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# **Absorption, Distribution, Metabolism, and Excretion of FDA- approved Antisense Oligonucleotide Drugs**

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Running Title: ADME of FDA-approved ASO drugs

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## **ABBREVIATIONS:**

ADME: Absorption, distribution, metabolism, and excretion; ADRs: adverse drug reactions; ASO: antisense oligonucleotide; AUC: area under the curve; CSF: cerebrospinal fluid; CMV: cytomegalovirus; CNS: central nervous system; CYP: cytochrome P450; DMD: Duchenne muscular dystrophy; EE: early endosome; FDA: Food and Drug Administration; IM: intramuscular; IND: investigational new drug; IV: intravenous; LE: late endosome; PAI1: plasminogen activator inhibitor 1; PGI<sub>2</sub> and PGE<sub>2</sub>: prostaglandin I<sub>2</sub> and E<sub>2</sub>; SC: subcutaneous injection; SMN-2: survival motor neuron 2; TTR: transthyretin; VEGF: vascular endothelial growth factor; VOD: veno-occlusive disease

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## ABSTRACT

Absorption, distribution, metabolism, and excretion (ADME) are the key biological processes for determination of a drug's pharmacokinetic parameters, which have direct impacts on efficacy and adverse drug reactions (ADRs). The chemical structures, dosage forms, and sites and routes of administration are the principal determinants of ADME profiles and consequent impacts on their efficacy and ADRs. Newly developed large biological antisense oligonucleotide (ASO) drugs have completely unique ADME that is not fully defined. ASO-based drugs are single-stranded synthetic antisense nucleic acids with diverse modes of drug actions from induction of mRNA degradation, exon skipping and restoration, and interactions with proteins. ASO drugs have a great potential to treat certain human diseases that have remained untreatable with small molecule-based drugs. The ADME of ASO drugs contributes to their unique set of ADRs and toxicity. In this review, to better understand their ADME, the ten FDA-approved ASO drugs were selected, including Fomivirsen, Pegaptanib, Mipomersen, Nusinersen, Inotersen, Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen. A meta-analysis was conducted on their formulation, dosage, sites of administration, local and systematic distribution, metabolism, degradation, and excretion. Membrane permeabilization through endocytosis and nucleolytic degradation by endonucleases and exonucleases are major ADME features of the ASO drugs differing from small-molecule drugs. The information summarized here provides comprehensive ADME characteristics of FDA-approved ASO drugs, leading to a better understanding of their therapeutic efficacy and their potential ADRs and toxicity. Numerous knowledge gaps, particularly on cellular uptake and subcellular trafficking and distribution are identified, and future perspectives and directions are discussed.

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## **Significance Statement**

Through a systematic analysis of the existing information of ADME parameters for ten FDA-approved ASO drugs, this review provides an overall view of the unique ADME characteristics of ASO drugs, which are distinct from small chemical drug ADME. This knowledge is useful for discovery and development of new ASO drugs as well as clinical use of current FDA-approved ASO drugs.

## Introduction

Absorption, distribution, metabolism, and excretion (ADME) of a drug affect the biological and physiological processes that determine the drug concentrations reaching to its organ(s) and tissue(s) over time. ADME parameters influence whether desired therapeutic goals can be reached while undesired adverse drug reactions (ADRs) can be avoided. ADRs can often be reduced by choosing the correct administration dose and route of administration, including newly developed classes of biological drugs, such as antisense oligonucleotide (ASO) drugs (Amantana and Iversen, 2005).

ASO drugs are single-stranded nucleic acid polymers intended for the treatment of common and rare human diseases (Smith and Zain, 2019). Their principles of drug action involve the modulation of the production or function of disease-causing proteins via alterations of pre-mRNA splicing, mRNA degradation, regulation of protein translation, or direct interactions with proteins (Di Fusco et al., 2019). Because of the ability to directly alter the production of disease-causing proteins, the ASO drugs have shown significant potential to bring transformative treatments of a variety of human diseases (Bennett et al., 2019), particularly for some diseases, such as Duchenne muscular dystrophy (DMD), that small chemical drugs are not available (Quemener et al., 2020). ADME processes of ASO drugs have direct impacts on therapeutic efficacy and ADRs, therefore, the understanding of general ADME features of ASO drugs and their unique characteristics is vital. Because the ADME characteristics of ASO drugs differ substantially from small chemical drugs, understanding of ADME is critical for the discovery and development of new ASO drugs with greater efficacy and improved safety profiles as well as for the clinical practice of approved ASO drugs. By analyzing all ASO drugs approved by the

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Food and Drug Administration (FDA), this article aims to provide an overview of both class-wide and ASO-specific ADME features of the ten FDA-approved ASO drugs and how these features differ from those of small molecule drugs.

## **Brief Historical Perspective**

The discovery and development of ASO drugs have a history of near half a century (Oberemok et al., 2018), dating back to 1978 when a specific oligonucleotide was first discovered to be able to inhibit Rous sarcoma viral RNA translation (Stephenson and Zamecnik, 1978). After nearly 20 years of effort by the pharmaceutical industry, the FDA approved the first ASO drug, Fomivirsen, for the treatment of cytomegalovirus (CMV) retinitis in 1998 (Fig. 1A) (Roehr, 1998). However, Fomivirsen was withdrawn from the market by the European Union in 2002 and in the US in 2006 due to the success of other highly active antiretroviral therapy and the reduced incidence of CMV infection (Shahryari et al., 2019). After a gap of more than a decade with only one drug (Pegaptanib) approved in 2004, the FDA has approved eight ASO drugs since 2013, including Mipomersen, Nusinersen, Inotersen, Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen (Fig. 1A). However, when Mipomersen was approved by the FDA for the treatment of familial hypercholesterolemia, a black box warning was placed in the drug label describing the risk of hepatotoxicity (Dixon et al., 2014). Because of this serious safety warning and unacceptable risk, the FDA withdrew Mipomersen from the US market in 2019 only after 6 years of use. Recently, further refinement of the ASO drug discovery and development platform has led to a much faster pace in the emergence of new members of this class of drugs used in the treatments of muscular disorders, neurological disorders, and

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various other diseases (Bennett et al., 2017; Dhuri et al., 2020) (Fig. 1). More than 100 ASO drugs have been enrolled in various phases of clinical trials with some closed to be approved within a few years (Crooke et al., 2021). The annual market sales of ASO drugs have been estimated to be approximately \$1 billion in 2021 and is expected to increase to \$1.62 billion by 2025 with a steady annual growth rate of approximately 13%.

Based on their main modes of drug action, the ten FDA-approved ASO drugs can be classified into five groups (Fig. 2). (1) Group 1 drugs induce RNase H-mediated mRNA degradation, including Fomivirsen targeting on CMV IE2 mRNA, Mipomersen on Apo B mRNA, and Inotersen on transthyretin (TTR) mRNA (Fig. 2A). (2) Group 2 drugs induce exon skipping, including Eteplirsen for dystrophin exon 51 skipping, Golodirsen for dystrophin exon 53 skipping, Viltolarsen for dystrophin exon 53 skipping, and Casimersen for dystrophin exon 45 skipping (Fig. 2B). (3) Nusinersen in Group 3 works as exon restoration. The target of Nusinersen is the pre-mRNA of survival motor neuron 2 (SMN2) (Wurster and Ludolph, 2018). Upon ASO binding, SMN2 pre-mRNA then undergoes an ASO-induced splicing event, resulting in inclusion of exon 7 (Wurster CD, 2018). With exon 7 included, a fully functional SMN2 mRNA is transcribed and levels of SMN protein are increased (Fig. 2C). (4) Pegaptanib in Group 4 works via an aptamer-protein complex by interacting with vascular endothelial growth factor (VEGF) receptor (Fig. 2D). (5) Defibrotide in Group 5 targets on multiple targets. Defibrotide works on veno-occlusive disorder (VOD) by antagonistic mechanisms. Defibrotide is a polydisperse mixture of various single-stranded oligonucleotide particles. By binding to adenosine receptors A1 and A2, Defibrotide reduces systemic levels of plasminogen activator inhibitor 1 and increases concentrations of endogenous prostaglandins (I<sub>2</sub> and E<sub>2</sub>), which modulates thrombomodulin, platelets, and fibrinolysis, and thus, results in the anti-inflammatory,



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antiatherosclerotic, anti-ischemic, and antithrombotic property of Defibrotide (Baker and Demaris, 2016).

As with any other drug under discovery and development, the information available on the ADME features for these ASO drugs has been part of the vast battery of studies of an investigational drug with the anticipation that some ADME principles would vary for ASO drug molecules from traditional drugs (Weidolf et al., 2021). ADME properties are useful for the generation of preclinical pharmacokinetic predictions of drug efficacy at specific doses and frequency of treatment in clinical studies (Reichel and Lienau, 2016; Wang et al., 2019b).

## Key Recent Advances

The ADME features of the 10 FDA-approved ASO drugs were investigated to find common class-wide characteristics and unique features of individual ASO drugs. This analysis was based on available information from the FDA ASO drug labeling, the outcomes of clinical trials from ASO investigational new drug (IND) applications, and the published literature.

**Administration.** The FDA-approved ASO drugs can be divided into four groups based on their administration routes: (A) intravitreal injection: Fomivirsen and Pegaptanib (Fig. 3A), (B) intrathecal injection: Nusinersen (Fig. 3B), (C) subcutaneous injection (SC): Mipomersen and Inotersen (Fig. 3C), and (D) intravenous infusion (IV): Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen (Fig. 3D). It should be noted Defibrotide is available orally for long term usage, though this formulation is not available yet. Each ASO drug uses a specific route of administration to treat its target disease or condition.

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Fomivirsen is used to treat CMV retinitis in the eye and is administered by direct intravitreal injection with a 50 µl solution containing 0.33 mg of the drug (de Smet et al., 1999). Fomivirsen has two phases of administration: loading and maintenance phases. The loading dose consists of two intravitreal injections every other week and the maintenance dose is given only once every four weeks. Pegaptanib is used to treat neovascular macular degeneration in the back of the eye, therefore, it is administered by direct intravitreal injection of a 90 µl solution containing 0.3 mg of Pegaptanib once every 4 weeks.

Nusinersen was designed for the treatment of spinal muscular atrophy (Goodkey et al., 2018). A direct intrathecal injection of a 5 mL solution containing 12 mg drug is used to deliver the drug to the spinal cord. Nusinersen also has two phases of administration: loading and maintenance phases. In the loading phase, the first 3 doses are given at 14-day intervals with the 4<sup>th</sup> dose given 30 days after the 3<sup>rd</sup> dose. Maintenance doses are subsequently provided once every 4 months. Special instructions for sedating patients must be followed when performing the intrathecal injections of Nusinersen and is guided by ultrasound or other imaging techniques. A removal of 5 mL cerebrospinal fluid over 1-3 min using a spinal anesthesia needle is recommended prior to the Nusinersen administration.

Mipomersen is the ASO drug developed for the treatment of familial hypercholesterolemia. It works by targeting Apo B mRNA and stimulating its degradation in the liver. The ensuing reduction in Apo B protein is responsible for the lipid lowering effect of Mipomersen (Parham and Goldberg, 2019). A SC injection of 200 mg Mipomersen in 1 mL solution is applied once weekly for up to 6 months to achieve the therapeutic goal. Mipomersen should not be administered by intramuscular or IV injection according to the FDA drug label (Wong and Goldberg, 2014). Inotersen was developed to treat polyneuropathy of amyloidosis caused by

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over-deposits of TTR protein in tissues, which is mainly produced in the liver (Benson et al., 2018; Keam, 2018). Inotersen is administered by a SC injection with a 1 mL solution containing 284 mg drug once weekly. Just like Mipomersen, Inotersen must be injected subcutaneously.

Defibrotide was approved to treat hepatic VOD and the mechanism of action of Defibrotide involves an enhancement of the enzymatic activity of plasmin to hydrolyze fibrin clots (Richardson et al., 2017). Defibrotide is given as a 2-hour IV infusion in every 6 hours at a dose of 6.25 mg/kg for a total of 21 days (Richardson et al., 2021).

Eteplirsen, Golodirsen, Viltolarsen, and Casimersen were all developed to treat DMD. They all target the dystrophin gene pre-mRNA, resulting in the skipping of specific mutation-containing exons. Their administration is via IV infusion for approximately 30-60 min once weekly at a dose of 30 mg/kg for Eteplirsen, Golodirsen, and Casimersen and 80 mg/kg for Viltolarsen. In addition, Viltolarsen is infused via IV using a peripheral or central venous catheter and cannot be infused concomitantly with other medications through the same IV access line.

Small chemical drugs typically have a high oral availability despite being metabolized by phase I/II enzymes in the liver, intestine, and kidney. Due to oral dosing, the half-life is normally very short and requires daily dosing, sometimes multiple times daily. The longer half-life of ASO drugs allows less frequent dosing requirements, such as weekly, monthly, and even yearly.

**Absorption:** Absorption is a key parameter that affects pharmacokinetics and defines the movement of the unmetabolized drug from the site of administration to the local or systematic circulation (Alagga and Gupta, 2021). Different factors can affect the absorption of drugs into the body. These include drug administration routes and first-pass metabolism. Both factors have an impact on drug bioavailability measured as percentage of the bioactive form of drug out of the

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total amount of the parent drug administered. Absorption will result in a peak time of plasma drug concentration. The peak plasma time is the time needed to achieve the highest level of drug present in plasma reflective of absorption of the drug into the body. The ten FDA-approved ASO drugs investigated in this review have various absorption patterns related to the disease state intended to treat, how the drug is administered, and peak plasma concentration time (Table 1).

Both Fomivirsen and Pegaptanib are intended to treat ocular diseases, which require the drug target and optimization approach to be more local than systematic. Based on animal studies on rabbits, absorption of Fomivirsen is highest in the retina and iris (Henry et al., 2001). Fomivirsen was detectable in the retina within hours of injection and concentrations still increased over 3 to 5 days. Due to the low doses used for intravitreal administration and slow disposition of Fomivirsen from the eye, there is limited systemic drug exposure. Similarly, animal studies indicated that the highest concentration of Pegaptanib was found in the eyes of rabbits, especially in the vitreous fluids, retina, and aqueous fluid (Foy et al., 2007). Pegaptanib is slowly absorbed into the systemic circulation from the eye after intravitreal administration and like many ASO drugs, resulting in ADRs involving in the kidney.

Nusinersen administration methods circumvent the blood-brain barrier through intrathecal injection, which then affects the central nervous system (CNS). Nusinersen is distributed and absorbed in the CNS with the help of cerebrospinal fluid following intrathecal administration. The plasma concentration is relatively low compared to cerebrospinal fluid concentration (Luu et al., 2017). The median terminal half-life of Nusinersen in the cerebrospinal fluid was determined to be 163 days, which supported infrequent dosing, once every 4-6 months in patients with spinal muscular atrophy. After administration, the peak plasma Nusinersen concentrations can be detected within a few hours (Chiriboga et al., 2016).

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The remaining ASO drugs, Mipomersen, Inotersen, Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen, have primarily systemic absorption and affect a range of organs in the body. After administration subcutaneously, peak plasma concentrations of Mipomersen and Inotersen were observed at 2-4 hours (Li et al., 2014; Yu et al., 2020). With IV infusion, peak plasma concentrations of Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen can be reached within 1-2 hours. Defibrotide stands alone reaching its peak plasma concentration at 2 hours. It is important to mention that the effects of the ASO drugs on the kidneys are prominent with most ASO drugs investigated in this review.

**Distribution:** Distribution refers to the movement of a drug between intravascular (blood/plasma) and extravascular compartments of the body. Protein bound and unbound forms of drugs affect their distribution in the body and absorption to tissues and organs (Mansoor and Mahabadi, 2021). Chemical properties of the ASO drugs affect their distribution. This includes factors such as acid-base characteristics, lipophilicity, size, and protein-binding. Biodistribution of the ten ASO drugs is quite different (Table 2). Of these ASO drugs, Inotersen, Nusinersen in plasma, Defibrotide, and Mipomersen have high protein binding potential (>90%), while Viltolarsen, Golodirsen, Nusinersen, Eteplirsen, and Fomivirsen exhibit relatively lowered protein binding potential (<40%). The freer form pool of the drug in circulation, the more likely the drug will be absorbed into tissues for a drug response. Bioavailability of Nusinersen, Defibrotide, Eteplirsen, Golodirsen, Viltolarsen, and Casimersen following administration through intrathecal or IV routes is 100% because the drugs are directly administered into the bloodstream thus bypassing first pass metabolism in the liver. Bioavailability is also related to the range of distribution (Price and Patel, 2021). A drug with a wider distribution is more likely to leave the plasma and enter extravascular compartments of the body (the tissues). Comparing

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the availability data on the range of distribution at steady state, the rank ordering of the ASO drugs is Golodirsén > Eteplirsén > Casimersén, Viltolarsén, Inotersén, and Nusinersén. The extent of exposure of the drug in the body is demonstrated by the area under the curve (AUC) of a specific drug. Specific AUC data for Golodirsén, Viltolarsén, and Casimersén were not found, but inter-subject variability of AUC is 34-44%, 16-27%, and 16-34%, respectively. AUC values for Defibrotide showed a 50-60% increase in patients with renal impairment and Hemodialysis-dependent end stage renal disease. Peak concentration was also 35-37% higher in patients with renal impairment following both single and multi-dose regimen. This variability is important to be addressed in the monitoring of ADRs and toxicity in patients with increased AUC.

**Metabolism:** Metabolism is the process in which each drug becomes chemically modified and broken down by the body. All ten FDA-approved ASO drugs have mechanisms of degradation in the bloodstream and target cells. These mechanisms are quite different from the conventional metabolic pathways that are used for small molecule drugs.

During clinical trials, Fomivirsén was not undergone biotransformation through oxidative metabolic pathways; instead, the main pathway was found to be nuclease degradation, including both endonuclease and exonuclease activities in the bloodstream and target cells (Geary et al., 2002). Exonucleases are a class of enzymes that are responsible for cleaving the phosphodiester bonds between adjacent nucleotides at the ends of the nucleic acid chains. Endonucleases are similar in function, but nucleolytic cleavage occurs at an internal location in the nucleic acid chain. Nuclease degradation of Fomivirsén begins once it has been distributed throughout the retina. The resulting metabolites have not been detected in the blood plasma, thus suggesting that there is no significant systemic absorption of the metabolites (Grillone and Lanz, 2001). Pegaptanib also does not undergo CYP-mediated metabolism. Instead, its primary degradation

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pathway is endonuclease and exonuclease activity in blood (Kourlas and Schiller, 2006). Mipomersen has the same degradation pathway as well. After metabolic degradation, the metabolites of Mipomersen are referred to as “chain shortened” because they range between 7 and 14 nucleotides and have no pharmacological function (Bell et al., 2011). While the parent drug reaches plasma concentrations within hours of administration, the metabolites have not been found in the plasma, either free or bound to plasma proteins (Crooke and Geary, 2013). During the *in vitro* testing for Eteplirsen, hepatic microsomes did not have a significant effect on the metabolism of the drug. It was determined that metabolism of the drug does not occur in the liver (Lim et al., 2017). There was also no accumulation of the drug or its metabolites and minimal drug-drug interactions with plasma proteins or other co-administered drugs were detected (Syed, 2016). Nusinersen has an exonuclease-dependent metabolic pathway. The exonuclease activity specifically involves hydrolysis reactions as each individual nucleotide is cleaved off from the ends of the ASO molecule. There are no known interactions with the CYP enzymes, and thus the parent drug is not considered a substrate for hepatic oxidative metabolism (Neil and Bisaccia, 2019). Inotersen is metabolized by both endonucleases and exonucleases. The parent drug is first subject to endonuclease degradation where the phosphodiester bonds towards the middle of the nucleic acid are cleaved. The metabolites of this reaction have been found to be inactive, thus suggesting that it does not have another pharmacological use as a metabolite. Then, these short metabolites are subject to even more nuclease degradation in the form of exonuclease activity. There is little or no interaction with co-administered drugs that are subject to oxidative metabolism because Inotersen is not a substrate of the hepatic metabolic pathway (Gertz et al., 2019). Golodirsen, Viltolarsen, and Casimersen are all FDA approved ASO drugs developed for the treatment of DMD. These drugs are not subject to hepatic

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metabolism and can be considered metabolically stable. The metabolites were not found in the plasma or urine. *In vitro* studies showed that these drugs had little to no interactions with CYP enzymes or drug transporters since they were not subject to typical drug metabolism pathways.

By analyzing the metabolic pathways, there are some commonalities that can be identified between all FDA approved ASO drugs. The primary method of metabolism is nuclease degradation via endonuclease and exonuclease activities. For the majority of these drugs, endonuclease activity occurs first, thus cleaving the oligonucleotides into fragments. Then exonuclease activity can take place on the 3' and 5' ends via hydrolysis reactions. In order to increase stability of ASO drugs from nuclease degradation, they have been modified with chemical groups that allow them to remain stable enough to reach their target tissues. In general, ASO drugs can have phosphorothioate linkages in the phosphodiester backbone, 2'-O-methoxyethyl ribose gapmer modifications, and 2-4' methylene bridged nucleic acids, which are also referred to as locked nucleic acids (Swayze et al., 2007). These modifications allow the molecules to have better resistance to nuclease degradation. The FDA approved ASO drugs summarized above also have such modifications that likely contribute to their stability and longer residency at their target tissues. Fomivirsen is considered a first-generation oligonucleotide as it has phosphorothioate linkages in the backbone. This means that one of the oxygen atoms in the phosphate group at the phosphodiester bond is replaced by a sulfur atom (de Smet et al., 1999). Mipomersen and Inotersen, on the other hand, are considered as second generation ASOs because of the 2'-O-methoxyethyl ribose modification (Crooke and Geary, 2013). Second generation ASO drugs have been found to have better resistance against nuclease degradation, hence these drugs have longer half-lives as well (Swayze et al., 2007). Another similarity between these drugs is that they are not subject to metabolism by the liver or hepatic



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microsomes. This is due to the drugs not being substrates for the major class of drug-metabolizing enzymes, CYPs. There is also little to no potential for most of these drugs of having interactions with other proteins or drug transporters because of their distinct metabolic pathways. The metabolites for these drugs have not been found to be pharmacologically active or to impact cellular processes in a manner that could be of safety concerns.

While this information about the metabolism of ASO drugs provides insight into the primary pathways of drug degradation, there are some areas which deserve more research. There is no detailed information on the chemical and physical properties of ASO drug metabolites that are the products of nuclease degradation. This topic could be studied more to better understand the role of metabolites. The specific rates of the hydrolysis reactions for exonuclease activity could be useful in improving the stability of the oligonucleotides via chemical modifications. A possible future direction would be to investigate how the stability of ASO drugs can be increased and how it would affect resistance to nuclease degradation and therapeutic efficacy. The frequency and different combinations of chemical modifications can be studied to investigate whether the dosing intervals could be changed as well.

**Excretion:** Each individual ASO drug has its excretion features. While conducting preclinical studies of Fomivirsen on rabbits, a small amount of administered Fomivirsen was shown to be eliminated through urine (16%) and feces (3%). Fomivirsen is administered intravitreal and half-life of Fomivirsen is approximately 55 hours in humans. In monkeys, the half-life is estimated to be 78 hours (Perry and Balfour, 1999). This is different from the route of excretion for Mipomersen, which is primarily through renal filtration (Visser et al., 2012) and urine by “nuclease digested metabolites” (Crooke and Geary, 2013). This route of excretion seems to be constant among species. Eteplirsen is also excreted via the renal system. The renal

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system accounts for two-thirds of the excretion of the administered dose within 24 hours post intravenous administration. The total body clearance for Eteplirsen is 339 mL/hr/kg following 12 weeks of drug therapy with 30 mg/kg/week (Baker, 2017). The peak time is 1.1-1.2 hours and the half-life is around 3-4 hours. Nusinersen also utilizes primarily the urinary route to excretion. It is excreted by the kidneys as pharmacologically inactive chain-shortened oligonucleotides (Li, 2020). The half-life is expected to be 135-177 days in cerebrospinal fluid (CSF) and 63-87 days in plasma (Shorrocks et al., 2018). For CSF clearance, it is assumed that the transport from the CSF to the plasma compartment is the predominant mechanism (Luu et al., 2017). Inotersen is metabolized and excreted through the urine. The duration of the 284 mg/1.5 mL dose is one week. The total body clearance rate and half-life are 3.18 L/hr and 32.3 days. Since one of the target organs of Inotersen is the kidney, the urinary route to excretion is an efficient method of drug delivery to its target. During the first 24 hours, less than 1% of the drug is excreted unchanged. Golodirsen also uses the kidney for excretion. However, Golodirsen is mainly excreted unchanged by the renal system. Viltolarsen is mainly excreted in the urine unchanged as well. The elimination half-life is approximately 2.5 hours (8%) and the plasma clearance is 217 mL/hr/kg (22%). Patients taking 1.25, 5, or 20 mg/kg Viltolarsen weekly for 12 weeks had a total clearance of between  $149 \pm 21$  and  $239 \pm 97$  mL/hr/kg (Komaki et al., 2020). Lastly, Casimersen also uses the urinary route for excretion primarily. Its excretion is completed by 336 hours post dose. The excretion method for Casimersen is similar to that of Eteplirsen and Golodirsen. Collectively, the commonality in excretion for all ASO drugs is the predominant use of the urinary system. Even Fomivirsen, which is administered intravitreally, has trace amounts detected in urine. This suggests a prominent preference for excretion via the urinary route for the ASO drugs.

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**Differences in ADME between small molecular drugs and ASO drugs.** Based on the above analysis on the information from the FDA drug label, clinical studies, and published literature, ADME features of the FDA-approved ASO drugs are quite different from small chemical drugs with their unique characteristics for ADME. The ADME behavior of small chemical drugs is mediated by uptake and efflux transporters, phase I and II drug-metabolizing enzymes, transcription factors, and xenobiotic activated nuclear receptors (Fig. 4A). The ADME of ASO drugs is determined by completely different pathways (Fig. 4B). Absorption of ASOs into target cells involves uptake via endocytic internalization into early endosomes (EE). ASOs are then moved within the cell by subcellular trafficking. Release of ASOs from endosomes has significant impact on therapeutic efficacy and the occurrence of ADRs. Metabolism of ASO drugs is mainly catalyzed by exonucleases and endonucleases, resulting in various sizes of shortened oligonucleotides. Either intact or shortened ASOs are excreted by membrane leakage, vesicle release, or exosome release to the urinary tract. These features determine the half-life of ASO drugs in the circulatory system and frequency of administration. To optimize therapeutic efficacy, studies on the ADME features for ASO drugs should continue in real-world settings to monitor therapeutic efficacy and ADRs.

### **Current Challenges, Knowledge Gaps, and Future Perspective**

Several knowledge gaps for the ADME features of the FDA-approved ASO drugs were identified, including cellular uptake, subcellular trafficking, and cellular efflux. Nearly, no information is available on how these FDA-approved drugs are taken up into cells after local or systematic distribution. Existing data on uptake mechanisms of ASO molecules are mainly based

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on *in vitro* models of cultured cells. Commonly accepted theories are that ASOs undergo cellular uptake by two competing pathways: the productive pathway bringing the drugs into their targets and the non-productive pathway directing the drugs into saturable sinks (Khorkova and Wahlestedt, 2017). Both pathways take up ASOs by clathrin-coated endocytic vesicles from plasma membrane. Some factors have been identified as key players for these pathways, for example, TCP1 complex, Hsp90, SSB, NPM1 AP2M1 in the productive pathway, and paraspeckle proteins, Ku70, and Ku80 in the non-productive pathway (Li, 2020). However, very limited information is available for identifying key determinant factors in the intracellular endosomal packing of ASO drugs and what proportion of these drugs go into the productive versus non-productive pathway. These are important considerations, since these variables dictate in part the amount of an ASO drug that reaches its therapeutic targets. Furthermore, some surface receptors may be critical for this endocytosis process. For example, adenosine receptors in endothelial cells may have a potential role in the endocytic uptake of Defibrotide (Palomo et al., 2016). Future studies should employ FDA-approved ASO drugs as experimental tools to understand cellular uptake mechanisms for this class of drugs, which is completely different from the transporter-mediated uptake of small chemical drugs. Significant variations on the cellular uptake of ASO drugs may exist in the patient population, resulting in differences on therapeutic efficacy and safety.

Another knowledge gap is the lack of information on subcellular trafficking and distribution of the FDA-approved ASO drugs and their impact on therapeutic efficacy. Unlike small chemical drugs, which can quickly reach different subcellular regions after uptake by transporters or non-transporter dependent diffusion across the cell membrane, ASO drugs are normally first encapsulated in endosomes after uptake into cells by endocytosis. Different ASO drugs have

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their targets located at different subcellular locations. For RNase H-mediated mRNA degradation, the ASO drugs need to reach either the cytoplasm (ribosomes) or nucleus (Liang et al., 2017). For exon skipping, the ASO drugs should be present in spliceosomes in the nucleus (Echevarria et al., 2018). Endosomal release and intracellular trafficking are key determinants of the pharmacological actions of the ASO drugs (Juliano, 2018). Numerous factors have been identified as mediators of these events, which can enhance endosomal release and intracellular trafficking (Ono et al., 2021). For example, Hsc70 (Liang et al., 2021), M6PR (Liang et al., 2020), and lipid conjugates (Wang et al., 2019a) are proposed contributors of endosomal release and ASO trafficking. Future studies should pay particular attention to how ASO drugs are taken up and released from endosomes and what assists them in reaching their therapeutic targets. Equally importance is the identification of mechanisms that can lead to the optimization of intracellular trafficking of ASO drugs toward to pharmacological targets in order to enhance therapeutic outcomes. Lastly, it is also imperative to know what intracellular locations may be associated with ASO-mediated cell damage and toxicity, and how to avoid ASO drugs from reaching and accumulating in intracellular locations distinct from their therapeutic targets that can cause toxicity.

Regarding ASO drugs biotransformation, the mechanism by which the remaining parent and shortened ASO drugs following breakdown by endonucleases and exonucleases are efflux out from cells is completely unknown. It is also unknown whether efflux is a critical component. Unlike many small chemical drugs that are eliminated from the cells by efflux transporters, ASOs use completely different cellular exit mechanisms, which may have considerable impact on plasma concentrations and duration of ASO drugs in their target cells. It can be hypothesized lack of efflux-activity could have substantial effects on accumulation of ASO drugs in liver and

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kidney. Hepatotoxicity and kidney toxicity are a major safety concern for the FDA-approved ASO drugs (Alhamadani et al., 2022). Determination of efflux mechanisms may provide better understanding interindividual variability of ASO-mediated drug toxicity.

## Conclusions

The discovery and development of ASO drugs have moved at a much faster pace in recent years. Numerous new ASO drugs are expected to be approved in next decade and the use of ASO drugs for a variety of indication will become more commonplace. However, before this relatively new class of drug is more widely accepted, a better understanding of the ADME characteristic of these drugs is needed to optimize their therapeutic efficacy and safety profiles. The current review summarizes administration, absorption, distribution, metabolism (degradation), and excretion of the ten FDA-approved ASO drugs. Specifically, this review explores the unique set of ADME features for ASO drugs that differs quite dramatically from the more traditional ADME profiles of small chemical drugs. Several knowledge gaps are identified on cellular uptake by endocytosis, intracellular endosomal release, intracellular/nuclear trafficking, and cellular efflux for these ASO drugs and future directions are discussed.

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## **Author contributions**

*Participated in research design: R.B., T.R., J.E.M, X.b.Z.*

*Conducted experiments:*

*Contributed new reagents or analytic tools:*

*Performed data analysis: J.M.M., S.L., A.L., A.G., S.N.*

*Wrote or contributed to the writing of the manuscript: J.M.M., S.L., A.L., A.G., S.N., R.B., T.P.R., J.E.M, X.b.Z.*

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### **Footnotes.**

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Table 1. Local and systematic absorption of the FDA-approved ASO drugs

Drug	Administration site and route	Local vs systematic absorption	Capability to cross blood brain barrier	Tissues with highest drug concentrations	Pick plasma concentration time (hours)
Fomivirsen	Intravitreal injection	Local eye	No	Retina, iris Systemic exposure: minimal (below limits of quantitation)	Very low
Pegaptanib	Intravitreal injection	Local eye	No	Vitreous fluid, retina, aqueous fluid Systemic exposure: kidney	Slowly absorbed into the systemic circulation
Nusinersen	Intrathecal injection	CNS and systematic	Yes	CNS, plasma, peripheral tissue (skeletal muscle, liver, kidney) and fat, bone marrow and spleen	1.7-6
Mipomersen	SC injection	Systematic	No	Liver, kidney, bone marrow, adipose tissue, lymph nodes	3-4
Inotersen	SC injection	Systematic	No	Liver, kidney, broad tissues	2-4
Defibrotide	IV infusion	Systematic	No	Cells lining blood vessel in the liver	2
Eteplirsen	IV infusion	Systematic	No	Kidney, skeletal muscles	1-2
Golodirsen	IV infusion	Systematic	No	Kidney, all tissue except CNS	1
Viltolarsen	IV infusion	Systematic	No	Kidney, skeletal muscle	1
Casimersen	IV infusion	Systematic	No	Kidney, skeletal muscle	1

The data are extracted from the FDA drug labels of each ASO drugs.

SC: subcutaneous. IV: intravenous. CNS: central nervous system

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Table 2. Biodistribution of the FDA-approved ASO drugs

Drug	Biodistribution			
	Protein binding	Bioavailability	AUC	Volume of distribution
Fomivirsen	40% (from analysis of vitreous samples from treated rabbits and monkey)	No specific information is available.	No specific information is available.	No specific information is available.
Pegaptanib	No specific information is available.	No specific information is available.	25 µg/hr/mL (at dose of 3 mg monocular dose)	No specific information is available.
Nusinersen	CSF: <25% Plasma: >94%	100% (intrathecal)	No specific information is available.	CSF: 0.4 L Plasma: 29 L
Mipomersen	≥90% at clinically relevant concentrations (1-8 µg/mL)	54 to 78%	No specific information is available.	No specific information is available.
Inotersen	>94% (independent of dosage)	No specific information is available.	90 mcg/hr/mL	293 L
Defibrotide	Average of 93%	100% (IV)	26.9-48.1 µg/mL × hr	8.1 – 9.1 L
Eteplirsen	6% to 17%	100% (IV)	No specific information is available.	600 mL/kg
Golodirsen	33 to 39% (independent of dosage)	100% (IV)	34 to 44%*	668 mL/kg (at a dose of 30 mg/kg)
Viltolarsen	~40%	100% (IV)	16 to 27%*	300 mL/kg
Casimersen	8 to 32%	100% (IV)	16 to 34%*	367 mL/kg

\* Inter-subject variability.

The data are extracted from the FDA drug labels of each ASO drugs.

AUC: area under the curve. CSF: cerebrospinal fluid. IV: intravenous.

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## Figure Legends

**Fig. 1.** Timeline of the ten FDA-approved antisense oligonucleotide (ASO) drugs with FDA-approved dates, companies developed the drugs, and target diseases. CMV: cytomegalovirus. DMD: Duchenne muscular dystrophy. FH: familial hypercholesterolemia. PNA: polyneuropathy of amyloidosis. SMA: spinal muscular atrophy. VOD: veno-occlusive disease.

**Fig. 2.** The mode of drug action of the 10 FDA-approved ASO drugs. **(A)** ASOs with RNase H-mediated mRNA degradation. By binding to their target mRNAs, ASO drugs cause the targeted mRNAs to be broken down into smaller pieces within the cell. ASO drugs in this modality are Fomiversen targeting CMV IE2 mRNA, Mipomersen targeting on Apo B mRNA, and Inotersen targeting on transthyretin (TTR) mRNA. **(B)** ASO-mediated exon-skipping. By sterically blocking a splicing site in the exon with mutations, ASO drugs result in skipping of the mutated exon and increased production of protein with enhanced function due to the skipped exon. ASO drugs in this mode include Eteplirsen for Exon 51 skipping, Golodirsen and Viltolarsen for Exon 53 skipping, and Casimersen for Exon 45 skipping in Dystrophin mRNA. **(C)** ASO-mediated exon-inclusion. By sterically blocking the splicing site in intron 7 of the SMN2 pre-mRNA, Nusinersen blocks key intrinsic splicing factors heterogeneous nuclear ribonucleoprotein A1 (hnRNP A1) and heterogeneous nuclear ribonucleoprotein A2 (hnRNP A2) and results in translation of full length functional SMN2 protein. **(D)** Aptamer ASO. Pegaptanib is a polynucleotide aptamer, which undergoes folding to bind to targeted vascular endothelial growth factor (VEGF). This prevents a cascade of kinase-mediated cell signaling, which then results in angiogenesis. **(E)** ASO with multiple modes. Defibrotide aims to bind to adenosine receptors and trigger a cascade of events. Plasmin is inhibited and can no longer hydrolyze clots. Key pro-

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clotting factors, such as VEGF, tumor necrosis factor (TNF- $\alpha$ ), intracellular adhesion molecule 1 (ICAM1), endothelium, plasminogen activator inhibitor 1 (PAI1), thromboxane A2 (TXA2), and thrombin are decreased. Anti-clotting factors, such as PGI2, PGE2, and tissue factor pathway inhibitor (TFPI) all are increased. Fibrinopeptide A levels are increased due to chronic coagulation from disease. Clot free blood vessels lead to general healing of damaged endothelial cells and tissue (Pescador et al., 2013).

**Fig. 3.** Administration paths, formulation, and dosing information of the FDA-approved ASO drugs. The ASO drugs are divided based on their administration paths with (A) intravitreal injection, (B) intrathecal injection, (C) subcutaneous injection, and (D) intravenous infusion. The information for formulation and dosing is extracted from the FDA drug labels at Drugs@FDA: FDA-approved drugs (<https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm>).

**Fig. 4.** Comparison of absorption, distribution, metabolism, and excretion (ADME) of small chemical drugs and ASO drugs. (A) ADME of an oral-administrated small chemical drug. After absorption, a small chemical drug is normally distributed to metabolic organs of intestine, liver, and kidney via the bloodstream. In the metabolic organs, such as the liver, the drug is taken up by hepatocytes through either passive or active transport against concentration gradients with the help of uptake transporters. Normally, the lipophilic drug is biotransformed by either Phase I or II metabolizing enzymes to more polar water-soluble metabolites in rough endoplasmic reticulum (ER) membrane. The parental drug and metabolites are excreted from hepatocyte cells via efflux transporters into the bloodstream and then become available as an active form to target organs. Therapeutic concentrations of the drug in its target organs are determined by uptake and efflux transporters and Phase I and II metabolizing enzymes, which are tightly regulated at

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transcriptional and translation levels by transcription factors and nuclear receptors. **(B)** ADME of an ASO drug. After an IV infusion, subcutaneous injection, or direct injection, ASOs travel through the bloodstream, where they can be broken down via endogenous exo- and endonucleases. Once ASOs reach their target organ/cell, for example the liver, they enter cells through various endocytic pathways, including clathrin-mediated, caveolin-mediated, and micropinocytosis endocytosis, into early endosomes (EE). After internalized into EE, ASO drugs go through subcellular trafficking to the late endosomes (LE). A proportion of ASO drugs (maybe very small proportion) is released from LE to cytoplasm to target mRNAs or pre-mRNAs in either the cytoplasm or the nucleus where they execute their therapeutic actions. Many small cellular proteins including COPII can assist subcellular trafficking to the nucleus. However, the mechanism of nuclear trafficking is not fully understood. Another proportion of ASO drugs undergo into lysosomes or further are released out of the cell via three proposed mechanisms: membrane leakage, back-fusion mediated release, and vesicle mediated release. Back-fusion mediated release is believed to help endogenous exo- and endonucleases break the ASO down further. ASO drugs may also leave the cell completely via the exosome release from the cell.

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Fig. 1

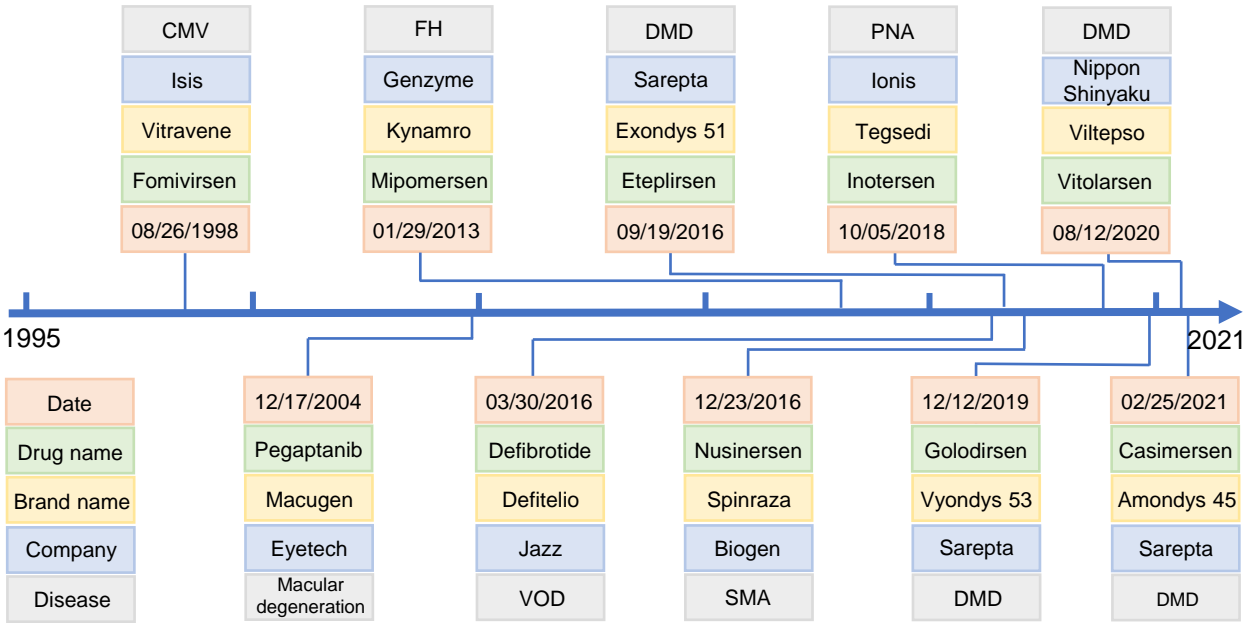


Fig. 2

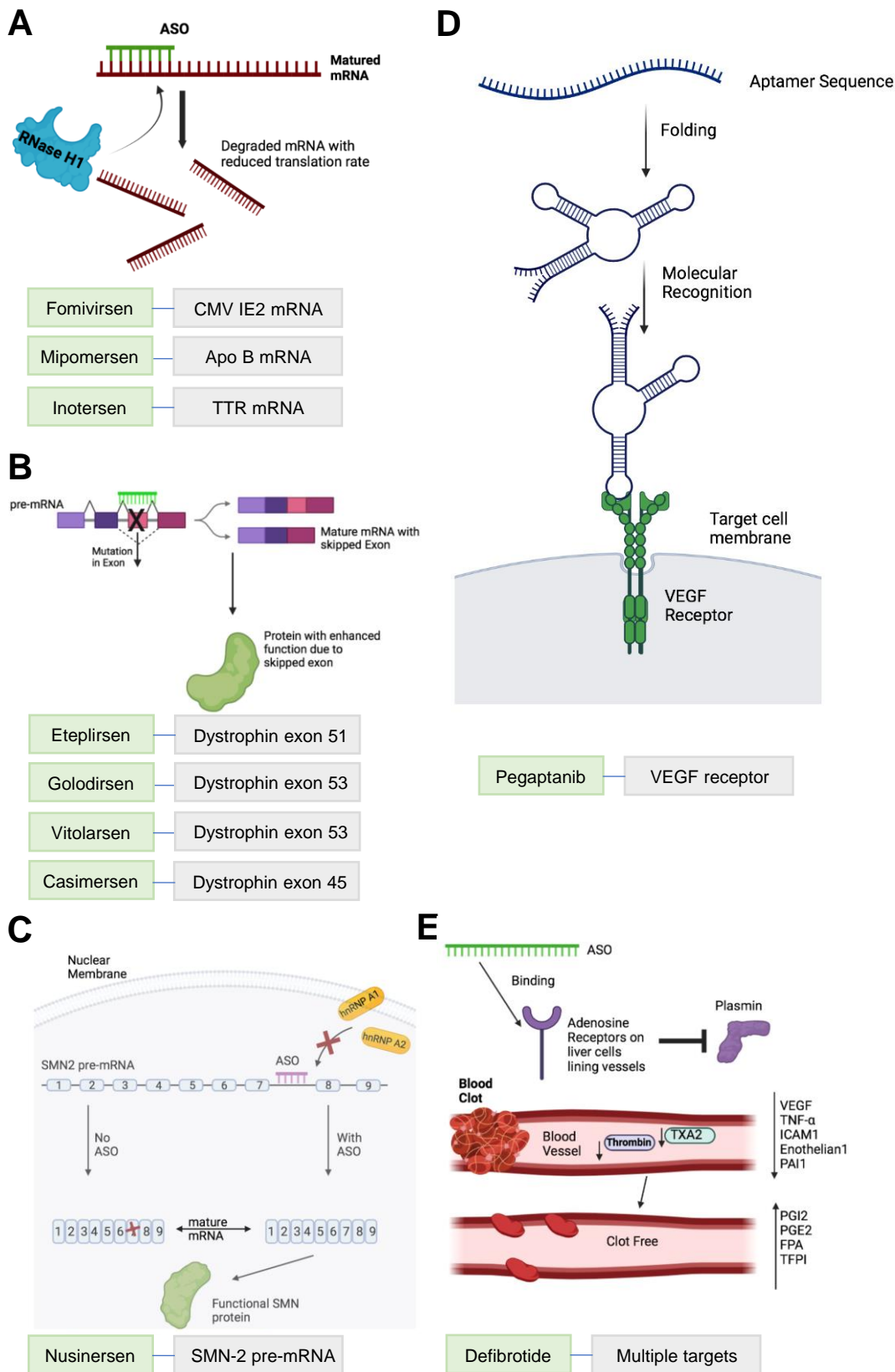


Fig. 3




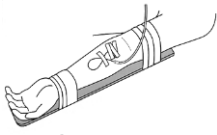
Administration path	ASO Drug	Formulation	Dosing
<b>A</b>  Intravitreal injection	Fomivirsen	0.33 mg in 50 $\mu$ l	Loading dosing: twice other week Maintenance dosing: once every 4 weeks
	Pegaptanib	0.30 mg in 90 $\mu$ l	Dosing: once every 6 weeks
<b>B</b>  Intrathecal injection	Nusinersen	12 mg in 5 mL	Loading dosing: first 3 doses with 14 days interval, the 4 <sup>th</sup> dose 30 days after the 3 <sup>rd</sup> dose Maintenance dosing: once every 4 months
<b>C</b>  Subcutaneous injection	Mipomersen	200 mg in 1 mL	Dosing: once weekly
	Inotersen	284 mg in 1 mL	Dosing: once weekly
<b>D</b>  Intravenous infusion	Defibrotide	6.25 mg/kg	Dosing: 2-hour infusion every 6 hours for 21 days
	Eteplirsen	30 mg/kg	Dosing: 35-60 min infusion once weekly
	Golodirsen	30 mg/kg	Dosing: 35-60 min infusion once weekly
	Casimersen	30 mg/kg	Dosing: 35-60 min infusion once weekly
	Viltolarsen	80 mg/kg	Dosing: 60 min infusion once weekly

Fig. 4

