Epigenetic Mechanisms Contribute to Intraindividual Variations of Drug Metabolism Mediated by Cytochrome P450 Enzymes

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ABSTRACT

Significant intraindividual and interindividual variations on cytochrome P450 (CYP)-mediated drug metabolism exist in the general population globally. Genetic polymorphisms are one of the major contribution factors for interindividual variations, but epigenetic mechanisms mainly contribute to intraindividual variations, including DNA methylation, histone modifications, microRNAs, and long non-coding RNAs. The current review provides analysis of advanced knowledge in the last decade on contributions of epigenetic mechanisms to intraindividual variations on CYP-mediated drug metabolism in several situations, including (1) ontogeny, the developmental changes of CYP expression in individuals from neonates to adults; (2) increased activities of CYP enzymes induced by drug treatment; (3) increased activities of CYP enzymes in adult ages induced by drug treatment at neonate ages; and (4) decreased activities of CYP enzymes in individuals with drug-induced liver injury (DILI). Furthermore, current challenges, knowledge gaps, and future perspective of the epigenetic mechanisms in development of CYP pharmacoepigenetics are discussed. In conclusion, epigenetic mechanisms have been proven to contribute to intraindividual variations of drug metabolism mediated by CYP enzymes in age development, drug induction, and DILI conditions. The knowledge has helped understanding how intraindividual variation are generated. Future studies are needed to develop CYP-based pharmacoepigenetics to guide clinical applications for precision medicine with improved therapeutic efficacy and reduced risk of adverse drug reactions and toxicity.

SIGNIFICANCE STATEMENT

Understanding epigenetic mechanisms in contribution to intraindividual variations of CYP-mediated drug metabolism may help to develop CYP-based pharmacoepigenetics for precision medicine to improve therapeutic efficacy and reduce adverse drug reactions and toxicity for drugs metabolized by CYP enzymes.

Introduction

Drug metabolism mediated by cytochrome P450 (P450 or CYP) enzymes has a direct impact on therapeutic efficacy as well as adverse drug reactions (ADRs) and toxicity for many small chemical drugs currently used. Among the 57 identified P450 members in the human P450 superfamily, approximately 20 members in subfamily CYP1, 2, 3, and 4 are involved in metabolism of xenobiotics, including clinical used small chemical drugs (Estevess et al., 2021). These CYP enzymes contribute approximately 80% phase I drug metabolizing reactions (Evans and Relling, 1999) and are primarily responsible to metabolize 50% to 60% clinical used drugs (Zanger and Schwab, 2013; Song et al., 2021). Quantity and quality of these CYP enzymes in the body can directly impact clinical outcomes of the 50% to 60% clinical used drugs metabolized by them.

Significant interindividual variations in CYP-mediated drug metabolism exist in the general population globally. Differences in some CYP enzyme activities can reach up to nearly 100-fold between rapid and poor metabolizer groups (Tracy et al., 2016). Genetic polymorphisms in some CYP genes have been implicated as one of the major contributors to the interindividual variations, resulting in the development of pharmacogenetics and pharmacogenomics to predict drug metabolism phenotypes based on genotypes of the CYP genes (Ingelman-Sundberg et al., 2007).

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ABBREVIATIONS: SmC, 5-methylcytosine; ADR, adverse drug reaction; AILI, APAP-induced liver injury; APAP, acetaminophen; CAR, constitutive androstane receptor; CYP or P450, cytochrome P450; DDI, drug-drug interaction; DILI, drug-induced liver injury; HNF1A, hepatic nuclear factor 1 alpha; HNF1A-AS1, HNF1A antisense 1; HNF4A, hepatocyte nuclear factor 4 alpha; HNF4A-AS1, IncRNA HNF4A antisense 1; H3K4me2, histone 3 lysine 4 dimethylation; H3K9me3, histone 3 lysine 9 trimethylation; H3K27me3, histone 3 lysine 27 trimethylation; IncRNA, long noncoding RNA; LPS, lipopolysaccharide; mRNA, messenger RNA; miRNA, microRNA; ncRNA, noncoding RNA; PCN, pregnenolone 16α-carbonitrile; PXR, pregnane X receptor; PXRE, PXR response elements; sncRNA, small ncRNA; RNA-seq, RNA sequencing; TCPOBOP, 1, 4-bis-[2-(3, 5-dichlorophenyl)oxyl] benzene.
Intraindividual Variations of P450-Mediated Drug Metabolism

673

Fig. 1. Ontogenic patterns of CYP expression in human liver (A) and mouse liver (B).

et al., 2007; Ingelman-Sundberg and Sim, 2010). Vast data have been documented in various CYP genes, such as CYP1A2 (Aklillu et al., 2003; Thorn et al., 2012; Koonrungsomboon et al., 2018), 2C9 (Rose-mary and Adithan, 2007; Daly et al., 2017), 2C19 (Bohance et al., 2009; Boulenc et al., 2012; S.J. Lee, 2013; Gong et al., 2018; Pratt et al., 2018), 2D6 (Bertilsson et al., 2002; Lee et al., 2009; Taylor et al., 2020), and 3A5 (Uno et al., 2010; Lamba et al., 2012), as well as P450 oxidoreductase (Hart et al., 2008; Pandey and Sproll, 2014). Genetic tests on some CYP polymorphisms have been suggested or even mandated in the Food and Drug Administration’s drug labeling for some drugs with a potential risk to develop severe ADRs and toxicity in a special population associated with some CYP polymorphisms (Kitsmiller et al., 2011).

In addition to the interindividual variations, intraindividual variability on CYP-mediated drug metabolism also exists in the general population globally. The intraindividual variability refers to variability of CYP-mediated drug metabolism within a same individual with same genetic information (Shibasaki et al., 2013). The variability can happen for an individual across different ages from neonate, infant, child, adolescence, to adult, which is normally referred as ontogeny of CYP enzymes (Hines, 2007; Thakur et al., 2021). The variability can also happen for a same individual at different conditions, such as increased activities of CYP enzymes induced by drug treatment (Hakkola et al., 2020) or decreased activities of CYP enzymes in the liver at a drug-induced liver injury (DILI) condition (Bao et al., 2020). The intraindividual variations on CYP-mediated drug metabolism have a direct impact on clinical outcomes for the treatment of some drugs for an individual at different conditions. The supporting evidence can come from alterations of drug metabolism in individuals at different ages between pediatric and adult (Fernandez et al., 2011), in individuals between health and disease conditions, such liver failure (Diep et al., 2017), and in individuals taking medications, which can result in alterations of drug metabolism, for example, induction and inhibition of CYP expression (Hakkola et al., 2020).

Because intraindividual variability on CYP-mediated drug metabolism refers to variations in the same individuals with same DNA sequences, genetic polymorphisms in the CYP genes cannot contribute to the variations. The contribution factors must be beyond DNA sequences, normally referring to epigenetics (Bonasio et al., 2010). Epigenetics is the molecular events in response to the establishment and maintenance of physiologic states that are essential for the cells to remember past events, such as developmental alterations, the external stimulation for example drug induction, or challenges, for instance, DILI. The most-studied epigenetic mechanisms include DNA methylation, histone modifications, and various RNA-mediated processes by noncoding RNAs (ncRNAs), such as small ncRNAs (sncRNAs) and long ncRNAs (lnRNAs) (Gibney and Nolan, 2010). Accumulated data in the past decade have shown that epigenetic mechanisms contribute to the intraindividual variations of CYP-mediated drug metabolism in various manners. This article aims to provide the key recent advanced knowledge, challenges and knowledge gaps, and future perspectives in the following situations: (1) ontogeny, the developmental changes of CYP expression in individuals from neonates to adults; (2) increased activities of CYP enzymes induced by drug treatment; (3) increased activities of CYP enzymes in adult ages induced by drug treatment at neonate ages; and (4) decreased activities of CYP enzymes in individuals with DILI.

Key Recent Advanced Knowledge

Epigenetic Mechanisms Contribute to Intraindividual Variations of CYP Enzymes through Age

Ontogeny of CYP Enzymes in Humans. Gene expression and protein activities of the drug-metabolizing CYP enzymes are not consistently without changes after birth. The developmental changes of hepatic expression of CYP enzymes have been studied in the liver samples from various populations through ages from fetus, neonate, infant, child, adolescence, to adult (de Wildt et al., 1999; Hines and McCarver, 2002; Koukouritaki et al., 2004; Blake et al., 2005; Hines, 2007; Stevens et al., 2008; Sadler et al., 2016; Meier et al., 2018). Three major patterns of developmental changes have been identified, which are summarized in Fig. 1A. The CYP enzymes in Pattern 1 show a high expression level during the first three trimesters of fetal life, remain a constant level or gradually decrease around birth, and stay at a low expression level or even silent around 2 years after birth. A representative CYP enzyme in this pattern is CYP3A7 (de Wildt et al., 1999). The CYP enzymes in Pattern 2 do not show significant changes throughout ages with the representative enzymes of CYP2C19 and CYP3A5 (Koukouritaki et al., 2004). The CYP enzymes in Pattern 3 usually express at a very low level in the gestation period, rapidly increase within the...
2 years after birth, especially in the first 6 months, and reach a high level in adults. The CYP enzymes in this pattern include CYP2C9, 2D6, 2E1, and 3A4 (Stevens et al., 2008; Lang et al., 2021). Ontogeny of CYP enzymes also exists in small intestine (Kiss et al., 2021) and kidney (Bueters et al., 2020) with similar patterns identified in liver.

The intraindividual changes of CYP activities through developmental ages provide an explanation on variations in response to drugs between children and adults and are important for accurate prediction of drug pharmacokinetics and toxicity in children (Thakur et al., 2021). For example, clearance of cisapride and sildenafil, CYP3A4 substrates, in neonates and infants showed a trend of increase with age (Kearns et al., 2003; Mukherjee et al., 2009). Newborns have also higher tolerance to acetaminophen (APAP)-induced liver injury (AIL) than older children and adults, because of the immaturity of the CYP1A2, 2E1, and 3A4 enzymes, which produce fewer toxic metabolites of APAP (Penna and Buchanan, 1991; de Wildt et al., 2014). A developmental switch from CYP3A7 in fetuses and neonates to CYP3A4 in adults occurs in the human liver (Lacroix et al., 1997; He et al., 2016), which can lead to differences in drug metabolism mediated by the CYP3A enzymes between pediatric and adult patients.

**Ontogeny of CYP Enzymes in Experimental Animal Species.**

Understanding expression patterns of the CYP genes and figuring out what mechanisms can influence their expression levels and enzyme activities are the fundamental questions in the field of drug metabolism. However, due to ethical, moral, and technical constraints that may arise from human fetuses, studies of the mechanisms in control of expression of CYP enzymes are restricted in human liver at the individual levels during development and maturation. Use of experimental animal models is critical to address these fundamental questions.

Mice, rats, and pigs are commonly used as experimental animal model species for CYP enzymes. Ontogeny of the CYP enzymes during liver development and maturation was studied in mice (Hart et al., 2009; Cui, et al., 2012a), rats (Alcorn et al., 2007; Cherala et al., 2007; de Zwart et al., 2008), and pigs (Millecam et al., 2018). Similarly, expression of mouse CYP enzymes during liver maturation was also classified into three patterns (Hart et al., 2009; Cui, et al., 2012a; Peng et al., 2012), which is illustrated in Fig. 1B. The Cyp genes in Pattern 1 are expressed during the perinatal period but almost disappear by 30 days of age. Its representative genes are Cyp3a16 and male 3a41b. The Cyp genes in Pattern 2 increase rapidly after birth until peaking at day 5, including Cyp2el, 3a11, 4a10, and female 3a41b. The Cyp genes that belong to Pattern 3, including Cyp1a2, 2a4, 2b10, 2c9, 2d2, 2f2, 3a13, and 3a25; remain at low expression levels between day 10 to day 15, but they increase significantly to a stable high level on day 20 (Hart et al., 2009). RNA sequencing (RNA-seq) was applied to reveal the dynamic changes of abundance of the CYP messenger RNAs (mRNAs) during liver development, which further confirmed the developmental patterns in mice (Peng et al., 2012). At the same time, RNA-seq results helped identifying different alternative transcripts expressed at the same time points (Peng et al., 2012). A developmental switch of expression of CYP mRNAs was also observed in mouse liver with CYP3A16 as the fetal and neonatal CYP3A and CYP3A11 as the adult CYP3A (Hart et al., 2009). Besides CYPs, other non-CYP phase I enzymes (Peng et al., 2013), phase II enzymes (Lu et al., 2013), and transporters (Cui, et al., 2012b) were also reported to have similar mRNA expression patterns as the CYP mRNAs in mice. The phenotypes of ontogenic expression patterns of the CYP enzymes in mice provide a tool for determining underlying mechanisms in control of CYP expression during liver development and maturation.

**Association of DNA Methylation with Ontogeny of CYP Enzymes.**

The epigenetic mechanism of DNA methylation has been investigated for its contribution to the ontogenic expression patterns of the CYP enzymes in liver during development and maturation. DNA methylation transfers a methyl group onto the C5 position of the cytosine in a CpG dinucleotide to form 5-methylcytosine (5mC). The 5mC can be further converted to 5-hydroxymethylcytosine. DNA methylation regulates gene expression by inhibiting the binding of transcription factor(s) to their DNA response elements in the genome or by recruiting proteins involved in gene repression (Moore et al., 2013). Analysis of DNA methylation landscape has revealed the roles of DNA methylation in the regulation of drug-metabolizing enzymes, including P450 enzymes (Habano et al., 2015). Developmental changes in DNA methylation in the proximal promoter of the CYP3A4 and 3A7 genes in pediatric livers were observed, which were correlated with ontogenic changes in expression of mRNAs for these two enzymes (Vyhlidal et al., 2016). The dynamics changes of DNA methylation in the hepatic CYP3A4 promoter between fetal and adult human livers and their effect on DNA binding by hepatocyte nuclear factor 4 alpha (HNF4A) and CCAAT-enhancer-binding proteins could partially explain the observed intraindividual variation of CYP3A4 expression in the hepatic developmental shift (Kacevska et al., 2012). Figure 2A illustrates a possible mechanism of DNA methylation in the CYP3A locus associated with the ontogenic expression of the CYP3A7 and 3A4 enzymes in liver during development and maturation.

The mouse livers display significant global decreases in 5mC and hydroxymethylcytosine with age. Furthermore, the level of 5mC increased at two regulatory regions of the mouse Cyp2el gene with age, which was associated with decreased expression of its mRNA and protein (Kronfol et al., 2020). DNA methyltransferase 1 (DNMT1), a DNA methylation writer enzyme, plays a critical role in maintenance of postnatal liver histogenesis under homeostasis and stress conditions (Kaji et al., 2016). A conditional knockout of Dnmt1 gene in postnatal mouse liver caused global DNA hypomethylation, enhanced DNA damage response, and initiated a progressive inability to maintain tissue homeostasis. In conclusion, status of DNA methylation in the genomic regions of the CYP/Cyp genes (human/mouse) has been associated with the ontogeny of CYP/Cyp gene expression in human/mouse liver.

**Association of Histone Modifications with Ontogeny of CYP Enzymes.**

Histone modification is another epigenetic mechanism associated with the ontogenic expression of the CYP enzymes in liver during development and maturation. Histones are frequently altered with various modifications (Karlic et al., 2010; Bannister and Kouzarides, 2011). These histone modifications have impact in various chromatin-dependent biologic processes, including regulation of gene transcription (Wang et al., 2009a; Karlic et al., 2010). Histone modification landscapes have been defined with certain modifications associated with distinct functions inactivation of gene expression (Wang et al., 2008, 2009b).

Histone modifications have been associated with ontogeny of CYP enzymes. With a focus on the developmental switch of Cyp3a16 and 3a11 genes in mouse liver, dynamic changes of an active modification, histone 3 lysine 4 dimethylation (H3K4me2), and an inactive modification, histone 3 lysine 27 trimethylation (H3K27me3), were associated with the developmental changes of expression of these mouse CYP mRNAs (Li et al., 2009). The high expression levels of CYP3A16 mRNA in neonatal mouse livers and CYP3A11 mRNA in adult livers were associated with high levels of H3K4me2, while the low levels of CYP3A16 mRNA in adult liver coincided with the low level of H3K4me2 and high level of H3K27me3 around the Cyp3a16 locus. Figure 2B demonstrates a possible mechanism of histone modifications in the mouse Cyp3a locus associated with the ontogenic expression of the CYP3A16 and 3A11 mRNAs in liver during development and maturation. The dynamic changes of H3K4me2 and H3K27me3 were also found in human liver samples in a Chinese Han population, which are...
associated with the developmental switch of expression of CYP3A7 and CYP3A4 enzymes (He et al., 2016). Another example of association of histone modifications to the ontogenic expression of CYP enzymes is CYP2E1. The status of histone 3 lysine 9 acetylation in the 5'-untranslated region of the mouse Cyp2e1 gene showed a dynamic change through age, which was correlated with the changes of intrinsic clearance of the CYP2E1 specific probe drug chlorzoxazone (Kronfol et al., 2020). In addition to the CYP genes, histone modifications are also involved in the regulation of developmental expression of a phase II enzyme UDP-glucuronosyltransferase 1A1 (UGT1A1) in human liver (Nie et al., 2017). The discussed examples provided here are solid evidence to support the association between histone modifications and expression of CYP enzymes in a dynamic way during liver development.

**Ontogeny of Epigenetic Modifiers.** Status of epigenetic modifications in certain regions of chromatin is established by the epigenetic modifier enzymes, including writers, erasers, and readers. The dynamic patterns of DNA methylation are maintained by DNA methyltransferases (writers), DNA demethylases (erasers), and methyl-CpG binding proteins (readers) (Moore et al., 2013). The histone modifications of acetylation and methylation are determined by histone

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**Fig. 2.** Epigenetic mechanisms contribute to ontogenic switch of CYP3As from fetal and neonate to adult. (A) During human liver development, DNA methylation levels in the proximal promoter region of CYP3A7 change from low levels in newborns to high levels in adults, leading to inhibition of transcriptional expression of CYP3A7 in adults. Conversely, DNA methylation levels in the proximal promoter region of CYP3A4 gene change from high levels in newborns to low levels in adults. At the same time, decreased methylation levels in the HNF4A response element and CCAAT-enhancer-binding protein (C/EBP) binding site contribute to HNF4A and C/EBP bind to these sites, respectively. All these events result in the promotion expression of CYP3A4 in adults. As a result, the dominant CYP gene switches from CYP3A7 in newborns to CYP3A4 in adults in human. (B) During mouse liver development, H3K4me2 levels at the Cyp3a16 locus alter from high levels in neonates to low levels in adults, while H3K27me3 show the opposite changing trend, which leads to the chromatin condensation and finally represses CYP3A16 expression. In contrast, H3K4me2 levels at the Cyp3a11 locus alter from low levels in neonates to high levels in adults, while H3K27me3 decreases from neonates to adults, which leads to the chromatin decondensation and finally promotes CYP3A16 expression. As a result, the dominant Cyp gene switches from Cyp3a16 in newborns to Cyp3a11 in adults in mice.
acetyltransferases and methyltransferases (writers), deacetylases and demethylases (erasers), and histone modification binding proteins (readers). Dynamic changes of mRNAs of epigenetic modifier genes in mouse liver during postnatal maturation were established by RNA-seq (Lu et al., 2012). The presented data in the study suggest that ontogenic changes of epigenetic modifiers may play important roles in determining the addition or removal of corresponding epigenetic signatures during liver development. How dynamic changes of histone modification writers, erasers, and readers are controlled during development is a question that needs to be addressed in future studies.

**Association of ncRNAs with Ontogeny of CYP Enzymes.** RNA-mediated processes are other epigenetic mechanisms, including ncRNAs. Based on size, ncRNAs can be classified as sncRNAs (<200 bp) and lncRNAs (>200 bp) (Hombach and Kretz, 2016). The main classes of sncRNAs include microRNA (miRNAs), small interfering RNAs, and piwi-interacting RNAs (Zhang et al., 2019). Vast literatures support the involvement of miRNAs in the regulation of drug metabolism and disposition (Yu, 2009; Yu and Pan, 2012; Tezcan et al., 2022). Age-related changes of miRNA expression have been studied in human liver samples between the fetal and pediatric developmental periods (Burgess et al., 2015). The data support the role of the age-dependent miRNAs in regulating drug-metabolizing enzyme genes, including several CYP genes. Age-related changes in miRNA expression also influence ontogeny of a phase II enzyme of glutathione transferase zeta 1 in human liver (Jahn et al., 2020). miRNAs as a major epigenetic mechanism in posttranscriptional regulation of drug-metabolizing enzymes has been referred as miRNA pharmacoepigenetics, which may serve as a new strategy for development of more effective therapy (Yu et al., 2016).

lncRNAs have not shown to be involved in the determination of ontogenic expression of CYP enzymes, which may be due to the lack of enough knowledge in this area. However, an attempt has tried to establish developmental programming of IncRNAs during postnatal liver maturation in mice (Peng et al., 2014). Like coding RNAs, lncRNAs also displayed three major ontogenic patterns: enriched at neonatal, adolescent, or adult ages. Neighboring coding and lncRNAs showed the trend to exhibit highly correlated ontogenic expression patterns, implying the potential importance of lncRNAs in liver maturation. Further studies are needed to determine whether lncRNAs are involved in epigenetic regulation of ontogeny of CYP enzymes. H19 is one of the most abundantly expressed IncRNAs in mouse fetal livers but differentially expressed during liver maturation to an undetectable level in adult liver (Pope et al., 2017a); however, it did not affect the developmental expression of the Cyp genes in the H19 knockout mice (Pope et al., 2017b). Even though there is no direct in vivo evidence to address the problem of whether lncRNAs regulate developmental expression of CYP enzymes, some in vitro studies still give promising indications. The lncRNA CUDR (cancer upregulated drug resistant) has been reported to enhance the differentiation of human embryonic stem cells into hepatocytes-like cells by the decrease of H3K27me3 (Gui et al., 2015). A novel lncRNA regulator of hepatic lineages (Inc-RHL) is essential for the differentiation from human bipotent progenitor cells to hepatocytes (Prabhakar et al., 2021). It is believed that CYP expressions are time-dependent during liver development and liver cell lines share similar characteristics with liver organs. As a result, it can be reasonably inferred that exploring lncRNAs to regulate developmental expression of CYP enzymes is still advisable. In summary, drug metabolism mediated by the CYP enzymes mainly occur in the liver, which is the organ immature at neonatal ages (Grijalva and Vakili, 2013). Postnatal maturation is critical for the liver to transit its functions from hematopoietic in prenatal and neonatal to metabolism in adults (Suzuki et al., 2019). During the liver maturation process, expression of the CYP enzymes shows ontogenic changes with three distinct patterns. Epigenetic mechanisms, including DNA methylation, histone modifications, and miRNAs have been associated with the developmental regulation of the CYP expression, which could explain the distinct patterns of some CYP enzymes, particularly for the developmental switch of the CYP3A members in both human and mice. Epigenetic writers, erasers, and readers are the key element proteins to build epigenetic signatures in the CYP genes to fulfill the developmental regulation of gene expression. In relation to the demonstrated role of epigenetics in developmental biology (Skinner, 2011), next questions are which factors control the writers, erasers, and readers to establish the developmental program and whether there are critical windows of development that are more responsive to environmental factors to modify the developmental patterns.

**Epigenetic Mechanisms Are Involved in Intraindividual Variations of CYP Enzymes Induced by Drug Treatment.**

**Induction of CYP Expression by Drug Treatment.** Expression of some CYP genes can be induced at transcription levels by drug treatment, including CYP1A2, 2B6, 2C9, 2C19, 2D6, 2E1, 3A4, and 3A7 genes, resulting in clinically significant drug-drug interactions (DDIs) that can cause unanticipated therapeutic failures, ADRs, and toxicity (Lee et al., 2006; Amacher, 2010; Hakkola et al., 2020). The effect of induction on CYP transcription can simply increase the amount of CYP enzymes present and speed up the metabolism of a coadministered drug. Several dozens of drugs have been indicated to be able to induce CYP expression, including some commonly used drugs, such as rifampicin, phenobarbital, carbamazepine, phenytoin, etofoxine, ritonavir, lortatib, mitotane, and ivosidenib (Hachad et al., 2010; Hakkola et al., 2020). Drug induction on CYP enzyme activities is one of the main causes of DDIs and result in intraindividual variations on CYP-mediated drug metabolism in comparison with no induction. Numerous DDI databases have been developed with searchable information on lists of drugs as clinical inducers for CYP-mediated metabolites (Hachad et al., 2010; Andersson et al., 2013; Xiong et al., 2022). Understanding molecular mechanisms underlying the induction of CYP gene expression at transcriptional and translational levels is critical for explanation of intraindividual variations caused by drug induction.

**Induction of CYP Expression by Drugs through Activation of Xenobiotic Sensors.** The “xenobiotic sensors” refer to nuclear receptors of pregnane X receptor (PXR) and constitutive androstane receptor (CAR), which were discovered or characterized in the 1990s. A recent review has summarized a journey of rewards of xenobiotic receptors for their discovery stories (Xie, 2023). PXR and CAR are transcription factors and have since been defined as master regulators of xenobiotic responses through their transcriptional regulation of drug-metabolizing enzymes and transporters, including CYPs (Poudel et al., 2022). Activation of PXR and CAR is also associated with the development of numerous metabolic diseases (Zhang et al., 2023). At a molecular level, when a drug that can induce CYP expression is taken up into a metabolic cell, it can serve as a ligand to bind to either PXR or CAR in its ligand binding domain. Binding of PXR or CAR by the drug can result in a configuration change and activation of PXR or CAR in cytoplasm and subcellular translocation into the nucleus (Men and Wang, 2023). The DNA binding domain of PXR or CAR can recognize its DNA response elements in the promoter regions of some CYP genes to facilitate transcriptional regulation (Jana and Paliwal, 2007). The following questions, which need to be addressed, are (1) how PXR and CAR facilitate transcriptional regulation of CYP expression after binding to the CYP promoter regions and (2) whether epigenetic mechanisms of DNA methylation, histone modifications, and lncRNAs are involved in the
PXR- or CAR-mediated transcription regulation of CYP genes. These questions have been investigated.

**Roles of DNA Methylation and Histone Modifications in Induction of CYP Expression by Drug Treatment.** DNA methylation and histone modifications have been shown to play an important role in the induction of CYP expression by drug treatment through the activation of PXR or CAR. The Cyp2b10, a CAR target gene, was concomitantly DNA hypomethylated and transcriptionally activated in a liver tissue-specific manner following treatment with phenobarbital, which can activate CAR (Lempäälä et al., 2011).

Treatment with phenobarbital resulted in a switch of histone modifications from a repressive form of H3K27me3 to active forms of H3K4me2 and H3 acetylation at the promoter of the Cyp2b10 gene in the liver of B6C3F1 mice (Lempäälä et al., 2011). The role of histone modifications in the CYP3A4 promoter regions in the induced expression of CYP3A4 enzyme by rifampicin was studied in LS174T cells (Yan et al., 2017). In the treatment with rifampicin, not only did the CYP3A4 mRNA level increase but also H3K4me3 and H3 acetylation increased in the CYP3A4 promoter, while H3K27me3 decreased. The changes of histone modifications could be explained by enhanced recruitment of histone modification writers and erasers of nuclear receptor coactivator 6, containing H3K4 methyltransferase and H3K27 demethylase, as well as p300, a histone acetyltransferase to the CYP3A4 promoter by PXR after rifampicin treatment. This resulted in elevated levels of H3K4me3 and H3 acetylation as well as reduced levels of H3K27me3 and H3K4me2 in the CYP3A4 promoter to decondense the chromatin, further contributing to the induction of CYP3A4 mRNA expression (Yan et al., 2017). A possible molecular mechanism is explained to illustrate the transcriptional regulation of CYP3A4 expression by activation of PXR with rifampicin in a cell (Fig. 3A) and p300 (methyltransferase) as well as nuclear receptor coactivator 6 (H3K4 methyltransferase and H3K27 demethylase) in knockdown experiments (Fig. 3B). Furthermore, in the HepaRG cell line, PXR and CYP gene expression was reduced after knocking down histone 3 lysine 9 methyl transferase enzyme (G9a), another histone modification writer (Pande et al., 2020). In an in vivo mouse model, increasing H3K4me3 enrichment and at the same time decreasing the H3K27me3 enrichment in the PXR response elements (PRXEs) of the Cyp3a11 gene based on the treatment of pregnenolone 16β-carbonitrile (PCN), an activated ligand of PXR in rodents, could upregulate CYP3A11 mRNA expression (Wang et al., 2019a).

Collectively, the presented data support that DNA methylation and histone modifications as two epigenetic mechanisms can be dynamically altered in the genomic regions of some CYP genes to facilitate induction of expression of CYP enzymes in response to drug treatment.

**Roles of lncRNAs in Induction of CYP Expression by Drug Treatment.** Implication on drug metabolism and disposition by lncRNAs is a recent hot topic (Wang et al., 2020). Several lncRNAs have been demonstrated to play a critical role in the induced expression of CYP enzymes by drug treatment. A transcriptional regulatory network was identified to control both basal and induced expression of numerous CYP enzymes by rifampicin and phenobarbital in HepaRG cells (Chen et al., 2018). The key members in the transcriptional regulatory network contain transcription factors of hepatic nuclear factor factor 1 alpha (HNF1α), HNF4α, PXR, and CAR as well as IncRNA HNF1A antisense 1 (HNF1A-AS1) and HNF4A antisense 1 (HNF4A-AS1). HNF1A-AS1 and HNF4A-AS1 are two antisense lncRNA genes physically located at the immediate neighbor of the HNF1α and HNF4A genes, respectively. The antisense IncRNAs and transcription factors show concordant expression patterns in different tissues (Chen, et al., 2020a). Further studies in Huh7 cells and human liver samples confirmed that HNF1A-AS1 can positively regulate the CYPs in the liver at both basal and drug-induced levels (Wang et al., 2019b), whereas HNF4A-AS1 is able to negatively regulate the CYP expression via altering histone modifications of H3K4me3 and H3K27me3 (Wang et al., 2021). Figure 4 illustrates a possible mechanism of IncRNAs HNF1A-AS1 and HNF4A-AS1 in the regulation of CYP expression under a drug-induced condition.

In summary, drug-induced expression of CYP enzymes results in intraindividual variability of CYP-mediated drug metabolism and DDIs. The induction is mediated by activation of transcription factors such as PXR and CAR. Status of DNA methylation and histone modifications is normally altered in the CYP genes due to the recruitment of related epigenetic writers and erasers by PXR or CAR. IncRNAs may play a key role in the connection of PXR or CAR with the epigenetic writers and erasers to the regions of CYP genes.

In addition to the induction of CYP expression, transcriptional suppression of CYP expression by endogenous and exogenous chemical compounds is also widely observed (Riddick et al., 2004; Hakkola et al., 2020). Lipo polysaccharide (LPS) could downregulate CYP3A expression in mouse liver by transcriptional suppression (Taneja et al., 2019). Furthermore, LPS also was shown to be able to repress expression of several histone-modifying enzymes of HDAC1, HDAC3, and EZH2 (Taneja et al., 2019), implying that histone modifications may be involved in the suppression of CYP3A expression by LPS. However, molecular mechanisms have not been fully illustrated yet in as much detail as the studies in the induction of CYP expression by epigenetic mechanisms.

**Epigenetic Mechanisms Are Involved in Intraindividual Variations of CYP-mediated Drug Metabolism in Adults Received Drug Exposure at Neonatal Ages**

**Impact of Drug Treatment at Neonatal Ages on Intraindividual Variability of Drug Metabolism and Drug-Drug Interactions in Adults.** The impact of drug treatment at neonatal ages on variability of drug metabolism and DDIs in adults has been recently discussed (Piekos et al., 2017). Many neonates and infants are administered drugs, which may result in DDIs. Hospitalized pediatric patients are often administrated numerous medications simultaneously, and 41% have potential DDIs (Feinstein et al., 2015). Neonatal exposure to antibiotic drugs may impair child growth (Uzan-Yulzari et al., 2021), and some adverse consequences can be both short and long term (Cotten, 2016).

The effects of early life exposure to specific drugs, nutrients, and environmental toxicants on metabolic and detoxification processes in the adult life have been documented in animal models starting from early 1980s. Exposure of newborn rats to pharmacologically active compounds, such as phenobarbital, may permanently alter the metabolism of carcinogens and increase the risk of developing cancer (Faris and Campbell, 1981). Neonatal exposure to rats with methadone, a synthetic opioid agonist for chronic pain relief, alters sex differentiation of hepatic monooxygenase of testosterone in adult rats (Lui et al., 1981). Neonatal exposure to phenobarbital results in increased P450-dependent activities in adult male and female rats (Bagley and Hayes, 1983, 1985). The induction of CYP expression in adult rats by phenobarbital exposure at neonatal age has been observed in different CYP subfamilies, including CYP2B1 and 2B2 (Agrawal and Shapiro, 1996), 2C7 (Agrawal and Shapiro, 2000), 2C11, 3A1, and 3A2 (Agrawal and Shapiro, 2003). This phenomenon has been referred as neonatal imprinting of phenobarbital on overinduction of constituent CYP expression in adult rats (Haake and Safe, 1988; Agrawal and Shapiro, 2003).

A similar phenomenon on long-term impact of CYP expression by neonatal exposure to drugs has also been observed in mice in later studies (Tien et al., 2015, 2017; Piekos et al., 2018). The dose of phenobarbital and age of treatment at early life have been identified as two key factors for the persistent induction of CYP enzymes in adult
mouse liver (Tien et al., 2015). Only a dose over a certain threshold of phenobarbital could result in persistent induction of CYPs in adults. A sensitive age window in early life was identified for persistent induction. When mice were older than the age window, no matter how high doses were used, exposure to phenobarbital did not cause long-term induction of CYP expression. Phenobarbital treatment at a neonatal age can also result in decreased efficacy in acid suppression in adult mouse stomach by omeprazole, a proton pump inhibitor drug, due to increased metabolism of omeprazole by induced CYP enzymes (Tien et al., 2017). Omeprazole is known to be metabolized by CYP enzymes, mainly by CYP2C19 and 3A4 in human liver (Ishizaki and Horai, 1999). Phenytoin, a voltage-gated sodium channel blocker, is also known to be a CYP inducer by activation of CAR in both humans and mice (Wang et al., 2004; Jackson et al., 2006). Neonatal exposure to phenytoin in mice could also result in either short- or long-term consequences of alterations of CYP-mediated drug metabolism (Piekos et al., 2018). These data indicate there are underlying molecular mechanisms involved in the induced expression of CYP enzymes in adult life, which can remember a drug exposure in early neonatal life.

Roles of Histone Modifications in Induction of CYP Expression in Adults by Drug Exposure in Neonatal Age. A concept of epigenetic programming in fetal and neonatal development has been established to indicate that environment-induced epigenetic modifications and their associated gene expression activity are relatively stable to be transmitted after birth until adults, which determines the physiologic phenotypes in adults from fetal and neonatal development (Zhu et al., 2019). Changes of the established epigenetic programming in chromatin structure, DNA methylation, and histone modifications in different tissues following neonatal exposure to specific environmental xenobiotics may result in permanent alterations of the existing epigenetic programming for a long-term impact on physiologic phenotypes in adult life.

A connection of the neonatal exposure of chemical compounds and permanent induction of CYP enzymes in adults to activation of nuclear receptors and alterations of epigenetic programming has been connected. A synthetic compound, 1,4-bis-[2-(3,5-dichlorophenyl)oxy] benzene (TCPOBOP) is an agonist with a high potency to active murine CAR and has been widely used to study molecular mechanisms of induction of murine CYP enzymes in vivo (Baskin-Bey et al., 2007). Administration of TCPOBOP to neonatal mice at day 5 after birth was found to
selectively activate CAR, leading to the permanent induction of CYP2B10 and 2C37 mRNA expression in adult mice at week 12 (Chen et al., 2012). By focusing the histone modifications in the promoter region of Cyp2b10 gene, the study detected an increased level of H3K4me3 and a decreased level of H3K9me3, which correlated to the increased level of CYP2B10 mRNA expression in adult mouse liver. Such changes of histone modifications and correlation to CYP2B10 expression could not be observed in CAR knockout mice, implying that the persistent epigenetic changes in adult by neonatal exposure were dependent on CAR activation. These observations indicate that activation of CAR by TCPOBOP at a neonatal age may produce a modified epigenetic memory and reprogramming that persists into adult life and favors the induction of CYP expression. Figure 5A illustrates a possible epigenetic mechanism of histone modifications in induction of Cyp2b10 expression in both neonate and adult ages by phenobarbital exposure in a neonatal age of day 3 in mouse liver.

A change of epigenetic memory is also involved in the persistent alterations of CYP enzymes in adult mice by neonatal exposure to PCN, a murine PXR ligand (Wang et al., 2019a). PCN is a species-specific agonist to rodent PXR, not human PXR, and can induce the expression of the CYP3A enzymes in rodent liver, intestine, and kidney as well as primary cultures of rodent hepatocytes (Kliwer et al., 1998). Neonatal exposure to PCN in mice resulted in persistently induced expression levels of CYP1A2, 2B10, 3A11, and UGT1A1 mRNAs in adult liver.
The inducibility of CYP3A11 by PCN was also seen in the primary hepatocytes derived from adult mice who received PCN treatment at a neonatal age. Mechanistically, an enhanced level of H3K4me3 and a reduced level of H3K27me3 in the promoter of Cyp3a11 was seen in the primary hepatocytes derived from adult mice who received PCN treatment at a neonatal age. Figure 5B illustrates a possible epigenetic mechanism of histone modifications in induction of Cyp3a11 expression in an adult age at day 60 by PCN exposure at neonatal ages between day 6 and 9 in mouse liver.

In summary, the activation of PXR and CAR by exposure to their potent ligands at neonatal ages can result in alterations of histone modifications as a change of epigenetic memory during the postnatal liver maturation, leading to a persistent induction of CYP expression in adult liver and causing changes of CYP-mediated drug metabolism with impact on the efficacy of drugs metabolized by CYP enzymes, such as omeprazole.
Intraindividual Variations of P450-Mediated Drug Metabolism

The phenomenon and concept of long-term impact of drug metabolism in adult life by neonatal exposure to drugs, which have capabilities to induce CYP expression by altering epigenetic memory, are established mainly in studies using animal models of mice and rats. Whether this phenomenon is also true for humans has not been supported by clinical studies, which require a long time (at least more than 20 years) to follow patients’ clinical outcomes who received drug treatment at neonatal ages. Current studies in animal models may stimulate such study design for long-term health of drug uses in pediatric populations.

Epigenetic Mechanisms Are Associated with Susceptibility of DILI Mediated by CYP Enzymes

Role of CYP Activities in DILI DILI is very common, can be caused by nearly all classes of medications (David and Hamilton, 2010), and contributes to nearly 60% of acute liver failure annually in the United States with APAP as the leading causing drug (W.M. Lee, 2013). APAP-induced liver injury (AILI) remains a global issue. In the United States, AILI contributes to more than 50% of acute liver failure and nearly 20% of the liver transplant cases (Yoon et al., 2016). The onset and extent of DILI can vary significantly in different patients or the same patients in different conditions using identical drugs. CYP-mediated drug metabolism plays an important role in the susceptibility of DILI by impacting either drug or metabolite concentrations in hepatocyte cells (Corsini and Bortolini, 2013). Either poorly metabolized drugs or rapidly metabolized metabolites can result in overaccumulation of toxic compounds in hepatocyte cells to cause DILI. In addition to genetic polymorphisms in the CYP genes, the poor or rapid drug metabolism can contribute to the alterations of epigenetic mechanisms.

Role of Epigenetic Mechanisms in the CYP Genes in Susceptibility of DILI The status of DNA methylation in the CYP gene regions has been associated with onset and extent of DILI. After the treatment of HepaRG cells with rifampicin, the DNA methylation levels in the CYP2D6 and 2E1 gene regions were proportionally associated with the onset and extent of rifampicin-induced DILI as measured by cell viability, glutathione content, and caspase activities (Wei et al., 2020). The levels of DNA methylation in the CpG islands in the Cyp1a1 and 1b1 promoter regions were also associated with severe levels of isoniazid-induced liver injury in rats (Li et al., 2018).

ncRNAs also play an important role in DILI, particularly AILI. A comprehensive review has summarized the roles of ncRNAs in AILI, including numerous miRNAs, such as miR-122, miR-125b, and miR-223 (Chowdhary et al., 2021). APAP is metabolized by CYP1A2, 2E1, and 3A4 to form a metabolite, N-acetyl-p-benzo-quinone imine, which is the primary toxic compound leading to AILI (Manyike et al., 2000). Activities of CYP1A2, 2E1, and 3A4 have direct impact on the susceptibility of AILI. IncRNAs HNF1A-AS1 and HNF4A-AS1 have been demonstrated to be involved in the regulation of both basal and induced expression of CYP1A2, 2E1, and 3A4 by drugs in either a positive or negative manner, respectively. By knocking down HNF1A-AS1 and HNF4A-AS1 in HepaRG cells, susceptibility of AILI was altered, but opposite directions with decreased AILI toxicity in HNF1A-AS1 knockdown and increased AILI in HNF4A-AS1 knockdown (Chen, et al., 2020b). IncRNAs HNF1A-AS1 and HNF4A-AS1 may work together to control the balance of CYP enzyme activities in liver. Imbalanced HNF1A-AS1 and HNF4A-AS1 may drive the liver to be either more sensitive or more resistant to AILI by affecting APAP biotransformation to N-acetyl-p-benzo-quinone imine mediated by APAP metabolism. More IncRNAs were explored under the APAP-treated condition, and the RNA-seq results of APAP-treated HepaRG cells showed the correlation between IncRNA expression and APAP toxicity. Among them, LINC00844 was significantly downregulated in a concentration-dependent manner in response to APAP exposure, and it showed the positive relation with the mRNA levels of CYP3A4, 2E1, SULT2A1, PXR, and HNF4A (Li et al., 2020). Another IncRNA, LINC00574, has been proven to coordinate regulation expression of a phase II drug-metabolizing enzyme UGT2B15 by interacting with miRNA miR-129 in HepaRG cells treated with APAP (Yu et al., 2020).

In addition to APAP, knockdown and overexpression of IncRNAs HNF1A-AS1 and HNF4A-AS1 have also been shown to impact susceptibility of rifampin-induced cytotoxicity in different directions in HepG2 cells via alterations of CYP3A4 expression and enrichment of PXR binding as well as status of H3K4me3 and H3K27me3 in the CYP3A4 promoter (Wang et al., 2022). DDI of rifampin with rifampicin can also be impacted by IncRNAs HNF1A-AS1 and HNF4A-AS1 (Wang et al., 2022).

On the one hand, CYP activities had a direct impact on susceptibility of DILI, particularly AILI, whereas, on the other hand, the levels of AILI could also alter CYP activities in an age-dependent manner, which was demonstrated in mouse livers (Bao et al., 2020). Alterations of CYP enzyme activities also happen throughout whole liver repair and regeneration processes after AILI and result in a critical time window with a high risk of ADRs and toxicity for drug therapy mediated by CYP metabolism (Bao et al., 2022). Dose justification may be needed to reduce the risk of ADRs and toxicity, which has been demonstrated by the dose justification of midazolam’s anesthesia property (Bao et al., 2022).

In conclusion, the growing evidence in the past decade has proven that epigenetic mechanisms of DNA methylation, histone modifications, and ncRNAs play critical roles in the regulation of CYP expression in various conditions related to age development, drug induction, and DILI to contribute intraindividual variations of CYP-mediated drug metabolism with direct impact on efficacy and ADRs/toxicity of drug therapies. However, this area also faces strong challenges and knowledge gaps for clinical applications with the existing known knowledge.

Current Challenges, Knowledge Gaps, and Future Perspectives Some fundamental knowledge gaps still exist that prevent a better understanding of the underlying mechanisms in control of epigenetic alterations in different conditions. The status of epigenetic signatures of DNA methylation and histone modifications in the genomic regions of CYP genes is determined by epigenetic writers, erasers, and readers; however, it is still unknown which factors are upstream determining factors to control the writers, erasers, and readers to add or remove certain epigenetic signatures under special conditions. A more detailed understanding of epigenetic modifications is necessary for elucidating complex biologic processes in control of CYP expression and ultimately for improvement of CYP-mediated drug metabolism for treatment of diseases (Hyun et al., 2017). Such knowledge gaps should be filled in future studies.

IncRNAs may serve as mediator factors to bring transcription factors and histone modification writers and erasers to some specific genomic regions to facilitate transcription regulation of CYP expression. It is still unclear how IncRNAs are involved in the processes. The functions of IncRNAs often rely on specific, typically short, conserved elements as functional motifs to facilitate their major biologic functions (Ross and Ulitsky, 2022). A current challenge and future direction are to identify functional motifs in the IncRNAs involved in the regulation of CYP expression, such as HNF1A-AS1 and HNF4A-AS1, and to define their biologic functions.

IncRNAs should not exist as linear structures in cells. How do IncRNAs form secondary and tertiary structures? Are these structures of IncRNAs critical for their physiologic functions? Crystal structures of proteins have provided powerful tools to understand biologic functions of proteins (McPherson and Gavira, 2014). Crystal structures have been used to reveal CYP protein functions in interaction with their substrates.
in CYP2B6 (Gay et al., 2010; Roberts et al., 2023) as well as CYP3A4 and 3A5 (Hsu et al., 2018). lncRNAs tend to acquire complex secondary and tertiary structures, and in many cases their functions are dependent on structural conservation rather than primary nucleotide sequences (Graf and Kretz, 2020). The 3D shape and topology of full-length native lncRNAs have been visualized recently, which requires synergistic integration of computational, biochemical, and biophysical approaches (Chillon and Marica, 2020). Determination of secondary and tertiary structures of lncRNAs involved in the regulation of CYP expression, such as HNF1A-AS1 and HNF4A-AS1, is a critical step to fill in the knowledge gaps in understanding lncRNA functions to interact with other partners in control of CYP expression in different conditions.

Alternative splicing of lncRNAs has been implicated in increasing lncRNA gene utilization to increase the variety of RNA transcripts. Alternative transcripts of lncRNAs plays a significant regulatory role in human diseases (Chen et al., 2021). Multiple alternative transcripts have been annotated in both human and mouse genomes for some CYP-associated lncRNAs, such as HNF1A-AS1 and HNF4A-AS1. However, these annotated alternative transcripts have not been experimentally proven yet. Some alternative transcripts from the same genes have completely different RNA sequences, implicating that they may have different biologic functions. Future validation and characterization of the alternative transcripts of the CYP-associated lncRNAs, such as HNF1A-AS1 and HNF4A-AS1, should be conducted to fill the knowledge gap: which particular alternative transcript regulates CYP expression under different conditions?

A new research area in pharmacoeigenetics and pharmacoeigenomics is under development to address how to apply the current knowledge of epigenetics for clinical applications (Majchrzak-Celińska and Baek-Durbowska, 2017; Hack et al., 2019). However, pharmacoeigenetics has much stronger challenges than pharmacogenetics for clinical applications. In pharmacogenomics, changes of CYP-mediated drug metabolism caused by genetic polymorphisms can be predicted based on DNA sequence information derived from DNA samples isolated from specimens, such as blood and oral mucosal. In contrast to pharmacoeigenetics, not like genetic information, epigenetic information is tissue specific and not easily observed or diagnosed based on measurement of biomarkers in patient specimen samples, such as blood, urine, and oral mucosal. Development of epigenetic biomarkers to produce relevant information for diagnosis, prognosis, and therapy optimization in routine clinical treatment is challenging (García-Giménez et al., 2017). A future direction is to fill the knowledge gap by developing clinical approaches to assess epigenetic alterations in biologic specimens to predict intradividual variations of CYP-mediated drug metabolism for improving therapeutic efficacy and avoiding ADRs and toxicity.

Conclusions

Epigenetic mechanisms of DNA methylation, histone modifications, and lncRNAs have been proven to contribute to intradividual variations of drug metabolism mediated by CYP enzymes in age development, drug induction, and DILI conditions. The knowledge has helped in the understanding of how intradividual variations are generated. Future studies are needed to develop CYP-based pharmacoeigenetics to guide clinical applications for precision medicine with improved therapeutic efficacy and reduced risk of ADRs and toxicity.

Authorship Contributions

Participated in research design: Jin, Zhong.
Performed data analysis: Jin, Zhong.
Wrote or contributed to the writing of the manuscript: Jin, Zhong.

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