B) and free (Fig. 6, C and D). We note that although there is a seemingly clearer trend in the case of the free value of both parameters, the one for VDss starts being more noticeable even when examined via total VDss, whereas the corresponding plot for total clearance does not allow discernment of much of a trend. In fact, Fig. 3B (median and distribution of total VDss) does show an increment of the median value for total VDss versus computed logD7.4, whereas the corresponding plot (Fig. 4B) for total clearance does not. If we compare more broadly Fig. 3, B–F, for VDss and the corresponding Fig. 4, B–F, for clearance, we note that not much of a correlation is discernible between (total) clearance and the computed descriptors shown in the case of clearance. At the same time (Fig. 3), VDss shows trends between median values and computed descriptors, which are opposite, as expected, in the case of logD7.4 versus PSA as well as HBAs and HBDs. In the case of the correlation of free parameters with computed logD7.4, the VDss plot (Fig. 6B) seems to yield a higher positive slope than does the plot for free clearance versus computed logD7.4 (Fig. 6D).

Unlike VD, clearance is driven by interactions between drugs and the drug-metabolizing enzymes and/or drug transporters involved in their clearance, as well as plasma protein binding. The interaction of individual drugs with enzymes and transporters is more a function of specific ligand-protein interactions as opposed to nonspecific interactions; thus, relationships between gross physicochemical properties and clearance should not be as apparent as they are for VD (see Fig. 4). Compounds with low free fractions could also have lower CL, so a slight relationship between free CL and lipophilicity can be observed after correction of CL to free CL (Fig. 6). Overall, relationships between free CL and physicochemical parameters are not nearly as discernible as they are for free VD. In addition, investigators have reported computational models in which they used continuous physicochemical descriptors for models of VD (Gleeson et al., 2006; Berellini et al., 2009; Lombardo and Jing, 2016), while they found it necessary to use structural descriptors (i.e., fragments) to improve the predictive power of clearance models even though the prediction of the general clearance mechanism (metabolic vs. renal vs. biliary) did not require the latter descriptors for a good performance (Berellini et al., 2012; Lombardo et al., 2014). Therefore, lipophilicity alone does not describe the clearance behavior of drug compounds, although it is certainly an important component for the elimination of xenobiotics via more polar and water-soluble compounds.

In general, the behavior of metabolic enzymes (and transporters) can be quite complex, and many examples in which identical lipophilicity yields a very different clearance outcome can be found in the literature. Smith (1997) pointed out that clearance differences are related to the propensity toward N-demethylation in a small series of benzodiazepines rather than bulk lipophilicity. Similarly, Stepan et al. (2011) described the discovery of a sizable series of γ-secretase inhibitors, where substitution, regioisomerism, and stereochemistry were responsible for large variations in scaled in vitro hepatic clearance in many cases, whereas changes in experimental ElogD were barely discernible or not at all measurable. Due to the complexity, redundancy, and promiscuity of metabolic enzymes and transporters, layered upon selectivity and safety considerations, the outcome is clearly very complex and multidimensional. Along the same lines are the comments of other researchers such as Broccatelli et al. (2018, p. 524), who stated that “t1/2 optimization via lipophilicity reduction without addressing a metabolic soft-spot is unlikely to work.”

In addition to the pharmacokinetic parameters, we also collected plasma protein binding data for as many of the compounds in the data set as available. This was done primarily to be able to correct...
total VD and CL values to free values for comparison with physico-
chemical properties. However, with these data, we also could compare free
fraction values to physicochemical properties. Plasma binding is
mostly driven by albumin (at approximately 600 μM or 42 g/l; Davies
and Morris, 1993) and α 1-acid glycoprotein (at approximately 43 μM or
1.8 g/l; Davies and Morris, 1993), with the former mostly associated
with binding anionic drugs and the latter, primarily but not exclusively,
associated with binding cationic drugs (Meijer and Van der Sluijs, 1987;
Israeli and Dayton, 2001; Ghuman et al., 2005; Kremer et al., 1988).
Protein binding correlated with lipophilicity (Fig. 5). We also pointed
out in the Results that the generally accepted notion of a much higher
binding for acidic compounds is not strongly supported by “clustering”
for anionic, cationic, and neutral molecules, although the anionic
compounds, acidic in nature, do seem to show a lower overall
median $f_d$ than basic (cationic) compounds. There is a great deal of overlap
and many “exceptions” exist to the perceived much greater binding
of anionic compounds to plasma proteins. Zwitterionic compounds
do show a discernibly different median, likely due to their ability to interact
with a broader set of proteins but, once more, with a great deal of overlap
and not much clustering. Lipophilicity (Fig. 5B) and number of HBds
(Fig. 5F) do show a negative (increasing logD$_{7.4}$ decreases $f_d$) and a
positive (increasing number of HBds increases $f_d$) trend, respectively,
although very few compounds are present in the 7–10 bin for HBds and
a much lower median is observed for the uppermost bin, probably due
to the presence of larger molecules and opposing factors. The flexibility
of a molecule, expressed as the NRB (Fig. 5D), does seem to show a
negative correlation, perhaps only for molecules within the lower three
bins, and flexibility may play a detrimental role toward free fraction,
similar to the effect on absorption. However, this effect, if real, manifests
itself well before the classic threshold outlined by Veber et al. (2002) of
10 rotatable bonds. We also note that the original observation was
reported with the aim of exploring the effect of flexibility on absorption,
and the data set was based on permeability across artificial membranes,
so the significance in this context is not clear.

Finally, we also gathered data to indicate whether human pharmaco-
kinetic, and even physicochemical, properties have been changing over
time. We used the date of first disclosure of a compound, which is not
an entirely accurate description of when a compound was first synthesized
or discovered but it offered the best surrogate for the analysis. What is
interesting is that while lipophilicity of the drugs in our data set increased
in more recent years (Fig. 8, right), values of CL and VD have generally
remained constant (Fig. 7), albeit VD values have increased a bit. We
also highlight the findings illustrated in Fig. 9, which show a significant
trend toward higher MW in more recent times. A possible explanation
for this behavior may be represented by the exploration of different and
more complex drug space, such as protein–protein interaction and thus
the pursuit of larger molecules needed to disrupt shallower protein–
protein interaction cliffs. This may include exploration of peptide drugs
with perhaps a significant deviation from the earlier oral drug paradigm,
to achieve modulation of otherwise inaccessible therapeutic targets.
Another possibility is represented by the expansion of techniques and
factors in combinatorial chemistry, which has influenced upward the
MW of compound libraries across the industry perhaps most notably in
the 1980s and 1990s. This may have manifested a bit later with larger
compounds entering clinical trials. Increasing MW and lipophilicity in
new drugs may be due to the desire to impart increased potency
and/or greater target selectivity. Such desired properties can require
the generation of larger, more lipophilic drugs. As mentioned above,
increased lipophilicity can yield increased plasma protein binding,
but also increased tissue binding and increased metabolic intrinsic
clearance. These properties may all “cancel” each other out and thereby
CL and VD may not change, as shown in Fig. 7.

In conclusion, we have summarized a human pharmacokinetic data
set that is, to our knowledge, currently the largest of its kind. We have
exhaustively searched the scientific literature and other sources for
bona fide human intravenous pharmacokinetic studies and scrutinized the
methods and data presented. These data have proven valuable in
examining relationships between fundamental human pharmacokinetic
parameters VD, and CL with various basic physicochemical properties.
The data set in this report approximately doubles our previous report
from a decade ago (Obach et al., 2008), yet the relationships between
human pharmacokinetic parameters and physicochemical properties
have remained largely unchanged. These data (available in the
Supplemental Material) can be used and mined by others interested in
deriving relationships between structure and human pharmacokine-
tics. Our own efforts are ongoing to establish whether trends
relating particular structural entities and human pharmacokinetic
parameters can be determined.

Authorship Contributions
Participated in research design: Lombardo, Berellini, Obach.
Conducted experiments: Lombardo, Berellini, Obach.
Performed data analysis: Lombardo, Berellini, Obach.
Wrote or contributed to the writing of the manuscript: Lombardo, Berellini, Obach.

Note Added in Proof—After further data refinement for new work on the dataset,
we found and corrected some errors in the data reported in the case of some
compounds in the Fast Forward version published August 16, 2018. These
changes have no impact on the analysis or conclusion. The supplemental material
providing the data has now been corrected.

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