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Hepatic enzymes relevant to the disposition of (-)- Δ^9 -tetrahydrocannabinol (THC) and its psychoactive metabolite, 11-OH-THC

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d) Nonstandard abbreviations:

4-OH-DCL: 4-OH-diclofenac; 4-OH-MEP: 4-OH-mephenytoin; 6 β -OH-TEST: 6 β -OH-testosterone;

11-OH-THC: 11-hydroxy- Δ^9 -tetrahydrocannabinol; BSA: bovine serum albumin; C_{max}: maximum

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plasma concentration; CBD: cannabidiol; COOH-THC: 11-nor- Δ^9 -carboxy-tetrahydrocannabinol;
DCL: diclofenac; DXO: dextrorphan; DEA: Drug Enforcement Administration; DME: drug
metabolizing enzyme; HLM: human liver microsome; IS: internal standard; fm: fraction
metabolized; G6P: D-glucose 6-phosphate; LB: low-binding; G6PDH: glucose-6-phosphate
dehydrogenase; LC: liquid chromatography; MEP: mephenytoin; M & S: modeling and
simulation; MS: mass spectrometry; NADP+: nicotinamide adenine dinucleotide phosphate;
NLX-3-gluc: naloxone-3-glucuronide; P450: cytochrome P450; PPF-gluc: propofol-glucuronide;
PK: pharmacokinetics; PBPK: physiologically-based pharmacokinetic modeling; SD: standard
deviation; TES: testosterone; THC: (-)- Δ^9 -tetrahydrocannabinol; UDPGA: uridine 5'-
diphosphoglucuronic acid; UGT: UDP-glucuronosyltransferase

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ABSTRACT

Marijuana use by pregnant women is increasing. To predict developmental risk to the fetus/neonate from such use, in-utero fetal exposure to (-)- Δ^9 -tetrahydrocannabinol (THC), the main psychoactive cannabinoid in marijuana and its active psychoactive metabolite, 11-OH-THC, needs to be determined. Since such measurement is not possible, physiologically-based pharmacokinetic (PBPK) modeling and simulation can provide an alternative method to estimate fetal exposure to cannabinoids. To do so, pharmacokinetic parameters for the disposition of THC and 11-OH-THC need to be elucidated. Here, we report a first step to estimate these parameters, namely those related to maternal metabolism of THC/11-OH-THC in human liver microsomes (HLMs) at plasma concentrations observed after smoking marijuana. Using recombinant P450 and UGT enzymes, CYP1A1, 1A2, 2C9, 2C19, 2D6, 3A4, 3A5, 3A7, and UGT1A9 and UGT2B7 were found to be involved in the disposition of THC/11-OH-THC. Using pooled HLMs, the fraction metabolized (fm) by relevant enzymes was measured using selective enzyme inhibitors then adjusted for enzyme cross-inhibition. As previously reported, CYP2C9 was the major enzyme responsible for depletion of THC and formation of 11-OH-THC with fm of 0.82 ± 0.08 and 0.99 ± 0.10 , respectively (mean \pm SD), while CYP2D6 and CYP2C19 were minor contributors. 11-OH-THC was depleted by UGT and P450 enzymes with fm of 0.60 ± 0.05 and 0.40 ± 0.05 , respectively (mean \pm SD), with UGT2B7, UGT1A9, CYP2C9, and CYP3A4 as contributors. These mechanistic data represent the first set of drug-dependent parameters necessary to predict maternal-fetal cannabinoid exposure during pregnancy using PBPK modeling.

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INTRODUCTION

Up to 7.5% of pregnant women in the United States used marijuana at some point during pregnancy (Brown et al., 2017). Furthermore, the prevalence of marijuana use by pregnant women has been increasing (SAMHSA, 2017). The average concentrations of the psychoactive cannabinoid in marijuana, (-)- Δ^9 -tetrahydrocannabinol (THC) have been steadily increasing, with the most recent content (weight/weight) estimated at 12% (ElSohly et al., 2016). To estimate fetal exposure (and therefore risk) to THC and its psychoactive metabolite, 11-hydroxy- Δ^9 -tetrahydrocannabinol (11-OH-THC; **Fig. 1**), maternal-fetal exposure to these compounds needs to be measured or predicted. Conducting pharmacokinetic studies in pregnant women is not possible due to ethical and logistical reasons. Maternal exposure to drugs drives drug fetal exposure. Therefore, an alternative is to predict the maternal-fetal exposure to these cannabinoids during pregnancy using physiologically-based pharmacokinetic (PBPK) models where gestational-age dependent changes in expression of hepatic drug metabolizing enzymes (DMEs) and transporters can be incorporated (Ke et al., 2012; Ke et al., 2014a; Zhang et al., 2017; Zhang and Unadkat, 2017). The latter is important as activity of many cytochrome P450 enzymes is either induced or repressed during pregnancy (Anderson, 2005; Ke et al., 2014b).

In order to predict the disposition of THC/11-OH-THC during pregnancy, amongst other parameters, one must first identify the enzymes involved in the biotransformation of THC and 11-OH-THC and the fraction metabolized (f_m) via these pathways. *In vitro* studies have identified CYP2C9, 3A4, 2C19 and 2D6 as DMEs responsible for the formation of THC metabolites (Stout and Cimino, 2014). Of these, CYP2C9 and CYP2C19 are the hepatic DMEs responsible for the formation of 11-OH-THC (Bland et al., 2005; Watanabe et al., 2007). Through *in vivo* studies, CYP2C9 and CYP3A4 have been identified as important DMEs involved in 11-OH-THC clearance (Sachse-Seeboth et al., 2009; Stott et al., 2013). Additionally,

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UDP-glucuronosyltransferase (UGT) enzymes, UGT1A9 and UGT1A10 are the hepatic DMEs responsible for the glucuronidation of 11-OH-THC *in vitro* (Mazur et al., 2009).

Despite the above data, there are key drug parameters missing that are necessary for PBPK modeling and simulation (M & S). *In vitro* metabolic studies have focused on THC metabolite formation rather than on THC depletion. As such, there may be additional enzymes responsible for the clearance of THC. In addition, the enzymes involved in depletion of 11-OH-THC have not all been identified. Furthermore, the fm via each enzyme, a necessary parameter for PBPK M & S, is missing. Lastly, the majority of *in vitro* studies have examined the metabolism of supraphysiological cannabinoid concentrations which may not be representative of enzyme contributions at cannabinoid concentrations observed *in vivo*. Therefore, the aims of this study were to profile the hepatic metabolic pathways of THC and 11-OH-THC by: 1) identifying the relevant recombinant enzymes (both P450s and UGTs) capable of metabolizing these compounds, and 2) using the results from the above studies as a guide to quantify the fm via the identified enzymes in pooled human liver microsomes (HLMs) at plasma concentrations of THC and 11-OH-THC observed after smoking marijuana. The results from these studies are a first step in generating the maternal mechanistic PK parameters necessary to build a linked THC/11-OH-THC PBPK model that can be used to predict maternal-fetal exposure to THC/11-OH-THC during pregnancy.

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MATERIALS AND METHODS

Chemicals and reagents. (-)- Δ^9 -THC (1 mg/ml), (\pm) 11-OH-THC (0.1 mg/ml), and (\pm) 11-nor-9-carboxy- Δ^9 -THC (COOH-THC) (0.1 mg/ml) DEA-exempt methanol stocks and deuterated internal standards [(-)- Δ^9 -THC-D₃, (\pm) 11-OH-THC-D₃, (\pm) COOH-THC-D₃] were purchased from Cerilliant (Round Rock, TX). Low-binding (LB) microcentrifuge tubes (made out of chemical-resistant polypropylene), bovine serum albumin (BSA) (Fraction V - heat-shock treated), acetonitrile, and formic acid (liquid chromatography-mass spectrometry (LC/MS) grade) were purchased from Fisher Scientific (Hampton, NH). Amber silanized glass vials were purchased from Waters Corporation (Milford, MA). β -nicotinamide adenine dinucleotide phosphate (NADP⁺), D-glucose 6-phosphate (G6P), glucose-6-phosphate dehydrogenase (G6PDH), uridine 5'-diphosphoglucuronic acid (UDPGA), and all chemical inhibitors and probes were purchased from Sigma-Aldrich (St. Louis, MO). Milli-Q water was used in all preparations. All other chemicals and reagents were obtained at the highest quality available commercially.

Recombinant enzymes and HLMs. Recombinant cytochrome P450 (CYP19, 1A1, 1A2, 2A6, 2B6, 2C8, 2C9*1 (Arg₁₄₄), 2C19, 2D6*1, 2E1, 3A4, 3A5, 3A7) and UDP-glucuronosyltransferase (UGT1A4, 1A9, 1A10, and 2B7) expressed in baculovirus infected insect cells (Supersomes™) and pooled adult HLMs (n=50, equal mixed gender) were purchased from Corning (Corning, NY).

Cannabinoid experimental optimization. THC has low solubility, high protein and non-specific binding to plastic and glassware (Garrett and Hunt, 1974). Due to these reasons, experimental reactions were optimized for cannabinoid adsorption, solubility, and extraction. To limit adsorption, initial studies were performed in amber silanized glass. Due to practical and economic reasons, later studies were performed in LB microcentrifuge tubes. Depletion kinetics of THC was similar in silanized glass versus LB tubes (data now shown). BSA was added to reactions to combat low solubility and limit adsorption. This analytical strategy has been

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previously suggested for improving radioimmunoassay of THC (Cook et al., 1976). To improve recovery of cannabinoids from reactions, a freeze-liquid technique previously described by Prasad and Singh, 2009 was used (further described below).

Reaction phenotyping using recombinant enzymes. In silanized amber glass vials, to 0.1 M potassium phosphate buffer (pH 7.4), the following was added (shown as final concentrations): either 500 nM THC or 100 nM 11-OH-THC, recombinant cytochrome P450 (rCYP) enzyme (2 – 40 pmole), and BSA so the final total protein concentration (BSA + rCYP) was 0.2 mg/ml. Mixtures were pre-incubated in a shaking-block heater for 10 minutes at 37°C and 300 RPM. Reactions were initiated with NADPH regenerating system (final concentrations: 1.3 mM NADP⁺, 3.3 mM G6P, 3.3 mM MgCl₂, 0.4 unit/ml G6PDH). Reactions using recombinant UGT enzymes were set up as above with the following changes: recombinant UGT enzymes (0.05-0.75 mg/ml), 0.2% BSA, 5 mM MgCl₂, 25 µg/ml alamethicin. Reactions were incubated for 15 minutes on ice to allow for pore-formation by alamethicin, then pre-incubated at 37°C as described above. Reactions were initiated by adding UDPGA (2.5 mM – final concentration). Negative control reactions were set up the same as above and initiated with buffer instead of co-factors. At designated time points, 50 µL of reaction mixture was terminated by adding to 100 µL ice-cold acetonitrile containing internal standards (IS; THC-D₃, 11-OH-THC-D₃, COOH-THC-D₃) in LB tubes. Samples were centrifuged at 10,000 x g for 5 minutes to pellet the protein content. Supernatant was removed and incubated at -20°C for >1 hour to separate the aqueous and organic layers. The top organic layer was removed, placed in LC glass insert vials, and stored at -20°C until analysis by LC-MS/MS. Two independent experiments in duplicate were performed.

Reaction phenotyping using HLMs. In LB tubes, to 0.1M potassium phosphate buffer (pH 7.4) containing 0.2% BSA either 1) 500 nM THC and 0.02 mg/ml HLM or 2) 50 nM 11-OH-THC and 0.1 mg/ml HLM was added (showing final concentrations). The cannabinoid concentrations

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were chosen to represent clinically observed concentrations after smoking marijuana (Hunault et al., 2008). Assay conditions were optimized to keep HLM concentration low (<0.5 mg/ml) and sampling time short (<30 min), as previously suggested (Jones and Houston, 2004), as well as keep the maximum substrate depletion at ~75% in order to limit errors when fitting models to data (Nath and Atkins, 2006). Negative control reactions were initiated with buffer instead of co-factors. THC or 11-OH-THC was incubated in the presence and absence of selective P450 inhibitors: 10 μ M sulfaphenazole (CYP2C9), 2 μ M itraconazole (CYP3A), 30 μ M omeprazole (CYP2C19), 1 μ M quinidine (CYP2D6), 10 μ M furafylline (CYP1A). 11-OH-THC was additionally incubated in the presence and absence of selective UGT inhibitors: 2.5 μ M niflumic acid (UGT1A9) and 2 mM fluconazole (UGT2B7). All inhibitors, except for furafylline, were added prior to initiating reaction with co-factor. Since furafylline is a mechanism-based inhibitor, the reaction mixture was pre-incubated in the presence of NADPH regenerating system for 15 minutes at 37°C with shaking and reaction was initiated by the addition of THC. Organic solvent content was <0.75% v/v except for incubations with fluconazole where organic content was 3%. Control reactions had matching organic content. Reactions were terminated and processed as described for reactions using recombinant enzymes. Calibration curves for THC, 11-OH-THC, and COOH-THC were prepared in buffer with 0.2% BSA and incubated and processed in an identical fashion as the reactions. Three independent experiments, each in duplicate, were performed.

Cross-inhibition of selective enzyme inhibitors. Each selective P450 inhibitor was incubated in 0.1M potassium phosphate buffer (pH 7.4) containing either 1) 0.5 mg/ml HLM, 0.2% BSA, and 40 μ M S-mephenytoin (CYP2C19 probe) or 2) 0.1 mg/ml HLM, 0.2% BSA, and a cocktail containing the following P450 probes: 5 μ M diclofenac (CYP2C9), 10 μ M testosterone (CYP3A), 5 μ M dextromethorphan (CYP2D6). Incubations (50 μ L final volume) were initiated with NADPH regenerating system. Reactions were terminated with addition of 100 μ L ice-cold acetonitrile

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contain tolbutamide as the IS. The formation of 4-OH-mephenytoin (4-OH-MEP) at 30 minutes, or formation of 4-OH-diclofenac (4-OH-DCL), 6 β -OH-testosterone (6 β -OH-TEST), and dextrorphan (DXO), at 20 minutes was monitored. The P450 probe cocktail was adapted from Chen et al., 2016 and was checked for protein and time linearity. While the time and HLM concentrations for the P450 probe cocktail incubation were chosen to best represent the cannabinoid reaction phenotyping using HLMs set up, the quantification limitation of S-mephenytoin necessitated higher HLM concentration and longer incubation time. The selective UGT inhibitors were incubated as described in HLM reaction phenotyping section with a cocktail which (among other UGT probes) included 20 μ M propofol (UGT1A9) and 10 μ M naloxone hydrochloride (UGT2B7). The UGT cocktail has been previously described by Bhatt et al., 2018. Reactions (50 μ L) were terminated by adding 100 μ L ice-cold acetonitrile containing androsterone glucuronide as the IS. The formation of metabolites propofol-glucuronide (PPF-gluc) and naloxone-3-glucuronide (NLX-3-gluc) at 30 minutes was monitored. Three independent experiments, each in triplicate, were performed.

LC-MS/MS analysis. Samples were analyzed with Acquity ultra-performance liquid chromatography (UPLC) system (Waters Corporation, Milford, MA) coupled to an AB Sciex Triple Quad 6500 (SCIEX, Framingham, MA) using Acquity UPLC BEH C18 column (1.7 μ m 2.1 x 50 mm) with attached C18 x 2mm guard column. LC-MS/MS method for quantification of cannabinoids, P450, and UGT probes was adapted from Hudson et al., 2003, Chen et al., 2016, and Bhatt et al., 2018, respectively. The LC flow gradient and multiple reaction monitoring parameters are listed in **Supplementary Tables 1 and 2**.

Analysis of kinetic parameters. The depletion rate-constant (k_{dep}) was obtained by fitting the THC or 11-OH-THC concentration-time profile with a first-order monoexponential decay equation (Eq. 1), where C_t is the concentration of substrate remaining at a given time point (t) and C_0 is the substrate concentration at $t=0$.

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$$C_t = C_0 e^{-k_{dep}t} \text{ (Eq. 1)}$$

The 11-OH-THC formation rate-constant (k_{form}) was obtained by fitting the 11-OH-THC concentration-time profile using Eq. 2 where M_t and M_{max} are metabolite concentrations at a given time point (t) and maximum metabolite formed, respectively. M_{max} was bound to not exceed the input THC concentrations of 500 nM. To note, there was no significant depletion of 11-OH-THC at 0.02 mg/ml HLM (data not shown), and as such, Eq. 2 includes only the formation and not the depletion rate-constants of 11-OH-THC. Furthermore, while COOH-THC was monitored in all reactions, there was no observed formation of COOH-THC (see Results) so no formation kinetics was established for COOH-THC.

$$M_t = M_{max}(1 - e^{-k_{form}t}) \text{ (Eq. 2)}$$

Depletion clearance (CL_{dep}) of THC or 11-OH-THC and formation clearance (CL_{form}) of 11-OH-THC were calculated as shown in Eq. 3-4, where [HLM] and [rCYP] are the protein or recombinant enzyme concentrations (mg/ml or pmol/ml).

$$CL_{dep} = \frac{k_{dep}}{[rCYP \text{ or } HLM]} \text{ (Eq. 3)}$$

$$CL_{form} = \frac{k_{form}}{[HLM]} \text{ (Eq. 4)}$$

Fraction metabolized (fm) was calculated from k_{dep} or k_{form} in the presence and absence of inhibitor (i) as shown in Eq. 5.

$$fm = 1 - \left(\frac{k_{dep \text{ or } form, i}}{k_{dep \text{ or } form}} \right) \text{ (Eq. 5)}$$

Adjusting fm for inhibitor cross-inhibition. The cannabinoid fm values were adjusted for P450 and UGT inhibitor cross-inhibition (Eq. 6) as previously described (Njuguna et al., 2016).

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$$\begin{bmatrix} a_{11} & a_{12} & a_{13} & a_{14} \\ a_{21} & a_{22} & a_{23} & a_{24} \\ a_{31} & a_{32} & a_{33} & a_{34} \\ a_{41} & a_{42} & a_{43} & a_{44} \end{bmatrix} \cdot \begin{bmatrix} x_1 \\ x_2 \\ x_3 \\ x_4 \end{bmatrix} = \begin{bmatrix} b_1 \\ b_2 \\ b_3 \\ b_4 \end{bmatrix} \quad (Eq. 6)$$

For example, Eq. 6 solves $x=A^{-1} \cdot b$ where x is the adjusted P450 fm matrix (see **Table 4**), A is the P450 cross-inhibition matrix (see **Table 2**), and b is the experimentally observed P450 fm (non-adjusted) matrix (see **Table 1**). To adjust for the cross-inhibition of UGT inhibitors a 2x2 cross-inhibition (a_{11} - a_{22}) (see **Table 3**) and 2x1 experimental fm (b_1 - b_2) matrix was used. A stochastic simulation approach for error propagation of the adjusted fm values was used. Briefly, a truncated normal distribution (with bounds $0 < \mu < 1$) using the mean and standard deviation (SD) of each measured cross-inhibition (e.g. a_{11} - a_{44}) or experimental fm (e.g. b_1 - b_4) parameter was simulated and Eq. 6 was solved by choosing randomly from the normal distributions. The mean and SD from 1000 iterations are reported in **Table 4**. If the solution for the adjusted fm values was negative, the fm was labeled as negligible.

Data analysis. Integration of the chromatographic peaks was performed using Analyst v1.6 (Framingham, MA). Model fitting of concentration-time curves and all plotting was performed using GraphPad Prism 7 (La Jolla, CA). Adjustment of fraction metabolized was performed using MATLAB R2016b (Natick, MA).

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RESULTS

Reaction phenotyping using recombinant enzymes

THC (500 nM) was depleted by recombinant CYP1A1, 1A2, 2C9, 2C19, 2D6, 3A4, 3A5, and 3A7 (**Fig. 2A**). CYP1A1 and CYP2C9 had the highest THC depletion clearance. Recombinant CYP19, 2A6, 2B6, 2C8, and 2E1 did not significantly deplete THC.

11-OH-THC was formed from THC (500 nM) by recombinant CYP1A2, 2C9, 2C19, and 2D6 (**Fig. 2B**). CYP2C19 and CYP2C9 had the highest 11-OH-THC formation clearance. 11-OH-THC was not formed by recombinant CYP1A1, 3A4, 3A5, and 3A7 even though these enzymes turned over THC. In the chromatographs of THC incubations with recombinant CYP1A1, 2D6, 3A4/5/7, there was a peak that co-eluted with 11-OH-THC in the 331 → 313 *m/z* transition at a consistent retention time (data not shown), indicating formation of an additional monohydroxylated THC metabolite. No formation of COOH-THC was detected in the aforementioned experiments.

11-OH-THC (50 nM) was depleted by recombinant CYP1A1, 2C9, 2C19, 2D6, 3A4, and 3A5 (**Fig. 2C**). Recombinant CYP1A1 and CYP3A4 had the highest 11-OH-THC depletion clearance. Recombinant CYP19, 1A2, 2A6, 2B6, 2C8, 2E1, and 3A7 did not significantly deplete 11-OH-THC. Recombinant CYP2C9 and CYP2C19 were the only enzymes that formed COOH-THC (data not shown).

THC was not significantly depleted by any of the recombinant UGT enzymes tested (data not shown). In contrast, 11-OH-THC (50 nM) was depleted in an enzyme-concentration dependent manner by recombinant UGT1A9 and UGT2B7 but not by UGT1A10 and UGT1A4 (**Fig. 2D**).

Reaction phenotyping using pooled HLMs

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Reaction phenotyping at a concentration of THC (500 nM) observed after smoking marijuana (Hunault et al., 2008), was performed in pooled adult HLMs using selective P450 inhibitors for the relevant hepatic enzymes identified from recombinant reaction phenotyping assays (**Fig. 3**). In control reactions (no inhibitor), CL_{dep} of THC was 3.65 ± 0.36 ml/min/mg and CL_{form} of 11-OH-THC was 1.74 ± 0.42 ml/min/mg. Based off the formation clearance of 11-OH-THC in control reactions, approximately 48% of THC was metabolized to 11-OH-THC. THC depletion was inhibited $78 \pm 3\%$ by sulfaphenazole (10 μM) and $<25\%$ by itraconazole (2 μM), omeprazole (30 μM), and quinidine (1 μM) (**Fig. 3A, Table 1**). The depletion clearance of THC in the presence of furafylline (10 μM) was larger than in control reactions and as such, furafylline was found not be an inhibitor of THC depletion. The reason for this faster depletion is likely due to initiation of reactions with THC, rather than NADPH, and thus not allowing time for protein and non-specific binding of THC. 11-OH-THC formation was inhibited $90 \pm 0.94\%$ and $54 \pm 7.0\%$ by sulfaphenazole (10 μM) and omeprazole (30 μM), respectively and $<25\%$ by itraconazole (2 μM) and quinidine (1 μM) (**Fig. 3B, Table 1**). There was no COOH-THC detected in any of the aforementioned experiments, likely due to assay detection limitations. There was no THC depletion via UGT enzymes in pooled HLMs (tested using 0.25 mg/ml HLM), confirming previous results observed in recombinant UGT enzymes (data not shown).

Reaction phenotyping at a concentration of 11-OH-THC (50 nM) observed after smoking marijuana (Hunault et al., 2008), was performed in pooled adult HLMs using selective P450 and UGT inhibitors (**Fig. 4**). In control reactions, 11-OH-THC was depleted by UGT and P450 enzymes with CL_{dep} of 0.458 ± 0.025 ml/min/mg and 0.299 ± 0.096 ml/min/mg, respectively. As such, UGT and P450 enzymes accounted for $60 \pm 4.5\%$ and $40 \pm 4.5\%$ of 11-OH-THC depletion in HLMs, respectively (**Fig. 4A**). In P450-mediated reactions, 11-OH-THC depletion was inhibited $37 \pm 8.3\%$ and $61 \pm 12\%$, by sulfaphenazole (10 μM) and itraconazole (2 μM), respectively (**Fig. 4B**). Omeprazole (30 μM) and quinidine (1 μM) did not significantly inhibit

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depletion of 11-OH-THC (data not shown). COOH-THC was not detected in any of the aforementioned experiments. In UGT-mediated reactions, 11-OH-THC depletion was inhibited $60 \pm 5.5\%$ and $67 \pm 3.6\%$ by fluconazole (2 mM) and niflumic acid (2.5 μM), respectively (**Fig. 4C**).

Cross-inhibition of selective enzyme inhibitors

To accurately determine the fractional contribution of enzymes involved in cannabinoid disposition, the cross-inhibition of the selective P450 and UGT inhibitors was determined. While the inhibitors used efficiently inhibited their respective probe (82-99% inhibition – see bolded valued in **Table 2**), there was also significant cross-inhibition, ranging from 2 – 75% (**Table 2**). For example, sulfaphenazole (10 μM) inhibited CYP3A4-mediated 6 β -OH-TES formation by $28 \pm 12\%$ while itraconazole (2 μM) inhibited CYP2C9-mediated 4-OH-DCL formation by $44 \pm 12\%$. Omeprazole (30 μM) showed the highest degree of cross-inhibition (range 27 – 75%) while quinidine (1 μM) showed the least degree of cross-inhibition (range -33 – 13%).

There was severe cross-inhibition by the UGT selective inhibitors (**Table 3**). Fluconazole (2 mM) inhibited UGT1A9-mediated formation of PPF-gluc by $27 \pm 14\%$ while niflumic acid (2.5 μM) inhibited UGT2B7-mediated formation of NLX-3-gluc by $49 \pm 33\%$.

Using a previously established methodology described by Njuguna et al., 2016, the fm values determined using selective inhibitors (unadjusted) in **Table 1** were adjusted for their P450 and UGT inhibitor cross-inhibition shown in **Table 2** and **3**, respectively, using Eq. 6. **Table 4** shows the adjusted fm values and SD using error propagation via stochastic simulation. CYP2C9 and CYP2D6 were the major and minor (fm = 0.82 ± 0.08 , 0.17 ± 0.15 , respectively) DMEs responsible for THC depletion. CYP2C9 was the major DME that formed 11-OH-THC (fm = 0.99 ± 0.10); however, there was a minor contribution from CYP2C19 and CYP2D6 (fm = 0.07 ± 0.18 and 0.24 ± 0.22 , respectively). Of the total UGT depletion of 11-OH-THC, UGT2B7 and

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UGT1A9 fm values were 0.67 ± 4.14 and 0.33 ± 3.98 , respectively. Of the total P450 depletion of 11-OH-THC, CYP3A and CYP2C9 fm values were 0.69 ± 0.28 and 0.31 ± 0.18 , respectively. When combining UGT and P450 mediated 11-OH-THC depletion, UGT2B7 was the major DME (fm = 0.45 ± 2.78) followed by CYP3A (fm = 0.20 ± 0.08). The sum of the adjusted fm values approximates 1 for THC and 11-OH-THC depletion, but is larger than 1 for the 11-OH-THC formation (**Fig. 5**).

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DISCUSSION

The aims of this work were to 1) investigate the recombinant enzymes that can metabolize THC and 11-OH-THC and 2) use this information as a guide to quantify the fm of the relevant maternal hepatic enzymes at concentrations of THC and 11-OH-THC observed after smoking marijuana. The mechanistic data generated represents the first set of drug-dependent parameters necessary to build a linked THC/11-OH-THC PBPK model to prospectively predict maternal-fetal cannabinoid exposure during pregnancy.

THC is metabolized to more than 40 metabolites (Aguirell et al., 1986). Standards for the majority of these metabolites are not readily available, therefore, to elucidate the enzymes important in the disposition of THC and the 11-OH-THC, one needs to conduct substrate depletion studies as well as monitor the formation of 11-OH-THC from THC. Furthermore, to capture enzyme contributions that are clinically relevant, the concentration of substrate chosen in depletion experiments needs to be representative of those observed *in vivo*. After smoking a marijuana cigarette containing 9.8%, 16.4%, and 23.1% weight/weight THC, the maximum THC plasma concentrations (C_{max}) values were 430 nM, 645 nM, and 735 nM while the 11-OH-THC C_{max} values were 28 nM, 50 nM, and 48 nM, respectively (Hunault et al., 2008). The average THC potency was 12% in 2014 (EISOHly et al., 2016). Therefore, the chosen 500 nM THC and 50 nM 11-OH-THC reflect plasma concentrations after smoking marijuana of contemporary potency. Furthermore, the chosen THC concentration was lower than the estimated K_m for THC depletion of $3.76 \pm 1.28 \mu\text{M}$ (Benito-Gallo et al., 2016) and the estimated K_m for 11-OH-THC formation of $0.80 \pm 0.12 \mu\text{M}$ (Bland et al., 2005).

Our reaction phenotyping studies with recombinant enzymes generated novel data that CYP1A1, 1A2, 3A5, and 3A7 depleted THC but of these enzymes, only CYP1A2 formed 11-OH-THC. Our data corroborates previous reports that found CYP2C9, 2C19, 2D6, and 3A4 are important in the metabolism of THC (Watanabe et al., 2007). Interestingly, the THC depletion

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clearance of CYP1A1 was higher than CYP2C9, the major DME of THC (**Fig. 2A**). While the contribution of CYP1A1 is negligible in the liver, CYP1A1, the major DME in the lung (Zhang et al., 2006), may be important for cannabinoid lung disposition. There is no current direct evidence of lung cannabinoid metabolism in human, however, biotransformation of THC to 11-OH-THC is observed in rat lung homogenate and dog and guinea pig perfused lung (Nakazawa and Costa, 1971; Widman et al., 1975; Halldin et al., 1984). Since metabolism of THC by the human lung may be an important drug parameter in the cannabinoid PBPK, further studies need to be conducted to establish the contribution of lung metabolism to THC disposition, especially if CYP1A1 is induced by smoking marijuana.

Maternal THC exposure drives fetal THC exposure. Therefore, we used the recombinant enzyme data to guide reaction phenotyping studies of hepatic enzymes that are responsible for the maternal hepatic clearance of THC. Our data corroborates previous studies that demonstrate CYP2C9 is the major DME responsible for THC metabolism in HLMs (Bornheim et al., 1992; Bland et al., 2005; Watanabe et al., 2007). We adjusted the apparent f_m determined via selective inhibitors (**Table 1**) with the inhibitor cross-inhibition (**Table 2-3**). This was to account for potential overestimation of f_m values when the inhibitor selectivity is not optimum. After adjusting for inhibitor cross-inhibition, CYP2C9 was the main DME responsible for THC depletion ($f_m = 0.82 \pm 0.08$) with the remaining contribution from CYP2D6 (**Table 4**). While there was turnover of THC by CYP3A4 and CYP2C19 in recombinant enzymes, as well as significant inhibition by itraconazole and omeprazole ($22 \pm 5\%$ and $13 \pm 11\%$, respectively), this inhibition was primarily due to cross-inhibition of CYP2C9 ($44 \pm 12\%$ and $75 \pm 1\%$, respectively) (**Table 2**). It should be noted that due to error propagation, there is less confidence when estimating small f_m values, such as those for CYP2D6, 3A4, and 2C19.

The formation f_m of enzymes responsible for the formation of 11-OH-THC, the main and active metabolite of THC, were reflective of THC enzyme contributions. After adjusting for

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inhibitor cross-inhibition, CYP2C9 was the main DME responsible for 11-OH-THC formation ($f_m = 0.99 \pm 0.10$) with minor contributions from CYP2D6 and CYP2C19. The sum of the 11-OH-THC formation f_m values was greater than 1 (**Fig. 5**). This may be due to the error propagation during f_m adjustment, particularly for the smaller f_m values for CYP2D6 and CYP2C19.

Reaction phenotyping studies were extended to include the depletion of 11-OH-THC. All of the P450 enzymes that metabolized THC also turned over 11-OH-THC except for CYP1A2 and CYP3A7. Like THC, recombinant CYP1A1 had the largest 11-OH-THC depletion clearance (**Fig. 1C**). A previous extensive screen using recombinant UGT enzymes found that only UGT1A9 and UGT1A10 are relevant to the formation of 11-OH-THC-glucuronide (Mazur et al., 2009). As such, we verified the 11-OH-THC depletion by UGT1A9 and UGT1A10, and we additionally included UGT1A4, an enzyme that is inducible during pregnancy (Anderson, 2005; Ke et al., 2014b), and UGT2B7, the major UGT expressed in the liver (Achour et al., 2014). We tested 11-OH-THC depletion at protein concentrations five times higher for UGT1A10 compared to UGT1A9 because in the previous study by Mazur et al., 2009, the clearance of 11-OH-THC (V_{max}/K_m) by UGT1A9 was approximately five-fold higher than UGT1A10. Even so, we did not observe significant depletion of 11-OH-THC by UGT1A10. Unlike the previous report, we observed depletion of 11-OH-THC by UGT2B7. In HLMs, UGT enzymes depleted 11-OH-THC at a greater extent than P450 enzymes ($f_m = 0.60 \pm 0.05$ vs. 0.40 ± 0.05). In contrast to THC, CYP3A has a larger contribution to 11-OH-THC depletion than CYP2C9 ($f_m 0.20 \pm 0.08$ vs. 0.09 ± 0.05) (**Table 4**). Furthermore, the reaction phenotyping studies in HLMs identified UGT2B7 as the major DME ($f_m = 0.45 \pm 2.78$). It should be noted that there was significant cross-inhibition of the UGT selective inhibitors (**Table 3**). Because of this, there was a large uncertainty associated with the adjusted UGT2B7 and UGT1A9 f_m values (**Table 4**). Selective inhibitors of UGTs are needed to better define these f_m values. As such, the total UGT contribution ($f_m = 0.60 \pm 0.05$) rather than the individual UGT f_m values should be used for PBPK M & S.

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Clinical data further confirms that CYP2C9 and CYP3A4 are major contributors in the disposition of THC and 11-OH-THC. After oral administration of 15 mg THC in *CYP2C9*3/*3* homozygotes, which confers decreased CYP2C9 function, there is a three-fold increase in THC $AUC_{(0-\infty)}$ and no change in 11-OH-THC $AUC_{(0-\infty)}$ when compared to wild-type (Sachse-Seeboth et al., 2009). CYP2C9 inhibition leads to an increase in the combined THC/11-OH-THC exposure because CYP2C9 forms and depletes 11-OH-THC. When a oromucosal spray containing 10.8 mg THC/10 mg CBD is co-administered with ketoconazole (CYP3A inhibitor), the THC and 11-OH-THC $AUC_{(0-\infty)}$ is increased 1.84 and 3.62-fold, respectively (Stott et al., 2013). CYP3A THC fm in the liver is insignificant but may be significant in the gut where expression of CYP3A is much greater than CYP2C9. As such, the THC drug-drug interaction with ketoconazole may be due to pre-systemic interactions. Unlike inhibition of CYP2C9, inhibition of CYP3A4 significantly increases 11-OH-THC AUC because CYP3A4 depletes but does not form 11-OH-THC. In both examples, the inhibition of CYP2C9 and CYP3A4 led to changes in the pharmacodynamic effect (increased sedation and euphoric mood). Because 11-OH-THC is equally or even more potent than THC (Perez-Reyes et al., 1972), the combined exposure of THC/11-OH-THC needs to be considered when establishing cannabinoid dose-risk relationship during pregnancy.

The reported cannabinoid metabolic profiling can be extrapolated to pregnant women. During pregnancy, CYP3A4 and CYP2C9 mediated clearance is increased 2 and 1.6-fold, respectively, UGT2B7 activity does not change, and UGT1A9 changes are unknown (Anderson, 2005; Ke et al., 2014b). The changes to DME expression and activity during pregnancy are likely to increase THC clearance and 11-OH-THC formation/clearance. The fetal-to-maternal (F/M) concentration ratio of THC in chronic marijuana users ranged from 0.16 – 0.38 (Blackard and Tennes, 1984). Because the F/M ratio is less than 1, there may be extraction of cannabinoids by the placenta or the fetal liver or both. As such, placental CYP1A1, UGT2B7,

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and fetal CYP3A7 may limit fetal exposure of THC and 11-OH-THC. Of particular interest is the contribution of placental CYP1A1 to cannabinoid fetal exposure since marijuana tar induces CYP1A1 mRNA (Roth et al., 2001). Studies need to be conducted with placental microsomes/S9 fractions to elucidate the contribution of placental metabolism of THC/11-OH-THC in fetal exposure to these drugs.

The relevant hepatic enzymes and their fm have been established for THC and 11-OH-THC. CYP2C9 is the most important DME for THC depletion and formation of 11-OH-THC, while UGT enzymes represent the major pathway of 11-OH-THC depletion. The mechanistic information presented here is necessary to build a THC/11-OH-THC PBPK model that can be used to predict cannabinoid exposure during pregnancy. Studies need to be conducted to determine the contribution of other enzymes in lungs or the placenta in the clearance of THC/11-OH-THC. In addition, to build a PBPK model of these cannabinoids after oral administration of THC, studies to determine the contribution of intestinal enzymes in the first pass metabolism of THC/11-OH-THC will need to be conducted.

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AUTHORSHIP CONTRIBUTIONS

Participated in research design: Patilea-Vrana, Anoshchenko, and Unadkat

Conducted experiments: Patilea-Vrana and Anoshchenko

Contributed new reagents or analytical tool: Patilea-Vrana

Performed data analysis: Patilea-Vrana and Anoshchenko

Wrote or contributed to the writing of the manuscript: Patilea-Vrana, Anoshchenko, and Unadkat

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FIGURE LEGENDS

Figure 1. THC metabolic scheme. *In vivo*, THC is hydroxylated to 11-OH-THC, the primary and psychoactive metabolite. 11-OH-THC is further oxidized to COOH-THC, a nonactive metabolite that is the major circulating cannabinoid metabolite found (as the glucuronide conjugate) in blood and urine. 11-OH-THC is also glucuronidated. Besides the major metabolites shown here, both THC and 11-OH-THC have additional oxidative metabolites.

Figure 2. Reaction phenotyping using recombinant enzymes. **A)** Depletion clearance of THC (500 nM) and **B)** formation clearance of 11-OH-THC from THC (500 nM) by recombinant P450 enzymes. **C)** Depletion clearance of 11-OH-THC (50 nM) by recombinant P450 enzymes. **D)** Enzyme – concentration dependent depletion of 11-OH-THC (50 nM) by recombinant UGT enzymes at 30 minutes. There was no depletion of THC by recombinant UGT enzymes at the highest enzyme concentrations tested (data not shown). Data shown are mean of duplicate determinations.

Figure 3. THC reaction phenotyping using pooled adult HLMS. Representative depletion of **A)** 500 nM THC, a concentration observed after smoking marijuana, and formation of **B)** 11-OH-THC from THC (500 nM) was monitored in the presence and absence of selective P450 inhibitors. Sulfaphenazole (10 μ M) inhibited THC depletion and 11-OH-THC formation by the greatest extent, indicating CYP2C9 is the major enzyme responsible for THC turnover to 11-OH-THC. Panels show data from one representative experiment with duplicate determinations and fit with a model (Eq. 1 and 2 for k_{dep} and k_{form} , respectively) that includes the observed time lag. The fm mean \pm SD calculated using k_{dep} and k_{form} (Eq. 3 and 4) from three independent experiments are shown in **Table 1**.

Figure 4. 11-OH-THC reaction phenotyping using pooled adult HLMS. **A)** Representative depletion of 50 nM 11-OH-THC, a concentration observed after smoking

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marijuana, is greater by UGT than P450 enzymes. **B)** Itraconazole (2 μM) and sulfaphenazole (10 μM) inhibited the depletion of 11-OH-THC, indicating CYP3A4 and CYP2C9 are both important in the turnover of 11-OH-THC. To note, no COOH-THC formation was observed in any of the HLM assays. **C)** Fluconazole (2 mM) and niflumic acid (2.5 μM) inhibited UGT depletion of 11-OH-THC to a similar degree, indicating that UGT2B7 and UGT1A9 are equally important in the depletion of 11-OH-THC. High and low % organic solvent controls were conducted because of the differential organic solvent content in the presence of the UGT inhibitors. Panels show data from one representative experiment with duplicate determinations and fit with a monoexponential decay curve (Eq. 1 for k_{dep}). The f_m mean \pm SD calculated using k_{dep} (Eq. 3) from three independent experiments are shown in **Table 1**.

Figure 5. Final hepatic enzyme contributions to THC and 11-OH-THC disposition.

The sum of f_m values for THC and 11-OH-THC depletion after cross-inhibition adjustment is close to 1 but the sum for 11-OH-THC formation is greater than 1 (likely due to error propagation caused by the cross-inhibition adjustment). Data shown are mean f_m values after cross-inhibition adjustment (Eq. 6, **Table 4**). Of note, while the UGT2B7 and UGT1A9 f_m values were estimated with poor confidence (see **Table 4**) due to severe cross-inhibition of the selective inhibitors, the total UGT contribution ($f_m = 0.60 \pm 0.05$) was estimated with confidence.

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Table 1. Cannabinoid fm values^a in HLMs determined using selective P450 or UGT inhibitors and quantified by monitoring either THC/11-OH-THC depletion or formation of 11-OH-THC from THC

Selective Inhibitor	Enzyme	THC depletion	11-OH-THC formation	11-OH-THC depletion
Sulfaphenazole (10 μM)	CYP2C9	0.78 \pm 0.03	0.90 \pm 0.01	0.15 \pm 0.04
Itraconazole (2 μM)	CYP3A	0.22 \pm 0.05	-0.11 \pm 0.09	0.24 \pm 0.06
Omeprazole (30 μM)	CYP2C19	0.13 \pm 0.11	0.54 \pm 0.07	negligible
Quinidine (1 μM)	CYP2D6	0.15 \pm 0.10	0.18 \pm 0.20	negligible
Fluconazole (2 mM)	UGT2B7	negligible	N/A	0.36 \pm 0.05
Niflumic acid (2.5 μM)	UGT1A9	negligible	N/A	0.41 \pm 0.04

HLM incubations were conducted with observed concentrations of THC (500 nM) and 11-OH-THC (50 nM) after smoking marijuana. Inhibition of 11-OH-THC depletion by omeprazole and quinidine was negligible (data not shown). Data shown are mean \pm SD of three independent experiments with each experiment conducted in duplicate.

^a data not corrected for cross-inhibition of enzyme by the inhibitors

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Table 2. Fractional cross-inhibition of P450 enzymes by P450-selective inhibitors in HLMs

Inhibitor	Selective Probe			
	4-OH-DCL	6 β -OH-TES	4-OH-MEP	DXO
	<i>CYP2C9</i>	<i>CYP3A</i>	<i>CYP2C19</i>	<i>CYP2D6</i>
Sulfaphenazole (10 μM)	0.99 \pm 0.00	0.28 \pm 0.12	0.02 \pm 0.07	0.18 \pm 0.17
Itraconazole (2 μM)	0.44 \pm 0.12	0.98 \pm 0.00	0.13 \pm 0.07	0.27 \pm 0.18
Omeprazole (30 μM)	0.75 \pm 0.01	0.68 \pm 0.07	0.82 \pm 0.07	0.27 \pm 0.16
Quinidine (1 μM)	0.13 \pm 0.05	0.12 \pm 0.19	-0.33 \pm 0.26	0.90 \pm 0.03

Bolded values represent the fractional inhibition of enzymes by their corresponding selective inhibitor. Data shown are mean \pm SD of three independent experiments with each experiment conducted in triplicate.

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Table 3. Fractional cross-inhibition of UGT enzymes by UGT-selective inhibitors in HLMs

Inhibitor	Selective Probe	
	NLX-3-gluc <i>UGT2B7</i>	PPF-gluc <i>UGT1A9</i>
Fluconazole (2 mM)	0.65 ± 0.19	0.27 ± 0.14
Niflumic acid (2.5 μM)	0.49 ± 0.33	0.89 ± 0.02

Bolded values represent the fractional inhibition of enzymes by their corresponding selective inhibitor. Data shown are mean ± SD of three independent experiments with each experiment conducted in triplicate.

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Table 4. Cannabinoid fm values in HLMs adjusted for inhibitor cross-inhibition

Enzyme	THC depletion	11-OH-THC formation	11-OH-THC depletion
CYP2C9	0.82 ± 0.08	0.99 ± 0.10	0.09 ± 0.05
CYP3A	negligible ^a	negligible ^a	0.20 ± 0.08
CYP2C19	negligible ^a	0.07 ± 0.18	negligible ^c
CYP2D6	0.17 ± 0.15	0.24 ± 0.22	negligible ^c
UGT2B7	negligible ^b	N/A	0.45 ± 2.78
UGT1A9	negligible ^b	N/A	0.22 ± 2.65

Data shown are mean ± SD of fm values from **Table 1** adjusted for inhibitor cross-inhibition

(P450 enzymes – **Table 2** and UGT enzymes – **Table 3**) using Eq. 6.

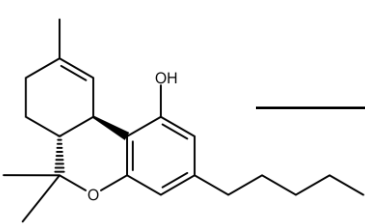
^a fm values are set to negligible because the adjusted fm result was negative (THC depletion fm: CYP3A = -0.12 ± 0.16, CYP2C19 = -0.53 ± 0.19; 11-OH-THC formation fm: CYP3A = -0.48 ± 0.19)

^b no observed depletion of THC by UGT enzymes

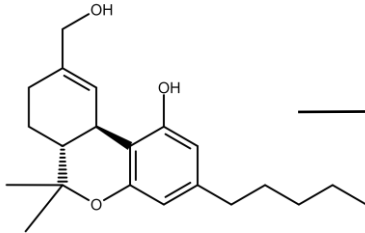
^c no significant inhibition of 11-OH-THC depletion observed in the presence of omeprazole and quinidine.

N/A – not applicable since UGT enzymes did not form 11-OH-THC

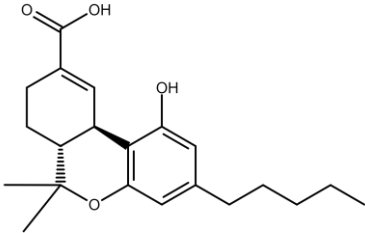
Figure 1



THC



11-OH-THC



COOH-THC

Figure 2

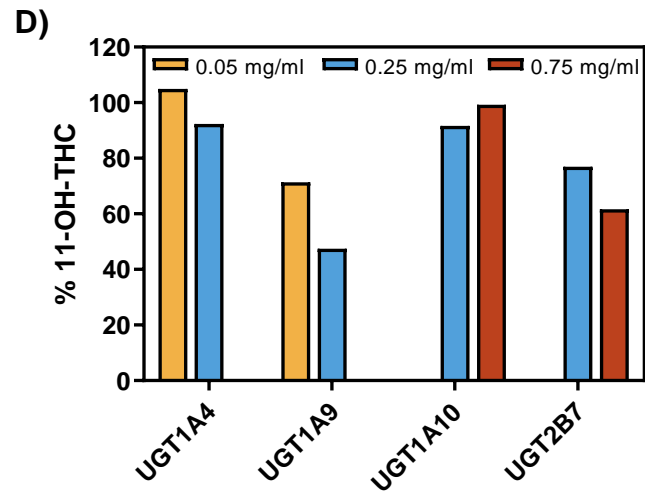
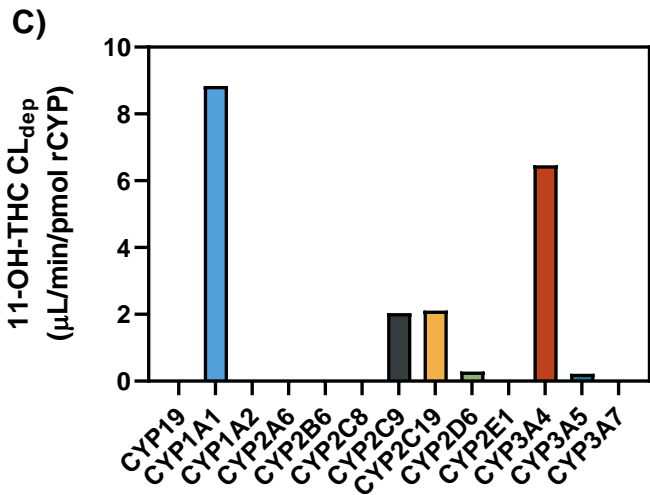
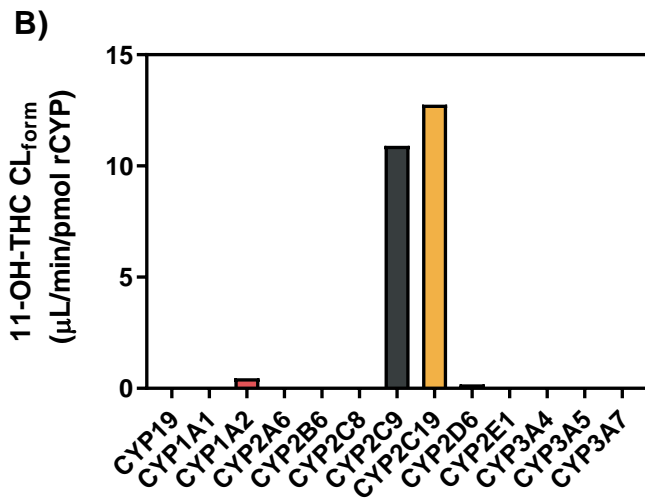
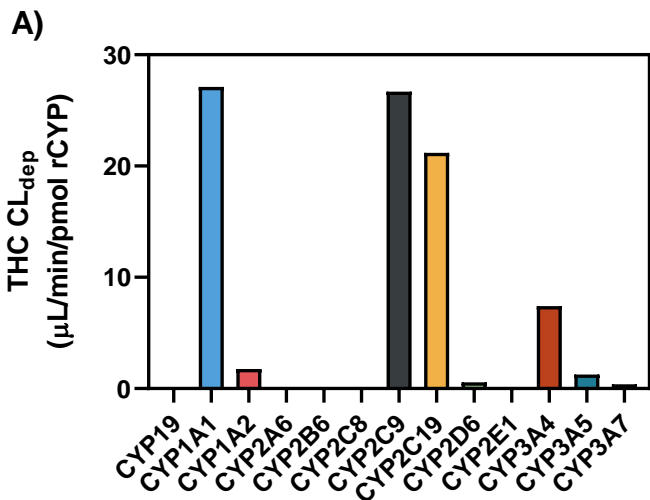
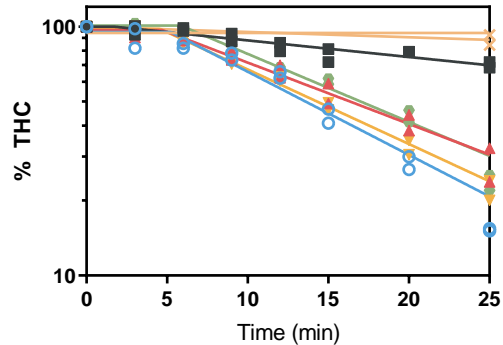


Figure 3

A)



B)

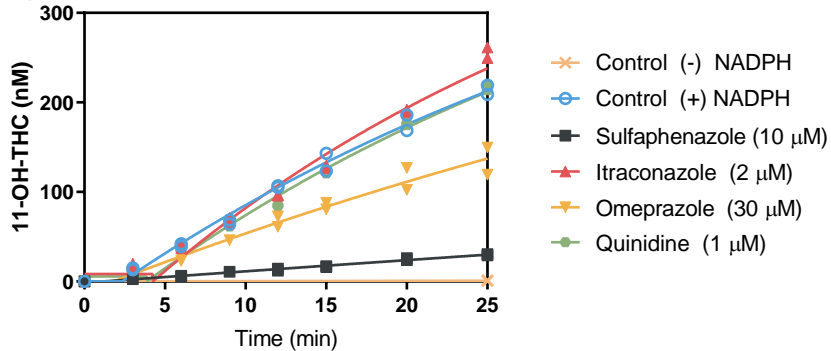


Figure 4

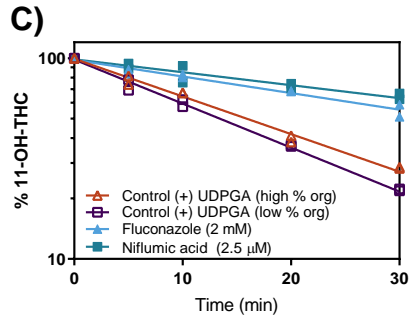
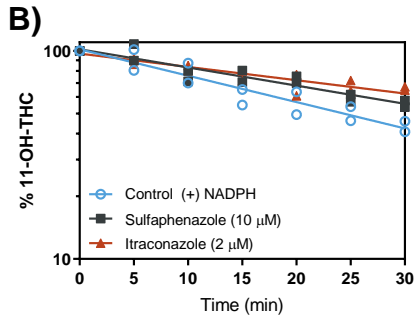
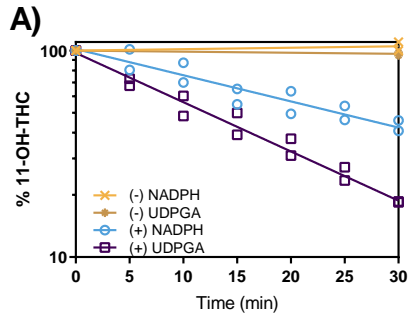


Figure 5

